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5-11 APRIL 2025

TV & Satellite Week

NEW
GRACE
Tragedy strikes for the troubled Brighton cop

NEW
REUNION
Groundbreaking drama set in the deaf community

NEW
YOUR FRIENDS & NEIGHBOURS
Jon Hamm stars as a dastardly hedge-fund manager

EXCLUSIVE

Black Mirror

Charlie Brooker's hit sci-fi blasts back with some familiar faces

HotList This week's 28

Saturday 5

Premier League
FOOTBALL *TNT Sports & Sky Sports*

Today's coverage kicks off with Everton v Arsenal (TNT Sports 1, k-o 12.30pm). Later, Aston Villa play Nottingham Forest (Sky Sports, k-o 5.30pm), who are having their best top-flight season since 1998.

Grand National Festival
HORSE RACING *ITV1, coverage from 12.15pm, feature race starts at 4pm*

Coverage of the race meeting at Aintree concludes today. Last year's winner of the famous steeplechase, I Am Maximus, will be one of the runners to keep an eye on.

Covers in the Piano Room
MUSIC *BBC2, 10.40pm*

BBC2's night of archive performances includes this collection of stripped-down cover versions, featuring Alison Moyet (above), Jessie Ware, Stormzy, Pink, Ed Sheeran, Coldplay, Sugababes and more.

Charles & Camilla: 20 Years Married – A Royal Love Story
DOCUMENTARY *5, 9.15pm*

A look at the King and Queen's long relationship in the public eye, marking the anniversary of their wedding in 2005.

Full listings start on **p35**

Sunday 6

F1: Japanese Grand Prix
MOTORSPORT *Sky Sports Main Event & Sky Sports F1, race starts 6am*

Having made a strong start to the season, can McLaren continue their streak with a third successive victory after wins for Lando Norris (above) and Oscar Piastri?

Premier League
FOOTBALL *Sky Sports Main Event & Sky Sports Premier League*

This afternoon's double header starts with Fulham v Liverpool (k-o 2pm), before the Red Devils face the Citizens in the Manchester derby (k-o 4.30pm).

Grace
CRIME DRAMA *ITV1, 8pm (box set, ITVX)*

As a fifth season of the drama begins, Det Supt Roy Grace (John Simm) is coming to terms with the fallout from his wife Sandy's death, and the revelation that he has a son. *See feature, page 8*

Schmeichel
DOCUMENTARY *Sky Documentaries & Sky Showcase, 9pm*

The story of goalkeeper Peter Schmeichel, best known for his time at Manchester United, including their treble-winning season of 1998–99. *See feature, page11*

Full listings start on **p45**

Monday 7

Reunion
DRAMA *BBC1, 9pm (box set, iPlayer)*

Told in British Sign Language (BSL) and spoken English, this compelling drama focuses on a deaf man, Daniel (Matthew Gurney), trying to right his past wrongs. Continues tomorrow. *See feature, page 6*

The White Lotus
DRAMA *Sky Atlantic, 9pm*

As Rick (Walton Goggins) and the other guests prepare to check out of the luxury Thai resort, many of their lives have been profoundly changed – but who will meet an untimely end? *See feature, page 7*

Simon Schama: The Road to Auschwitz
DOCUMENTARY *BBC2, 9pm*

In this unflinching one-off, the historian looks at the legacy of the Holocaust, and makes an emotional first-time visit to Auschwitz. *See Documentaries, page 20*

What They Found
DOCUMENTARY *BBC2,10pm (times vary)*

Oscar-winning filmmaker Sir Sam Mendes directs his first documentary, with archive footage and first-hand accounts from troops who liberated the Bergen-Belsen camp in 1945. *See Documentaries, p20*

Full listings start on **p55**

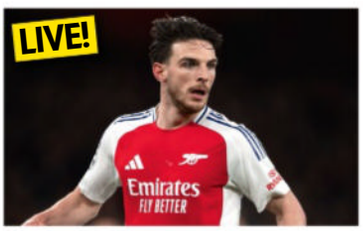
Tuesday 8

Paddington in Peru
FAMILY *Netflix*

Our favourite bear returns for another adventure, and this time he is headed to Peru with the Brown family to find his missing Aunt Lucy. Features the voice of Ben Whishaw. *See review, page 23*

The Clubhouse: A Year with the Red Sox
DOCUMENTARY *Netflix*

This behind-the-scenes series follows the Boston Red Sox through the 2024 baseball season, as the struggling team try to turn their fortunes around.



Champions League
FOOTBALL *TNT Sports & Prime Video*

Tonight's quarter-final first legs feature Arsenal against defending champions Real Madrid (Prime Video, k-o 8pm) and Bayern Munich v Inter Milan (TNT Sports 1, k-o 8pm). *See Sport Week, page 28*

Jack the Ripper: Written in Blood
DOCUDRAMA *Sky History, 9pm (box set, Sky Box Sets & NOW)*

This drama-led series reveals how the murders in 1880s Whitechapel fuelled the rise of tabloid journalism in Britain.

Full listings start on **p65**

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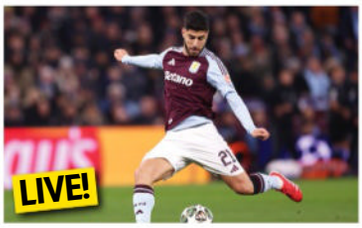
ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: NICK WALL/COURTESY OF NETFLIX. BBC/WARP FILMS/NICK EAGLE, APPLE TV+. BBC, ITV. HOTLIST WORDS: LYNETTE BRIGHTON, JOE MAHON. HOTLIST PHOTOS: GETTY, ROB HAYWARD

Wednesday 9

Bad Influence: The Dark Side of Kidfluencing

***DOCUMENTARY** Netflix*

This docuseries details how a young YouTuber, Piper Rockelle, amassed millions of followers in a career engineered and manipulated by her mother.



Champions League

***FOOTBALL** TNT Sports, k-o 8pm*

In tonight's quarter-final first legs, Aston Villa travel to Paris Saint-Germain, while five-time winners Barcelona face last year's runners-up, Borussia Dortmund. *See Sport Week, page 28*

Fridge: The Secret Genius of Modern Life

***DOCUMENTARY** BBC2, 8pm*

Professor Hannah Fry's series on the wonders of modern technology heads to the kitchen to show how refrigeration has transformed our eating and our health.

Charlie Bigham: Britain's Poshest Ready Meal?

***DOCUMENTARY** 5, 9pm*

A profile of the upmarket brand (worth around £150m in annual sales) and its competitors. There's also a blind taste test for food critics including Jimi Famurewa (above).

Full listings start on **p75**

Thursday 10

Black Mirror

***SCI-FI** Netflix*

Charlie Brooker's darkly satirical anthology returns with six new twisted sci-fi stories, featuring star turns from Awkwafina, Peter Capaldi, Emma Corrin, Chris O'Dowd and Paul Giamatti. *See feature, page 4*

G20

***ACTION THRILLER** Prime Video*

Viola Davis, no stranger to strong female roles, plays a gun-wielding US President, fighting to defend her family and fellow leaders after terrorists attack the G20 summit. *See Your Watchlist, page 17*

The Masters

***GOLF** Sky Sports Main Event & Sky Sports Golf, coverage from 2pm*

The year's first Major begins in Augusta, Georgia, where defending champion Scottie Scheffler will have his sights set on a third green jacket. Continues to Sunday.

World's Toughest Drive: My African Adventure

***DOCUMENTARY** C4, 11pm*

Timed to coincide with World Parkinson's Day tomorrow, this film follows the journey of Guy Deacon, from his home in Dorset to Cape Town. *See Documentaries, p21*

Full listings start on **p85**

Friday 11

Your Friends & Neighbours

***DRAMA** Apple TV+*

Jon Hamm stars as a recently divorced man who resorts to stealing to maintain the lifestyle he's accustomed to after he also loses his job. *See Your Watchlist, page 14*

Pets

***DOCUMENTARY** Disney+*

Bryce Dallas Howard directs this heart-warming documentary about the special relationships between humans and their pets, highlighting the bonds they share with animals from dogs to birds of prey.

Transformers One

***SCI-FI ANIMATION** Sky Premiere, 9.20am & 6.10pm*

In this animated prequel set on the planet of Cybertron, we learn the early story of Optimus Prime (Chris Hemsworth) and Megatron. *See review, page 22*

Hacks

***COMEDY DRAMA** Sky Max & Sky Showcase, 9pm & 9.40pm*

As the comedy returns, Deborah (Jean Smart) finally has her late-night talk show gig – but who's really calling the shots, her or writer Ava? *See feature, page 12*

Full listings start on **p95**

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NEW FROM NETFLIX

To INFINITY and beyond

Black Mirror **revisits the beleaguered crew of the *USS Callister*** in an action-packed new season of the sci-fi anthology

Creator Charlie Brooker

NEW SCI-FI

Black Mirror

From Thursday 10 April, Netflix

Acclaimed writer Charlie Brooker is lifting the lid on more dystopian dramas as his sinister sci-fi anthology *Black Mirror* returns for a seventh season on Netflix.

The six episodes feature the likes of Peter Capaldi, Emma Corrin, Chris O'Dowd and Dame Harriet Walter, and once again, each instalment is set to give us unsettling pause for thought about our ever-shifting relationship with technology (see panel, below).

But for the first time, the new run also features a hotly anticipated sequel, as we rejoin the crew of the starship *USS Callister*, who featured in an Emmy-winning episode of the fourth season in 2017.

In the original, downtrodden Robert Daly (Jesse Plemons) devised a hit online game, *Infinity*, and secretly trapped clones of his office co-workers – including shy coder Nanette (Cristin Milioti) and brusque receptionist Elena (Milanka Brooks), who he reimagined as a blue alien – inside a twisted *Star Trek*-esque version of his creation. He then controlled them as the *Callister*'s captain, until they escaped by going through a wormhole into the real game, leaving Robert stranded.

Now, in the follow-up, *USS Callister: Into Infinity*, the team faces a fresh battle when they encounter millions of hostile gamers on their new travels through the galaxy.

TV&Satellite Week joined *Benidorm* star Brooks, 41, for an exclusive interview to discover more about the new show…

Milanka Brooks as Elena

How does it feel to be starring in the first-ever *Black Mirror* sequel? Exciting and an honour. Technology has advanced since the original episode, so we're now touching on a world that's becoming a reality. Charlie Brooker has such foresight that it's a pleasure and also terrifying to enter his mind.

Why do you think the original *USS Callister* episode struck a chord with viewers? Charlie makes sci-fi and technology accessible, but in a way that you can talk about bigger issues, and that first episode looked at genetic engineering, virtual reality and surveillance. And he still created human connection and switched from humour to tragedy.

Where do we find the *Callister* crew now? In the original episode, in a rare occurrence for *Black Mirror*, they beat the baddie! But what if that freedom is their worst nightmare? Now, they're navigating the *Infinity* gamers and the world they thought was safe ends up being something to flee from again. For the gamers, it's simply a game, but the *Callister* crew need player credits to survive and they are rogue players who shouldn't be there, so it takes some serious skills…

How does Elena assist in the new mission? She's still sharp, no-nonsense and sarcastic. But this is a life-and-death situation. She's always covered up her emotions, but the challenges they're up against put pressure on her as she tries to ensure everybody gets to safety.

Did it take you as long to be painted blue this time? It took slightly less time because I was slightly less blue this time! We've upgraded her look and they didn't have to paint my tummy, because we're now in jumpsuits, which I was glad about. But it still took about two and a half hours. Then it takes 45 minutes to get off, but there would still be blue in my hair roots. I'd go straight home afterwards so that I didn't scare people!

What was it like walking on to the new *Callister* set? We shot at Shepperton Studios in Surrey, and they waited until we were all together before we saw the set. It was special. The design's incredible – what was already amazing in the first one, they've topped.

Finally, would you like to return if Charlie Brooker decided to make a third *Callister* instalment? I'll be in all the *Callisters* that he wants to create. If the world of hair and make-up manages to create a faster way of becoming blue, I'm all for it!

WORDS: CAREN CLARK. PHOTOS: NETFLIX

COMING UP IN *BLACK MIRROR*

***Charlie Brooker** reveals all about the new episodes...*

COMMON PEOPLE

When Amanda (Rashida Jones) falls ill, husband Mike (Chris O'Dowd, pictured with Jones) tries to save her with a cutting-edge implant. 'It's a jet-black comedy and a parable,' says Brooker. 'This couple are offered something to keep Amanda alive, which seems miraculous, but it comes with a downside.'

HOTEL REVERIE

Hollywood star Brandy (Issa Rae, pictured) gets more than she bargained for as she joins a high-tech remake of a 1940s romance. Emma Corrin and Dame Harriet Walter also appear. 'Brandy must bring the story to an end to survive,' says Brooker. 'It's like *The Purple Rose of Cairo* meets *Back to the Future*.'

EULOGY

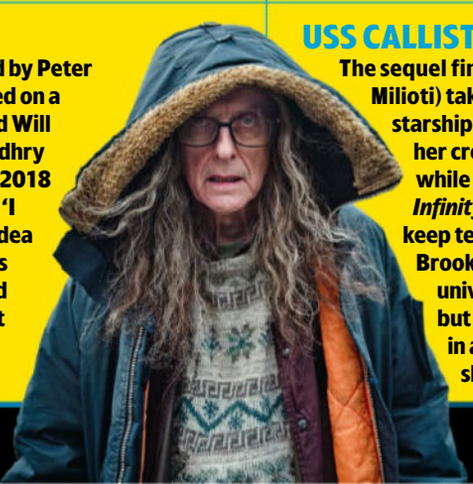
An invention that allows people to step into their old photos brings back moving memories for isolated Phillip (Paul Giamatti, pictured). Patsy Ferran plays Phillip's guide. 'This technological gizmo allows Phillip to curate a eulogy for someone,' reveals Brooker. 'He's shut his past away, but now he has to look at it from a fresh perspective. It's emotive.'

BÊTE NOIRE

After chocolate developer Maria (Siena Kelly, left) encounters old schoolmate Verity (Rosy McEwen) at a tasting, she realises that something strange is going on... 'Maria can't put her finger on it,' says Brooker. 'There's gaslighting. You could read it as a paranoid comedy thriller or a comedy about how unmooring it is when your reality's called into question.'

PLAYTHING

Loner Cameron, played by Peter Capaldi (right), is fixated on a 1990s video game. And Will Poulter and Asim Chaudhry reprise their roles from 2018 episode *Bandersnatch*. 'I was fascinated by the idea of artificial life that was created for a game, and designed to evolve. But where would that end up?' shares Brooker.



USS CALLISTER: INTO INFINITY

The sequel finds Nanette (Cristin Milioti) taking the helm of the starship *USS Callister*, but she and her crew are put to the test while playing online game *Infinity* for real. 'I wanted to keep telling that story,' says Brooker. 'We left them in a new universe where they're clones but also effectively humans in a video game. If they get shot, they die.'

Conspiracy of

A groundbreaking drama explores a **murder in the deaf community**

NEW DRAMA

Reunion

Monday & Tuesday, 9pm, BBC1 (box set, BBC iPlayer)

At a former stately home near Sheffield, *TV&Satellite Week* is on set watching filming for BBC1's pioneering drama *Reunion* where, in the scene being shot, tensions are mounting at a gathering to welcome the ex-students of a deaf school…

The four-part series is penned by deaf writer William Mager, and combines spoken English with British Sign Language (BSL) and subtitles.

It centres on Daniel Brennan (*Switch*'s Matthew Gurney), a deaf man who is released from prison after serving 10 years for inexplicably murdering his friend Ray (Ace Mahbaz). Now, Daniel wants to expose the truth about the past by tracking down an old face who he hopes will be at a school reunion.

SEEKING REDEMPTION

'When I read the script. I wasn't sure if Brennan was good or bad, but that drew me,' says Gurney, 50, who is deaf in real life and uses BSL. 'He's got one goal – to get rid of his ghosts, so he's looking for someone. It's not a smooth journey, the deaf community has rejected him, but he wants a second chance.'

After a decade apart, Brennan also needs to reconnect with estranged daughter Carly (*Rivals*' Lara Peake), who can hear. But, as she joins him on his vengeful road trip, their bond undergoes challenges.

'He has to break down walls with Carly and building their relationship is hard,' shares Gurney. 'Off-set, I took Lara to a Sheffield deaf club, which helped her to see what our culture is like, and she learnt sign language so quickly.'

Brennan's release also brings turmoil for Ray's widow Christine (Anne-Marie Duff) and her deaf daughter Miri, played by *EastEnders* star and deaf campaigner Rose Ayling-Ellis.

When she learns that Brennan is out, Christine becomes determined to finally uncover what lay behind Ray's murder, but her new boyfriend Stephen Renworth (*The Power*'s Eddie Marsan), an ex-cop, is eager to protect her, and events take some dark turns…

'Christine married into the deaf community and has been through this terrible loss,' explains *Bad Sisters*' Duff, 54. 'She has been starting to step out of the shadows

WORDS: CAREN CLARK. STEVEN PERKINS. PHOTOS BBC, SKY

Carly Brennan
Lara Peake
Estranged from her father since he was imprisoned, can the pair rebuild their relationship?

Miri Mokhtar
Rose Ayling-Ellis
The murder victim's daughter is in turmoil when she learns that Daniel has been released

Daniel Brennan
Matthew Gurney
Newly released from prison, Daniel is determined to right his wrongs and expose the truth

silence

Lara and her dad, Daniel

with Stephen, then suddenly she steps on a landmine, narratively speaking, when Brennan gets out. She has had her own version of deafness because she didn't hear why Brennan did it, and now she's on a journey to get answers.'

REVOLUTIONARY

To prepare for the role, Duff also relished learning BSL, and working with Ayling-Ellis has also been a highlight of filming.

'Rose is a special soul, and one of my heroes now,' she smiles. 'And learning BSL has been a privilege. It's beautiful and instinctive. And I've loved being on a bilingual set. There's been kindness and patience and no assumption of knowledge. This feels revolutionary.'

For Gurney too, the chance to lead a BBC drama that features both deaf and hearing cast and crew has been hugely rewarding.

'I've been waiting for this for a long time,' he reflects. 'Deaf people rarely have opportunities to be involved in things like this. But we want to show that we can do everything. We just can't hear. I hope *Reunion* changes the game. This is a new way of doing things.'

Christine Mokhtar
Anne-Marie Duff
Ray's widow is is on a mission to discover what lay behind her husband's death

Stephen Renworth
Eddie Marsan
An ex-cop, Christine's protective new boyfriend is eager to help her get answers

Jason Isaacs as Timothy

Last resort

Will lives be lost in the **finale** of *The White Lotus*?

LAST ONE **DRAMA**

The White Lotus

Monday, 9pm, Sky Atlantic

It's checkout time this week as the guests say their goodbyes to The White Lotus – but who'll be flying home in business class, and who'll be heading to the morgue?

The anthology series has a tradition of teasing a death at the opening of a season and withholding the victim's identity until the final episode – and as the demise of fan-favourite Tanya at the end of Season 2 proved, nobody is too important to kill off.

Set in a luxurious Thai resort, the third season has seen the latest batch of super-rich holidaymakers experiencing many dark nights of the soul as they've been forced to confront their deepest insecurities.

The Ratliffs get a shock

DARK DAYS

'These people are all in some kind of hurt,' says series creator, writer and director Mike White. 'Like, they're all dead [inside], but they don't know it.'

There will be reckonings for multiple characters in the finale, as childhood friends Jaclyn, Kate and Laurie contend with the changes in their relationship that have been exposed by their time in Thailand, while businessman Timothy (Jason Isaacs) – facing a possible prison sentence when he returns to the US – comes up with a plan for the future that stuns his family.

The show has already been renewed for a fourth season, with the location and cast yet to be confirmed, but Michelle Monaghan, who plays Jaclyn, says we can look forward to a satisfying conclusion of the current run.

'When we got our roles, we were given all eight scripts at once – it was like being a kid in a candy store,' she recalls. 'I was on a long flight to Australia for Christmas, and I did not sleep – I read all eight episodes back to back. And I had no idea until the final pages who the victim would be at the end. It was so exciting.'

Michelle Monaghan

John Simm as Roy Grace

Grace under PRESSURE

There's **heartbreak for Roy and Cleo** as the Brighton-based crime drama returns

NEW CRIME DRAMA

Grace

Sunday, 8pm, ITV1 (box set, ITVX)

Det Supt Roy Grace was overjoyed last year when his other half Cleo told him they were going to have a child – but the couple's dreams of starting a family are cruelly snatched away as the hit crime drama returns to ITV1.

The new four-part series begins with Roy (John Simm) and Cleo (Zoë Tapper) struggling to process their grief after losing their baby, while the Brighton-based detective is still reeling from solving the long-running mystery surrounding his missing wife Sandy.

In a shocking finale to the fourth series, Roy tracked Sandy to a hospital in Munich. Tragically, she took her own life, leaving a letter for Roy revealing that she was pregnant when she left him and that they had a son called Bruno.

Now, following her death, the youngster comes to live in England and, in this week's opening episode, Roy takes Bruno to a football match in Brighton – only for

WORDS: SEAN MARLAND, ALISON SLADE PHOTOS: ITV, BBC

Roy and Cleo (Zoë Tapper) with Bruno (Finn Guegan)

someone to plant an explosive device at the stadium.

Roy and his colleague, DI Glenn Branson (Richie Campbell), discover that the teenage son of a wealthy shareholder in the football club is missing. Is his disappearance linked to a body that's washed up on a Sussex beach?

We sat down with Simm, 54, and Tapper, 43, to hear more…

How are Roy and Cleo dealing with their grief as the new season begins?

Simm It's been really traumatic for both of them. Baby loss is something that a lot of people have to deal with and it's such a horrible thing. It's a very complicated and strange situation for Roy, because he's also trying to get to know his son Bruno. But it's even stranger for Cleo, because suddenly there's a kid in her life who isn't hers.

Tapper Cleo was quite far along in the pregnancy, so it wasn't expected at all. We don't delve enormously into exactly what happened and the complications of that, but we certainly see the aftermath and their profound sense of loss.

How does Roy process the effects of this traumatic event?

Simm You certainly won't see Roy attempting to deal with his grief. He needs to be busy and doing what he does best. He gets back to work and hides behind his job.

Did you do any research into baby loss?

Tapper I wanted the story to feel real and truthful, so it was important for me to read up on it – I wanted to make sure I did justice to that devastation. I have a friend who sadly lost a baby in pregnancy and I was able to speak to her quite personally about her experience.

Was it difficult to film this week's opening episode?

Simm It was a very different opening week of filming, that's for sure. But it was also quite weird for me and I didn't feel like Roy, because he's off duty with his son at a football match, so he doesn't have his suit on. I didn't feel like Roy again until the second week when I got that suit on!

Is there a sense of relief for Cleo now that Roy finally got some answers about Sandy?

Tapper There was a sense of closure at the end of the previous season, but Sandy lives on through Bruno and through Roy to a certain extent. I don't think she's ever going to completely disappear for Cleo, but at the same time Cleo is very level-headed and mature.

Simm I was really torn by the Sandy revelations. I knew we couldn't string the audience along for ever, but on the other hand I really liked Roy having that spectre hanging over his head. Having said that, there's plenty of jeopardy left in the world of Roy Grace...

Richie Campbell as DI Branson with his colleague

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Family and friends pay their last respects

EASTENDERS

Walford bids farewell to Martin...

» **Following his tragic** death in the rubble of The Queen Vic, it's time for Martin Fowler to be laid to rest. Young Lily does her best to support her siblings as the family get ready for the funeral, and the teenager is furious when mum Stacey – who has taken time out from the Square – rolls in drunk as a skunk.

Distraught: Stacey

Emotions run high at the service and the wake, and when Stacey and Ruby later clash at the allotment, things are said that put paid to any chance of a reconciliation between the former pals. Meanwhile, relations between Stacey and Lily go from bad to worse when Lily turns to the bottle, and Stacey's pain rockets when she discovers Martin's fruit-and-veg stall has been torched.

Jack warns Stace not to take the law into her own hands, but the spiralling mum is convinced she knows who is responsible, and confronts them. Struggling with the toxic atmosphere, Ruby decides the time has come for her and son Roman to make tracks. Can she and Stacey build bridges before she leaves?

» **PLUS** Ross makes it his mission to convince Vicki that they should stay in Walford longer than planned.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Debbie learns she may have dementia (above), Kevin and Debbie's brother Carl arrives, Tyrone's son Dorin comes to stay, Todd discovers Theo's secret, Tim has a proposition for Sally, Kit flirts with Sarah, and Carla tells Jenny she's selling The Rovers.

EMMERDALE

» Pollard sacks Tracy (right) for stealing, John's under pressure after misdiagnosing Kerry, Kim tries to help Dawn and Billy's marriage, Sarah's arrested after stealing Cain's car, and Gabby and Vinny move into Dale View.

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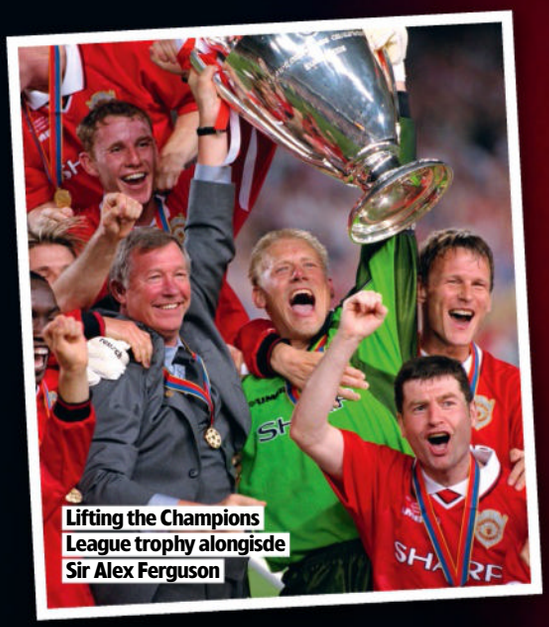

Lifting the Champions League trophy alongisde Sir Alex Ferguson

Peter the great

Manchester United goalkeeper **Peter Schmeichel** looks back on his life and football career

Schmeichel in the Euro 92 final

NEW PROFILE

Schmeichel

Sunday, 9pm, Sky Documentaries & Sky Showcase

Growing up in Denmark, Peter Schmeichel dreamt of one day playing for Manchester United. Not only did he achieve that, but he became part of one of the club's greatest teams, winning the treble under Sir Alex Ferguson – not to mention the 1992 Euros as Denmark's No 1.

Now, over 20 years after hanging up his gloves, the Dane, 61, is looking back on his eventful life and glittering career in the feature-length documentary *Schmeichel*, which features contributions from Fergie, ex-teammates Eric Cantona and Gary Neville, and Schmeichel's family – including his goalkeeping son Kasper.

The blond, 6ft 4in stopper started to make a name for himself with Danish club Brøndby before making the big move to Old Trafford in 1991 after being signed by Ferguson.

BIG CHARACTERS

'Walking in on my first day, I was like: "My God, it's Mark Hughes and Bryan Robson!"' recalls Schmeichel. 'I played behind Gary Pallister and Steve Bruce, who were also really big characters and fantastic players, and we had Eric Cantona signing from Leeds.'

Son Kasper is also a Premier League winner

He adds that Ferguson deliberately sought out players who, like him, were a force to be reckoned with on and off the pitch.

'His style was to look for the big personalities, the guys who were maybe a little bit difficult for other managers to control,' he explains.

The irascible Ferguson was renowned for giving his players the 'hairdryer' treatment, and Schmeichel recalls that he and the manager had a stand-up row after the side drew with arch-rivals Liverpool, having been 3-0 up, in 1994.

'I was fuming,' recalls Schmeichel, who'd already won the 1992 Euros with his national team. 'On the Monday morning, when I went to the manager's office, he said: "I have to let you go."'

However, the row was smoothed over, and Schmeichel remained at Old Trafford, where, as well as winning five Premier League titles, three FA Cups and a League Cup, he completed the treble in 1999 following United's dramatic late winner against Bayern Munich in the Champions League final.

Stressed and fearing burnout from playing so many games, Schmeichel had decided the treble-winning season at United would be his last.

'I know it's a bit silly for anyone to leave United of their own accord,' says the Dane, who moved to Portugal before returning to the Premier League with Aston Villa and United's rivals Manchester City. 'But at that moment, it felt like the right thing to do.'

WORDS: IAN MACEWAN. PHOTOS: GETTY, SKY

Look Who's Back...

A familiar face appearing in a new role this week

Adrien Brody

NEW **The Olivier Awards**

Sunday, 10.15pm, ITV1

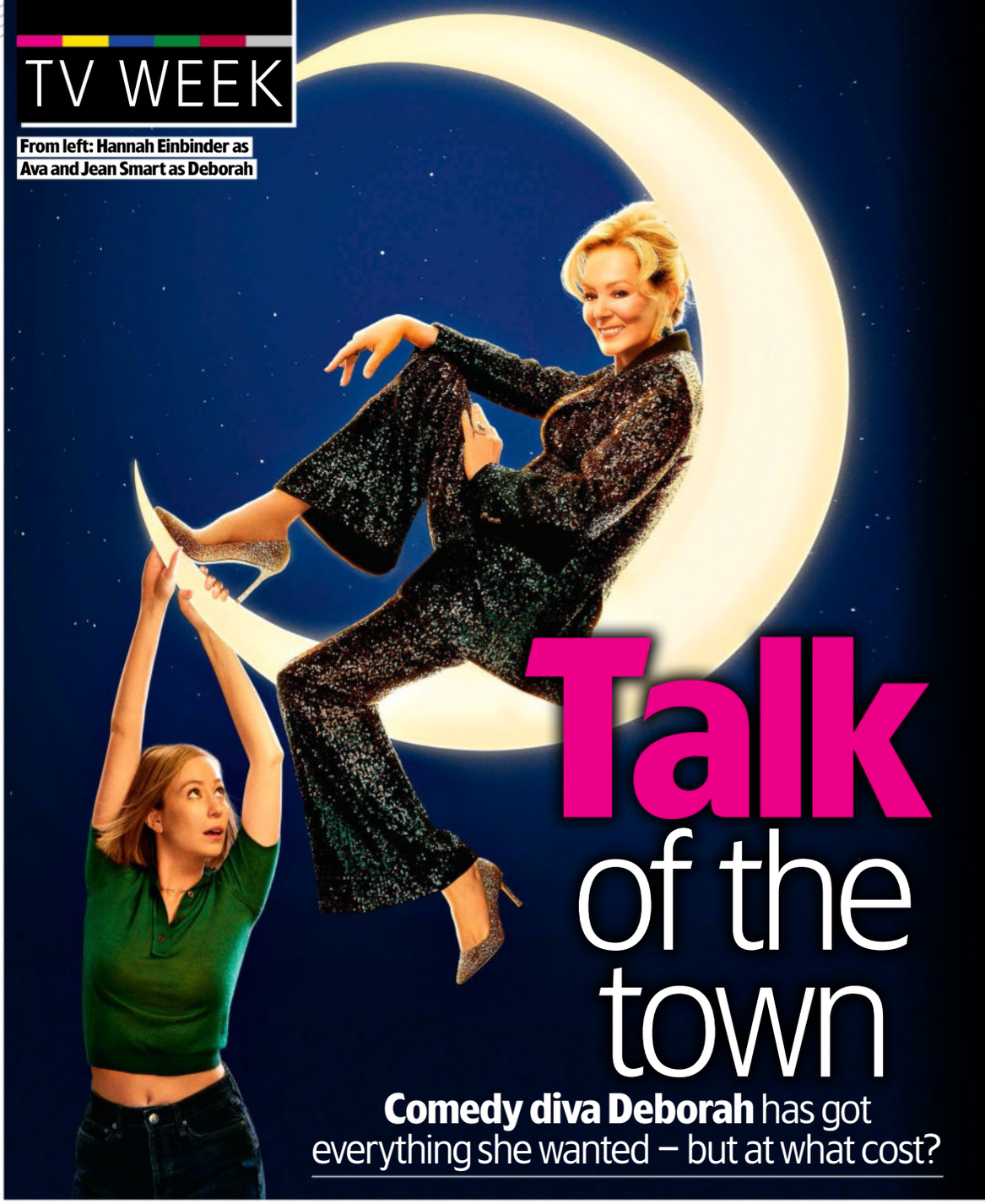
The New York actor has won two Oscars, for *The Pianist* (left) and *The Brutalist*. His small-screen roles include Italian-American gangster Luca Changretta in BBC's *Peaky Blinders* and a sea captain in Stephen King's *Chapelwaite* on Paramount+. On Sky Atlantic, he played a billionaire investor in *Succession* and real-life basketball coach Pat Riley in *Winning Time: The Rise of the Lakers Dynasty*, and was in Sky Max's *Poker Face*.

HIS LATEST APPEARANCE

After winning an Oscar, BAFTA and Golden Globe for *The Brutalist*, Brody, 51, swaps screen for stage at the Olivier Awards, which celebrate the best in British theatre. He's nominated for Best Actor for his role as an innocent man who spent 22 years on Death Row in *The Fear of13*, and is up against Mark Strong, Billy Crudrup, John Lithgow and Paapa Essiedu. Other nominees include Ben Whishaw, Imelda Staunton and Meera Syal, while musical revival *Fiddler on the Roof* is up for a possible 13 gongs.

Adrien Brody

WORDS: HANNAH DAVIES, SEAN MARLAND, RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: BBC, GETTY, ITV, SKY, U&W


From left: Hannah Einbinder as Ava and Jean Smart as Deborah

Talk of the town

Comedy diva Deborah has got everything she wanted – but at what cost?

Sons and lovers

Sally Phillips raises some awkward questions in her Down Under comedy...

COMEDY

Austin

Friday, 9.30pm, BBC1

Ingrid Hartswood was stunned to find her husband Julian had an Australian son in last week's opening episode of *Austin* and it raised some awkward questions about the start of their relationship.

Austin's age means Ingrid (Sally Phillips) and Julian (Ben Miller) were already dating when he helped conceive the 28-year-old back in the 1990s, and he'd been keeping his indiscretion secret for nearly three decades.

'Ingrid is a bit upset,' says Phillips. 'It raises an interesting question, because you wouldn't leave the person you'd been with for 30 years over that, but it would

NEW COMEDY DRAMA

Hacks

Friday, 9pm & 9.40pm, Sky Max & Sky Showcase

Ava and Deborah are at war

Veteran stand-up Deborah Vance (Emmy-winning Jean Smart) finally achieved her lifelong goal of landing her own late-night show during the third season of acclaimed US comedy-drama *Hacks*.

But when she chose not to hire Ava Daniels (Hannah Einbinder), the writer who'd helped Deborah to reinvigorate her flagging career, as head writer, Ava saw red – and blackmailed Deborah into giving her the job anyway.

As *Hacks* returns for a fourth season, Deborah and Ava are barely speaking to each other, though they're putting on a public show of unity for the cameras. But has their working relationship been damaged beyond repair, or can the frenemies reach a détente?

TV&Satellite Week caught up with Smart, 73, to find out more…

Where do we find Deborah and Ava at the start of the season?

Right where we left off. One of the things that the writers did that I loved was that even though it is a very bitter feud, they still made it funny – like the awful pranks that Deborah plays on Ava to try to get her to quit. I love that, because it's so childish, but it also takes the edge off a pretty nasty fight.

What was it like to play the scenes where they're feuding?

The worst one was when Deborah had to hit Ava, because I've never slapped anybody across the face, apart from once in a play. I made it worse by not really doing it full-out, so I ended up hitting her about 28 times instead of two or three!

What do you like and dislike about Deborah as a character?

I love her sense of humour, but I can't identify with her anger and bitterness. She's carried resentment for years; I feel sorry for people who do that, because it must be a terrible burden. But it certainly makes her an interesting combination – somebody who is very funny, but also has a lot of anger. That's actually common with comedians.

Did you draw on any particular inspiration for Deborah's persona as a talk show host?

I've been on a lot of talk shows, and watched them for years and years, so it's kind of being a copycat, for lack of a better word. It's been fun to pretend to do it, but I wouldn't want to do it in real life – the pressure has to be extraordinary.

change something.'

After being cancelled for retweeting a racist post, Julian is keen to bond with his autistic son in the hope of saving his career as a successful children's author and is delighted when Austin (Michael Theo) invites him over to his house for dinner.

However, Austin has a range of questions for his father, while Ingrid is very keen to speak to his mother Mel (Gia Carides) about her fling with Julian all those years ago.

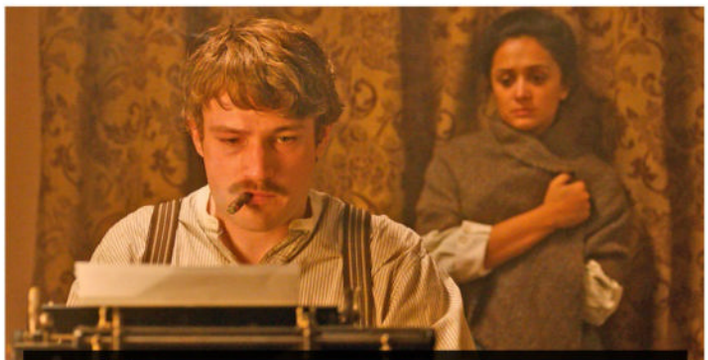
Julian, Austin and Ingrid

Phillips says she enjoys the family dynamic of the Aussie comedy, which will return for a second season next year, and starring in a comedy with neurodiverse actor Theo was also a big pull for the Bridget Jones star, who has a son with Down's syndrome.

'I feel really passionately about disability representation,' says Phillips. 'Austin is a brilliant way of doing a mainstream comedy with a difference. We're not trying to make any big points, but there's an actor in there who happens to be autistic and is also hilarious.'

What else can I watch?

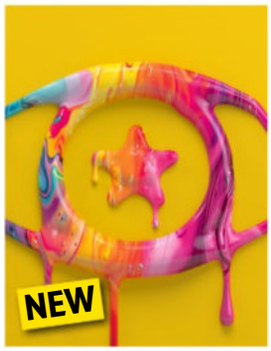
We search the TV schedules to uncover the shows you might have missed...



NEW Jack the Ripper: Written in Blood

Tuesday, 9pm, Sky History (box set, Sky Box Sets & NOW)

***New Blood's* Mark** Strepan (above) stars in this drama-documentary about Jack the Ripper, which focuses on a group of reporters who shamelessly exploited the Whitechapel murders to boost circulation of their newspaper, *The Star*. Strepan plays reporter Frederick and *Outnumbered*'s Tyger Drew-Honey is sub-editor Ernest, whose tactics hindered the police and may have helped the killer evade capture.



Celebrity Big Brother

Monday-Friday, 9pm, ITV1

Former soap star Helen Worth is among the celebrities rumoured to be entering the famous *Big Brother* compound alongside Tommy Fury, Rebekah Vardy and ex-politician Nadine Dorries. AJ Odudu and Will Best oversee the celebrity inmates and all the tasks and surprises that lie ahead. The main show is followed by *Late & Live* on ITV2, plus you can catch up on the ITVX live stream.

Interior Design Masters

Thursday, 8pm, BBC1

Alan Carr and design guru Michelle Ogundehin (left) are back for a sixth series as they welcome 10 interior designers who will embark on the ultimate crash course. This time, the wannabe designers will be transforming everything from youth hostel bunk rooms to Welsh holiday cottages. Each episode features a celebrity guest judge, beginning with Laurence Llewellyn-Bowen.

Life in Pieces

Saturday, 11pm & 11.30pm, U&W (box set, U)

James Brolin stars as retired pilot John Short (left, with Dianne Wiest as his therapist wife, Joan) in this US sitcom from 2015-19. It follows the highs and lows of three generations of a California family and the first double bill sees John celebrating his 70th birthday with a living funeral, while Joan attempts to organise a family therapy session.

● *Previously shown on Prime Video*

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

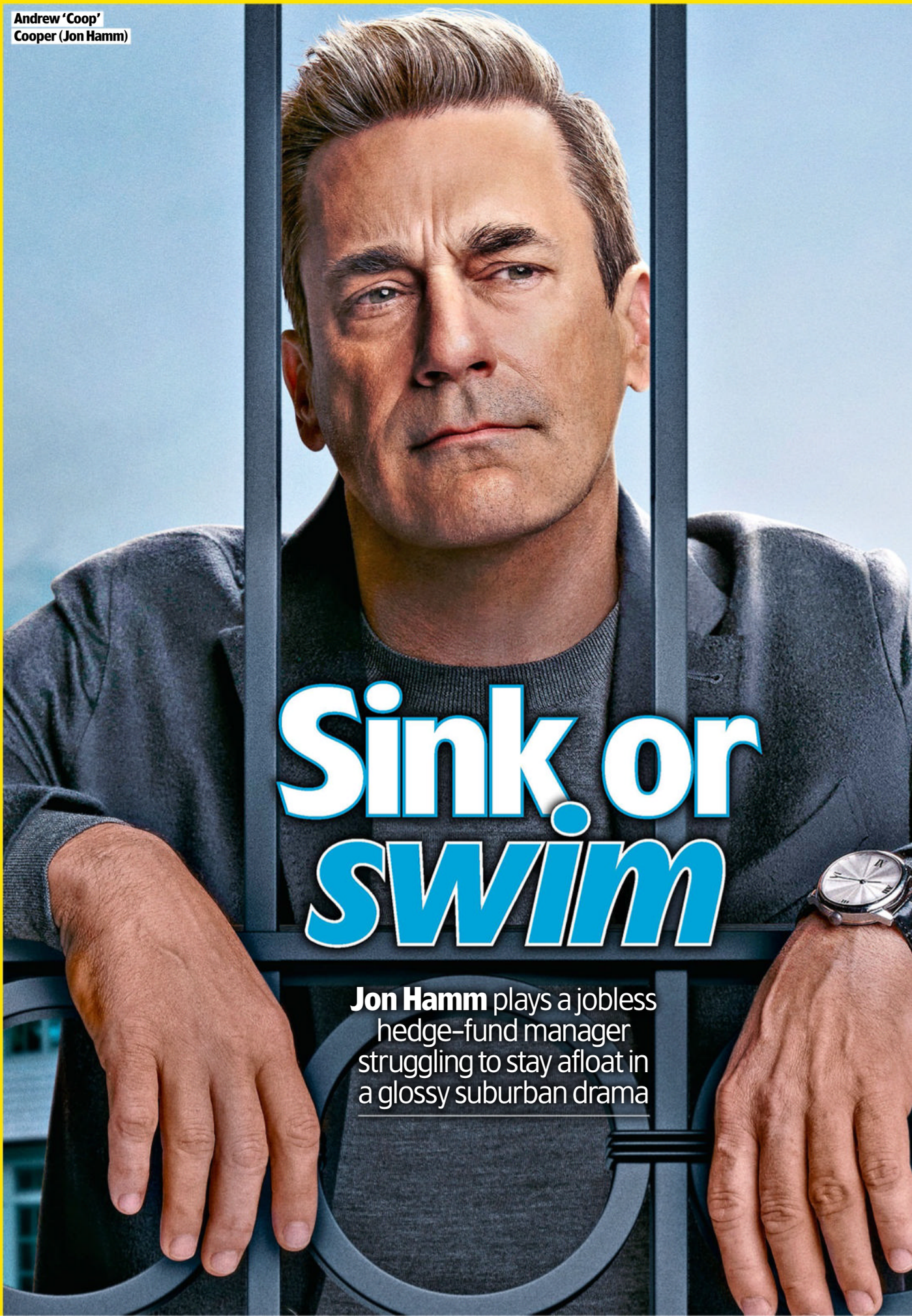
Disney+

4

sky box sets

NOW

tv+



Andrew 'Coop' Cooper (Jon Hamm)

Sink or swim

Jon Hamm plays a jobless hedge-fund manager struggling to stay afloat in a glossy suburban drama

tv+ Your Friends & Neighbours

NEW *Available Friday 11 April*
Genre: Drama Season: 1 Eps: 9
(first two eps from Fri 11 April, then weekly)

Best known for playing *Mad Men*'s dapper Don Draper, the brilliant ad exec with a rocky private life, Jon Hamm is back as another haunted high-flyer in glossy drama *Your Friends & Neighbours*.

Exes Mel and Coop

Hamm stars as Andrew 'Coop' Cooper, a hedge-fund manager who thought he had it all until he discovered his wife Mel (Amanda Peet) was having an affair with his BFF Nick (Mark Tallman).

Another shattering life event follows when Coop is fired from his well-paid job, and he struggles to find another position. Meanwhile, he is unable to connect with his two kids, is angry at his ex-wife, and is in a turbulent casual relationship with Sam (Olivia Munn), part of his social circle in the affluent New York suburb of Westmont Village.

'Coop's personal life has gone off the rails,' says Hamm. 'So when his professional life does the same, he has to decide if he's going to sink or swim.'

HOW THE OTHER HALF LIVES

With a lavish lifestyle to fund on top of alimony and child support, a lonely and broke Coop starts to question the decisions he's made, and the values they were informed by. For instance, can money really buy happiness?

'Seemingly having everything and yet still being fundamentally unsatisfied is an interesting thing,' says Hamm. 'Somebody once said: "Mo' money, mo' problems." I think that is often true.'

Coop hits on an ingenious yet illegal scheme to keep his head above water but will he really end up stealing from the well-heeled set he always aspired to be a part of? And are his rich neighbours hiding more secrets than he could have ever imagined?

Meanwhile, despite his pain and anger, he has no choice but to be involved in his ex-wife's life.

'For a lot of people who've gone through a divorce or separation, you're still involved in each other's lives because of the kids,' says Hamm, 54. 'They're navigating it the best they can. That's difficult to do when there's been betrayal or heartbreak.'

Your Friends & Neighbours also offers a tantalising glimpse of how the other half lives, as Coop finds himself exploring the homes – and lives – of his wealthy fellow suburbanites.

'It is fun to peer into the lives of really rich people,' adds *Fatal Attraction*'s Peet, 53. 'But in this case, everyone is having intense human struggles. Coop still wants to pass as a rich person, and is very ashamed that he's not rich. I think that's very relatable and human.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Adolescence

Genre: Drama Season: 1 Episodes: 4

Undoubtedly a contender for awards, this is a powerful, thought-provoking and harrowing drama that is a whydunnit rather than a whodunnit. It opens with 13-year-old Jamie (a brilliant Owen Cooper) arrested for stabbing a girl to death. Stephen Graham plays his father, who's convinced the police have made a mistake until he is shown incontrovertible evidence of his son's guilt. The episodes are filmed in one continuous shot, making it a compelling, immersive and unmissable experience.

Paramount+ NCIS: Origins

Genre: Crime drama Season: 1 Episodes: 18 (released weekly)

Austin Stowell (right) does a good job playing a younger version of Mark Harmon's beloved NCIS special agent Leroy Jethro Gibbs in a prequel set in 1991 when the investigator was starting out.

Disney+ Tracker

Genre: Drama Season: 2 (part 2) Eps: 9-20 (released weekly)

The second run resumes with a chilling episode as bounty hunter Colter Shaw (Justin Hartley, right) gets close to solving a case that has haunted him for a decade, that of missing teen Gina Picket.

Now in production...

Three upcoming shows to look out for soon

tv+ Shrinking

In the third run of Apple TV+'s comedy drama, which will continue to follow widowed therapist Jimmy (Jason Segel) as he delivers honest and life-changing feedback to his patients, Jeff Daniels (above) is set to have a recurring guest role as Jimmy's father.

NETFLIX Legends

Tom Burke (above), Steve Coogan and Hayley Squires will star in Netflix's six-part 1990s-set thriller, inspired by the true story of how a group of people who worked for British Customs were sent undercover to stop illegal drug smuggling by infiltrating deadly gangs.

tv+ Ted Lasso

A fourth run of Apple TV+'s hit comedy will see Jason Sudeikis (above) return as the eponymous American, who has caused a stir while coaching London football team AFC Richmond. This time, the squad must 'learn to leap before they look', according to Sudeikis.

WORDS: JUDY EWENS, CAREN CLARK; IAN MACEWAN. PHOTOS: APPLE TV+, GETTY, SHUTTERSTOCK, NETFLIX, CBS, PARAMOUNT+, ©2025 DISNEY & IT'S RELATED ENTITIES

Tom Mison, Celine Buckens and Katie McGrath as Jack, Tasha and Jen

On the run

Tasha goes into hiding from Jack as the twisty thriller returns...

Paramount+ The Ex-Wife

NEW *Available: Thursday 10 April*
Genre: Thriller Season: 2 Episodes: 4

Gripping thriller series *The Ex-Wife* left viewers on tenterhooks at the end of the last season following a cliffhanger car crash, a faked death and a menacing ex-husband slowly emerging from a coma.

And there are plenty more gasp-out-loud moments as the series returns for a second four-part outing on Paramount+.

The drama picks up three years later with Tasha (Celine Buckens) having escaped her abusive ex Jack (Tom Mison) and living a new life in Cyprus under a false identity with her daughter Emily – who secretly survived the crash – while Jack languishes in prison for causing Emily's 'death'.

SECRETS AND STRESS

Meanwhile, in London, Jack's ex-wife Jen (now played by Katie McGrath) has also moved on and is preparing to walk down the aisle with her fiancé Connor, despite hiding the secret that Emily's death was faked.

Emily (Liberty Miller) and Tasha are now in Cyprus

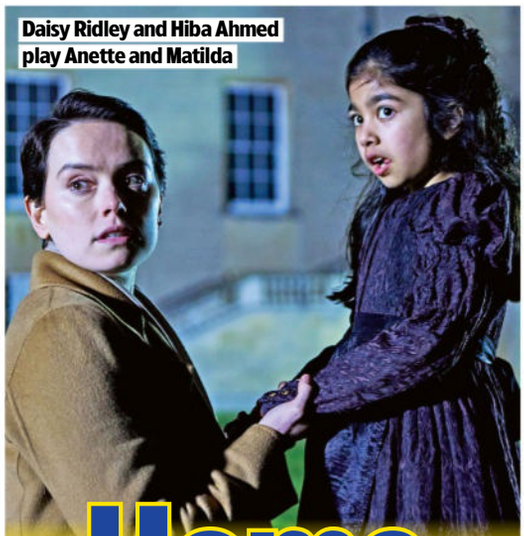
But both women's lives are upended once again when they learn that Jack, who still believes he killed Emily, has been released from prison early, forcing Tasha to go on the run.

'It's been great to have another season. You feel like you've said goodbye to your character and then you get a whole new adventure together,' says Buckens. 'What was interesting this time was figuring out how someone copes with the aftermath of a very emotionally abusive relationship with a lot of gaslighting. The scars aren't visible, but they're very difficult to grapple with.'

But while Tasha wrestles with the anguish surrounding her past relationship, and strives to be a good mum, it's only a matter of time before Jack discovers that Emily is alive – and he'll stop at nothing to get his daughter back.

'I don't think Tasha feels any guilt that Jack believed his daughter died in the car crash,' says Buckens, 28. 'Of course, Jack thinks he loves Emily but he's a narcissist; I don't think he's able to love in a healthy way.

'So Tasha knows that she did what she did to protect her daughter, which is more important than anything else. But she gets really put through the wringer again in this second season.'



Daisy Ridley and Hiba Ahmed play Anette and Matilda

Home alone

Daisy Ridley is trapped in a toxic marriage

Paramount+ Magpie

NEW *Available: Thursday 10 April*
Genre: Thriller

Star Wars' Daisy Ridley plays a woman trapped in an unhappy marriage in her latest movie project, powerful psychological thriller *Magpie*.

The actor, who turns 33 on 10 April, portrays former publisher Anette, a stay-at-home mum who has two young children with her arrogant husband Ben (Shazad Latif), a struggling writer.

Having moved from London to the countryside, Anette feels unhappy, and is desperate to return to the workforce. Meanwhile, when the couple's young daughter Matilda is cast in a period movie, Ben escorts her to set every day – and soon becomes besotted with the film's glamorous star Alicia (Matilda Lutz).

Shazad Latif as Ben

ISOLATED AND IN DANGER

Anette becomes ever-more suspicious of Ben's infatuation, and the cracks in their marriage grow more dangerous as Anette's life spirals out of control.

'Ben and Anette's relationship is really difficult, and because she is so isolated, all of the things that might be bearable for her are unbearable because she's alone,' reveals Ridley, who came up with the idea for the film, and asked her actor husband Tom Bateman to write his first-ever movie script.

'We were inspired by a lot of different films, including some Alfred Hitchcock stuff,' says Bateman, 36. 'Daisy is one of my favourite actors in the world and working with her was heaven.'

● *See review, page 24*

WORDS: HANNAH DAVIES, VICTORIA WILSON, RICHARD MCCLURE, CAREN CLARK. PHOTOS: PARAMOUNT+, PRIME VIDEO, BBC, U&GOLD

All guns blazing

Viola Davis is a US President battling to save the world

Viola Davis plays President Danielle Sutton

prime G20

NEW *Available: Thursday 10 April*
Genre: Action thriller

Viola Davis is no stranger to playing strong women, from her Oscar-winning portrayal of resilient wife Rose Maxson in 2017 movie *Fences* to her role as Michelle Obama in 2022 anthology drama *The First Lady*.

This week, Davis is back in the White House – this time as US President Danielle Sutton in Prime Video action thriller *G20*. A decorated hero of the Iraq war, President Sutton wants to leave a lasting legacy. With husband Derek and their children Serena and Demetrius in tow, she heads to the annual G20 summit of world leaders in Cape Town, where she's due to present her vision for fostering financial stability in developing countries.

HOSTAGE SITUATION

'President Sutton is a woman with lofty goals and dreams,' says Davis, 59. 'She takes her role very seriously and is constantly trying to prove she deserves to be in the position. But at the G20 summit, she's forced to prove she's worthy in the worst possible situation.'

At the opening-night reception, the diplomatic formalities descend into chaos when a gang of heavily armed mercenaries bursts in, taking most of the delegates hostage. President Sutton manages to evade capture but knows she must now draw on her battlefield instincts to protect her family and fellow leaders.

Criminal mastermind Rutledge (Antony Starr) is behind the attack, setting in motion a nefarious plot to 'reset' the world's financial markets.

'His mission is twofold,' says Starr, 49, best known for playing Homelander in superhero series *The Boys*. 'He believes he is fighting back on behalf of people who feel left behind, but there's also a startling personal motive.'

The film features plenty of high-speed chases, shoot-outs and hand-to-hand combat.

'There's a hair-raising fight staged in a helicopter that is attempting to take off from the hotel rooftop,' says director Patricia Riggen, 54. 'Thankfully, Viola and Marsai Martin [who plays Serena] both enjoy extreme theme-park rides. They got in the helicopter, we started spinning it and they were like: "More, more, more!"'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER This City Is Ours

BBC1's gangland drama sees crime boss Ronnie Phelan (Sean Bean, above) suspect there might be a rat in his crew after a drugs deal goes wrong. And when the gang goes to Spain, events take a shocking turn, leaving one of them in danger...

BBC iPLAYER Big Night of Musicals

Michael Ball teams up with Our Dementia Choir for a performance of *The Impossible Dream* in BBC1's toe-tapping extravaganza, while host Jason Manford duets with Daniel Mays (above, with Manford).

sky box sets NOW Neil & Martin's Bon Voyage

On U&Gold, *Men Behaving Badly* stars Neil Morrissey and Martin Clunes (both above) reunite for a French odyssey, in which they canoe along the Dordogne and climb the largest sand dune in Europe.

BBC iPLAYER Old Hands, New Tricks

In BBC1's documentary, Rose Ayling-Ellis (above) introduces people at a Buckinghamshire retirement village to British Sign Language, and nonagenarian Eric ends up signing a love song to his wife June.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Mobile Suit Gundam GQuuuuuuX

Tuesday 8 April

Japanese animé. High schooler Amate Yuzuriha, who lives an ordinary life in a space colony, meets refugee Nyaan and gets caught up in illegal mobile-suit duels. As she pilots a GQuuuuuuX, Amate encounters Shuuji, the pilot of a Gundam that is being pursued by the space army and the police.

How to Sell Drugs Online (Fast)

Tuesday 8 April

The fourth and final season of the German crime comedy about Moritz and his best friend launching Europe's largest online drug business from their bedroom. Moritz is released from prison after four years and can finally start his own (this time legal) business. But there is a problem...

Kian's Bizarre B&B

Tuesday 8 April

Korean reality series about the creation and running of a bizarre makeshift bed and breakfast on the sea.

The Clubhouse: A Year with the Red Sox

Tuesday 8 April

Docuseries about the Boston Red Sox baseball team during their rollercoaster 2024 season, with unprecedented access to players, coaches and executives.

90 Day Diaries

Tuesday 8 April

The sixth season of the reality series takes an intimate look into the lives of former couples from the *90 Day Fiancé* franchise as told from their perspective. Without producers or crew, the couples film themselves in their day-to-day lives as they navigate relationship challenges.

Bad Influence: The Dark Side of Kidfluencing

Wednesday 9 April

Docuseries about kids who became popular social-media figures thanks to their posts and videos showing their seemingly idyllic lives. But in reality, they were being exploited and manipulated by the adults engineering their success.

Frozen Hot Boys

Thursday 10 April

Thai comedy-drama film. In order to reunite with her father, a teacher at a youth rehabilitation centre convinces a group of teenage misfits to enter a snow-sculpting competition in Japan.

G20

Thursday 10 April

Action thriller starring *The First Lady*'s Viola Davis as US President Danielle Sutton, who must protect her family, defend her country and safeguard world leaders when the G20 summit in Cape Town, South Africa, is attacked by terrorists. See feature, page 17.

Black Mirror

Thursday 10 April

The seventh season of Charlie Brooker's dark satirical anthology series returns with performances from, among others, Awkwafina, Peter Capaldi, *The Crown*'s Emma Corrin, *Billions*' Paul Giamatti, Chris O'Dowd, *Insecure*'s Issa Rae and *Succession*'s Dame Harriet Walter. See feature, p4.

Married to the Game

Tuesday 8 April

The second season of the reality series following the lives of the wives and girlfriends of top footballers, including Gabrielle Figueiredo, the spouse of Arsenal defender Gabriel Magalhães (both pictured, with their daughter Maya).

The Street Where I Live

Monday 7 April

Swedish drama starring singer and actor Lena Philipsson, recently announced as Roxette's new frontwoman. When Nina's husband died, her neighbours rallied round, providing invaluable support to her and her two children. Four years later, she starts a new romance that ends up affecting the whole street.

The Ex-Wife

Thursday 10 April

The second run of the thriller picks up three years after the dramatic conclusion to Season 1. Tasha (Celine Buckens) and her daughter are living in Cyprus under false identities. However, everything changes when she learns that her ex Jack (Tom Mison) is being released from prison. See feature, page 16.

Magpie

Thursday 10 April

Thriller. When Ben and Anette's young daughter lands a role alongside a glamorous movie star, Ben (*Toast of London*'s Shazad Latif) chaperones her. But Anette (*Young Woman and the Sea*'s Daisy Ridley) soon begins to suspect that Ben's become infatuated with the star and secrets and lies come to the surface, threatening to destroy them all. See feature, page 16.

Your Friends & Neighbours

Friday 11 April

Jon Hamm stars as a recently divorced hedge-fund manager, who, after being fired, resorts to stealing from the wealthy residents in his New York suburb in order to maintain his lifestyle. These petty crimes begin to reinvigorate him until he breaks into the wrong house at the wrong time. See feature, page 14.

Ex on the Beach France

Friday 11 April

Eight bachelors move into a villa in the Canary Islands. What they don't know, though, is that their exes are about to join them, turning their dream vacation into a nightmare.

The Gardener

Friday 11 April

Spanish romantic thriller. Elmer and his controlling mother run a garden centre that doubles as a murder-for-hire business. But then Elmer falls for their next intended victim.

Pets

Friday 11 April

One-off documentary exploring the extraordinary relationships that exist between animals and their owners all around the world. Dogs, cats, pigs, goats and even birds of prey feature.

Cold Summer

Friday 11 April

Italian crime thriller from Walter Presents, set in 1992 in Bari. The kidnapped son of a Mafia boss is found murdered even though the ransom was paid. As the police investigate, they realise that two of their colleagues are the prime suspects.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO, VIAPLAY

Documentaries

A memorial stone at the entrance to the camp

HORRORS of the Holocaust

Sir Sam Mendes and **Sir Simon Schama** mark the liberation of the Nazi death camps in two distressing documentaries

Sam Mendes

NEW FACTUAL

What They Found

Monday, 10pm (times vary), BBC2

For 80 years, harrowing footage of Nazi concentration camp Bergen-Belsen has been held in the archives of London's Imperial War Museum. It was shot by two members of the British Army's Film and Photographic Unit as they accompanied the troops liberating the camp at the end of World War Two.

Now the distressing footage, filmed by Sgt Mike Lewis and Sgt Bill Lawrie, is being shown in the unflinching BBC2 film *What They Found*, which is directed by Oscar-winner Sam Mendes, in his first documentary project, to mark the 80th anniversary of the camp's liberation in April 1945.

POWERFUL TESTIMONY

The film also features moving personal accounts of the atrocities that Lewis and Lawrie witnessed, recorded in interviews conducted during the 1980s.

'Using only the voices and footage shot by two British army cameramen during the latter stages of the war, I hope this documentary gives a unique perspective on the discovery of the horrors of Belsen and the reality of the Holocaust,' says *1917* director Mendes.

Embedded with British troops as Nazi Germany faced collapse, Lewis and Lawrie joined a mission to photograph what they thought was a typhus hospital, but were faced with a living hell.

Shocking scenes during the liberation

In all, 52,000 people, mainly Jews, died at Bergen-Belsen from starvation, overcrowding and disease. The film documents how bewildered nurses were brought into the camp to provide urgent care for the skeletal survivors. There's also sickening silent footage of the burial of tens of thousands of people in vast pits, with the bodies treated like nothing more than rag dolls.

'We drove up in a Jeep through pine woods to a wired gate,' says Lewis in the recordings. 'The number of dead lying everywhere… there was a stench of death and the death of all human dignity and hope. I'd seen terrible things in war, but to treat ordinary people like this. How could it be?'

JOURNEY TO HELL

Historian Simon Schama takes a sobering tour across Europe in *Simon Schama: The Road to Auschwitz* (Monday, 9pm, BBC2), in which he reveals how years of deep-rooted prejudice resulted in the Nazi death camps.

He starts his sobering journey in Lithuania, the home of his mother's family, where he learns how the murder of its Jewish population began shortly after the Germans invaded in 1941. Schama also travels to Amsterdam, where 75% of the Jewish population didn't survive.

Finally, he visits Auschwitz-Birkenau, which by 1944 had become an industrial killing machine. 'It was the endpoint for a much longer road of horror,' says Schama. 'It took years of bitter dehumanising hatred from one end of Europe to the other to actually make it conceivable that a whole civilisation could end up in smoke.'

Schama at Auschwitz-Birkenau

WORDS: HANNAH DAVIES, REBECCA MAHONEY, IAN MACEWAN
PHOTOS: ALAMY, BBC, C4, GETTY, ITV

Great British Railway Journeys

Mon-Fri, 6.30pm (times vary), BBC2

From Epping Forest in Essex to the Black Country and the Lake District, Michael Portillo is exploring more of Britain's most scenic and historic areas as he hops on board the UK's railways once more. The 20-part series begins with a trip to Bedgebury arboretum, which has the largest collection of conifers in the world.

Tribe with Bruce Parry

Sunday, 9pm, BBC2

This week, the intrepid explorer visits the Namib desert in southern Angola, only recently accessible after years of civil war. Invited to live with the Mucubal people, he witnesses tribal practices such as the ritual removal of teeth and circumcision ceremonies, and receives the welcome gift of a goat – that he is expected to slaughter.

The Americas

Sunday, 6.15pm, BBC1

This week's episode focuses on the Gulf Coast, where a bottle-sized owl is digging an eight-foot burrow to raise his future young, but has to find a mate to share it with. Cameras also capture eight-inch alligator hatchlings, manatees playing in Florida's natural springs and a Louisiana black bear, who has to rescue her tiny cub from drowning.

Kinahan: The True Story of Ireland's Mafia

Tuesday, 10.40pm & 11.40pm (times vary), BBC1

A four-part account of the rise of the Kinahan family, who went from small-time gang in 1980s Dublin to global arms and drug traffickers, with the US offering a $5million reward leading to the arrest of boss Christy Kinahan and his sons. Previously shown on BBC1 Northern Ireland.

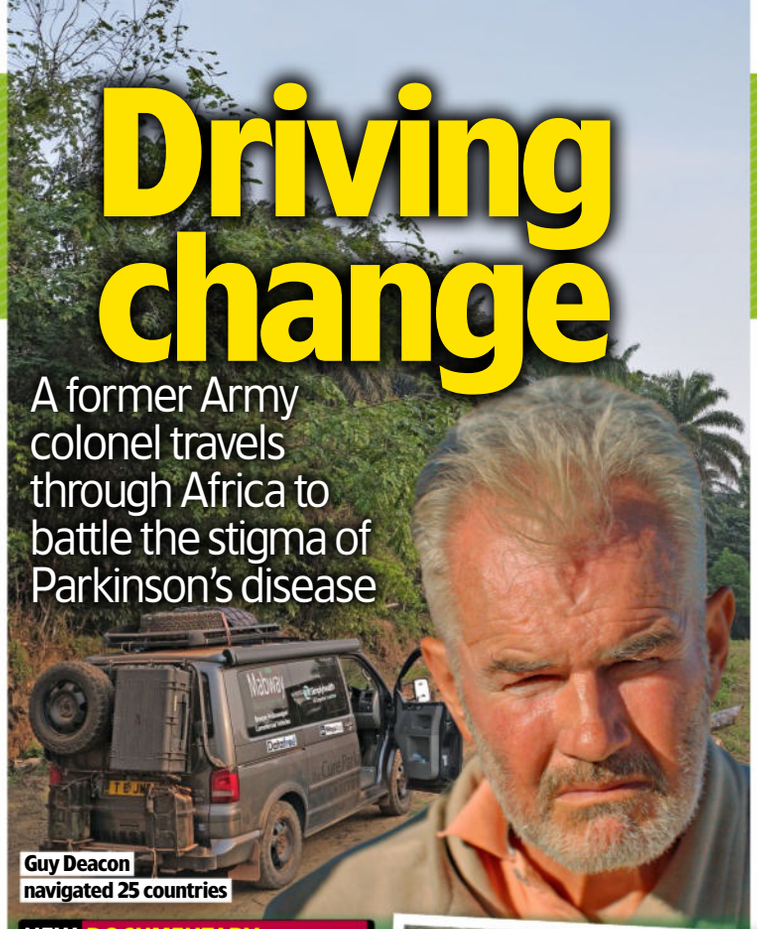
Gary Barlow's Wine Tour: Australia

Friday, 2pm, ITV1

After his trip to South Africa, Gary Barlow heads Down Under, where he learns about the best Australian wines in the company of celebrity chums. This week, he's in Sydney and the Hunter Valley with Tim Minchin and Sophie Ellis-Bextor, while Dannii Minogue, John Bishop and Ronan Keating feature later in the run.

Driving change

A former Army colonel travels through Africa to battle the stigma of Parkinson's disease

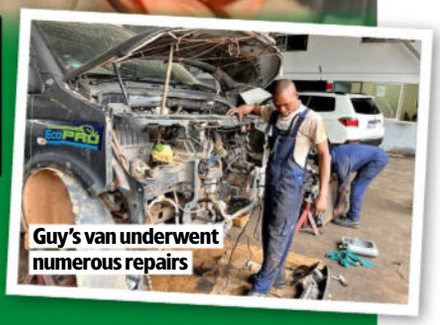


Guy Deacon navigated 25 countries

NEW DOCUMENTARY

World's Toughest Drive: An African Adventure

Thursday, 11pm, C4



Guy's van underwent numerous repairs

When retired British Army colonel Guy Deacon set off on a solo road trip through Africa in 2019, he wasn't just pursuing a lifelong dream, he was on a mission.

Diagnosed with Parkinson's disease almost a decade earlier, the intrepid adventurer was embarking upon an epic 18,000-mile journey in his VW van to raise awareness of the neurological disorder, particularly in African regions where symptoms are often misunderstood.

'One of the main misconceptions about Parkinson's across Africa is that the shaking, slurred speech and depression that are symptoms of the disease are explained as witchcraft and the person suffering is believed to be "cursed"', explains Deacon, 63, whose expedition from his Dorset home through 25 countries down to South Africa is chronicled in a new one-off C4 documentary.

'People are also afraid that it's contagious, so those with the disease can be ostracised from their communities, which is devastating.'

While travelling through Sierra Leone, Ghana, Nigeria and beyond, Deacon advocated for a greater understanding of the disease by speaking to the media, doctors and people living with Parkinson's. But breakdowns, patchy GPS and the odd wrong turn tested his limits.

Taking stock in South Africa

CHALLENGES

'People were amazingly helpful, particularly when the van broke down,' says Deacon, who's also written about his travels in his 2024 memoir, *Running on Empty*.

'But the toughest times came when I'd forgotten to take my medication on time, or during stressful negotiations at border crossings, as stress can make my Parkinson's worse.'

Since filming, Deacon has suffered a stroke that has affected his communication and mobility. However, he's already planning his next adventure.

'I have a long road of recovery ahead of me, but if all goes well, I want to complete the full round-trip of Africa,' he says. 'There are no winners with this disease, but the journey gave me a purpose. If I can do this, anyone can do anything.'

Films Our pick of this

MOVIE OF THE WEEK

TRANSFORMERS ONE

This terrifically fun adventure about the iconic robots-in-disguise is the best yet

SCI-FI ANIMATION

Friday, 9.20am & 6.10pm, Sky Premiere

★★★★

The robo-chameleons get a shiny new upgrade in *Transformers One*, a CGI prequel set on their home planet Cybertron that reignites the spark that's so often been absent from the franchise's customary bombastic live-action entries. Doing away with humans helps, instead director Josh Cooley's film concentrates on the hitherto untold origin stories of the heroic Optimus Prime and his evil nemesis Megatron, introduced to us initially as mining bots Orion Pax (voiced by Chris Hemsworth) and D-16 (Brian Tyree Henry).

A chance to elevate their station sees them forging wary alliances with their by-the-book supervisor Elita-1 (Scarlett Johansson) and a blabbermouth we'll come to know as Bumblebee (Keegan-Michael Key). Yet it also exposes secrets that shake their reality to its core, sowing the seeds of enmity that will eventually divide them.

To say *Transformers One* is a cut above its predecessors isn't the wildest compliment, but it earns that laurel regardless, feeling both dramatically satisfying and emotionally engaging. Flashes of knowing humour sweeten the deal, and while the battle finale succumbs to the franchise's wham-bam overkill, it at least makes you care a little about who's doing the fighting. 2024, PG, 104MIN

WORDS: JASON BEST, NIGEL PIZEY, NEIL SMITH

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

More premieres and Day by Day planner>>>

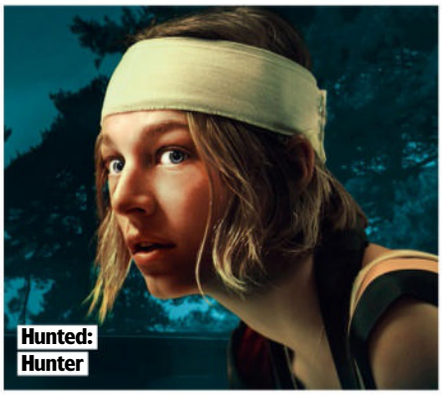
week's Best Movies

MYSTERY CHILLER

Cuckoo

Saturday, 10.35am & 8pm, Sky Premiere ★★★

Moping American teenager Hunter Schafer has wound up being forced to leave the States and live with her father (Marton Csókás) and stepmother (Jessica Henwick), along with their young, mute daughter, at a resort in the Bavarian Alps. But what is up with the hotel's owner and all round creepster Dan Stevens (doing a wonderfully ripe German accent)? And who's the terrifying woman running around the grounds at night? What starts as mysterious goings-on transforms into the downright deranged, as director Tilman Singer pays direct homage to 1970s European horror while still creating something crazily unique. Schafer, in her first lead role after appearing in TV smash *Euphoria*, is excellent as the lost, ignored kid caught up in the eventual madness. 2024, 15, 102MIN



Hunted: Hunter

Number's up: Robert and co

SCI-FI BLACK COMEDY

Mickey 17

From Monday, to buy or rent from digital stores including Sky Store and Prime Video ★★★

Robert Pattinson is terrific playing multiple clones of a luckless loser sent into outer space in this bizarre sci-fi satire, the third English-language film by Bong Joon Ho, the Oscar-winning South Korean director of *Parasite*. Pattinson's ill-fated Mickey signs up for a recklessly stupid space mission led by a narcissistic buffoon of a politician (Mark Ruffalo), little realising that his job is that of an expendable worker put into fatally perilous jobs and then cloned when he inevitably dies. But Mickey 17 survives, only to discover that Mickey 18 has already been created. Bong's anti-capitalist satire is messy and overlong, and some of the supporting cast are too over the top, but Pattinson is wonderfully funny and surprisingly touching. 2024, 15, 137MIN

This bird's fully onboard

FAMILY DRAMA

My Penguin Friend

Sunday, 7am & 7pm, Sky Premiere ★★★★

Based on an incredible true story, this heartwarming, captivating tale recounts how a flinty Brazilian fisherman (played with quiet charm by Jean Reno) reconnected with the world after finding a stranded penguin covered in oil. Nursing it back to health – to the initial chagrin of his unimpressed wife (Adriana Barraza) – the two become genuine companions, with the bird revisting him every year. The film includes a few embellishments to throw in some mild peril, but this is a wonderfully sweet, sincere movie that may even have you shedding a few tears of joy. 2024, PG, 97MIN

FAMILY ADVENTURE

Paddington in Peru

From Tuesday, Netflix ★★★★

The latest outing for the marmalade-loving bear is an enjoyably good-natured, family friendly romp, but although viewers will undoubtedly have a good time, some of the wit and magic of his previous film adventures is missing. That may be to do with the fact that the story takes Paddington away from his adopted London home and back to Peru to visit his Aunt Lucy, only to learn she's gone missing. The CGI wizardry to insert Paddington (again voiced by Ben Whishaw) into the action remains astonishing, even if the thrills and spills here can't quite top the previous films' ingenious japes. 2024, PG, 106MIN

Fly away home: Paddington

Films

Cracking up: Daisy

PSYCHOLOGICAL DRAMA

Magpie

From Thursday, Paramount+ ★★★★

Coming up with the original idea and producing, Daisy Ridley is also the lead in this deliberate slowburn drama that transforms into something deliciously twisty. And she is captivating as a woman on the edge.

Having been moved out of London to the countryside by her husband (Shazad Latif), Ridley is struggling to cope. Her young daughter (Hiba Ahmed) has just been offered a major role in a period romp alongside glamorous star Matilda Lutz playing her mother, so Latif chaperones Ahmed on set, leaving Ridley at home with their consistently crying baby son.

Inch by inch, director Sam Yates cranks tension into proceedings, using clever visual tricks to show us the turmoil bubbling beneath Ridley, who has an outwardly serene persona, but is possibly in the throws of post-natal depression. It doesn't help that their new house is a cold, empty modernist slab of glass and concrete austerity.

The cast are all excellent, but this is Ridley's showcase and she doesn't miss a beat. Her ability to portray so much with so little is simply incredible, especially in the wonderfully gobsmacking finale. 2024, 15, 90MIN

Hidden gems Great movies you might have missed...

PERIOD DRAMA

Love & Friendship

Disney+ ★★★★★

Writer-director Whit Stillman proves perfectly in tune with the acid wit and sharp social perception of Jane Austen. His adaptation of her novella *Lady Susan* is a cinematic gem. Kate Beckinsale is perfect in the leading role of young widow Lady Susan Vernon, a beautiful and cunning woman who makes Machiavelli look like a bumbling innocent when it comes to scheming. Xavier Samuel, Chloë Sevigny, Stephen Fry and Tom Bennett provide deft support. 2016, U, 93MIN

ANIMATION

Marcel the Shell with Shoes On

Netflix ★★★★

Marcel the Shell (voiced by co-writer Jenny Slate) lives discreetly with Connie (Isabella Rossellini) and uses ingenious improvisational techniques to obtain resources out of sight of humans. But he finds fame when a documentarian discovers the pair and his film goes viral. Sidestepping annoying mawkishness and mixing observational comedy with genuinely moving insight, this largely stop-motion mock doc excels. 2021, PG, 90MIN

COMEDY BIOPIC

Weird: The Al Yankovic Story

Prime Video ★★★★

Executed with glee, this biopic about pop parodist 'Weird Al' Yankovic is a mischievous mash of melody and mirth. Co-written by Yankovic and starring Daniel Radcliffe, the film's untrue fable follows Al as he realises his creative talent to set his words to hit songs (*My Bologna*, *Eat It*). Radcliffe holds the focus and the film hits comic heights with a pool party set-piece and sly digs about fickle fame. It's entirely absurd and oddly compelling. 2022, 12, 108MIN

Saturday 5 April

THRILLER

Where the Crawdads Sing

9.15pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A sultry slice of southern gothic based on the smash hit novel by Delia Owens, this stars Daisy Edgar-Jones as a reclusive young woman who lives alone in the marshes of North Carolina. Starting in 1969 with a death and Edgar-Jones the chief (and only) suspect, the film then delves back into her harsh, dirt-poor upbringing and her eventual part in a bitter love triangle. Filmed with a keen eye for the beauty of vast waterways and lush undergrowth, this also benefits from a classy cast (including David Strathairn), with Edgar-Jones a wonderful focal point. Yes, it's a soapy mystery, but it's thoroughly engaging and engrossing. 2021, 12, 110MIN

Wild thing: Daisy

COMEDY

Coming 2 America

12.25pm, Sky Premiere ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Eddie Murphy's Prince Akeem briefly returns to the US in this belated *Coming to America* sequel. But the film mostly reverses the 1988 hit's fish-out-of-water element, as Akeem's long-lost son, Lavelle (Jermaine Fowler), finds himself travelling to the fictional African nation to take his place as the heir to the throne. This is an amiable but overstuffed sequel that treats its predecessor with royal reverence. But despite some charming newcomers (including KiKi Layne), it needs a lot more of Murphy. 2021, 12, 110MIN

MUSICAL

Hello Dolly!

3.15pm, BBC2 (2.45pm Wales, 4pm Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

This lavish Hollywood musical boasts fabulous costumes and sets, splendid choreography and star Barbra Streisand at her peak. It's set in the 1890s and Streisand's Dolly is a match-making widow with her sights set on a rich merchant (Walter Matthau), but he wants to wed Irene (Marianne McAndrew). A young Michael Crawford is good as a song-and-dance man, Streisand belts out her numbers with gusto and musicals maestro Gene Kelly directs with panache. 1969, U, 140MIN

ANIMATION

Teenage Mutant Ninja Turtles: Mutant Mayhem

3.55pm & 10.45pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

In this origins story (co-written and produced by Seth Rogen, who also lends his voice), Leo (voiced by Nicolas Cantu), Mikey (Shamon Brown Jr), Raph (Brady Noon) and Donnie (Micah Abbey) yearn to leave the sewers to explore New York, but Splinter (a delightful Jackie Chan) fears the ground-level world. The animation style provides arresting visuals, the set-pieces zing, the gags flow and the bantering energy of the Turtles make them a blast to be around. 2023, PG, 99MIN

COMEDY

Strays

6.20pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Cute Border terrier Reggie (voiced by Will Ferrell) is dumped in the city by owner Will Forte, where he meets new pals Boston terrier Bug (Jamie Foxx), Australian shepherd Maggie (Isla Fisher) and soft-hearted Great Dane Hunter (Randall Park). They convince him being a stray is where it's at, but Reggie wants to make Forte pay – in the most eye-watering way possible... This expletive-riddled comedy revels in bad taste but is also genuinely touching and utterly hilarious. 2023, 15, 93MIN

■ Full listings start on p35

Sunday 6 April

DRAMA

The Bikeriders

10.15pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A Chicago motorcycle crew, headed by a brooding Tom Hardy's Johnny, live their lives on two wheels at the tailpipe of the 1960s. Austin Butler is Benny, the softly spoken loner earmarked as Johnny's successor, while Jodie Comer provides most of the narration as Kathy, Butler's pillion plus-one for life. Director Jeff Nichols' elegiac drama about the Vandal club's rise and fall moulds a fictional story from the photos in Danny Lyon's seminal 1968 book, *The Bikeriders*, and it's a lovingly crafted tale that exudes authenticity, from the metal stallions its characters take out onto the highway to the dirt-smeared denims they favour. 2023, 15, 116MIN

Made for two: Jodie and Austin

ANIMATION

Shrek 2

3.25pm, BBC1 (3.20pm WIs) ★★★★★

Sex ●●● Violence ●●● Language ●●●

This first sequel is funnier, with brill new characters and lots more fairy tales to spoof as newlyweds Shrek (voiced by Mike Myers) and Princess Fiona (Cameron Diaz) are summoned to Far Far Away land by her parents (John Cleese and Julie Andrews). There is plenty to laugh about, with the wicked Fairy Godmother (Jennifer Saunders) scheming to replace Shrek with the not-so-nice Prince Charming (Rupert Everett). Donkey (Eddie Murphy) jabbers for the world but it's Puss in Boots (Antonio Banderas) who steals the show. 2004, U, 93MIN

ANIMATION

No Time to Die

8pm, ITV2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With fabulous action and touching drama, Daniel Craig's 007 swansong ensures that he'll forever jostle for a place at the top of those best Bond lists. It kicks off with two prologues, one introducing Rami Malek's bad guy, the other seeing Bond in Italy with Léa Seydoux following the events of *Spectre*. Five years later, Bond's old pal Felix Leiter (Jeffrey Wright) ropes him into the hunt for a rogue scientist. Then it's largely Craig doing what he does best, while Malek, Seydoux, Ana de Armas and Lashana Lynch also make an impact. 2021, 12, 163MIN

THRILLER

Tinker Tailor Soldier Spy

10pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

John le Carré's classic spy novel, set in Cold War-era 1973, stars a faultless Gary Oldman as George Smiley, who is brought in by John Hurt to hunt out a Soviet mole at the heart of British intelligence. Benedict Cumberbatch helps him work out whether the traitor could be ambitious Toby Jones ('Tinker'), dapper Colin Firth ('Tailor'), solid Ciarán Hinds ('Soldier'), or Hungarian refugee David Dencik ('Poor Man'). Thanks to brilliant acting and Tomas Alfredson's deft direction, it's a tense and rewardingly involving movie. 2011, 15, 127MIN

DRAMA

Boiling Point

10.55pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Stephen Graham cooks up a storm as head chef of a high-end London restaurant on a big night who, even before customers arrive with their nut allergies, off-menu requests and racist proclivities, is poised to explode, supply issues and hygiene inspectors among the problems on his plate. Some plot twists are forced, but writer-director Philip Barantini's bracingly sharp one-shot drama has to be admired and, from starter to disaster, Graham keeps us glued. 2021, 15, 92MIN

■ Full listings start on p45

PHOTOS: UPI MEDIA

Weekday movies over page

Monday 7 April

ANIMATION

The Garfield Movie

5.45pm, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

With peppy vocals by Chris Pratt as the lasagne-loving feline and a hectic caper plot, this animation is a fresh chapter for the comic-strip star. Very much aimed at kids (adults may decry the softening of the main character), the story involves an errant dad (Samuel L Jackson) who abandoned Garfield as a kitten to be raised by cartoonist Jon (Nicholas Hoult). Then dad and son are reluctantly reunited when a vengeful cat (Hannah Waddingham) demands they pilfer milk from an impregnable farm. 2023, U, 101MIN

Say cheese: Odie and Garfield

ANIMATION

Surf's Up

7.35am & 2.25pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

In this goofy animation, a documentary film crew reveals a little-known fact – penguins invented surfing! Shia LaBeouf has bundles of personality voicing Cody Maverick, an undersized bird who leaves his Antarctic home for a surfing competition in order to emulate his hero, Big Z (a wry and mellow Jeff Bridges). The film's witty humour makes this a pleasure for both adults and children. 2007, PG, 85MIN

MUSICAL

Chicago

8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning adaptation of Bob Fosse's long-running stage hit marked a convincing return to the traditional screen musical. Both Renée Zellweger and Catherine Zeta-Jones have their claws fully extended as a pair of imprisoned murderers. The film is a treat for both the eyes and the ears, with the only false note being struck by Richard Gere, who simply isn't slimy enough to convince as the gals' conniving lawyer. 2002, 12, 112MIN

CRIME DRAMA

Donnie Brasco

9pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

In the 1970s, an FBI agent (Johnny Depp) infiltrates the New York Mafia under the alias Donnie Brasco. However, the closer he gets to mobster Al Pacino, the more he gets to like him. Based on a true story, this thriller strips away the clichés and the glamour to reveal the grimy realities of gangster life. Depp delivers a spine-tingling turn as the conflicted agent, but it's Pacino's magnificent performance that gives the film its centre. 1997, 18, 126MIN

WORLD CINEMA

Rashomon

5.55am, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

In medieval Japan, four witnesses give widely differing accounts of a serious crime. One of the all-time-great Japanese films, director Akira Kurosawa's innovative drama turned the multiple flashback into an art form and remains one of the most skilful film examinations of just what the phrase 'telling the truth' means. Subtitled. 1950, 12, 88MIN

■ Full listings start on p55

Tuesday 8 April

CRIME COMEDY

Thelma

8.25am & 9.50pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

This utterly delightful film stars June Squibb (93 when this was made) as an OAP tricked by a phone scam but set on taking down the crooks. She dodges her overprotective family (daughter Parker Posey, her husband Clark Gregg and kindly slacker grandson Fred Hechinger) to race round – at 20mph – with help from her cautious friend (Richard Roundtree) and his electric scooter. Hilariously showcasing the ups and downs of getting older, this comedy works by being both breezy and sharp as a tack. 2024, 12, 98MIN

Young once: Richard and June

DRAMA

The Blind Side

7am & 8pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Sandra Bullock was awarded the Best Actress Oscar for her role in this well-meaning true-life melodrama. It was an odd choice, but she gives a ballsy performance as Leigh Anne Tuohy, a wealthy woman in the American South who adopts a homeless black teen, Michael Oher (Quinton Aaron), and propels him towards stardom on the football field. It's a worthy, heartwarming and likeable film, although it is patronising in places. 2009, 12, 128MIN

CLASSIC THRILLER

To Catch a Thief

11.25am & 2.25am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Set on the French Riviera, Alfred Hitchcock's smooth-running thriller – about a jewel thief tracking down his impersonator –oozes with mystery, teasing jokes and red herrings. Cary Grant is suave in the star role, while Grace Kelly is icily effective as a society girl whose reserve is melted by the excitement of romance tinged with danger. Hitchcock appears about 10 minutes in, next to Grant on a bus. 1955, PG, 102MIN

COMEDY

We're the Millers

2.05pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Jason Sudeikis plays a small-time drug-dealer who talks Jennifer Aniston's cash-strapped stripper, his geeky teen neighbour (Will Poulter) and a runaway (Emma Roberts) into pretending to be his wife and kids in order to smuggle cannabis across the US-Mexico border. There are rude and raunchy gags aplenty in this road movie comedy, but get past the smutty surface and you will find a sweet-natured core. 2013, 15, 110MIN

CRIME DRAMA

Lawless

10.40pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Shia LaBeouf, Tom Hardy and Jason Clarke play bootlegging siblings in Prohibition-era Virginia in this thriller based on a true story. Their reputation is formidable, but a crooked new DA (Guy Pearce) sets out to bring them down. As things turn ugly, two women (Jessica Chastain and Mia Wasikowska) enter the brothers' lives. Hardy is a standout among the excellent cast. 2012, 18, 116MIN

■ Full listings start on p65

Wednesday

THRILLER

Stillwater

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

In this brooding drama, an Oklahoma construction worker (Matt Damon) is determined to prise his daughter (Abigail Breslin) from the Marseille jail where she has spent the last five years for ostensibly killing her girlfriend. He's not rich,

Out of his depth: Matt

BIOPIC

Ray

7.55am & 10.15pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

In one of those dazzling, once-in-a-lifetime performances, Jamie Foxx so completely inhabits the role of legend Ray Charles as to become virtually indistinguishable from the real person. The film makes no attempt to downplay Charles' less admirable traits – heroin addiction, philandering, his selfishness – so if you don't care to have your idols depicted warts and all, just sit back and enjoy his music. 2004, 15, 152MIN

SCI-FI COMEDY

Men in Black

6.10pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

New York cop Will Smith is drafted into a secret US government organisation that monitors alien activity on Earth, and is partnered with cynical veteran Tommy Lee Jones to track down a giant bug that has taken over the body of Vincent D'Onofrio and is out to steal a galaxy. This first sci-fi spoof is fast-paced, infectiously funny and imaginative – and the stars make a cracking double act. 1997, PG, 94MIN

9 April

has no connections and can't speak French. But he is tenacious, dogged and good with his fists, which persuades actor Virginie (Camille Cottin) to take up his cause and also helps him track down a mystery man who might hold the key… A big coincidence stretches credibility, but Damon does a good job of holding it all together. 2021, 15, 139MIN

THRILLER

Blackhat

2.30am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Chris Hemsworth's computer hacker is sprung from jail to aid a Chinese-US task force catch a deadly cyber terrorist. The group comprises Chinese agent Wang Leehom, Hemsworth's former college roommate at MIT, his network engineer sister (Tang Wei) and hard-nosed FBI agent Viola Davis. Director Michael Mann stages blistering shootouts and suspenseful cat-and-mouse games, but the quieter moments are equally compelling. 2015, 15, 133MIN

COMEDY

Like a Boss

2.40am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Tiffany Haddish and Rose Byrne find their lifelong friendship as well as business partnership at risk after Salma Hayek's predatory tycoon takes an interest in their fledgling cosmetics company. This old-school workplace comedy tries a little too hard to be up to date as a celebration of female empowerment and sisterhood, but the stars still ensure there's fun to be had. 2020, 15, 83MIN

■ Full listings start on **p75**

Thursday 10 April

PERIOD ROMANCE

Eiffel

Available now, Prime Video ★★★

Sex ●●● Violence ●●● Language ●●●

Paris's famous landmark's 19th-century construction provides the backdrop for this fictionalised, old-style romance. Romain Duris plays engineer Gustave Eiffel who, following a chance encounter with ex-lover Adrienne (Emma Mackey), makes the decision to design and build the iron tower. *Eiffel* rushes over the considerable public resistance to the pioneering project at its core, papering any cracks along the way with its handsome handling and the leads' powerful, class-crossed chemistry. 2021, 15, 108MIN

Iron will: Emma and Romain

COMEDY HORROR

Lisa Frankenstein

8am & 1,35am, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

It's 1989 and Lisa (Kathryn Newton) is a high-schooler who lives with her father (Joe Chrest), stepmother (Carla Gugino) and stepsister (Liza Soberano), yet prefers to hang out at the local cemetery among the tombstones. Then she falls for a corpse (Cole Sprouse) that's come back to life. Although this gets less engaging as it becomes more violent, it is a slick, sick ride with lots of appeal. 2024, 15, 101MIN

DRAMA

The Lesson

8.25am & 4am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

The quote that 'talent borrows, genius steals' is playfully reconsidered in this country-house melodrama. Divided into three acts, plus epilogue and prologue, *The Lesson* follows an aspiring writer (Daryl McCormack) who accepts a live-in tutorial position at the mansion of a novelist (Richard E Grant) and his enigmatic wife (Julie Delpy). The result is enjoyably acted and skilfully shot. 2023, 15, 103MIN

DRAMA

Chuck Chuck Baby

8.55am & 11.55pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

With a dead-end job and a bitter, useless ex-husband she's forced to live with (along with his new teen wife), the life of timid middle-aged Helen (Louise Brealey, superb) is going nowhere. Then Annabel Scholey – her teen crush – returns to their North Wales town... With characters singing along to tunes on the radio, this not-quite-musical is an odd mix, but ends up feeling original, heartfelt and satisfying. 2023, 15, 101MIN

ANIMATION

Over the Hedge

4pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

Bruce Willis provides the voice of RJ, a streetwise raccoon who dupes a gaggle of clueless forest critters into helping him scavenge a newly built suburb that has enclosed their woodland. Aside from Willis, the starry vocal cast includes Garry Shandling, Steve Carell, William Shatner, Nick Nolte and Avril Lavigne. A lively and consistently entertaining animation. 2006, U, 83MIN

■ Full listings start on **p85**

Friday 11 April

COMEDY DRAMA

Licorice Pizza

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This beautifully crafted comedy drama stars Cooper Hoffman as 15-year-old child actor Gary who falls for an aimless 25-year-old Alana (Alana Haim) in 1973 California. Their funny, tender relationship is the spine of Paul Thomas Anderson's freewheeling ride that takes in real characters from the time (Bradley Cooper's take on hairstylist and producer Jon Peters is one for the ages). Hoffman and Haim are wonderful, creating real, relatable people in a warm, hazy delight. 2021, 15, 133MIN

California dreaming: Cooper and Alana

PERIOD DRAMA

Phantom Thread

7.25am & 12.10am, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

An exquisite weave of gothic romance and haute couture comedy, director Paul Thomas Anderson's spellbinding movie traces the battle of wills between Daniel Day-Lewis' ultra-perfectionist dressmaker in glamorous 1950s London and his mistress, model and muse (Vicky Krieps). Day-Lewis is on immaculate form, but strong-willed Krieps more than matches him and the frocks are fabulous. 2017, 15, 130MIN

PERIOD DRAMA

The Duchess

10.40pm, BBC1 (11.10pm NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Keira Knightley and Ralph Fiennes are ideally cast as the vivacious 18th-century Duchess of Devonshire, Georgiana Spencer, and her chillingly aloof older husband of convenience, in this involving, moving and informative slice of British history. Based on the bestseller by Amanda Foreman, the vibrant script brings the characters to life, while the locations and dazzling costumes look a treat. 2008, 12, 110MIN

COMEDY HORROR

Get Away

2.35am, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Take the culty vibes from *Midsommer* and *The Wicker Man*, stir in a dollop of dark comedy from the likes of *Hot Fuzz* and *Sightseers* and you come up with this bloody delight. Amiable dad Nick Frost (who also scripted), wife Aisling Bea and teen kids Sebastian Croft and Maisie Ayres travel to an isolated Swedish island to witness a bizarre festival. But carnage ensues! A pitch-black comedy that is wildly entertaining. 2024, 15, 86MIN

DRAMA

He Went That Way

4.40am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Jacob Elordi stars as serial killer Bobby, who hitches a ride with Zachary Quinto's Jim and his performing chimp partner Sparky. Based on a 1963 true story, the film follows their three-day journey across the US, as Bobby's affection for Sparky effectively keeps Jim alive. While Quinto's character feels half-formed, Elordi shines in this odd but beautifully shot drama. 2023, 15, 95MIN

■ Full listings start on **p95**

Sport week

Your ultimate guid… of the week'…

LIVE FOOTBALL

Tuesday & Wednesday, Prime Video & TNT Sports

The remaining English clubs couldn't have been handed more glamorous or daunting opposition as the Champions League reaches the quarter-final stage this week – plus, there's the mouth-watering prospect of an Arsenal versus Aston Villa semi-final if both teams progress.

We asked TNT Sports expert Martin Keown, who played for both clubs, to talk us through this week's first legs…

Martin Keown

Morgan Rogers of Aston Villa and Arsenal's Martin Ødegaard

Champions League quarter-finals

THE MAIN EVENT

TNT Sports' **Martin Keown** on a big night in Europe for Aston Villa and Arsenal

ARSENAL v REAL MADRID

Tuesday, kick-off 8pm, Prime Video

After a 9-3 aggregate win over PSV Eindhoven, the Gunners face Carlo Ancelotti's Spanish giants, who are seeking a 16th win in the competition. 'This should be fascinating,' says Keown. 'A lot of teams sit deep against Arsenal and Mikel Arteta's team has struggled to break them down. Whether Real will do that with stars like Kylian Mbappé and Vinicius Jr is another matter, but it should make for a real spectacle. I'm just disappointed Arsenal will not play the second leg at home. They finished above Madrid in the league stage, so I feel they should have that advantage – as was the case in the previous round.'

Real Madrid's Kylian Mbappé

PARIS SAINT-GERMAIN v ASTON VILLA

Wednesday, kick-off 8pm, TNT Sports 1

The French champions will hope to claim another English scalp, while Villa boss Unai Emery faces the club he managed for two seasons. 'In Emery, Villa have a manager with a great understanding of European football,' says Keown. 'He's taking them to heights they haven't seen since the 1980s and they have some great players, particularly Morgan Rogers. But PSG are finding their feet, as they showed when they knocked out Liverpool. Everyone thought that tie was over, but they showed they are the form team in Europe right now.'

PSG goalkeeper Gianluigi Donnarumma

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY

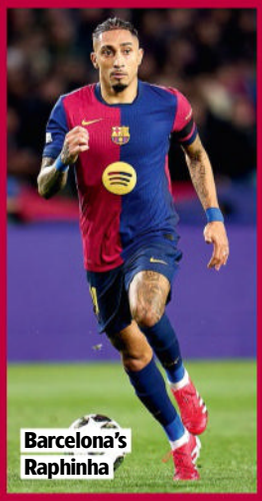
ALSO THIS WEEK...

Benjamin Pavard of Inter Milan

Bayern Munich v Inter Milan

Tuesday, kick-off 8pm, TNT Sports 1 & Discovery +

The first leg will see Inter's Yann Sommer and Benjamin Pavard return to the Allianz Arena. 'This is an intriguing tie because both sides are in good form,' explains Keown. 'The final takes place in Munich, so it would be nice to see Bayern's Harry Kane pick up a trophy at last.'



Barcelona's Raphinha

Barcelona v Borussia Dortmund

Wednesday, kick-off 8pm, TNT Sports 2 & Discovery+

The sides met in the league phase of the competition in December, with Barcelona winning 3-2 in Germany with goals from ex-Premier League stars Raphinha and Ferran Torres. 'Barcelona are a young team,' says Keown. 'On their day, they can beat anyone.'

Rory McIlroy

LIVE GOLF

The Masters

From Thursday, Sky Sports Golf & Sky Sports Main Event

Could Rory McIlroy finally end his 11-year wait for that elusive fifth major? The Northern Irishman is bidding to complete a golf Grand Slam by capturing the only major he's never won, and comes into the Augusta tournament on the back of his triumph in the Players Championship. Other contenders among the dogwood and azaleas include defending champion Scottie Scheffler, who claimed his second title last year, and a British contingent that includes Matt Fitzpatrick, Tommy Fleetwood and Robert McIntyre. Meanwhile, two-time green jacket winner Bernhard Langer will play his 41st and final Masters at the age of 67. 'All my family will be there and I'll be very teary-eyed coming up the 18th for the last time,' he says.

Bernhard Langer's second win, in 1993

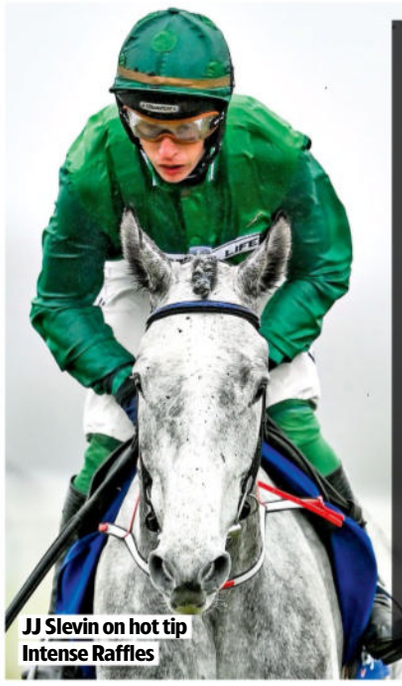
Damian Penaud of Bordeaux-Bègles

LIVE RUGBY UNION

European Champions Cup

Saturday & Sunday, Premier Sports 1 & Premier Sports 2

Highlights from Saturday's round-of-16 matches include four-time winners Leinster – beaten finalists in the last three years – hosting Harlequins in Dublin (kick-off 3pm) and Ronan O'Gara's La Rochelle visiting his former club Munster (k-o 5.30pm). The pick of Sunday's fixtures is Ulster's rematch with French outfit Bordeaux-Bègles (k-o 12.30pm), who averaged 54 points per game in the pool stage, with Damian Penaud scoring 10 tries.



JJ Slevin on hot tip Intense Raffles

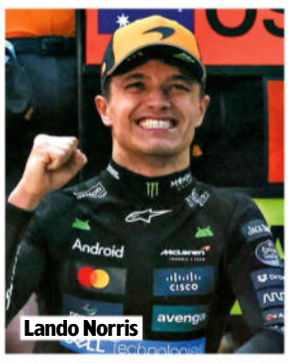
LIVE HORSE RACING

Grand National

Saturday, race starts 4pm, ITV1

With more than 50 cameras around the course, viewers will be in the thick of the action as Aintree stages the world's greatest steeplechase. Irish Grand National winner Intense Raffles is among the favourites, along with 2024 champion I Am Maximus and Iroko, whose jockey Jonjo O'Neill Jr is trying to emulate his famous father, who trained 2010 winner Don't Push It. This year, Olympic gold medallist and *Strictly* star Sam Quek joins the ITV Racing team alongside presenter Ed Chamberlin and National winners Ruby Walsh and Sir Anthony McCoy.

The 2024 winner I Am Maximus



Lando Norris

LIVE MOTORSPORT

F1: Japanese Grand Prix

Sunday, race starts 6am, Sky Sports F1 & Sky Sports Main Event

McLaren have set the early pace this season, with a win apiece for Brit Lando Norris and his Australian teammate Oscar Piastri, while Ferrari's Sir Lewis Hamilton can take heart from winning the sprint in China. Suzuka hosts the season's third race, where Red Bull's Max Verstappen was victorious last year. He'll be joined on the grid by new teammate Yuki Tsunoda, who replaces Liam Lawson.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

Rugby league
Mikey Lewis and Hull KR take on their local rivals Hull FC in the Challenge Cup

ATHLETICS

LIVE Grand Slam Track Series
Sat 11.30pm & Sun 8.30pm TNT Sports 3
Days two and three at Independence Park in Kingston, Jamaica.

AUSTRALIAN RULES

LIVE North Melbourne Kangaroos v Sydney Swans
Sat 9.30am TNT Sports 2

LIVE GWS Giants v West Coast Eagles
Sat 4am TNT Sports 4

LIVE Port Adelaide Power v St Kilda Saints
Sun 6am TNT Sports 2

LIVE Fremantle Dockers v Western Bulldogs
Sun 9am TNT Sports 2

LIVE Adelaide Crows v Geelong Cats
Thu 10.30am TNT Sports 1

LIVE Collingwood Magpies v Sydney Swans
Fri 10.30am TNT Sports 1

LIVE North Melbourne Kangaroos v Gold Coast Suns
Fri 3.30am TNT Sports 2

LIVE Carlton Blues v West Coast Eagles
Fri 4am TNT Sports 4

BASEBALL

LIVE Philadelphia Phillies v Los Angeles Dodgers
Sat 9pm TNT Sports 1; Sun 6.30pm TNT Sports 2

LIVE Boston Red Sox v St Louis Cardinals
Sun 12m't TNT Sports 1

LIVE Chicago Cubs v Texas Rangers
Mon 12.30am TNT Sports 1

LIVE Cleveland Guardians v Chicago White Sox
Tue 9pm TNT Sports 2

LIVE Atlanta Braves v Philadelphia Phillies
Tue 12m't TNT Sports 3; Thu 12m't TNT Sports 2

LIVE Athletics v San Diego Padres
Wed 8.30pm TNT Sports 3

LIVE Kansas City Royals v Minnesota Twins
Wed 12.30am TNT Sports 2

LIVE Baltimore Orioles v Toronto Blue Jays
Fri 12m't TNT Sports 2

BASKETBALL

LIVE Atlanta Hawks v New York Knicks
Sat 8pm TNT Sports 3

LIVE NCAA
Sat 11pm & 1.45am Sky Sports+, 2am Sky Sports Main Event; Mon 2am Sky Sports Main Event & Sky Sports+
The men's March Madness in Texas.

LIVE NCAA
Sun 8pm Sky Sports Action
The women's March Madness final.

LIVE Oklahoma City Thunder v Los Angeles Lakers
Sun 9.15pm TNT Sports 4

LIVE New York Knicks v Boston Celtics
Tue 12.30am TNT Sports 1

LIVE Phoenix Suns v Golden State Warriors
Tue 3am TNT Sports 1

LIVE Dallas Mavericks v Los Angeles Lakers
Wed 12.30am TNT Sports 1

LIVE Indiana Pacers v Cleveland Cavaliers
Thu 12m't TNT Sports 1

LIVE Memphis Grizzlies v Minnesota Timberwolves
Thu 2.30am TNT Sports 1

LIVE New York Knicks v Cleveland Cavaliers
Fri 12.30am TNT Sports 1

LIVE Los Angeles Lakers v Houston Rockets
Fri 3.30am TNT Sports 1

BOXING

LIVE Richard Torrez Jr v Guido Vianello
Sat 1am Sky Sports Action
The heavyweight bout in Las Vegas.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 1am TNT Sports 1

LIVE Josh Emmett v Lerone Murphy
Sat 3am TNT Sports 1
The featherweight bout staged at UFC Apex in Las Vegas, Nevada.

CRICKET

LIVE Chennai Super Kings v Delhi Capitals
Sat 10.50am Sky Sports Cricket

LIVE Punjab Kings v Rajasthan Royals
Sat 3pm Sky Sports Cricket

LIVE Kolkata Knight Riders v Lucknow Super Giants
Sun 10.50am Sky Sports Cricket

LIVE Sunrisers Hyderabad v Gujarat Titans
Sun 3pm Sky Sports Cricket

LIVE Mumbai Indians v Royal Challengers Bengaluru
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Punjab Kings v Chennai Super Kings
Tue 2.50pm Sky Sports Cricket

LIVE Gujarat Titans v Rajasthan Royals
Wed 2.50pm Sky Sports Cricket

LIVE Royal Challengers Bengaluru v Delhi Capitals
Thu 2.50pm Sky Sports Cricket

LIVE Chennai Super Kings v Kolkata Knight Riders
Fri 2.50pm Sky Sports Cricket

LIVE Islamabad United v Lahore Qalandars
Fri 4.20pm Sky Sports + & 7pm Sky Sports Cricket

CURLING

LIVE World Championship
Sat & Sun 10pm TNT Sports 2

CYCLING

LIVE Grand Prix Miguel Indurain
Sat 2.30pm TNT Sports 2
The one-day race in Spain.

LIVE UCI Mountain Bike World Series
Sat 3.45pm TNT Sports 1; Sun 5pm TNT Sports 4 & 5.15pm TNT Sports 1; Fri 4.30pm TNT Sports 3 & 5pm TNT Sports 1

LIVE Men's Tour of Flanders
Sun 9am TNT Sports 1

LIVE Women's Tour of Flanders
Sun 1.45pm TNT Sports 2 & 4pm TNT Sports 1

LIVE Men's Tour of the Basque Country
Mon-Wed & Fri 2pm TNT Sports 1, Thu 2pm TNT Sports 2
Stages one to five of the race.

LIVE Scheldeprijs
Wed 2.45pm TNT Sports 2

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action
Nght 10 at AO Arena in Manchester.

GAELIC GAMES

LIVE Donegal v Derry
Sun 1.40pm BBC2 (N Ireland only)

GOLF

LIVE Joburg Ladies Open
Sat & Sun 12noon Sky Sports Golf; Sat 12noon Sky Sports Mix
Days three and four in Johannesburg.

LIVE Texas Open
Sat 3pm & 8pm, Sun 6pm Sky Sports Golf; Sat 3pm & 6pm Sky Sports+; Sat 8pm & Sun 7.30pm Sky Sports Main Event
Days three and four in San Antonio.

LIVE Augusta National Women's Amateur
Sat 5pm Sky Sports Golf
The final day in Augusta, Georgia.

LIVE Match Play
Sat & Sun 11pm Sky Sports Main Event & Sky Sports Golf
Days four and five in Las Vegas.

LIVE The Augusta Drive Chip & Putt National Finals
Sun 1pm Sky Sports Mix & 3pm Sky Sports Golf
The junior golf competition.

LIVE The Masters Par Three Contest
Wed 7pm Sky Sports Golf
From Augusta National Golf Club.

LIVE South African Women's Open
Thu & Fri 1pm Sky Sports Mix
Days one and two in Cape Town.

LIVE The Masters
Thu & Fri 2pm Sky Sports Main Event & Sky Sports Golf
Days one and two at Augusta National Golf Club in Georgia. See p29.

HORSE RACING

LIVE Grand National Festival
Sat 12.45pm ITV1
The support races at Aintree.

LIVE Grand National
Sat 3.15pm ITV1
The famed race at Aintree. See p29.

MOTORCYCLING

LIVE Superbike World Championship
Fri 9.15am & 1pm TNT Sports 3
From Assen in the Netherlands.

LIVE Grand Prix of Qatar MotoGP, Moto2 & Moto3 free practice sessions
Fri 12noon & 4.15pm TNT Sports 2

MOTORSPORT

LIVE Formula 1
Sat 6am Sky Sports Main Event & Sky Sports F1
The Japanese Grand Prix qualifying session staged at Suzuka Circuit.

LIVE British GT Championship
Sat 3.45pm Sky Sports F1

LIVE Formula 1
Sat 4.30am Sky Sports Main Event & Sky Sports F1
The Japanese Grand Prix at Suzuka Circuit in Suzuka City. See p29.

LIVE NASCAR
Sun 6pm Premier Sports 1

LIVE Formula 3
Fri 8.50am & 2pm Sky Sports F1

LIVE Formula 2
Fri 10am & 2.40pm Sky Sports F1

LIVE Formula 1
Fri 12noon & 3.35pm Sky Sports F1, 12noon Sky Sports Main Event
Bahrain Grand Prix practice sessions.

LIVE Women's Circuit Racing World Championship
Fri 3.45pm TNT Sports 3

LIVE Formula E
Fri 9.30pm TNT Sports 1

LIVE Indycar
Fri 11pm Sky Sports F1

LIVE V8 Supercars
Fri 1.45am & 5am TNT Sports 3

NETBALL

LIVE Nottingham Forest v Loughborough Lightning
Sat 2.55pm Sky Sports Action

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Brisbane Broncos v Wests Tigers
Sat 9.35am Sky Sports Action

LIVE Hull FC v Hull Kingston Rovers
Sat 2pm BBC1 (kick-off 2.30pm)
The Challenge Cup quarter-final.

LIVE Canterbury Bulldogs v Newcastle Knights
Sun 9.15am Sky Sports Action

LIVE Warrington Wolves v St Helens
Sun 2.05pm BBC2 (not N Ireland) (kick-off 2.30pm)
The Challenge Cup quarter-final.

LIVE Salford Red Devils v Leeds Rhinos
Thu 7.30pm Sky Sports+ (kick-off 8pm) The Super League game at Salford Community Stadium.

LIVE Hull Kingston Rovers v Wigan Warriors
Fri 7.30pm Sky Sports Action (kick-off 8pm) Super League.

RUGBY UNION

LIVE Blues v Hurricanes
Sat 7am Sky Sports Action

LIVE HSBC SVNS
Sat 9am, 12.15pm & 3am, Sun 11am TNT Sports 3

LIVE Western Force v Highlanders
Sat 9.30am Sky Sports Mix

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LIVE Castres v Benetton
Sat 2.30pm Premier Sports 1 (kick-off 3pm) Champions Cup.

LIVE Leinster v Harlequins
Sat 2.30pm Premier Sports 2 (kick-off 3pm) The Champions Cup last-16 match. See p29.

LIVE La Rochelle v Munster
Sat 5pm Premier Sports 1 (kick-off 5.30pm) The Champions Cup last-16 fixture. See p29.

LIVE Montpellier v Gloucester
Sat 5.15pm Premier Sports 2 (kick-off 5.30pm) Challenge Cup.

LIVE Glasgow Warriors v Leicester Tigers
Sat 7.30pm Premier Sports 1 (kick-off 8pm) The Champions Cup game staged at Scotstoun Stadium.

LIVE Connacht v Cardiff
Sat 7.30pm Premier Sports 2 (kick-off 8pm) Challenge Cup.

LIVE Bordeaux v Ulster
Sun 12noon Premier Sports 1 (kick-off 12.30pm) The Champions Cup last-16 fixture. See p29.

LIVE Toulouse v Sale Sharks
Sun 2.30pm Premier Sports 1 (kick-off 3pm) Champions Cup.

LIVE Ospreys v Scarlets
Sun 5.15pm S4C (kick-off 5.30pm) Challenge Cup.

LIVE Hurricanes v Crusaders
Fri 8am Sky Sports Action

LIVE NSW Waratahs v Chiefs
Fri 10.30am Sky Sports Action

LIVE Champions Cup
Fri 7pm Premier Sports 1
The first quarter-final match.

LIVE Blues v Moana Pasifika
Fri 5.30am Sky Sports Action

SNOOKER

LIVE Tour Championship
Sat & Sun 12.45pm & 6.45pm ITV4
Days six and seven in Manchester.

TENNIS

LIVE ATP Bucharest Open
Sat 11am & Sun 12noon Sky Sports Tennis

LIVE US Men's Clay Court Championship
Sat 10pm & Sun 9.30pm Sky Sports Tennis; Sun 9pm Sky Sports+

LIVE ATP Monte-Carlo Masters
Sun 2pm & 5pm, Mon-Fri 10am Sky Sports Tennis; Sun 2pm, Mon-Thu 10am Sky Sports+; Mon-Fri 10am Sky Sports Main Event

LIVE ATP Marrakech Open
Sun 3pm Sky Sports Tennis

LIVE WTA Bogota Open
Sun 6pm Sky Sports Tennis

LIVE WTA Charleston Open
Sun 7.30pm Sky Sports+ & 8pm Sky Sports Tennis

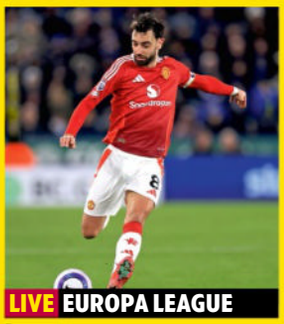
TRIATHLON

LIVE T100 Triathlon World Tour
Sat 7am & Sun 8am TNT Sports 4

LIVE Supertri E World Triathlon Championship
Sat 6pm TNT Sports 1

WINTER SPORTS

LIVE Snowboard World Cup
Sat & Sun 4pm TNT Sports 3



LIVE EUROPA LEAGUE

Lyon v Manchester United

Thu, kick-off 8pm, TNT Sports 1

Following Sunday's Manchester derby at Old Trafford (kick-off 4.30pm, Sky Sports Main Event), United travel to France to face Lyon in the first leg of their Europa League quarter-final. A Bruno Fernandes hat-trick helped the Red Devils see off Real Sociedad in the last round.

LIVE EUROPA LEAGUE

Tottenham Hotspur v Eintracht Frankfurt

Thu, kick-off 8pm, TNT Sports 3

Spurs will want to make the most of home advantage against a Frankfurt side that won the Europa League in 2022 and whose squad includes former Chelsea striker Michy Batshuayi and Germany's Mario Götze (above), who scored the only goal in the 2014 World Cup final.

LIVE EUROPA LEAGUE

Rangers v Athletic Bilbao

Thu, kick-off 8pm, TNT Sports 2

Rangers could face Manchester United in the Europa League semi-finals if they overcome a Bilbao side that includes Euro 2024 star Nico Williams. Goalkeeper Jack Butland was the hero as the Gers progressed to the last eight via a penalty shootout against Fenerbahçe.

Saturday 5

LIVE Melbourne City v Central Coast Mariners
7am TNT Sports 1 (kick-off 7am)
The A-League match in Melbourne.

LIVE Luton Town v Leeds United
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Championship at Kenilworth Road.

LIVE Everton v Arsenal
11am TNT Sports 1 (kick-off 12.30pm)
The Premier League fixture at Goodison Park. The reverse fixture between the sides at the Emirates Stadium in December last year ended in a goalless draw.

LIVE West Bromwich Albion v Sunderland
12.25pm Sky Sports+ (kick-off 12.30pm)
The Championship fixture at The Hawthorns.

LIVE Linfield v Glentoran
12.45pm BBC2 (N Ireland only) (kick-off 3pm) Irish Premiership.

LIVE Aston Villa v Nottingham Forest
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League game at Villa Park. The reverse fixture back in December saw Forest score two late goals to win the game 2-1.

LIVE Werder Bremen v Eintracht Frankfurt
5.20pm Sky Sports Football (kick-off 5.30pm)
Bundesliga at Weserstadion.

LIVE AC Milan v Fiorentina
7.30pm TNT Sports 2 (kick-off 7.45pm)
The Serie A match at San Siro.

Sunday 6

LIVE St Johnstone v Celtic
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)
The Scottish Premiership match at McDiarmid Park.

LIVE Fulham v Liverpool
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm)
The Premier League game at Craven Cottage. The reverse fixture at Anfield back in December saw the sides battle out a 2-2 draw.

LIVE Hearts v Dundee United
2pm Premier Sports 2 (kick-off 2.30pm)
The Scottish Premiership match at Tynecastle in Edinburgh.

LIVE FC St. Pauli v Borussia Monchengladbach
2.30pm Sky Sports Football (kick-off 2.30pm)
The Bundesliga fixture staged at Millerntor-Stadion.

LIVE Manchester United v Manchester City
4pm Sky Sports Main Event &Sky Sports Premier League (kick-off 4.30pm)
The Premier League match at Old Trafford. The reverse fixture back in December at the Etihad Stadium ended 2-1 to United.

LIVE FC Union Berlin v VfL Wolfsburg
4.30pm Sky Sports Football (kick-off 4.30pm)
The Bundesliga fixture at Stadion An der Alten Försterei.

LIVE LaLiga
5.25pm Premier Sports 2

LIVE AS Roma v Juventus
7.30pm TNT Sports 1 (kick-off 7.45pm)
The Serie A fixture at Stadio Olimpico in Rome.

LIVE LaLiga
7.55pm Premier Sports 2

Monday 7

LIVE Baller League
5.15pm Sky Sports Football, Sky Sports Mix
The third round of the six-a-side football league at Copper Box Arena.

LIVE Leicester City v Newcastle United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match at King Power Stadium.

LIVE LaLiga
7.55pm Premier Sports 1

Tuesday 8

LIVE Germany v Scotland
4.30pm BBC Scotland (kick-off 4.45pm)
Women's Nations League Group A1 fixture at Volkswagen Arena.

LIVE Sweden v Wales
5.45pm BBC2 (Wales only) (kick-off 6pm)
Women's Nations League Group A4 fixture at Gamla Ullevi Stadium.

LIVE Belgium v England
6.45pm ITV4 (kick-off 7.30pm)
The Women's Nations League Group A3 match at Den Dreef.

LIVE Middlesbrough v Leeds United
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Championship match at Riverside Stadium.

LIVE Bayern Munich v Inter Milan
7.30pm TNT Sports 1 (kick-off 8pm)
Champions League quarter-final first leg at Allianz Arena. See p28.

LIVE Sheffield United v Millwall
7.35pm Sky Sports+ (kick-off 7.45pm)
The Championship match at Bramall Lane.

LIVE Arsenal v Real Madrid
8pm Prime Video (kick-off 8pm)
The Champions League quarter-final first leg staged at Emirates Stadium. See p28.

Wednesday 9

LIVE Paris Saint-Germain v Aston Villa
7pm TNT Sports 1 (kick-off 8pm)
The Champions League quarter-final first-leg tie staged at Parc des Princes. See p28.

LIVE Coventry City v Portsmouth
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Championship match at Coventry Building Society Arena. In the reverse fixture back in December, Portsmouth earned a 4-1 home victory at Fratton Park.

LIVE Barcelona v Borussia Dortmund
7.30pm TNT Sports 2 (kick-off 8pm)
The Champions League quarter-final first-leg at Estadi Olimpic Lluis Companys. See p28.

LIVE Oxford United v Queens Park Rangers
7.35pm Sky Sports+ (kick-off 7.45pm)
The Championship game at Kassam Stadium.

Thursday 10

LIVE Legia Warsaw v Chelsea
5pm TNT Sports 1 (kick-off 5.45pm)
The Conference League quarter-final first-leg at Stadion Miejski in Warsaw, Poland.

LIVE Bodo/Glimt v Lazio
5.30pm TNT Sports 4 (kick-off 5.45pm)
The Europa League quarter-final first-leg from Aspmyra Stadion.

LIVE Rangers v Athletic Bilbao
7pm TNT Sports 2 (kick-off 8pm)
The Europa League quarter-final first-leg at Ibrox Stadium.

LIVE Tottenham Hotspur v Eintracht Frankfurt
7pm TNT Sports 3 (kick-off 8pm)
The Europa League quarter-final first leg at Tottenham Hotspur Stadium.

LIVE Crewe Alexandra v Cheltenham Town
7.30pm Sky Sports Football (kick-off 8pm)
The League Two match staged at Mornflake Stadium.

LIVE Celje v Fiorentina
7.45pm TNT Sports 4 (kick-off 8pm)
The Conference League quarter-final first leg at Z'dezele Stadium.

LIVE Lyon v Manchester United
7.45pm TNT Sports 1 (kick-off 8pm)
The Europa League quarter-final first-leg fixture staged at Parc Olympique Lyonnais.

Friday 11

LIVE Melbourne City v Newcastle Jets
7.45am TNT Sports 1 (kick-off 7.50am)
The A-League Women fixture.

LIVE Central Coast Mariners v Melbourne Victory
10am TNT Sports 2 (kick-off 10am)
The A-League Women match.

LIVE Melbourne City v Brisbane Roar
10.30am TNT Sports 4 (kick-off 10.35am)
The A-League match in Melbourne.

LIVE VfL Wolfsburg v RB Leipzig
7.20pm Sky Sports Mix (kick-off 7.30pm)
The Bundesliga match staged at Volkswagen Arena.

LIVE Ayr United v Falkirk
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship fixture at Somerset Park.

LIVE Burnley v Norwich City
7.30pm Sky Sports Football (kick-off 8pm)
Championship game at Turf Moor.

LIVE LaLiga
7.55pm Premier Sports 2
A Spanish top-flight match.

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Saturday

5 April

Evening Planner

Football

Premier League

TNT Sports & Sky Sports

Today's coverage kicks off with Everton v Arsenal (k-o 12.30pm), before Aston Villa v Nottingham Forest (k-o 5.30pm).

Horse Racing

Grand National Festival

ITV1, coverage from 12.15pm, feature race starts at 4pm

Irish Grand National winner Intense Raffles is one of the runners to watch.

Documentary

Charles & Camilla: 20 Years Married – A Royal Love Story

5, 9.15pm

The relationship of the King and Queen.

Music

Covers in the Piano Room at the BBC

BBC2, 10.40pm

Performances from Vernon Kay's Radio 2 show, featuring Jessie Ware and Pink.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.50 The Hit List	7.35 The Weakest Link	8.20 Pointless Celebrities		9.10 Casualty		10.00 News	10.20 Match of the Day
	102 BBC2		7.20 Air Fryer: The Secret Genius of Modern...	8.20 40 Originals at the BBC					10.40 Covers...
	103 ITV1	7.00 Britain's Got Talent		8.15 The 1% Club		9.15 The Jonathan Ross Show		10.20 News	10.35 Olivia...
	104 CHANNEL 4		7.10 Our Dream Farm with Matt Baker	8.10 Ancient Greece by Train with Alice Roberts		9.15 Film: Where the Crawdads Sing			
	105 5		7.15 Althorp House: Diana's Family Home	8.15 Portugal with Michael Portillo		9.15 Charles & Camilla: 20 Years Married – A Royal Love Story			
	106 SKY SHOWCASE	7.00 Film: The Hobbit: An Unexpected Journey						10.00 Film: Stargate	
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Waterloo Road		9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4	7.00 All Creatures Great and Small					9.35 Kenny Everett...	10.05 The Best of...	10.35 The Best...
	118 ITV2	‹ 6.05 Film: Yes Man		8.00 Film: Spectre					
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	‹ 6.40 Film: Indiana Jones and the Temple of Doom				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Cleaning Lady		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.35 House of the Dragon	7.50 Chernobyl			9.00 The White Lotus		10.10 Small Town, Big Story	
	110 U&GOLD	‹ 6.35 Only Fools and Horses							
	111 U&DAVE	‹ 6.40 Would I Lie to You?		8.00 Special Ops: Crime Squad UK		9.00 Not Going Out			
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.45 Snooker: Tour Championship – Live: The evening session on day six						10.00 River Monsters	
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Show		9.00 Film: Snatch			
	139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Film: Drone Wars			
	113 SKY MAX	7.00 The Walking Dead		8.00 A League of Their Own: The Rally		9.00 Rob Beckett's Smart TV		10.00 Small Town, Big Story	
	109 U&ALIBI	7.00 Father Brown				9.00 Death in Paradise		10.00 Film: The Menendez Killings: Blood...	
	130 SKY ARTS	7.00 Classic Artists: Cream					9.30 The Yardbirds		
	132 U&W	7.00 Outnumbered				9.00 Miranda			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers		8.00 Gold Rush		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters		9.00 Rugged Justice		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Car S.O.S.						10.00 David Blaine Do Not Attempt	
	123 SKY HISTORY	7.00 Egypt's Unexplained Files				9.00 Missing Presumed Dead			
	155 U&YESTERDAY	7.00 James May: The Reassembler				9.00 Bangers & Cash			
	121 SKY DOCS		7.15 I Am Johnny Cash			9.00 The Wimbledon Kidnapping			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 It Ends with Us		8.00 Cuckoo				9.50 Borat Subsequent Moviefilm	
	302 ADVENTURE	‹ 6.00 Jumanji		8.00 Warcraft				10.10 Rango	
	303 THE HOBBIT	‹ 5.20 The Hobbit: The Desolation of Smaug		8.05 The Hobbit: The Battle of the Five Armies					10.35 Hobbit...
	304 GREATS	‹ 6.15 Brewster's Millions		8.00 Wayne's World			9.40 Wayne's World 2		
	305 ANIMATION	‹ 5.40 The Lego...	7.30 Home			9.05 Sneaks			
	306 HARRY POTTER	‹ 5.40 Harry Potter and the Deathly Hallows: Part I		8.10 Harry Potter and the Deathly Hallows: Part II				10.25 Fantastic Beasts...	
	307 ACTION	‹ 6.20 Charlie's Angels		8.00 Charlie's Angels: Full Throttle				9.55 Aquaman and the Lost Kingdom	
	308 COMEDY	‹ 6.20 Strays		8.00 Superbad				10.00 Sometimes I Think About Dying	
	309 THRILLER	‹ 5.50 In the Line of Fire		8.00 Ocean's Twelve				10.20 Nightcrawler	
	310 DRAMA	‹ 6.15 Lady Bird		8.00 Bob Marley: One Love				9.55 Do the Right Thing	
	311 SCI-FI	‹ 6.15 The Woman in Black		8.00 Passengers				10.00 Doom	
	313 FILM4	‹ 6.50 The League of Extraordinary Gentlemen				9.00 The Equalizer 2			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live (Kick-off 5.30)		8.00 PGA Tour Golf – Live: The Valero Texas Open					
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live (Kick-off 5.30)		8.00 Big Interview	8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL				9.30 EFL Highlights		
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	‹ 6.00 Supertri E World Triathlon Championship – Live			8.30 MLB: Off the Bat	9.00 MLB – Live: Philadelphia Phillies v Los Angeles Dodgers (Start-time 9.05)			
	411 TNT SPORTS 2	‹ 5.30 AFL	7.30 Serie A – Live: AC Milan v Fiorentina (Kick-off 7.45)					10.00 Curling World Championship – Live	

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition Matt Tebbutt is joined by chefs Ollie Dabbous, Angela Hartnett and Luke Holder. (S)
11.30 **Mary Berry: Love to Cook** A Nordic seeded loaf. (S)(R)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** In Bath. (S)(R)(AD)
2.00 **LIVE Rugby League: Challenge Cup** Hull FC v Hull Kingston Rovers: Tanya Arnold presents action from the quarter-final at MKM Stadium. Kick-off is at 2.30. (S)
4.30 **Final Score** Results round-up. (S)
5.30 **BBC News** (S)
5.40 **Local News** (S)
5.50 **Gladiators** New edition 10/11. Bradley and Barney Walsh host the second semi-final. (S)(AD)

9.10 Casualty

6 PM

6.50 **NEW SERIES The Hit List** Marvin and Rochelle Humes host a celebrity edition of the music quiz show with Rhys Stephenson, Karen Hauer, Nick Pickard, Danielle Harold and Jedward taking part. (S)

7 PM

7.35 **The Weakest Link** Series finale Romesh Ranganathan asks questions against the clock as Jill Scott, Laura Tobin, Nella Rose, Simon Rimmer, Jaz Singh, Stephen Bailey, Joel Corry and Kate Quilton take part. (S)

8 PM

8.20 **Pointless Celebrities** New edition 10/21. General knowledge quiz with Matt Evers, Patsy Palmer, Marky Luther, Meesh Ven, Naomi Wilkinson, Steve Backshall, Katie Zelem and Mary Earps. (S)

9 PM

9.10 **Casualty** Rida experiences an alarming first shift in surgery, Flynn faces an uphill battle, and Stevie is spooked by a stalker. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.20 **Match of the Day** Gary Lineker presents Premier League highlights, including Everton v Arsenal and Aston Villa v Nottingham Forest. (S)
■ *Match of the Day 2* is on tomorrow at 10.30pm
11.35 **Ashley Cain: Into the Danger Zone** 1/6. The former footballer visits some of the world's most dangerous cities to explore the issues that affect young men born into a life on the fringes of society. He begins in the favelas of Rio, Brazil. (S)(R)(AD)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Children's Programmes**
8.50 **Beechgrove Garden** (S)(R)
9.20 **Gardeners' World** (S)(R)
10.20 **FILM The Wooden Horse** World War Two drama starring Leo Genn and David Tomlinson. (S)(AD) (1950, b/w, U, 100min) ★★★★
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden** The chef ventures into the world of farming and growing produce. (S)(R)
1.00 PM **Nadiya Bakes** Nadiya Hussain makes blueberry scone pizza and a spicy toad-in-the-hole. (S)(R)(AD)
1.30 **FILM Summer Holiday** Musical adventure starring Cliff Richard. (S) (1962, U, 105min) ★★★
3.15 **FILM Hello, Dolly!** Lavish musical starring Barbra Streisand. (S) (1969, U, 140min) ★★★★
5.35 **Flog It!** From Manchester. (S)(R)

10.40 Covers in the Piano Room...

6 PM

6.20 **Ready Meals: What They Really Mean For You** Documentary taking a look behind the scenes of the ready meal industry to discover what new technology is being used in their production and the price consumers will pay. (S)(R)

7 PM

7.20 **Air Fryer: The Secret Genius of Modern Life** 1/5. Hannah Fry takes a look at the kitchen device, going behind the scenes with air fryer originators Philips and tracing its history back to its creation. (S)(R)(AD)

8 PM

8.20 **NEW 40 Originals at the BBC** A compilation of 40 big hits by the artists that originally performed them, such as John Fogerty's *Rockin' All Over the World* – which became synonymous with 1970s rockers Status Quo – and Lori Lieberman's *Killing Me Softly with His Song* – covered by many artists, including Roberta Flack. Others featured include Gladys Knight, Neil Diamond, Dolly Parton and the Zutons. (S)

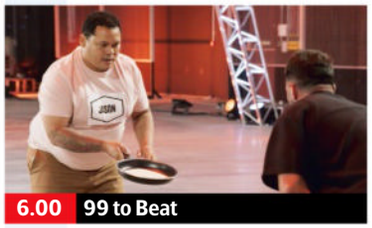
9 PM

10.40 **NEW Covers in the Piano Room at the BBC** A selection of stripped-back performances by artists who have appeared in the Radio 2 Piano Room, featuring Jessie Ware, Stormzy, Coldplay, Ed Sheeran and Alison Moyet. (S)
12.10 AM **Ultimate Cover Versions at the BBC** Highlights from 60 years of cover performances. (S)(R)
1.10 **Ultimate Cover Versions at the BBC: Volume 2** With Adele, Annie Lennox, Happy Mondays, Erasure, Blondie and Tina Turner. (S)(R)
3.10 **Sign Zone: Ten Pound Poms** 4/6. Robbie gets in trouble. (S2) (S)(R)
4.10 **to 6.40** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
6.30 **The Chase** (S)(R)
7.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
9.25 **ITV News** (S)
9.30 **Racing: The Opening Show** (S)
10.30 **James Martin's Saturday Morning** New edition With Sam Quek. (S)
12.30 PM **ITV News** (S)
12.45 **LIVE Racing: Grand National Festival** Ed Chamberlin presents coverage of the Grand National support races from Aintree. (S)
3.15 **LIVE Racing: Grand National** Ed Chamberlin presents coverage of the 4.00 Randox Grand National Steeple Chase from Aintree. (S)
5.00 **In for a Penny** (S)(R)(AD)
5.30 **ITV News** (S)
5.45 **Local News** (S)


6.00 99 to Beat

6 PM

6.00 **99 to Beat** New edition The remaining 63 players are tasked with knocking over a balloon with a rubber band, balancing ten nails on top of one and estimating the number of peas in a bottle. (S)

7 PM

7.00 **Britain's Got Talent** New edition More acts audition for a place in the semi-finals, with judges Simon Cowell, Amanda Holden, Alesha Dixon, Bruno Tonioli and KSI deciding which ones will go through. (S)

8 PM

8.15 **The 1% Club** New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(AD)

9 PM

9.15 **The Jonathan Ross Show** New edition The host is joined by critically-acclaimed actor Viola Davis, star of *Guardians of the Galaxy Vol. 3* Will Poulter and comedian Jack Dee. Plus, musical guest Simple Minds. (S)

10 PM

10.20 **ITV News** (S)
10.35 **Olivia Attwood: The Price of Perfection** 1/5. Olivia explores Generation Z's obsession with cosmetic surgery as she meets experts and beauty-obsessed contributors while trying out cosmetic trends. (S)(R)
11.30 **English Football League Highlights** Recent EFL action. (S)
1.00 AM **Shop on TV**
3.00 **Next Level Chef USA** The chefs prepare a pork dish. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Long Lost Family** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.55 AM **Cheers** 13-15/26. (S8) (S)(R)
7.15 **Everybody Loves Raymond** (S)(R)
8.05 **The Simpsons** (S)(R)(AD)
10.30 **F1: Japanese Grand Prix Qualifying Highlights** (S)
12.00 NOON **FILM The Karate Kid: Part III** Martial arts sequel with Ralph Macchio and Noriyuki 'Pat' Morita. (S)(AD) (1989, PG, 130min) ★
2.10 PM **A Place in the Sun** (S)(R)
2.55 **Four in a Bed** From the Dog Inn in Longridge, Lancashire. (S)(R)
3.25 The second visit is to Ullswater View in the Lake District. (S)(R)
4.00 The third visit is at String of Horses in Cumbria. (S)(R)
4.30 The week's final venue is Cove Farm, East Lothian. (S)(R)
5.00 The B&Bers meet up. (S)(R)
5.35 **The Great Celebrity Bake Off for Stand Up to Cancer** (S)(R)(AD)

8.10 Ancient Greece by Train

6 PM

6.40 **News** (S)

7 PM

7.10 **Our Dream Farm with Matt Baker** New edition The remaining six hopefuls welcome a new sow and nine piglets to the farm, and are challenged to construct the perfect pig pen and shelter for them. (S)(AD)

8 PM

8.10 **Ancient Greece by Train with Alice Roberts** New edition On the island of Paros in the middle of the Aegean Sea, Alice joins an archaeologist on a tour of the ancient sites he has discovered in 38 years of digging. (S)(AD)

9 PM

9.15 **FILM Where the Crawdads Sing** Drama adapted from Delia Owens' bestseller, starring Daisy Edgar-Jones and David Strathairn. A young woman in the Deep South is accused of murder when her suitor is found dead. With Taylor John Smith and Harris Dickinson. (S)(AD) (2022, 15, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM

11.40 **FILM Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. (S)(AD) (2008, 15, 110min) ★★★
1.30 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.20 **Undercover Boss USA** (S)(R)
3.10 **Travel Man: 48 Hours in Rovaniemi** (S)(SL)(R)(AD)
3.35 **Find It, Fix It, Flog It** (S)(R)
3.45 **to 5.50** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.00 **SpongeBob SquarePants** (S)(R)
9.10 **Cruising with Jane McDonald**
9.30 **Entertainment News** (S)
9.35 **Bargain-Loving Brits in the Sun** Triple bill of editions. (S)(R)
12.20 PM **Our Yorkshire Farm** The Owens help Swaledale Mountain Rescue conduct an essential training exercise. (S)(R)
1.20 The family have to juggle work on the farm with the childrens' homeschooling. (S)(R)
2.15 Amanda works with Clive's headstrong sheepdog. (S)(R)
3.15 **The Cotswolds with Pam Ayres** Double bill. (S)(R)
5.15 **News** (S)
5.25 **Canary Islands with Jane McDonald** A visit to Lanzarote and Fuerteventura. (S)(R)

8.15 Portugal with Michael...

Canary Islands with Jane McDonald
(started at 5.25pm)

7.15 **Althorp House: Diana's Family Home**
A look at the stately home in Northamptonshire, the ancestral estate of the Spencer family, where Diana, Princess of Wales grew up and is now buried. (S)(R)

8.15 **Portugal with Michael Portillo**
Series finale 6/6.
Michael Portillo's search for the real Portugal brings him to Sintra, where he samples everything from palaces to local cakes. (S)

9.15 **NEW Charles & Camilla: 20 Years Married – A Royal Love Story**
As King Charles and Queen Camilla celebrate their 20th wedding anniversary, this documentary explores their story, which was five decades in the making. (S)

10.45 **When 60s TV Goes Horribly Wrong**
A collection of on-air disasters from the decade. (S)(R)

12.45 AM **Friends** (S2) (S)(R)(AD)
1.10 **PlayOJO Live Casino Show** (S)
3.10 **Posh Weekends with Sally Lindsay** In Cheshire. (S)(R)
3.55 **Britain by Bike with Larry & George Lamb** (S)(R)
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Busters** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Simon** Four episodes. (S)(R)
6.30 **Team Mekbots: Animal Rescue**
6.45 **Norman Picklestripes** (S)(R)
7.35 **The Slow Mo Guys' Big Adventures** (S)(R)
8.00 **Monkey Life** (S)(R)(AD)
8.30 **Boss Shark** (S)(R)
9.30 **F1: Japanese Grand Prix Qualifying Highlights** Action from the Suzuka Circuit. (R)
11.30 **Ted's Notebook** (R)
12.00 NOON **The Simpsons** Six episodes, including at:
2.30 PM *The Tipping Point:* Homer flips out when tipping culture gets out of hand. (S)(R)
3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores.
5.00 **F1: Japanese Grand Prix Qualifying Highlights** Action from the Suzuka Circuit. (R)

10.00 Stargate

F1: Japanese Grand Prix Qualifying Highlights
(started at 5.00pm)

7.00 **FILM The Hobbit: An Unexpected Journey**
Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. With Richard Armitage, Andy Serkis and Cate Blanchett. (S) (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **FILM Stargate**
Sci-fi adventure starring Kurt Russell and James Spader. An Egyptologist deciphers the hieroglyphs on an ancient device which proves to be a teleportation gate leading to a desert world in another part of the universe. (S) (1994, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.15 AM **An Idiot Abroad 2** 3/8. Karl travels to Australia to swim with dolphins and try blindfolded kickboxing. (S)(R)
1.10 **The Office (US)** (S2) (S)(R)
3.05 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.30pm Sportscene: Open All Mics (S) **11.35** Sportscene: Premiership Highlights (S)(R) **12.35am** Ashley Cain: Into the Danger Zone (S)(R)(AD) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
12.00noon Flog It! (S)(R)
12.45pm **LIVE** Irish League Football (S) **3.30** Nadiya Bakes (S)(R)(AD) **4.00** **FILM** Hello, Dolly! (S) (1969, U, 140min) ★★★★ **6.20** Anna Haugh's Big Irish Food Tour (S)(R) **6.50-7.20pm** Villages by the Sea (S)(R)

WALES
Sky 968, Freesat 968
6.20-7.20pm Gardeners' World (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Y 'Sgubor Flodau **11.00** Dim Byd i'w Wisgo **11.30** Codi Pac **11.55** Richard Holt: Yr Academi Felys **12.20pm** Cais Quinnell **12.45** **LIVE** Clwb Rygbi **3.00** **LIVE** Clwb Rygbi **5.15** **LIVE** Clwb Rygbi **7.45** Newyddion a Chwaraeon **8.00** Am Dro! (AD) **9.00** Canu gyda Fy Arwr **10.05-11.50pm** **LIVE** Clwb Rygbi

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Lauren gives Peter an ultimatum. **7.30** Sharon is overwhelmed as revelations come to the surface.
8.00 **Waterloo Road** 8/8. Jared goes to new extreme lengths to control Libby as she tries to move on, and Stella's world is rocked when she's forced to confront her past. (S15)
9.00 **Two Pints of Lager and a Packet of Crisps** 1/6. Gaz panics after hearing that Donna might be pregnant. **9.30** 2/6. Jonny wins money from a scratchcard. **10.00** 3/6. Janet finds a love letter from an old flame. **10.30** 4/6. Janet runs into a former boyfriend and Louise buys a puppy. (S2)
11.00 **Stacey Dooley: Inside Spain's Narco Wars**
12.00 M'T **Stacey Dooley: Ready for War?** Documentary.
1.00 AM **Top Gear**
2.00 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **All Creatures Great and Small** *Brink of Disaster:* Darrowby has an outbreak of foot-and-mouth disease. **7.50** *Home and Away:* James runs into trouble. **8.45** *Alarms and Excursions:* An outbreak of poisoning hits the district.
9.35 **Kenny Everett: In the Best Possible Taste** A tribute to Kenny Everett, featuring highlights from his BBC comedy series.
10.05 **The Best of Kenny Everett's Television Shows** Highlights from the comedian's BBC career.
11.05 **Blankety Blank**
11.40 **Parkinson** With guests Kenny Everett, Roy Castle and Sammy Davis Jr.
12.40 AM **Meet Kenny Everett: 1973** A quirky tour of the *Top of the Pops* studio.
12.50 **TOTP: 1973**
1.25 **The Fall and Rise of Reginald Perrin**
1.55 **The Good Life**
2.20 **to 3.15** AM **All Creatures Great and Small**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke**
11.00 **Four in a Bed**
1.40 PM **George Clarke's Old House, New Home**
3.45 **Come Dine with Me**
6.25 **Four in a Bed** The first venue of the week is Daisy Bank Camp in Hebden Bridge, Yorkshire. **6.55** The B&Bers visit Katie and Jess' The Lion and Swan in Congleton, Cheshire.
7.25 **Four in a Bed** The third visit of the week is to The Three Hills in Cambridge. **7.55** The B&Bers visit the wizard-themed Hotel of Wizardry in Great Yarmouth. **8.30** Payment Day arrives.
9.00 **24 Hours in A&E** A man is brought into St George's hospital by ambulance after a garage collapsed and fell on his legs. A pensioner with lung cancer and suspected sepsis is also treated. **10.00** A 31-year-old woman is brought in after being kicked with such force by a horse that her leg was broken, while a young cyclist is also treated for leg injuries.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Rude(ish) Tube Shorts**
6.05 **The Goldbergs**
8.30 **Lego Masters Australia**
10.05 **Made in Chelsea: Maldives** Reality series.
11.10 **Married at First Sight Australia** Double bill.
2.15 PM **The Big Bang Theory**
4.10 **The Simpsons** Five episodes, including at:
5.40 *Undercover Burns:* Mr Burns disguises himself as an employee plant.
6.10 *I, Carumbus:* Marge argues with Homer.
6.40 **FILM Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford and Kate Capshaw. In this prequel to *Raiders of the Lost Ark*, bullwhip-cracking archaeologist Indiana Jones escapes a gang boss in Shanghai and encounters an evil cult in India. (1984, PG, 118min) ★★★
9.00 **Celebrity Gogglebox** Offerings including *Titanic, Countdown, First Dates* and *Serengeti* are appraised.
10.00 **Gogglebox** Shows including *Strictly Come Dancing* and *Celebrity SAS: Who Dares Wins* are appraised.
11.05 **Gogglebox**
12.05 AM **First Dates**
1.15 **First Dates: The Proposal**
2.15 **Gogglebox** Double bill.
4.05 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

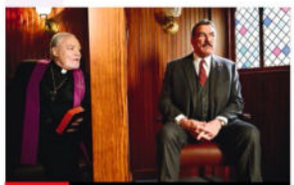
SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

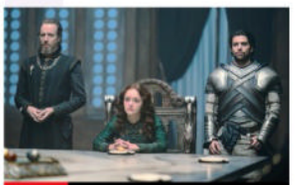
6.00 AM **UK Border Force**
8.00 **Motorway Patrol**
9.00 **Highway Patrol**
10.00 **Border Patrol**
12.00 NOON **Border Security: Canada's Front Line** A young man's lies threaten to keep him away from his fiancée. **12.30** PM The arrival of toy trucks arouse suspicion.
1.00 **UK Border Force** Immigration officers cause a flight to be delayed.
2.00 **Nothing to Declare** Ten editions of the documentary.


10.00 Blue Bloods

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.20 **House of the Dragon** Nine episodes, including at: **1.25** PM 5/10. Alicent seeks the truth about the princess. **2.40** PM 6/10. Daemon considers an offer from Pentos. **4.00** 7/10. King Viserys calls for an end to the infighting between the Great Houses. **5.15** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. **6.35** 9/10. Alicent enlists help to track down Aegon. (S1)


6.35 House of the Dragon

Sky Max

113/114 109/110 111 346 361

6.00 AM **Supergirl** 9-13/22. (S2)
11.00 **Grimm** 1-4/22. (S3)
3.00 PM **The Walking Dead** 6/13. The survivors discover walkers in Hershel's barn, prompting Dale to confront Glenn. **4.00** 7/13. Shane plans to destroy the walkers in the barn. **5.00** 8/13. As the survivors bury Sophia, Shane and Rick's differences openly erupt. **6.00** 9/13. Rick, Hershel and Glenn face foes both dead and alive after their altercation with two strangers. (S2)

7.00 The Walking Dead

ITV2

118 122 115 6 113 6

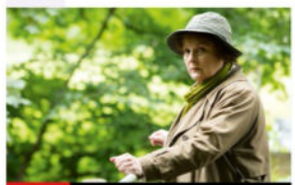
6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.30 **Deal or No Deal**
12.35 PM **American Ninja Warrior**
1.35 **The Masked Singer US**
2.35 **Celebrity Catchphrase**
3.35 **Ice Age: The Great Egg-Scapade** Animation.
4.10 **FILM Ice Age: Collision Course** Animated sequel. (2016, U, 94min) ★★
6.05 **FILM Yes Man** Comedy drama starring Jim Carrey. (2008, 12, 100min) ★★★

6.05 Yes Man

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **Lewis** Double bill.
10.55 **Rosemary & Thyme**
1.00 PM **Endeavour** *Home:* A Oxford professor is killed in a hit-and-run accident.
3.00 **Agatha Christie's Marple** *A Pocket Full of Rye:* Miss Marple connects a series of murders to a nursery rhyme.
5.00 **Midsomer Murders** *The Killings of Copenhagen:* Barnaby and Nelson team up with detectives in Copenhagen to investigate a murder case.


9.00 Vera

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.50 Chernobyl *Please Remain Calm:* 2/5. Ulana races to warn leading Soviet nuclear physicist Valery Legasov about the threat of second, devastating explosion. (S1)

7.00 The Walking Dead *18 Miles Out:* 10/13. Rick and Shane disagree over the fate of Randall. (S2)

FILM Yes Man (film started at 6.05pm) SEX ●●● VIOLENCE ●●● LANG ●●●

7.00 Midsomer Murders *The Flying Club:* Barnaby and Nelson discover dark secrets in the world of stunt pilots and military heroes after an airfield owner is hit on the head and dropped to his death from a plane. Guest stars June Whitfield.

8 PM

8.00 Nothing to Declare Double bill of the series accessing the world of national security at Australia's biggest airports.

8.00 A League of Their Own: The Rally Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis continue their race.

8.00 FILM Spectre James Bond thriller starring Daniel Craig. Agent 007 goes rogue in his search of the elusive mastermind behind a secret criminal network with links to his own past. With Christoph Waltz, Ben Whishaw and Ralph Fiennes. (2015, 12, 148min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.00 The Cleaning Lady *Sins Of The Father:* 1/12. Thony searches for Lucas with the help of FBI agent Garrett Miller. (S2)

9.00 The White Lotus *Killer Instincts:* 7/8. Belinda takes Zion to Chloe's party and Saxon questions Timothy's behaviour. (S3)

9.00 Rob Beckett's Smart TV With guests Chris McCausland, Jason Watkins, Charlotte Ritchie and Richard Madeley.

9.00 Vera *Dark Angel:* The detective investigates Newcastle's drug underworld to discover the identity of a man found dead in the river, which leads her back to the site of a 13-year-old murder on a farm.

10 PM

10.00 Blue Bloods *The Reagan Way:* 12/20. Eddie tries to get justice for a sexual assault survivor. (S12)

10.10 Small Town, Big Story *The Turd Man:* 6/6. Wendy and Seamus return to the woods with company. (S1)

10.00 Small Town, Big Story *The Turd Man:* 6/6. Wendy and Seamus return to the woods with company. (S1)

11.00 **Chicago Fire** 21/22. (S11)
12.00 M'T **The Good Doctor** 7/20. A young boy on the verge of going blind is treated. (S3)
1.00 AM **Law & Order: Special Victims Unit** 18&19/22. (S24)
3.00 **to 6.00** AM **Nothing to Declare**

11.10 **Homicide: Life on the Street** 19/20. Officers investigate a teenager's shooting. **12.10** AM 20/20. An ex-convict threatens Frank's wife. (S3) **1.10** 1-3/22. Drama. (S4)
4.10 **to 6.00** AM **Richard E Grant's Hotel Secrets**

11.00 **Strike Back: Retribution** 4/10. Mac is taken to Magyar Ultra's survivalist camp, while Donovan and Jensen dig into Zarin's past. (S6)
12.00 M'T **An Idiot Abroad 2** Karl Pilkington travels to Australia.
1.00 AM **The Force: North East**
3.00 **Road Wars** Vehicle crime.
4.00 **to 6.00** AM **Bondi Rescue**

11.05 **Family Guy** 12/21. Stewie and Chris go missing, prompting Lois to ask a psychic for help. **11.35** 4/21. Brian begins dating an older woman. (S8)
12.05 AM **American Dad!** (S4)
1.05 **Shopping with Keith Lemon**
2.35 **to 3.00** AM **Unwind with ITV**

11.00 **Inspector Morse** *Promised Land:* A case takes Morse to the Australian Outback.
12.50 AM **Joanna Lumley's Home Sweet Home – Travels in My Own Land**
1.50 **On the Buses** Double bill.
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights**
8.15 **The Tales of Para Handy** Double bill of the drama starring Gregor Fisher and Rikki Fulton.
9.55 **Mrs Brown's Boys** 2/6. Agnes throws Trevor a party. (S2)
10.25 **Two Doors Down** 1/6. Cathy, Colin, Ian and Gordon head to Eric and Beth's to celebrate Burns Night. (S3)
10.55 **What Next for the Wellerman?** Nathan Evans aims to make it big in the pop world.
11.40 **Franz Ferdinand: The Quay Sessions Special** The band perform a special stripped-back set.
11.55 PM **to 12.00** M'T **Loop** A Dundee photographer tries to protect his dad's tattooing legacy.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Togetherness** (S1)
9.15 **The Conners** (S2&3)
11.50 **Veep** 1-5/10. (S4)
3.05 PM **Curb Your Enthusiasm** (S6)
6.30 **The Office (US)** 6/22. Dwight embarrasses Michael in the office. **7.00** 7/22. Michael and Jan try to woo a potential new client. **7.30** 8/22. Michael gives the office staff a performance evaluation. **8.00** 9/22. Michael starts monitoring e-mails sent from the office. **8.30** 10/22. Michael holds a Christmas party at the office. (S2)
9.00 **And Just Like That...** 7&8/10. Comedy. (S1)
10.40 **Saturday Night Live** Mikey Madison hosts the show, with musical guest Morgan Wallen.
12.10 AM **Entourage** (S7)
1.20 **Barry** 7&8/8. (S1)
2.40 **Girls** 9&10/10. (S1)
3.55 **to 5.00** AM **Room 104**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **South Bank Show**
6.55 **Cinderella**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM Avanti!** Billy Wilder comedy. (1972, 15, 144min) ★★★
3.40 **Science Fiction in the Atomic Age**
4.40 **The Rolling Stones: Rock and Roll Circus**
6.00 **Classic Albums**
7.00 **Classic Artists: Cream** The story of the 1960s rock supergroup.
9.30 **The Yardbirds**
11.15 **Buddy Holly: Rave On**
12.35 AM **FILM Elvis on Tour** Documentary of Elvis Presley's concert tour of America in 1972. (1972, PG, 89min) ★★★
2.20 **Peter, Paul & Mary: Live at Newport**
3.35 **Discovering**
4.35 **Isle of Wight Festival Greatest Hits**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Madagascar: A Little Wild** Animation.
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Surviving the Amazon**
3.00 **Malawi Wildlife Rescue**
4.00 **David Attenborough's Global Adventure: Home Planet**
5.00 **David Attenborough's Global Adventure: The Rise of Nature**
6.00 **Gladiators**
7.00 **Land of Primates**
8.00 **Caught on Dashcam**
9.00 **Love You to Death**
10.00 **Sex and the City** 9-12/18. Sitcom. (S3)
12.20 AM **Caught on Dashcam**
1.10 **Brit Cops: Law & Disorder**
2.00 **Nothing to Declare**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Be Beautiful**
7.50 **The Singles Table**
8.50 **Fletchers' Family Farm at Christmas**
9.55 **Dinner Date**
12.55 PM **Project Bakeover**
1.55 **Drama Queens**
3.55 **The Only Way Is Essex**
5.00 **The Real Housewives of Cheshire** Reality series.
6.00 **Celebrity Dinner Date** Matchmaking show, featuring Chris Taylor. **7.00** Reality TV star Saffron Lempriere is given five dinner menus. **8.00** With *Love Island* star Michael Griffiths.
9.00 **FILM The Stepford Wives** Comedy remake of the 1974 chiller starring Nicole Kidman and Matthew Broderick. (2004, 12, 93min) ★★★
10.55 **Botched** Double bill.
12.50 AM **Backyard Builds**
1.15 **to 1.30** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the series, including at: **6.00** *An Investment in Caring:* Jonathan tries to save a neighbourhood being threatened with demolition by developers. **7.00** *Thoroughbreds – Part One:* Jonathan reunites two friends. **8.00** *Thoroughbreds – Part Two:* Lizzy has tests that reveal the extent of her condition.
9.00 **Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama, starring Jesse Metcalfe.
10.55 **An Emma Fielding Mystery – Past Malice**
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 22/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 319 | +1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Minder**
7.25 **The Sweeney**
8.30 **2025 Ironman Pro Series**
9.30 **Racing: The Opening Show**
10.35 **The Big Match Revisited**
11.25 **Minder**
12.30 PM **World of Sport**
12.45 LIVE **Snooker: Tour Championship** The afternoon session on the sixth day.
4.30 **ITV Football Classics**
5.30 **Made in Britain**
6.35 **The Best of the 90s**

6.45 Snooker: Tour...

6.45 LIVE **Snooker: Tour Championship** Jill Douglas presents coverage of the evening session on day six from Manchester Central, featuring the conclusion of the second semi-final. With analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, and commentary by David Hendon and Phil Yates.

10.00 **River Monsters** Extreme angler Jeremy Wade investigates mysterious reports of a possible goonch catfish in Nepal.
11.00 **Wrestling: AEW Dynamite** Hard-hitting wrestling action.
1.00 AM **BattleBots**
1.55 **Minder** *Opportunity Knocks and Bruises:* Arthur buys a slot-machine full of stolen money during a trip to the fair.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 26/26. (S4)
12.00 NOON **Star Trek: Enterprise**
4.00 PM **Star Trek: Voyager** 24/26. Kes mysteriously disappears just as an alien materialises on the Holodeck.
5.00 25/26. Chakotay appears to spark a mutiny.
6.00 26/26. Part one of two. The ship ventures into Borg territory, and finds danger lurking at every turn. (S3)

7.00 Star Trek: Voyager

7.00 **Star Trek: Voyager** *Scorpion – Part Two:* 1/26. An armada of aliens threaten the crew with annihilation. (S4)

8.00 **Star Trek: Voyager** *The Gift:* 2/26. Seven of Nine refuses to give up her connection with the Borg. (S4)

9.00 FILM **Drone Wars** Action adventure starring Corin Nemec. A small team of scientists hidden in Los Angeles attempts to defeat the drones that have invaded Earth. (2016, PG, 79min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Walking Dead** 10/16. The group continue to struggle with life on the road.
12.00 M'T 11/16. The group meet a friendly stranger.
1.00 AM 12/16. The survivors have a difficult time adapting to their new lifestyle. (S5)
2.00 **The Walking Dead** (S5)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.15 AM **Murdoch Mysteries** (S11)
10.05 **Elementary** (S3)
1.00 PM **Father Brown**
2.00 **Inspector George Gently**
4.00 **Father Brown** *The Theatre of the Invisible:* A landlady is murdered when radio quiz *Up to You* comes to Kembleford.
5.00 *The Tanganyika Green:* The sleuth investigates the murder of a Colonial Postal Service officer.
6.00 *The Fire in the Sky:* Kembleford comes under threat of an alien invasion.

10.00 The Menendez Killings

7.00 **Father Brown** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.

8.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to another mystery for the sleuthing cleric.

9.00 **Death in Paradise** *One for the Road:* 2/8. The island's governor is poisoned. Guest stars Nigel Lindsay (S5)

10.00 **The Menendez Killings: Blood Brothers** Biographical drama starring Courtney Love and Myko Olivier.

11.50 **Death in Paradise** 1/8. A passenger is stabbed on the bus, but when it turns out no one left their seat, Jack and his team are baffled. (S8)
12.50 AM **Father Brown**
1.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.25 AM **Only Fools and Horses**
8.00 **dinnerladies**
9.20 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Six episodes, including at:
3.20 Christmas special from 1993. Del visits the dentist.
5.15 The Trotters help a damsel in distress.
5.55 A weeping statue in the local church gives Del an idea for a miraculous money-making scheme.
6.35 The Trotters are caught up in an attempted robbery.

9.10 Only Fools and Horses

7.15 **Only Fools and Horses** The Trotters fall for the same woman.
7.55 Rodney's plans to make a community film are spoiled by Del-Boy.
8.35 An old friend returns from Australia and offers Del a share in his business empire.

9.10 **Only Fools and Horses** The Trotters journey to Holland to dabble in the diamond import business – with old foe Inspector Slater hot on their trail. Guest stars Jim Broadbent.

11.15 **Only Fools and Horses**
1.05 AM **dinnerladies** Bren is left to run the night shift.
1.40 The girls celebrate Japanese-style at their work party. Stars Jack Smethurst.
2.20 **to 4.00** AM **Absolutely Fabulous**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.20 AM **Jack Stein: Born to Cook**
7.55 **James May's Man Lab**
10.30 **Red Bull Soapbox Race**
12.00 NOON **Red Bull Soapbox Race 2016**
1.00 PM **World's Most Dangerous Roads** Double bill.
3.00 **Motorhoming with Merton & Webster** Double bill.
5.00 **Ireland with Simon Reeve**
6.00 **Would I Lie to You?** With guests Fern Britton, Richard E Grant and Sanjeev Bhaskar.
6.40 With guests Ruth Jones, Jason Manford and Jack Dee.

3.00 Motorhoming with Merton

7.20 **Would I Lie to You?** With guests Keeley Hawes, Stephen Mangan, Kevin Bridges and Professor Brian Cox.

8.00 **Special Ops: Crime Squad UK** Detectives tackle an arsonist in Bristol and a drug smuggling operation in Manchester.

9.00 **Not Going Out** After being confined to a wheelchair after surgery, Lee turns Peeping Tom.
9.35 Lee does jury service and manages to put the other 11 jurors on trial.
10.15 Lee organises a family camping trip.
10.55 **QI** Double bill.

12.10 AM **Have I Got a Bit More News for You** Double bill.
2.20 **Travel Man: 96 Hours in Jordan** With David Baddiel.
3.10 **Travel Man: 48 Hours in Helsinki** With Paul Rudd.
3.35 **to 4.00** AM **Travel Man: 48 Hours in Dubrovnik**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun** Five editions.
2.00 PM **Kirstie and Phil's Love It or List It**
4.00 **A Place in the Sun**
6.00 **A Place in the Sun: What Happened Next?** Double bill of editions.
8.00 **Grand Designs** A couple transform a 150-year-old barn into a five-bedroom home.
9.00 **8 Out of 10 Cats Does Countdown** With Jon Richardson, Asim Chaudhry, Joe Wilkinson and Roisin Conaty.
10.00 **Big Fat Quiz: Best Bits** Memorable moments from the celebrity quiz.
11.05 **Greg Davies: The Back of My Mum's Head** Stand-up comedy from the Lowry in Salford.
12.10 AM **Gogglebox**
2.20 **Open House: The Great Sex Experiment**
3.15 **24 Hours in A&E**
4.10 **to 4.40** AM **Unreported World**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2&3)
1.05 PM **NCIS** Eight episodes of the series, including at:
6.00 *Jurisdiction:* 18/24. A Navy diver hunting for sunken treasure is apparently murdered.
7.00 *Guilty Pleasure:* 19/24. A call girl is suspected of murder.
8.00 *Moonlighting:* 20/24. A polygraph specialist comes under suspicion. (S7)
9.00 **Criminal Minds** *Entropy:* 11/22. The BAU hatch a plan to trap the Dirty Dozen hitman ring.
10.00 *Drive:* 12/22. A serial killer leaves decapitated bodies around Boston. (S11)
11.00 **Law & Order: Special Victims Unit** (S18)
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dogs Behaving (Very) Badly** Triple bill.
11.00 **Nightmare Tenants Revisit** Documentary.
12.00 NOON **Extreme Nightmare Tenants**
4.00 PM FILM **Jupiter Ascending** Adventure starring Mila Kunis. (2015, 12, 122min) ★★
6.25 FILM **The Perfect Storm** Fact-based action drama starring George Clooney and Mark Wahlberg. (2000, 12, 129min) ★★★★
9.00 FILM **Battleship** Sci-fi adventure starring Taylor Kitsch and Rihanna. (2012, 12, 126min) ★★★
11.35 FILM **Dead Calm** Thriller starring Nicole Kidman. (1988, 15, 96min) ★★★★★
1.40 AM **Police Interceptors**
3.25 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Car Pound Cops**
9.25 **Shop Smart, Save Money** Documentary.
10.25 **Police Interceptors**
2.25 PM FILM **Rage at Dawn** Western starring Randolph Scott. (1955, U, 87min) ★★
4.10 FILM **Day of the Evil Gun** Western adventure starring Glenn Ford. (1968, PG, 93min) ★★
6.15 FILM **McLintock!** Comedy Western starring John Wayne. (1963, U, 127min) ★★★
9.00 FILM **Total Recall** Sci-fi thriller starring Arnold Schwarzenegger. (1990, 15, 109min) ★★★
11.15 FILM **RoboCop** Sci-fi thriller remake starring Joel Kinnaman. (2014, 12, 113min) ★★★
1.35 AM **Big Road Rescue: Emergency Call Out**
2.35 **Trucking Hell**
3.35 **to 4.00** AM **Car Pound Cops**

U&W

132/133 133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **My Family**
5.00 **Outnumbered** Six episodes, including at:
5.40 Pete puts his job on the line.
6.20 Sue gets stuck in traffic with the children.
7.00 Ben takes his talent for lying to a new level.
7.40 Pete worries he might be out of a job.
8.20 Pete and Sue hold a dinner party.
9.00 **Miranda** Things look up for Miranda's love life.
9.40 Stevie and Miranda compete for the attention of a new friend.
10.20 Penny and Miranda are forced to see a therapist.
11.00 **Life in Pieces**
12.00 M'T **The Undateables**
2.00 AM **Amanda & Alan's Italian Job**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.30 AM **Birds of a Feather**
8.00 **Bergerac**
11.20 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **The Marlow Murder Club** Double bill.
5.00 **Mrs Sidhu Investigates**
7.00 **Whitstable Pearl** *Hidden Treasures:* 5/6. Dolly complains about some strange occurrences at home.
8.00 *To Those We Love:* 6/6. Pearl caters a wedding at a theme park, but the bride is found dead in the hall of mirrors. (S2)
9.00 **Bergerac** *Fred:* 6/6. The race is on to find Kim before she comes to any harm. (S1)
10.10 **Harlots** 7/8. (S1)
11.10 **Hotel Portofino** (S2)
12.20 AM **The Heart Guy**
1.20 **The Marlow Murder Club** Double bill.
3.05 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Alex Polizzi: The Fixer** A struggling events company in Wakefield. **7.30** A family of Yorkshire sausage-makers.
9.00 **The Repair Shop** Items include a miniature house, a Bakelite radio and an Indian painting. **10.00** Cobbler Dean revives a pair of running spikes from the 1940s. **11.00** The team take on a broken tape recording machine.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Game show.
11.00 **All Star Family Fortunes** Shane Lynch versus Ruthie Henshall. **11.40** Jennie Bond versus Amir Khan. **12.20** PM Chris Moyles versus Fearne Cotton.
1.00 **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** With Tim Vine and Vanessa Feltz. **5.00** With Fern Britton and Matthew Hoggard.
6.00 **The Chase** Triple bill.
9.00 **The Family Chase** A Co Armagh family compete in the general knowledge game show.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action
323 319 426 42 33

8.00 AM **Wild West Chronicles** Western.
8.30 **Total War**
9.40 **Wanted: Dead or Alive**
10.10 **FILM The Nebraskan** Western with Philip Carey. (1953, PG, 63min) ★★
11.40 **FILM Johnny Guitar** Western. (1953, PG, 110min) ★★★★
2.05 PM **FILM Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★★
4.20 **FILM Robbers' Roost** Western. (1955, U) ★★
6.15 **FILM 7th Cavalry** Western. (1956, U, 77min) ★★★
8.00 **FILM Waterloo** Drama. (1970, U, 132min) ★★★
10.50 **FILM Phantom** Drama. (2013, 15, 94min) ★★
1.10 AM **FILM Firequake** Sci-fi disaster movie. (2014, 12, 90min) ★
3.00 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **FILM A Date With Murder** (2008, 12) ★★
10.45 **FILM Garage Sale Mysteries: Pandora Box Murders** Thriller. (2018, PG, 85min) ★★
12.40 PM **FILM Garage Sale Mysteries: The Mask Murders** (2018, PG) ★★
2.35 **FILM Cheaper by the Dozen** Comedy. (2003, PG, 98min) ★★★
4.45 **FILM Cheaper by the Dozen 2** Comedy sequel. (2006, PG) ★★★★
6.45 **FILM Jack Ryan: Shadow Recruit** Thriller. (2014, 12, 106min) ★★★
9.00 **FILM Wind River** Crime drama. (2017, 15, 103min) ★★★★
11.20 **FILM Nocebo** Horror. (2022, 15, 96min) ★★★
1.30 AM **FILM Kill Command** Thriller. (2016, 15) ★★★
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Forgotten Abduction**
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Luckless in Love** (2023, PG) ★★
10.05 **FILM Frozen in Love** Drama. (2018, PG) ★★
12.00 NOON **FILM Christmas with a Prince** Drama. (2018, PG, 90min) ★★
2.00 PM **FILM Christmas with a Prince: Becoming Royal** (2019, PG) ★★
4.00 **FILM Christmas with a Prince: The Royal Baby** Drama. (2022, U) ★★
6.00 **FILM A Winter Princess** Drama. (2019, PG) ★★
8.00 **FILM Royally Ever After** Romantic comedy. (2018, PG, 85min) ★★
9.55 **FILM Accidentally Engaged** Drama. (2016, PG, 86min) ★★
12.00 M'T **FILM Wedding at Graceland** Drama sequel. (2019, PG, 85min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Story of Us** Comedy. (2019, PG, 85min) ★★
+1hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Worzel Gummidge Down Under**
8.30 **The Fantastic Journey**
9.30 **The Monkees**
12.00 NOON **That's My Dog**
1.00 PM **FILM The Early Bird** Farcical comedy with Norman Wisdom. (1965, U, 95min) ★★
3.00 **Born Free** 5/13.
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **The Fantastic Journey**
7.00 **Mitch** 1/10. (S1)
8.00 **The Zoo Gang** *Revenge: Post Dated:* 1/6. A quartet of wartime freedom fighters are reunited. (S1)
9.00 **Police Woman** *Target Black:* 14/22. Pepper protects a female political activist. (S1)
10.00 **Game On** 1–3/6. (S1)
11.45 **Married... with Children**
2.10 AM **Police Woman** (S1)
3.00 **FILM The Medusa Touch** Horror thriller. (1978, PG, 109min) ★★
5.00 **to 6.00** AM **Born Free**

DMAX
159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Extinct or Alive** Forrest searches Madagascar for the pachylemur. **8.00** Searching for an extinct tiger on the island of Java in Indonesia.
9.00 **Unbelievable Me** Shrivani was told her skin condition would prevent her from starting a family. **10.00** Despite missing parts of both his arms and legs, Ryan lives without limits.
11.00 **Monsters Inside Me** A boy drowns in mucus. **12.00** M'T A mysterious infection brings a tough athlete to his knees. **1.00** AM A Christmas baby is infected in utero.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa – Back to Basics**
11.00 **James Martin's Mediterranean**
1.00 PM **James Martin's Christmas Feasts**
1.30 **James Martin's Favourite Feasts**
3.00 **Ainsley's Good Mood Food** Six editions.
9.00 **Man v Food: Best Of** Adam tastes some of the best sausage dishes in America. **9.30** Adam digs into the meaty King Torta. **10.00** Adam samples a colossal breakfast. **10.30** Adam travels to Hawaii to learn an authentic family recipe. **11.00** Attempting the Shut Up Juice challenge. **11.30** Adam samples a 20-ounce bacon double-cheeseburger.
12.00 M'T **Man v Food: Best Of**
1.00 **to 3.00** AM **Cake Boss**
+1hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Prince Valiant** Arthurian adventure. (1997, PG, 91min) ★★
10.00 **T.J. Hooker** (S5)
3.00 PM **FILM Code Red** Sci-fi action thriller. (2001, 15, 89min) ★★
4.50 **FILM Double Dragon** Martial arts adventure. (1994, 12, 91min) ★★
6.45 **FILM Duel** Thriller with Dennis Weaver. (1971, PG, 91min) ★★★★
8.30 **The Twilight Zone** (S3)
9.00 **FILM Escape from New York** Action adventure with Kurt Russell. (1981, 15, 99min) ★★★★
11.00 **FILM They Live** Sci-fi adventure with Roddy Piper and Meg Foster. (1988, 15, 95min) ★★★
12.55 AM **FILM Deepstar Six** Sci-fi monster chiller. (1988, 15, 100min) ★★
2.55 **to 5.00** AM **FILM Cold Skin** Fantasy horror. (2017, 15, 108min) ★★★
+1hour 318 316 371 139

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM A Study in Terror** Mystery thriller. (1965, 15, 91min) ★★★
8.00 **The Curse of King Tut's Tomb** Adventure.
12.00 NOON **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
2.00 PM **FILM Meteor Moon** Sci-fi action adventure with Dominique Swain. (2020, PG, 80min) ★★
4.00 **Farscape** (S3)
9.00 **FILM The Hard Way** Action comedy starring Michael J Fox, James Woods, Stephen Lang and Annabella Sciorra. (1991, 15, 111min) ★★★
11.10 **FILM Red** Thriller starring Brian Cox. (2008, 15, 93min) ★★
1.05 **to 3.00** AM **FILM Road Train** Horror thriller starring Xavier Samuel. (2010, 15, 87min) ★★
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Storage Wars**
8.00 **Swamp People**
11.00 **The Proof Is Out There**
12.00 NOON **Airport Security: USA**
1.00 PM **Mega Disasters**
3.00 **Ancient Aliens**
7.00 **Ancient Aliens** Investigating credible evidence suggesting aliens have visited Earth. **8.00** Giorgio Tsoukalos looks back at some extraordinary encounters.
9.00 **The Lost City of Ramses II** 1&2/2. The true history of the lost city of Ramses the Great.
11.00 **Strange Evidence** An underwater drone films a monster from the deep. **12.00** M'T How a 60ft wide object smashed through the atmosphere.
1.00 AM **Court Cam**
2.00 **Beyond Borders**
3.00 **Dog Patrol**
4.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside Windsor Castle: A Royal Residence** Triple bill.
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Sunken Warships: Secrets from the Deep**
7.00 **Nazi Megastructures: America's War** 4/6. A look at the surprise air attack on Pearl Harbor. **8.00** 3/6. The tactics of the final defence of Japan in the last months of World War Two.
9.00 **Battle of the Atlantic** Accounts and dramatic reconstructions tell the story of the victories in the spring of 1943 and the final destruction of the German U-boat fleet.
10.00 **WWII Battles in Colour**
11.00 **The Hunt for Hitler's Missing Millions**
12.00 M'T **World's Greatest Inventions** Four editions.
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Man v Food**
11.00 **My Lottery Dream Home** Eight editions of the series, including at: **2.30** PM After winning $6,000,000, a couple want a life of luxury in Brevard County, Florida.
3.00 **Escape to the Country** Four editions of the property series in which people search for their ideal rural retreats.
7.00 **Escape to the Country** Six editions of the series in which city-dwelling families, couples and individuals set out to find their ideal rural retreats with the help of a property expert.
1.00 AM **Rock the Block** After six weeks of hard work and dedication, experts are brought in to appraise the houses and pick a winner.
2.30 **to 4.00** AM **Flip or Flop**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Reality series.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
12.30 PM **Extreme Couponing**
1.00 **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **Baylen Out Loud**
8.00 **Dr Pimple Popper** Robert has a tomato-sized growth. **9.00** Corey has been labelled a devil worshipper because of his forehead growth.
10.00 **Dr Pimple Popper**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Whose Line Is It Anyway? USA**
10.00 **Friends** (S5&6)
8.00 PM **Michael McIntyre's Big Show** With Marvin and Rochelle Humes and The Vamps.
9.00 **FILM Snatch** Crime comedy drama starring Jason Statham and Benicio Del Toro. (2000, 18, 102min) ★★★★
11.05 **Whose Line Is It Anyway? USA**
12.05 AM **8 Out of 10 Cats: Best Bits** Highlights.
12.35 **Ardal O'Hanlon: Comedy Central Live**
1.05 **Jeff Dunham: Comedy Central Live** Stand-up.
1.35 **Teachers** (S3)
2.05 **South Park** (S7)
3.25 **Whose Line Is It Anyway? USA**
4.15 **to 5.00** AM **Gods of the Game**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Home Improvement**
12.00 NOON **Whose Line Is It Anyway? USA**
1.00 PM **Michael McIntyre's Big Show** Variety show.
2.00 **Blockbusters**
5.00 **Whose Line Is It Anyway? USA**
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. The gang visit Las Vegas. **9.00** 24/24. Ross regrets playing a prank. (S5) **9.30** 1/25. Joey and Phoebe have a cross-country adventure. (S6)
10.00 **Friends** 2–11/25. (S6)
3.00 **The Roast of Pamela Anderson**
4.00 **Impractical Jokers**
4.25 **Modern Horror Stories**
4.30 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Highway Cops**
9.00 **Four Weddings**
11.00 **Nothing to Declare**
2.00 PM **Fantasy Island** Five episodes, including at: **4.00** *Twice in a Lifetime:* 5/10. A woman need help deciding who she is going to marry. **5.00** *The Big Five Oh:* 6/10. Three friends celebrate their birthdays. **6.00** *The Romance and the Bromance:* 7/10. A bookworm who wants to say yes to life goes back in time to meet her favourite author. (S1)
7.00 **Sun, Sea and A&E: South Africa** Double bill.
9.00 **Motorway Patrol**
1.00 AM **The Russell Howard Hour**
2.00 **A League of Their Own: Mexican Road Trip** Exploring La Paz.
3.00 **Four Weddings**
5.00 **to 6.00** AM **Celebrity Four Weddings**

MTV
126/127 137 134 351 366

6.00 AM **Daria** 9/13. (S4)
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Firsts**
4.00 **Catfish: The TV Show**
6.00 **Catfish: Repeat Offenders** Reality series.
7.00 **Catfish: The TV Show** Nev helps a lovestruck Navajo girl to find the Zuni man she loves. **8.00** Angel met Sharon and formed a deep emotional connection.
9.00 **MTV Cribs: Beautiful Beach Houses** AJ Odudu takes a tour of the most beautiful celebrity beach houses on the planet.
10.00 **Aussie Shore** Triple bill.
1.00 AM **Dating Naked UK**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
12.00 NOON **Harpoon Hunters**
1.00 PM **Mega Shippers** The daily lives of cargo ship workers.
2.00 Mark McGrane moves a £14million superyacht to its winter home in Florida.
3.00 The 400-metre *Mathilde* docks in Southampton.
4.00 Storm Abigail presents a vital supply shipment to the Shetland Islands.
5.00 A driver races across Europe to deliver a rally car.
6.00 **Gold Rush** Rick prospects a new area in Keno.

1.00 Mega Shippers

7.00 **Gold Divers** Fed up with a faulty sluice box, the Kellys resurrect an old piece of equipment called 'The Coffin.'

8.00 **Gold Rush** Gold miners rely on some of the biggest and toughest machines on earth to make their fortunes.

9.00 **Naked and Afraid** An extreme athlete and a risk-averse survivalist face 21 days in the Philippine jungle.

10.00 **Naked and Afraid** A Canadian farmer and a US military veteran take on the snake-infested Philippine jungle.

11.00 **Expedition Files** Old ghost photos are analysed.
12.00 M'T **Six Schizophrenic Brothers** The family's home life is thrown into turmoil.
1.00 AM **Moonshiners: Master Distiller** Triple bill of editions.
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Jungle Shark** Documentary.
3.00 **Deadliest Sharks**
4.00 **Dr Jeff: Rocky Mountain Vet** The team care for kittens.
5.00 Jeff visits a free clinic and returns with a dog that was hit by a car.
6.00 **Extinct or Alive** Forrest Galante searches Madagascar for the Malagasy dwarf hippo.

9.00 Rugged Justice

7.00 **How Do Animals Do That?** How one fish is blowing scientists away.
7.30 How a fish makes a weapon out of water.

8.00 **Swimming with Monsters with Steve Backshall** The naturalist tries to swim with Africa's most dangerous animal.

9.00 **Rugged Justice** Officers race to rescue passengers on a capsized boat and arrest a suspect with multiple drug warrants.

10.00 **Alaska: The Last Frontier** Otto and his son Eivin bond over a hunt for ptarmigan that nearly ends in disaster.

11.00 **Insane Pools: Off the Deep End** Transforming a koi pond project into a backyard oasis.
12.00 M'T **Monsters Inside Me** An outbreak leads to a young boy drowning in his own mucus.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Mutant Weather**
12.00 NOON **Destruction Decoded**
1.00 PM **WW2 Heroes of the Sky** Documentary on the US Eighth Air Force in World War Two.
3.00 **Inside the SS** Documentary about Hitler's private army.
4.00 A look into the role of the SS in the Holocaust.
5.00 **Churchill's German Army** Examining the Germans who fought for the Allies.
6.00 **Seconds from Disaster** The sinking of the *Bismarck* in 1941.

7.00 Car S.O.S

7.00 **Car S.O.S** Tim and Fuzz restore an 80s Ford Escort XR3i to surprise a diehard Leeds United fan on his 21st birthday.

8.00 **Car S.O.S** Tim and Fuzz rescue the rusting wreck of a rare Talbot Sunbeam Lotus belonging to a former firefighter in Forfar.

9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend travel to South Yorkshire to pick up a first for the show – a Ferguson TE20 tractor.

10.00 **David Blaine Do Not Attempt** David ventures to southeast Asia to meet people performing with venomous creatures.

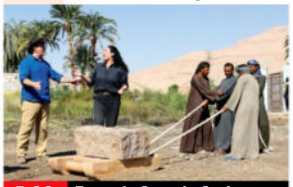
11.00 **No Man Left Behind** Chris Ryan tells of his experiences.
12.00 M'T **Mysterious Islands**
1.00 AM **Paranatural**
2.00 **Abandoned** Double bill.
2.55 **Food Factory USA**
3.45 **Money Meltdown**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Forged in Fire Armed Forces Tournament**
7.00 **Flipping Bangers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Triple bill.
1.00 PM **Storage Wars** Eight editions, including at:
4.30 Ivy has a successful time at Montebello.
5.00 **Bradley Walsh: Egypt's Cosmic Code** The mysteries of King Tutankhamun.
6.00 **Ramses the Great: King of Ancient Egypt** Ramses' three-decade long rule.



5.00 Egypt's Cosmic Code

7.00 **Egypt's Unexplained Files** How one discovery is rewriting what is now known about how the pyramids were built.

8.00 **Egypt's Unexplained Files** An exploration of the ancient Egyptian obsession with death and the afterlife.

9.00 **Missing Presumed Dead** Following the harrowing journey of those who went missing but lived to tell the tale.

10.00 **Missing Presumed Dead** Hearing from the abductee and their agonised families about when they were missing.

11.00 **Mysteries Unearthed with Danny Trejo** The unlikely people and surprising places behind discoveries of top-secret information.
12.00 M'T **Forged in Fire**
2.00 AM **Pawn Stars** Triple bill.
5.00 **to 6.00** AM **Egypt's Unexplained Files**

+1hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **American Pickers: Best Of**
9.00 **Find It, Fix It, Flog It**
2.00 PM **Porridge** Tension mounts as the parole board gathers.
2.40 Godber starts work on another O-level course.
3.20 Godber gets into a fight.
4.00 **One Foot in the Grave** Victor takes up art classes.
4.40 Victor quarrels with the electricity board.
5.20 Victor and Margaret return from holiday to a shock.
6.00 **James May: The Reassembler** A Suffolk Colt lawnmower.

8.00 The Reassembler

7.00 **James May: The Reassembler** The presenter attempts to reassemble a 1957 Bakelite dial telephone.

8.00 **James May: The Reassembler** The presenter attempts to reassemble 147 pieces of an electric guitar.

9.00 **Bangers & Cash** Dave Mathewson has put his best clean T-shirt on to collect a 1965 Land Rover from a stately home.

10.00 **Bangers & Cash** Paul is on the east coast to help a collector who is saying goodbye to his prized Excelsior Consort.

11.00 **Bangers & Cash** Dave is off to London where a couple of very special Fords are hidden away in a garage.
12.00 M'T Derek is off to Staffordshire to collect an unusual haul, including a Lion Omnibus Reliant.
1.00 **to 3.00** AM **James May: The Reassembler**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Shed and Buried: Classic Cars**
9.00 **The Ultimate Cycling Show**
10.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
6.00 **Find It, Fix It, Flog It**
9.00 **Vinnie Jones in the Country** Vinnie runs out of jobs on the farm and boredom kicks in.
10.00 **Meet the Rees-Moggs** Jacob attends Edinburgh Fringe and hints at a return to politics.
11.00 **Outback Opal Hunters** A road trip pays off for the Opal Lovers.
12.00 M'T **Outback Truckers**
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Say Yes to the Dress**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Murder Tapes**
9.00 **A Killer's Mistake** New edition On Halloween, police find the body of Ildiko Bettison in her home.
10.00 **999 Murderer Calling** New edition Mitesh Patel strangled his wife and staged a burglary.
11.00 **Faking It: Tears of a Crime** Neil Entwistle.
12.00 M'T **Gary Glitter: A Faking It Special**
1.00 AM **Faking It: Jimmy Savile** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **The Black Widow Murders** Documentary.
7.00 **Forensic Factor** How criminals are betrayed by the clues their own bodies leave behind.
8.00 A look at whether the sound of a suspect's voice can reveal his lie.
9.00 **A Secret to Die For** When friends rekindle their romance, their relationship unravels.
10.00 Henry Stange's life is irrevocably altered after a serious motorcycle accident.
11.00 **Cold Justice Sex Crimes** Casey and Alicia investigate a serial rapist.
12.00 M'T A woman seeks justice for her sexual assault.
1.00 AM **A Secret to Die For**
3.00 **Murder in Paradise**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Written in Blood**
2.00 PM **Medical Detectives** A boy who ate a burger containing E-coli bacteria.
2.30 A series of deaths span two continents.
3.00 The capture of a multiple murderer.
3.30 A bomber is on the loose after a woman is killed in her home.
4.00 A British couple are reported missing.
4.30 When a killer attempts to destroy all evidence of his crime, he creates new clues that lead straight to him.
5.00 **Evidence of Evil** A killer gained his victim's trust as he enticed her to her death.
6.00 **Judge Judy** Real-life small-claims cases.
11.00 **Judge Judy**
2.00 AM **Wrongly Accused**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
8.00 **Highway Patrol**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Stop, Search, Seize**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **How I Caught the...**
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **Killing Mum and Dad**
12.00 M'T **Most Evil Killers**
1.00 AM **What the Killer Did Next** Debbie Starbuck.
2.00 **Killer Siblings**
3.00 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Pearl Harbor, World on Fire**
8.00 **Grand Tours of Scotland**
8.50 **Pearl Harbor: The Truth**
10.55 **Pearl Harbor, World on Fire** Double bill.
1.00 PM **Pearl Harbor: Heroes Who Fought Back** Documentary.
2.05 **Vikings: Rise and Fall**
5.00 **Pearl Harbor: Heroes Who Fought Back**
6.10 **Pearl Harbor: The Truth**
8.05 **Pearl Harbor, World on Fire** Double bill.
10.15 **Pearl Harbor: Heroes Who Fought Back** Examining the events of the Pearl Harbor attack.
11.25 **Grand Tours of Scotland**
12.00 M'T **Hidden Killers of the Post-War Home**
1.20 AM **Grand Tours of Scotland** As 11.25pm.
2.00 **Vikings: Rise and Fall**
4.25 **Pearl Harbor: Heroes Who Fought Back**
5.20 **to 6.00** AM **Grand Tours of Scotland**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Michael Keaton** The life of the actor.
7.00 **Discovering: John Malkovich**
8.00 **The Directors** John Sturges.
9.00 **Eyes on the Prize III**
10.00 **The Apollo**
12.00 NOON **Money Electric: The Bitcoin Mystery**
2.00 PM **Williams & Mansell: Red 5**
3.50 **I Am Steve McQueen**
5.30 **FILM When We Were Kings** Documentary about 'The Rumble in the Jungle.' (1996, PG, 87min) ★★★★★
7.15 **I Am Johnny Cash** Documentary celebrating the country singer-songwriter.
9.00 **The Wimbledon Kidnapping** A look back at the mysterious disappearance of Muriel McKay in Wimbledon in 1969.
11.00 **Music Box**
1.00 AM **Italia 90: Four Weeks That Changed the World**
2.00 **NEW Schmeichel** A profile of Peter Schmeichel.
4.00 **to 6.00** AM **Italia 90: Four Weeks That Changed the World**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Strange Creatures**
8.00 **Life's Journey**
11.00 **Big Cats Small World**
1.00 PM **Cub Camp**
2.00 **Wild Pacific Rescue**
5.00 **David Attenborough's First Life** The origins of life on Earth. **6.15** Exploring how animals began to survive on dry land.
7.30 **Micro Monsters with David Attenborough** Rivalries within the world of bugs.
8.00 **Africa's Hunters**
9.00 **Battle of the Alphas** The battles that rage between animals of the African savannah. **9.30** Creature conflicts in India.
10.00 **Wild Fighters** Double bill of the documentary charting the planet's fiercest fighters.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **NEW SERIES Wild Sky** A look at the volatile weather above four different continents, beginning with Australia.
3.00 **America's Wild Border: Northern Exposure**
4.00 **to 6.00** AM **Big Cat Country**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Ancient Skies**
12.00 NOON **Ancient Aliens**
2.00 PM **What on Earth?**
3.00 **How to Lose a War**
4.00 **WWII's Most Daring Raids**
5.00 **Deadman's Curse**
6.00 **Cursed Histories**
7.00 **Greatest Prison Escapes with Billy Hayes** A correctional officer who participated in a prison break-out.
8.00 **History's Greatest Myths** Groundbreaking discoveries and inventors throughout history.
9.00 **Hitler's Handmaidens** An examination of the Nazi woman through a contemporary lens. **10.00** Female Nazi involvement in the Holocaust.
11.00 **Ancient Aliens** A look at whether the Ark of the Covenant holds links to extraterrestrials.
12.00 M'T **Ancient Aliens**
2.00 AM **Inside the Tower of London** Double bill of editions.
4.00 **Guns That Changed the Game**
5.00 **to 6.00** AM **How to Lose a War**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
9.00 **Court Cam** Four editions.
11.00 **My Strange Arrest**
12.00 NOON **Killer in Plain Sight**
1.00 PM **#Textmewhenyougethome**
3.00 **Murder in the 21st**
5.00 **Cold Case Files: Murder in the Bayou** Double bill.
7.00 **Gypsy Rose: Life After Lock Up** Gypsy confronts social media haters at an event.
8.00 **Secrets of Polygamy**
9.00 **Fatal Family Feuds**
10.00 **Cops Gone Bad with Will Mellor** A young woman is found unconscious in a hotel.
11.00 **Bubble & Squeak Murder: The Killing of David Jackson**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
3.00 **Murder in the 21st**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Jaws Invasion**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Savage Kingdom** Lioness Tsebe holds the Northern Brothers at bay until they prove worthy to father her dynasty.
8.00 **The Incredible Dr Pol** New editions It's Thanksgiving, and Tater the pit bull eats something he shouldn't, so his family rush him to the vet clinic. **9.00** Dr Pol and his team tackle infected kittens, a stinky Macaw and an oozy calf.
10.00 **Alaska's Grizzly Gauntlet** Lers Stroud visits a town on an island that is home to polar bears.
11.00 **Snakes in the City** Simon takes on a big green mamba.
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
10.00 **Combat Dealers: Reloaded**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: Classic Cars** Triple bill of editions.
6.00 **Doing Da Vinci** A team construct Leonardo da Vinci's visionary inventions. **7.00** A three-storey siege ladder. **8.00** The team recreate a bladed chariot using robot power.
9.00 **Massive Engineering Mistakes** Cars and trucks plummet into the Arkansas River after part of a bridge collapses. **10.00** Partygoers are horrified when two overhead walkways collapse at a hotel in Missouri. **11.00** In 2021, a container ship blocked the Suez Canal for six days, an incident that would have a major impact on the world economy.
12.00 M'T **Storm Chasers**
2.00 AM **Combat Dealers**
3.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1 hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **Great British Railway Journeys** Ten editions.
2.00 PM **Great British Railway Journeys** Six editions.
5.00 **The Bill** Four episodes.
7.00 **Great British Railway Journeys** Michael explores the country's railways, beginning with the Great Eastern Line. **7.30** Michael Portillo examines Felixstowe's role as the UK's biggest container port. **8.00** Michael Portillo visits the sites of Victorian freak shows. **8.30** Michael travels from Epping to Hackney in London.
9.00 **The Porter** New episodes 5/8. Zeke uses his welfare committee position to get closer to Edwards, and Marlene strikes a deal. **10.00** 6/8. Lucy aims to make a name for herself. (S1)
11.00 **The Bill** Four episodes.
1.00 AM **Great British Railway Journeys** Four editions.
3.00 **The Porter** As 9.00pm.
3.50 **to 6.00** AM **Great British Railway Journeys**

+1 hour 266 376

ID

154 141 166

8.00 AM **Hometown Homicide**
10.00 **Homicide City** Double bill.
12.00 NOON **Blood Runs Cold**
2.00 PM **Murder Decoded**
4.00 **Love, Honor, Betray**
6.00 **Good Cop, Bad Cop**
7.00 **Deadly Recall** A case in which the remains of a young mother were found in a remote area.
8.00 **People Magazine Investigates** A case in which a widower and father was found dead outside his home. Police suspected it was linked to shady business deals and a tip exposed dark family secrets.
9.00 **Dead Silent** The case of Larry Cragun, who in 2009 attacked neighbours in Bayview, Idaho, murdering Patricia Heath.
10.00 **How (Not) to Get Rid of a Body** A young Ohio man vanishes without a trace.
11.00 **Murder in the Heartland**
12.00 M'T **True Conviction**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Twisted Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **G.A.S. Extreme Customs**
12.00 NOON **Salvage Hunters: Classic Cars** Five editions.
5.00 PM **Kindig Customs**
7.00 **Kindig Customs** The team work on three Cameos.
8.00 **Mega Shippers** The daily lives of cargo ship workers. **9.00** Mark McGrane moves a £14million superyacht to its winter home in Florida. **10.00** The 400-metre *Mathilde* docks in Southampton.
11.00 **Ant Anstead Master Mechanic** Ant tries to take the completed Alfa 158 to the US Grand Prix. **11.30** Ant's ambitious Alfa build is on the home stretch. **12.00** M'T Ant seeks out Chip Foose for advice as the deadline for his Alfa build approaches. **12.30** AM Ant rebuilds the Alfa 158 before the US Grand Prix.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **Despicable Me 4** (2024)
8.45 **I'll Be Right There** Comedy. (2023, 12, 93min) ★★★
10.35 **PREMIERE Cuckoo** (2024)
12.25 PM **Coming 2 America** Comedy with Eddie Murphy. (2021, 12, 108min) ★★★
2.25 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
4.05 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★

8.00 Cuckoo

8.00 PREMIERE Cuckoo Horror thriller starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Borat Subsequent Moviefilm Spoof documentary sequel with Sacha Baron Cohen. Borat returns from Kazakhstan to America intent on giving his daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner and Sienna Miller. (2024, 15, 181min) ★★★★
2.40 AM **AfrAId** Horror with John Cho and Katherine Waterston. (2024, 15, 84min) ★★
4.15 **to 6.15** AM **Babes** Comedy. (2024, 15, 104min)

Sky Cinema The Hobbit

303 303 403 503 517

6.25 AM **The Hobbit: An Unexpected Journey** (2012)
9.15 **The Hobbit: The Desolation of Smaug** As 5.20pm.
12.00 NOON **The Hobbit: The Battle of the Five Armies** (2014)
2.30 PM **The Hobbit: An Unexpected Journey** (2012)
5.20 **The Hobbit: The Desolation of Smaug** Fantasy adventure sequel starring Martin Freeman and Ian McKellen. (2013, 12, 161min) ★★★★

5.20 ...The Desolation of Smaug

8.05 The Hobbit: The Battle of the Five Armies Fantasy adventure sequel starring Martin Freeman and Richard Armitage. Dwarf king Thorin reclaims control of his homeland, but his descent into madness places him on the brink of war with his human and elven allies. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 The Hobbit: An Unexpected Journey Peter Jackson's fantasy adventure starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **The Hobbit: The Desolation of Smaug** (2013)
4.15 **to 6.50** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Anatomy of a Murder**
10.15 **The Starling Girl** As 4.30am.
12.25 PM **Miss Potter** Biopic. (2006, PG, 93min) ★★★
2.10 **8 Mile** Drama starring Eminem. (2002, 15, 112min) ★★★
4.15 **Footloose** Dance drama. (1984, 12, 107min) ★★★
6.15 **Lady Bird** Comedy with Saoirse Ronan and Laurie Metcalf. (2017, 15, 94min) ★★★★★

8.00 Bob Marley: One Love Biographical drama starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music. (2023, 12, 104min) ★★★
9.55 Do the Right Thing Spike Lee's controversial comedy starring Danny Aiello, Rosie Perez and John Turturro. Simmering racial tensions come to the boil on a hot summer's day in Brooklyn. (1989, 15, 120min) ★★★★★

12.00 M'T **Manodrome** Thriller. (2023, 15, 96min) ★★★
1.45 AM **Anatomy of a Murder** Drama starring James Stewart. (1959, b/w, 12, 160min) ★★★★★
4.30 **to 6.30** AM **The Starling Girl** Drama starring Eliza Scanlen. (2023, 15, 117min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.30 AM **Monolith** As 1.45am.
9.10 **The Adjustment Bureau** Thriller. (2011, 12, 105min) ★★★★
11.00 **Upgrade** Sci-fi action thriller. (2018, 15, 100min) ★★★★
12.45 PM **The Nun** Horror spin-off. (2018, 15, 96min) ★★★
2.30 **World War Z** Action thriller. (2013, 15, 116min) ★★★★
4.40 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★

6.15 The Woman in Black Chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
8.00 Passengers Sci-fi drama starring Jennifer Lawrence. (2016, 12, 116min) ★★★
10.00 Doom Sci-fi horror thriller starring Karl Urban and Dwayne Johnson. A team of tough Marines get sent to Mars to deal with the aftermath after an experiment at a research station goes horribly wrong. (2005, 15, 105min) ★★★

11.50 **Next Exit** Sci-fi comedy. (2022, 15, 106min) ★★★
1.45 AM **Monolith** Sci-fi thriller. (2022, 15, 90min) ★★★
3.25 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★★
5.30 **to 7.30** AM **Dorian Gray** Horror. (2009, 15, 112min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.40 AM **Harry Potter and the Prisoner of Azkaban** Fantasy sequel. (2004, PG) ★★★★★
10.05 **Harry Potter and the Goblet of Fire** (2005, 12) ★★★
12.45 PM **Harry Potter and the Order of the Phoenix** Fantasy sequel. (2007, 12) ★★★★
3.05 **Harry Potter and the Half-Blood Prince** Fantasy sequel. (2009, 12, 153min) ★★★★★
5.40 **Harry Potter and the Deathly Hallows: Part I** (2010) ★★★★

10.25 Fantastic Beasts and...

8.10 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure sequel starring Daniel Radcliffe and Rupert Grint. Harry, Hermione and Ron race to find the last remaining fragments of Voldemort's soul in order to defeat him. (2011, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Fantastic Beasts and Where to Find Them** Fantasy prequel starring Eddie Redmayne. A Brit arrives in 1920s New York with a bagful of creatures that cause chaos. (2016, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure sequel. (2018, 12, 134min) ★★★★
3.10 **to 6.00** AM **Fantastic Beasts: The Secrets of Dumbledore** Fantasy sequel. (2022, 12, 142min) ★★★

Sky Cinema Action

307 307 407 507 521

7.30 AM **The Flash** Adventure. (2023, 12, 144min) ★★★
10.00 **The Cinema List: Westerns**
10.15 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
12.00 NOON **Aquaman and the Lost Kingdom** As 9.55pm.
2.10 PM **Justice League** Fantasy. (2017, 12, 120min) ★★
4.15 **Terminator Salvation** Thriller sequel. (2009, 12) ★★★
6.20 **Charlie's Angels** Comedy. (2000, 15, 97min) ★★★★

8.00 Charlie's Angels: Full...

8.00 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz. The Angels run into a fallen former Angel when they seek to retrieve two silver rings containing top-secret information. (2003, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Aquaman and the Lost Kingdom** Fantasy starring Jason Momoa and Yahya Abdul-Mateen II. The King of Atlantis sets out to defeat a ruthless mercenary, Black Manta. (2023, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Mob Land** Crime thriller. (2023, 15, 111min) ★★★
2.05 **Project A** Martial arts thriller. (1985, 12, 72min) ★★★
3.55 **Knights of the Zodiac** Drama. (2023, 12, 112min) ★★
5.55 **to 7.40** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **National Lampoon's Animal House** Comedy. (1978, 15, 109min) ★★★★★
8.20 **You, Me and Dupree** (2006)
10.15 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
11.45 **Disaster Movie** (2008, 12) ★
1.20 PM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
3.00 **The Men Who Stare at Goats** Comedy. (2009, 15) ★★★
4.40 **Big Daddy** (1999, 12) ★★★
6.20 **Strays** (2023, 15) ★★★★

6.20 Strays

8.00 **Superbad** Raunchy teen comedy starring Jonah Hill and Michael Cera. Two high school friends embark on a quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (2007, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

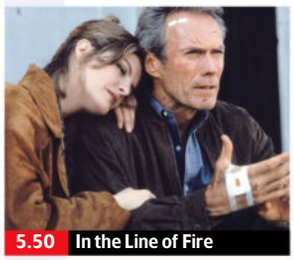
10.00 **Sometimes I Think About Dying** Comedy starring Daisy Ridley. A lonely woman struggles to make a connection with a friendly co-worker who takes her on a date. (2023, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Jules** Comedy drama. (2023, 12, 87min) ★★★
1.15 AM **Fear and Loathing in Las Vegas** Comedy. (1998, 18, 119min) ★★★★
3.15 **The Men Who Stare at Goats**
4.55 **to 6.50** AM **How to Please a Woman** Drama. (2022, 15, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.40 AM **Dangerous Waters** (2023)
9.30 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
11.55 **Three Days of the Condor** Thriller with Robert Redford. (1975, 15, 118min) ★★★★
2.05 PM **Ocean's Eleven** Thriller. (2001, 12, 116min) ★★★★
4.10 **Unhinged** Psychological thriller starring Russell Crowe. (2020, 15, 90min) ★★★
5.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★



5.50 In the Line of Fire

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Nightcrawler** Thriller starring Jake Gyllenhaal, Rene Russo and Riz Ahmed. An unscrupulous freelance TV cameraman prowls the streets of LA looking for scoops to sell to TV stations. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
2.45 **Dangerous Waters** Thriller. (2023, 15, 101min) ★★★
4.30 **to 6.20** AM **Kill** Thriller. (2023, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mr Popper's Penguins** Comedy starring Jim Carrey. (2011, PG, 94min) ★★★
12.50 PM **Tooth Fairy** Fantasy. (2010, PG, 101min) ★★★
2.55 **Babe** Comedy drama. (1995, U, 92min) ★★★★★
4.45 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
6.50 **The League of Extraordinary Gentlemen** Fantasy drama. (2003, 12, 110min) ★★

9.00 The Equalizer 2

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Equalizer 2** Crime action thriller starring Denzel Washington, Pedro Pascal and Ashton Sanders. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Mission: Impossible – Rogue Nation** Thriller sequel starring Tom Cruise. The agents of the IMF become fugitives to bring down a society of assassins. (2015, 12, 131min) ★★★★
1.55 **to 4.00** AM **Your Name** Japanese animation with the voices of Ryûnosuke Kamiki and Ryô Narita. Subtitled. (2016, 12, 106min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

7.20 AM **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★
9.10 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
11.10 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
12.50 PM **Jack the Giant Slayer** Fantasy starring Nicholas Hoult. (2013, 12, 114min) ★★★

2.45 **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★
4.20 **Journey 2: The Mysterious Island** Fantasy adventure sequel. (2012, PG, 94min) ★★★
6.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
8.00 **Warcraft** Fantasy adventure starring Travis Fimmel and Paula Patton. (2016, 12, 123min) ★★★
10.10 **Rango** Animated Western spoof with the voice of Johnny Depp. (2011, PG, 103min) ★★★★

12.00 M'T **Snow White and the Huntsman** Fantasy adventure starring Kristen Stewart. (2012, 12, 127min) ★★★
2.10 AM **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
4.10 **to 6.00** AM **Blueback** Drama. (2022, PG, 102min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **The Taming of the Shrew**
8.05 **Drop Dead Fred** As 11.25pm.
9.50 **Far and Away** Romantic drama. (1992, 15, 140min) ★★
12.10 PM **Ghost** Romantic fantasy. (1990, 12, 127min) ★★★★
2.20 **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★
4.30 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★

6.15 **Brewster's Millions** Comedy starring Richard Pryor and John Candy. (1985, PG, 97min) ★★★
8.00 **Wayne's World** Comedy with Mike Myers and Dana Carvey as two young dudes who host a TV show from their basement. (1992, PG, 95min) ★★★★
9.40 **Wayne's World 2** Comedy sequel starring Mike Myers, Dana Carvey and Tia Carrere. (1993, PG, 95min) ★★★
11.25 **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★

1.15 AM **HouseSitter** As 4.30pm.
3.05 **The Taming of the Shrew** Drama. (1967, U, 126min) ★★★★
5.15 **The Cinema List: British Sky Originals**
5.45 **to 7.20** AM **The Ladykillers** Comedy starring Alec Guinness. (1955, U, 97min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **10 Lives** Animated family comedy. (2024, U, 98min)
7.40 **Sneaks** As shown at 9.05pm.
9.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
10.50 **Sing** Animated family comedy. (2016, U, 108min) ★★★
12.40 PM **Trolls Band Together** Animation. (2023, U) ★★★
2.15 **Two by Two** Animated adventure. (2015, U, 85min) ★★

3.55 **Teenage Mutant Ninja Turtles: Mutant Mayhem** As 10.45pm.
5.40 **The Lego Batman Movie** Animated action comedy. (2017, U, 104min) ★★★★
7.30 **Home** Animated comedy. (2014, U, 94min) ★★★
9.05 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
10.45 **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG, 99min) ★★★★
12.30 AM **The Inseparables** Animation. (2023, U, 90min) ★★★

2.05 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★
3.35 **Canterville Ghost** Animation. (2023, PG, 89min) ★★
5.05 **Sky Cinema Preview**
5.40 **to 7.20** AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★

Movies 24

312 313 419

7.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
9.00 **Cut, Color, Murder** Mystery. (2022, PG, 84min) ★★
11.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
1.00 PM **Eat, Love, London** Drama. (2024, PG, 90min) ★★
3.00 **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★

5.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★
7.00 **The Engagement Back-Up** Romantic comedy starring Elise Gatien. (2022, PG, 91min) ★★
9.00 **Something New: A Teagarden Mystery** Whodunit prequel starring Skyler Samuels. The sleuth faces her first mystery when her friend's fiancé goes missing just before the wedding. (2023, U, 87min) ★★
11.00 **Campfire Romance** Romantic comedy. (2022, PG, 90min) ★★

1.00 AM **Sense and Sensibility** Drama starring Deborah Ayorinde. (2024, U, 84min) ★★
3.00 **to 5.00** AM **Planning for Joy** Romantic comedy with Chelsey Reist. (2022, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Dick Tracy Returns** Thriller. (1938, b/w, PG, 115min) ★★
7.55 **Black Saddle** 21/24. (S2)
8.25 **Space Patrol** 5/39. (S1)
9.00 **Batman** 11/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Phantom Creeps** 5/12. (S1)
10.25 **Runaway Railway** Adventure. (1966, U, 53min) ★★
11.30 **The Adventures of Robin Hood** 12/26. (S4)

12.00 NOON **The Phantom Planet** Adventure. (1961, b/w, PG) ★★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton – Special Agent**
2.25 **Fireball XL5** 20/39. (S1)
3.00 **Captain Scarlet and the Mysterons** 13/32. (S1)
3.35 **Hobson's Choice** Comedy. (1953, b/w, U, 107min) ★★★★
5.45 **The Ghost of Rashmon Hall** Horror. (1947, b/w, PG, 55min) ★
6.50 **Look at Life** Documentary.
7.00 **Z Cars** 6/13. (S11)
8.00 **A Family at War** (S1)

9.05 **North West Frontier** Adventure. (1959, U, 129min) ★★★
11.40 **Villain** Thriller. (1971, 18) ★★★
1.40 AM **Up the Chastity Belt** Comedy. (1971, PG, 94min) ★★
3.30 **The Vengeance of She** Fantasy adventure. (1967, PG, 101min) ★
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Formula 1** Coverage of the Japanese Grand Prix qualifying session ahead of the third round of the season at Suzuka Circuit. Start time 7.00am.
9.00 **Ted's Notebook**
9.30 **Formula 1** Japanese Grand Prix
10.30 **Fantasy Football Pre-Match**
11.00 **LIVE EFL Luton Town v Leeds United.** Coverage of the Championship game at Kenilworth Road. Kick-off is at 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF Aston Villa v Nottingham Forest.** Coverage of the Premier League match from Villa Park. Kick-off 5.30pm.
8.00 **LIVE PGA Tour Golf** Coverage of the third day of the Valero Texas Open at TPC San Antonio.
11.00 **LIVE LPGA Tour Golf** Coverage of day four of the T-Mobile Match Play at Shadow Creek in Las Vegas, Nevada.
2.00 AM **LIVE NCAA Basketball** Coverage of the second March Madness men's semi-final staged at Alamodome in San Antonio.
3.45 **My Icon** John Amaechi.
4.00 **Sky Sports News**
4.30 **to 5.55** AM **Formula 1**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Show**
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **Fantasy Show**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF Aston Villa v Nottingham Forest.** Coverage of the Premier League match at Villa Park, as the teams meet in an important game in both sides' season. Both clubs are in the mix for a Champions League place, especially with the chance of an extra place being available for next year's competition. The reverse fixture back in December saw Forest score two late goals to come from behind to win the game 2-1. Kick-off is at 5.30pm.
8.00 **The Big Interview**
8.30 **Game of the Day**
10.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2023/24 play-off finals.
9.15 **Bundesliga** Recent action.
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 **LIVE EFL Luton Town v Leeds United.** Coverage of the Championship match staged at Kenilworth Road. The hosts desperately need points to stay in the league and avoid two successive relegations, while the visitors need a win to keep the pressure on their automatic promotion rivals Sheffield United and Burnley. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 **LIVE Bundesliga Werder Bremen v Eintracht Frankfurt.** Coverage of the German top-flight match staged at Weserstadion. Kick-off 5.30pm.
7.30 **EFL** Another chance to see Luton Town v Leeds United.
9.30 **EFL Highlights** Blackburn Rovers v Middlesbrough at Ewood Park.
9.45 West Brom v Sunderland.
10.00 Coventry City v Burnley.
10.15 PM **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent highlights.
10.50 **LIVE IPL Chennai Super Kings v Delhi Capitals.** Coverage of the match at MA Chidambaram Stadium, Chennai. These two sides met just the once last year with the visitors coming away with a 20-run victory. Delhi made 191-5 in their 20 overs, mainly thanks to David Warner's 52 from just 36 balls, before the Super Kings fell short in their reply.
3.00 PM **LIVE IPL Punjab Kings v Rajasthan Royals.** Coverage of the match at Maharaja Yadavindra Singh International Cricket Stadium in Mohali. The Royals won by three wickets in last season's corresponding fixture and went on to reach the play-offs, eventually losing out to Sunrisers Hyderabad.
7.00 **Ashes Greats** Action from 2001.
7.30 **Best of ICC WT20**
8.00 **IPL** Recent highlights, featuring Chennai Super Kings v Delhi Capitals, Punjab Kings v Rajasthan Royals and Royal Challengers Bengaluru v Gujarat Titans.
1.00 AM **IPL** A match replay.
5.10 AM **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf**
9.00 **LPGA Tour Golf**
11.00 **PGA Tour Champions**
11.30 **Golf's Greatest Holes**
12.00 NOON **LIVE Ladies European Tour Golf** Coverage of the third day of the Joburg Ladies Open.
3.00 PM **LIVE PGA Tour Golf** Coverage of the early stages of day three of the Valero Texas Open.
5.00 **LIVE Women's Golf** The third and final day of the Augusta National Women's Amateur.
8.00 **LIVE PGA Tour Golf** Further coverage of day three of the Valero Texas Open at TPC San Antonio.
11.00 **LIVE LPGA Tour Golf** Day four of the T-Mobile Match Play.
2.00 AM **PGA Tour Champions**
3.00 **The Open Zone**
4.00 **PGA Tour Golf** Texas Open.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

7.00 AM **LIVE Isuzu UTE A-League Melbourne City v Central Coast Mariners.** Coverage of the Australian top-flight match from AAMI Park. Kick-off is at 7.00am.
9.00 **European Football Special**
9.45 **The Football's On**
10.45 **Kenny Allstar's Number 1's**
11.00 **LIVE Premier League Everton v Arsenal.** Coverage of top-flight match staged at Goodison Park. Kick-off 12.30pm.
3.00 PM **Xtra Time**
3.15 **Playing For Our Future**
3.45 **LIVE UCI Mountain Bike World Series** The XCC short track elite races in Araxa, Brazil.
6.00 **LIVE Supertri E World Triathlon Championship** From the London Aquatics Centre.
8.30 **MLB: Off the Bat**
9.00 **LIVE MLB Philadelphia Phillies v Los Angeles Dodgers.** Coverage of the inter-league match from Citizens Bank Park. Start-time 9.05pm.
12.15 AM **European Football Special**
1.00 **LIVE UFC** The preliminary bouts.
3.00 **to 6.00** AM **LIVE UFC Josh Emmett v Lerone Murphy.** The featherweight bout at UFC Apex.

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE One Day International Cricket New Zealand v Pakistan.** The third and final ODI staged at Bay Oval.
7.30 **Premier League Stories**
8.00 **Premier League: Big Interview**
8.30 **Premier League Preview**
9.00 **The Fantasy Show**
9.30 **LIVE AFL North Melbourne Kangaroos v Sydney Swans.** Coverage of the match at Marvel Stadium. Bounce-up 9.35am.
12.30 PM **MLB Highlights**
1.30 **The Ultimate Cycling Show**
2.30 **LIVE Cycling** The men's Grand Prix Miguel Indurain in Spain.
4.30 **Chasing Cobbles: Mads Pedersen** The Danish cyclist.
5.30 **AFL** Tigers v Lions.
7.30 **LIVE Serie A AC Milan v Fiorentina.** The Italian top-flight game at San Siro. Kick-off 7.45pm.
9.45 **Playing For Our Future**
10.00 **LIVE Curling World Championship** A semi-final at Temple Gardens Centre in Canada.
1.00 AM **Mountain Biking**
2.00 **Serie A** AC Milan v Fiorentina.
3.00 **Premier League Netbusters**
3.30 **Ultimate Pool** Recent action.
5.00 **to 6.00** AM **Cycling**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
7.00 **LIVE Super Rugby Blues v Hurricanes.** Kick-off 7.05am.
9.00 **My Icon** Sporting influences.
9.35 **LIVE NRL Brisbane Broncos v Wests Tigers.** From Suncorp Stadium. Kick-off is at 9.35am.
11.35 **My Icon** Sporting influences.
12.00 NOON **NFL Highlights**
2.00 PM **Super Bowl LIX Highlights**
2.15 **NFL Bitesize Highlights**
2.45 **My Icon** Henni Goya.
2.55 **LIVE Netball Super League Nottingham Forest Netball v Loughborough Lightning.** Coverage from Motorpoint Arena. Centre-pass 3.00pm.
4.30 **My Icon** Sporting influences.
5.00 **Fight Night International**
6.00 **NCAA Basketball**
10.00 **My Icon** Sporting influences.
10.30 **Top Rank Boxing Archive**
11.45 **My Icon** Denise Lewis.
12.00 M'T **Fight Night International**
1.00 AM **LIVE Fight Night International Richard Torrez Jr v Guido Vianello.** The heavyweight bout in Las Vegas.
5.00 **Top Rank Boxing Archive**
5.15 **Canvas: Viddal Riley**
5.30 **to 6.00** AM **My Icon**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Soccer Saturday Pre-Match**
10.30 **Fantasy Football Pre-Match**
11.00 **EFL Build-Up**
12.25 PM **LIVE EFL West Bromwich Albion v Sunderland.** Coverage of the Championship match from the Hawthorns. Kick-off 12.30pm.
3.00 **LIVE PGA Tour Golf** The early stages of day three of the Valero Texas Open at TPC San Antonio.
6.00 **LIVE PGA Tour Golf** Further coverage of day three of the Valero Texas Open staged at TPC San Antonio. America's Akshay Bhatia won this event last year when he beat fellow American Denny McCarthy in a play-off.
11.00 **LIVE NCAA Basketball** Coverage of the first March Madness men's semi-final staged at Alamodome in San Antonio.
1.00 AM **Sky Sports News**
1.30 **My Icon** John Amaechi.
1.45 **LIVE NCAA Basketball** Coverage of the second March Madness men's semi-final staged at Alamodome in San Antonio.
3.45 **My Icon** John Amaechi.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Miami Open.
7.00 **WTA & ATP Tennis**
11.00 **LIVE ATP Tennis** Coverage of day six of the Bucharest Open.
1.00 PM **LIVE WTA & ATP Tennis** Coverage from the Tours, featuring the WTA Bogota Open.
5.00 **ATP Tour This Week**
5.30 **LIVE WTA & ATP Tennis** Further coverage from the Tours.
10.00 **LIVE ATP Tennis** Coverage of day six of the US Men's Clay Court Championship in Houston, Texas.
12.00 M'T **ATP Tour This Week**
12.30 AM **WTA Tennis** Miami Open.
2.00 **Bitesize Tennis** Highlights.
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Highlights from India.
9.00 **My Icon** Sporting influences.
9.30 **LIVE Super Rugby Western Force v Highlanders.** Coverage from HBF Park. Kick-off 9.35am.
11.30 **My Icon** Sporting influences.
12.00 NOON **LIVE Ladies European Tour Golf** Coverage of the third day of the Joburg Ladies Open.
3.00 PM **Greatest Games**
5.00 **Fight Night International**
6.00 **PDC Classics** Archive action.
7.00 **Premier League Darts**
11.00 **IPL** Highlights from India.
1.00 AM **PL Retro** Action from 2018.
3.00 **EFL Greatest Games**
4.00 **PDC Classics** Archive action.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

5.30 AM **LIVE HSBC SVNS** From National Stadium, Singapore.
8.30 **TNT Sports Reload**
9.00 **LIVE HSBC SVNS** Continued coverage from National Stadium.
12.00 NOON **Playing For Our Future**
12.15 PM **LIVE HSBC SVNS** Further coverage from National Stadium.
1.45 **TNT Sports Cricket Reload**
2.00 **Discovery Golf**
2.30 **MLB Highlights**
4.00 **LIVE Snowboarding** The SBX competition in Mont Sainte Anne.
5.30 **Premier League Netbusters**
6.00 **TNT Sports Reload**
6.30 **NBA** Lakers v Warriors.
8.00 **LIVE NBA Atlanta Hawks v New York Knicks.** T-o 8.00pm.
10.30 **NBA** Highlights and news.
11.30 **LIVE Grand Slam Track Athletics** At Independence Park.
1.30 AM **Cycling** Recent action.
2.30 **TNT Sports Reload**
3.00 **to 6.00** AM **LIVE HSBC SVNS**

TNT Sports 4

414 416 524 411 434

6.00 AM **T100 Triathlon World Tour**
7.00 **LIVE T100 Triathlon World Tour** Coverage from the opening day of the first round of the season staged in Singapore.
11.30 **Chasing Cobbles: Mads Pederse** The Danish cyclist.
12.30 PM **TNT Sports Reload**
1.00 **Ultimate Pool** Recent action.
2.30 **MotoGP Highlights**
3.30 **Grand Slam Track Athletics**
4.30 **One Day International Cricket**
5.30 **Isuzu UTE A-League**
6.30 **MLB Highlights**
7.30 **Men's Cycling Pro Series**
8.30 **Ultimate Pool** Recent action.
10.00 **Grand Slam Track Athletics**
11.00 **Isuzu UTE A-League**
12.00 M'T **Isuzu UTE A-League**
3.00 AM **MotoGP Highlights**
4.00 **to 7.00** AM **LIVE AFL GWS Giants v West Coast Eagles.** Coverage of the match staged at ENGIE Stadium in Sydney. Bounce-up 4.10am.

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Transworld Sport** Magazine.
8.00 **FIM Sidecarcross**
9.00 **Champions Cup Highlights**
10.00 **British Minibikes**
12.00 NOON **Top 14 Rugby Union**
12.30 PM **Champions Cup**
2.30 **LIVE Champions Cup Castres v Benetton.** Coverage of the last-16 match. Kick-off 3.00pm.
5.00 **LIVE Champions Cup La Rochelle v Munster.** The last-16 match staged at Stade Marcel Deflandre. Kick-off is at 5.30pm.
7.30 **LIVE Champions Cup Glasgow Warriors v Leicester Tigers.** Coverage of the last-16 match. Kick-off is at 8.00pm.
10.30 **URC in 60** Recent action.
11.30 **Champions Cup**
1.30 AM **NASCAR Highlights**
2.30 **NHL: This is Hockey**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey Calgary Flames v Vegas Golden Knights.**

Premier Sports 2

420 552

6.00 AM **Rugby Union Highlights**
10.00 **Bike World** Magazine.
10.30 **Africa Eco Race**
11.00 **Champions Cup Highlights**
12.00 NOON **LIVE Champions Cup Toulon v Saracens.** The last-16 match. Kick-off is at 12.30pm.
2.30 PM **LIVE Champions Cup Leinster v Harlequins.** The last-16 match. Kick-off 3.00pm.
5.15 **LIVE EPCR Challenge Cup Montpellier v Gloucester.** The last-16 game. Kick-off 5.30pm.
7.30 **LIVE EPCR Challenge Cup Connacht v Cardiff.** The last-16 match. Kick-off is at 8.00pm.
10.00 **Bike World** Magazine.
10.30 **NHL on the Fly**
11.00 **LaLiga Specials**
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey St Louis Blues v Colorado Avalanche.** Face-off 12.00m't.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **LIVE Formula 1** The Japanese Grand Prix qualifying.
9.00 **Ted's Notebook**
9.30 **Formula 1** Japanese Grand Prix.
10.30 **Ted's Notebook**
11.00 **Formula 1** Action from Japan.
1.00 PM **Ted's Notebook**
1.30 **Ferrari Challenge Europe**
2.30 **Formula 1** Japanese Grand Prix.
3.45 **LIVE British GT Championship** Coverage of the qualifying session for the first round of the season.
4.50 **Ted Talks Ferrari**
5.00 **Formula 1** Action from Japan.
7.00 **Ted's Notebook**
7.30 **Formula 1** Japanese Grand Prix.
8.45 **72 Hours with Jack Doohan**
9.00 **Formula 1** Action from Japan.
11.00 **Ted's Notebook**
11.30 **Ferrari Challenge Europe**
12.30 AM **Formula 1** From Japan.
1.30 **Ted's Notebook**
2.00 **Formula 1** Japanese Grand Prix.
4.00 **Ted's Notebook**
4.30 **to 5.55** AM **Formula 1**

Sunday

6 April

Evening Planner

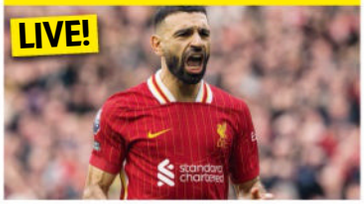
Motorsport

F1: Japanese Grand Prix

Sky Sports Main Event & Sky Sports F1, race starts 6am

Can McClaren continue their strong start to the season with victory in Japan?

Football



Premier League

Sky Sports Main Event & Sky Sports Premier League

Fulham v Liverpool (kick-off 2pm) and Man Utd v Man City (k-o 4.30pm).

Crime Drama

Grace

ITV1, 9pm (box set, ITVX)

As the crime drama returns, Grace (John Simm, right) tries to save hundreds of lives, while settling into his role as father.

Documentary

Schmeichel

Sky Documentaries & Sky Showcase, 9pm

Feature-length documentary about one of the world's greatest goalkeepers, former Man Utd player Peter Schmeichel.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow		8.00 Ten Pound Poms		9.00 This City Is Ours		10.00 News	10.30 Match of the...
	102 BBC2		7.15 Expedition the...	8.00 Amazing Hotels: Life Beyond the Lobby		9.00 Tribe with Bruce Parry		10.00 Film: Tinker Tailor Soldier Spy	
	103 ITV1	7.00 Celebrity Catchphrase		8.00 Grace				10.15 The Olivier Awards	
	104 CHANNEL 4	‹ 6.40 Hotel Chocolat...	7.40 The Great Celebrity Bake Off for Stand Up to Cancer			9.00 Tempting Fortune		10.00 Gogglebox	
	105 5	‹ 6.35 Sweet Brands We've Loved and Lost		8.00 Warship: Life in the Royal Navy		9.00 Forensics: Murder Scene			10.30 Police...
	106 SKY SHOWCASE	7.00 A League of Their Own: The Rally		8.00 F1: Japanese Grand Prix Highlights		9.00 Schmeichel			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Stacey & Joe		9.00 The Apprentice		10.00 Apprentice...	10.30 Ashley Cain...
	116 BBC4	7.00 Big Night of Musicals 2023 by the National Lottery			8.35 An Evening with Howard Keel			10.00 Kiss Me, Kate	
	118 ITV2	‹ 5.55 Film: The Addams Family		8.00 Film: No Time to Die					
	136 MORE4	‹ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Indiana Jones and the Last Crusade			
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.15 House of the Dragon				9.00 Gangs of London		10.00 The Wire	
	110 U&GOLD	‹ 6.35 Only Fools and Horses	7.55 Neil & Martin's Bon Voyage			9.00 Men Behaving Badly		10.20 Dad's Army	
	111 U&DAVE	7.00 Speed with Guy Martin		8.00 World's Most Dangerous Roads		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	7.00 Rosemary & Thyme		8.00 Doc Martin		9.00 Belgravia: The Next Chapter		10.00 Vera	
	120 ITV4	‹ 6.45 Snooker: Tour Championship – Live: The conclusion of the final						10.00 River Monsters	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray Live – Barrel of Fun		10.00 Film: Sausage Party	
	139 SKY SCI-FI	7.00 Stargate SG-1				9.00 Film: Rubikon			
	113 SKY MAX	7.00 A League of Their Own: The Rally		8.00 Freddie Down Under		9.00 Film: Fist of Fury			
	109 U&ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Miss Scarlet	
	130 SKY ARTS	‹ 6.10 The Music of Buddy Holly and the...		8.00 Film: Avanti!					
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Building Off the Grid				9.00 Marooned with Ed Stafford		10.00 Mega Shippers	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Mutant Weather		8.00 Drain the Oceans: Deep Dive		9.00 Oklahoma City Bombing: One Day in America			
	123 SKY HISTORY	7.00 Digging Up Britain's Past				9.00 Kursk: 10 Days That Shaped Putin			
	155 U&YESTERDAY	‹ 6.40 Porridge		8.00 Bangers & Cash					
	121 SKY DOCS	7.00 Film: Touching the Void				9.00 Schmeichel			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 My Penguin Friend		8.00 It Ends with Us					10.15 Cuckoo
	302 ADVENTURE	‹ 6.00 Sing		8.00 Despicable Me 4				9.45 Snow White and the Huntsman	
	303 THE HOBBIT	‹ 5.45 The Hobbit: The Desolation of Smaug			8.30 The Hobbit: The Battle of the Five Armies				
	304 GREATS	‹ 6.10 Twins		8.00 Ace Ventura Pet Detective				9.35 Ace Ventura: When Nature Calls	
	305 ANIMATION	‹ 5.40 The Lego...	7.30 Madagascar			9.05 Madagascar: Escape 2 Africa			
	306 HARRY POTTER	‹ 6.20 Harry Potter and the Prisoner of Azkaban			8.45 Harry Potter and the Goblet of Fire				
	307 ACTION	‹ 5.35 Aquaman		8.00 Mission: Impossible – Dead Reckoning Part One					
	308 COMEDY	‹ 5.55 Baywatch		8.00 Scott Pilgrim vs. the World				9.55 Seven Psychopaths	
	309 THRILLER	‹ 6.35 Head Count		8.00 Ocean's Thirteen					10.15 The Bikeriders
	310 DRAMA	‹ 6.35 The Man with the Answers		8.00 One Life				10.00 Freud's Last Session	
	311 SCI-FI	‹ 6.25 The Purge		8.00 War of the Worlds					10.05 Paycheck
	313 FILM4	‹ 5.50 Transformers: Age of Extinction				9.00 Let Him Go			
SPORT	401 MAIN EVENT	‹ 4.00 Super...	7.30 PGA Tour Golf – Live: The Valero Texas Open						
	402 PREMIER LEAGUE	‹ 4.00 Super...	7.30 Gary Neville's...	8.00 PL Stories	8.30 Premier League Highlights		9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	‹ 6.30 SPFL			8.30 EFL Highlights				
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	‹ 5.15 UCI Mountain...	7.30 Serie A – Live: AS Roma v Juventus (Kick-off 7.45)				9.45 UEFA Magazine		10.15 Men's Cycling World Tour
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Philadelphia Phillies v Los Angeles Dodgers (Start-time 6.35)						10.00 Curling World Championship – Live	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

Our updated channel headers explained... SKY STREAM For Sky Stream customers & Sky Glass owners | SKY Sky customers with SkyQ | FREELY Freely TVs broadcasting terrestrial TV via the internet

Sunday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.40 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning** New edition (S)
11.30 **Celebration Kitchen: Passover** New edition Featuring Arlene Phillips and Phil Rosenthal. (S)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Gladiators** (S)(R)(AD)
2.55 **Wallace & Gromit: The Wrong Trousers** Animation. (S)(R)(AD)
3.25 **FILM Shrek 2** Animated comedy sequel with the voices of Mike Myers and Eddie Murphy. (S)(AD) (2004, U, 85min) ★★★★★
4.50 **BBC News** (S)
5.05 **Local News** (S)
5.15 **Countryfile** New edition (S)

8.00 Ten Pound Poms

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.40 AM **Countryfile** (S)(R)
7.40 **Breakfast** (S)
9.00 **NEW SERIES Landward** 1/26. Dougie Vipond helps during lambing season in Ayrshire. (S)
9.30 **This Farming Life** (S)(R)
10.30 **FILM The Cruel Sea** World War Two drama with Jack Hawkins. (S) (1952, b/w, PG, 120min) ★★★★
12.30 PM **FILM The Lady Vanishes** Mystery comedy starring Margaret Lockwood and Michael Redgrave. (S) (1938, b/w, U, 95min) ★★★★★
2.05 **LIVE Rugby League: Challenge Cup** Warrington Wolves v St Helens: Coverage of the quarter-final at Halliwell Jones Stadium. Kick-off is at 2.30. (S)
4.35 **FILM Calamity Jane** Musical Western starring Doris Day. (S) (AD) (1953, U, 100min) ★★★★

9.00 Tribe with Bruce Parry

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **In for a Penny** (S)(R)(AD)
6.25 **Britain's Got Talent** (S)(R)
7.35 **James Martin's Saturday Morning**
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 **Prue Leith's Cotswold Kitchen** New edition Lisa Hogan joins Prue to cook some venison. (S)(AD)
12.30 PM **ITV News** (S)
12.40 **Alan Titchmarsh's Gardening Club** Eco-gardening tips. (S)(R)
1.45 **FILM Johnny English Reborn** Comedy sequel starring Rowan Atkinson and Gillian Anderson. (S) (AD) (2011, PG, 110min) ★★★
3.35 **Lingo** Words-based quiz. (S)(R)
4.35 **The Chase Celebrity Special** 10/12. With Tim Vine, Alice Beer, Ken Bruce and Sonny Jay. (S)(R)
5.35 **99 to Beat** (S)(R)

1.45 Johnny English Reborn

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.50 AM **Cheers** 16-18/26. (S8) (S)(R)
7.10 **Everybody Loves Raymond** (S)(R)
7.55 **The Simpsons** (S)(R)(AD)
10.00 **Sunday Brunch** New edition Tim Lovejoy and Simon Rimmer host the food and chat show. (S)
1.00 PM **F1: Japanese Grand Prix Highlights** Steve Jones presents action from the third round of the season at Suzuka Circuit. (S)
3.30 **Four in a Bed** The first visit is to the Plough Inn in Ripple, Kent. (S)(R)
4.05 The second visit is to The Old Crown Coaching Inn. (S)(R)
4.35 The week's third visit takes the B&Bers to The Courthouse in Great Bromley, Essex. (S)(R)
5.10 The week's final visit is to Samsara Retreat in Kent. (S)(R)
5.40 The B&Bers get together for Payment Day. (S)(R)

7.40 The Great Celebrity Bake Off

6 PM

6.15 The Americas New edition 6/10. A look at the Gulf Coast's extraordinary wildlife, including an alligator teaching hatchlings how to hunt and manatees practicing a rarely filmed courtship ritual. (S)(AD)

6.15 This Farming Life New edition 11/12. With Derek's retirement imminent, the Thomsons thrash out plans for Nick to take over the family farm, while the Imries' farm-to-fork event is hit by a storm. (S)

6.30 ITV News (S)
6.45 Local News (S)

6.10 News (S)
6.40 Hotel Chocolat Unwrapped New edition Manager Aaron and his staff prepare for the opening of the company's new Thanet store. (S)(AD)

7 PM

7.00 Antiques Roadshow Fiona Bruce presents the show from Ebrington Square in Derry-Londonderry, and learns the pivotal role played by the city in the longest campaign of World War Two. (S)(R)

7.15 Expedition with Steve Backshall 4/10. Steve and his team venture into Suriname in South America, kayaking through a forest unchanged for millions of years. (S)(R)(AD)

7.00 Celebrity Catchphrase New edition Stephen Mulhern hosts a charity edition of the game show, with Nadine Coyle, Rick Edwards and Jake Wood competing to win £50,000 for good causes. (S)(AD)

7.40 The Great Celebrity Bake Off for Stand Up to Cancer New edition Self Esteem, Tommy Tiernan, Meera Syal and Adam Buxton put their skills to the test to impress judges Caroline Waldegrave and Paul Hollywood. The bakers take on crumpets in the Signature and try not to panic over perfect piping in the Technical, before recreating their own celebrity hero in pastry for the Showstopper. (S)(AD)

8 PM

8.00 Ten Pound Poms New episode 5/6. Secrets and lies unfold when Annie, Terry, Kate and Robbie go to the Blue Mountains. (S2) (S)(AD)
■ Entire series on BBC iPlayer

8.00 Amazing Hotels: Life Beyond the Lobby 2/8. Monica Galetti and Rob Rinder travel by seaplane to go behind the scenes of Joali hotel resort in the Maldives. (S)(R)(AD)

8.00 NEW SERIES Grace *Dead If You Don't:* 1/3. Return of the crime drama starring John Simm. The team are called to investigate when a body in a barrel washes up on a beach in Sussex, and Roy finds himself in a frantic race to save hundreds of lives in Brighton. *See feature, page 8.* (S5) (S)(AD)
■ Entire series on ITVX

9 PM

9.00 This City Is Ours New episode 3/8. Michael takes control in the aftermath of a shocking death, and the gang agree to smuggle the body back to Liverpool. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9.00 Tribe with Bruce Parry New edition 2/3. The explorer spends time in Angola's harsh Namib Desert with the Mucubal, whose isolation protects a unique way of life. (S)
■ Entire series on BBC iPlayer

9.00 Tempting Fortune New edition 7/8. Emotions run high as the trekkers are tempted with a video call to their loved ones, and a spa proves hard to resist. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 BBC News (S)
10.25 Local News (S)
10.30 Match of the Day 2 Mark Chapman presents Premier League action, including Manchester United v Manchester City, Fulham v Liverpool, Brentford v Chelsea and Tottenham Hotspur v Southampton. Plus, a round-up of Saturday's goals. (S)
11.45 MOTD Top 10: Goalscorers Gary Lineker, Alan Shearer and Micah Richards discuss the greatest goalscorers in Champions League history. (S)
12.15 AM Weather for the Week Ahead Seven-day forecast. (S)
12.20 to 6.00 AM BBC News (S)

10.00 FILM Tinker Tailor Soldier Spy Cold War spy thriller starring Gary Oldman. A veteran spycatcher strives to unmask a Soviet mole lurking in the highest reaches of the British secret intelligence service. (S) (2011, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T FILM Here Before Psychological thriller with Andrea Riseborough and Jonjo O'Neill. (S) (2022, 15, 80min) ★★★★
1.20 AM Sign Zone: Question Time Fiona Bruce hosts from Cardiff. (R)
2.20 Sign Zone: This City Is Ours 2/8. Tensions escalate, and Michael makes a big decision. (S1) (S)(R)
3.20 to 6.45 AM Previews (S)

10.00 ITV News (S)
10.15 NEW The Olivier Awards Beverley Knight and Billy Porter host the ceremony from the Royal Albert Hall. Highlights include performances from nominated musicals *Oliver!, Fiddler on the Roof, Starlight Express*, and *MJ The Musical*. Plus, a special award to celebrate 40 years of *Les Misérables*. (S)
12.15 AM Shop on TV
3.00 Our Land: Israel's Other War An insight into the reality of life in the occupied West Bank. (S)(SL)(R)
4.20 Unwind with ITV (S)
5.05 to 6.00 AM Prue Leith's Cotswold Kitchen (S)(SL)(R)(AD)

10.00 Gogglebox The households' opinions on recent TV. (S)(R)(AD)
10.55 FILM Boiling Point Drama starring Stephen Graham. A chef's life descends into chaos during one night at his fancy London restaurant. (S) (2021, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM Ramsay's Kitchen Nightmares USA An Indian restaurant in New York. (S)(SL)(R)
1.30 Undercover Boss USA (S)(R)
2.20 The Change (S)(SL)(R)(AD)
3.10 The Simpsons (S)(R)(AD)
4.50 Kirstie and Phil's Love It or List It
5.45 to 6.25 AM Countdown (S)(R)

+1 hour 203 303 35 112 251

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.20 **Friends** 18/24. (S2) (S)(R)(AD)
9.40 **22 Kids & Counting** (S)(R)
12.35 PM **Norfolk and Suffolk: Country & Coast** (S)(R)
2.30 **Inside the Tower of London** A crumbling turret on top of the Cradle Tower is in urgent need of repair. (S)(R)
3.25 The Beefeaters prepare to say goodbye to their Chief Yeoman Warder. (S)(R)
4.25 **Churchill's War: How He Saved Britain** Documentary exploring the life of Winston Churchill, one of Britain's most iconic prime ministers, focusing on the parts he played in both World Wars One and Two. (S)(R)

6.35 Sweet Brands We've Loved...

6.25 **News** (S)

6.35 **Sweet Brands We've Loved and Lost** A look back at confectionery favourites from the 1970s and 1980s, remembering the likes of Fruit Salads, Parma Violets, Tooty Frooties and flying saucers. (S)(R)

8.00 **Warship: Life in the Royal Navy** 3/3. JJ Chalmers takes on the endurance course at the Marine Commando Training Centre. (S)(R)

9.00 **Forensics: Murder Scene** 2/6. Forensic teams are called to investigate when a man is shot and killed in a newsagents, the savage attack with a shotgun blast sending tremors through the local community. (S)(R)

10.30 **Police: Suspect No 1** 3/5. Humberside detectives interview four men suspected of attacking a man on his doorstep in what appears to be a premeditated assault. (S)(R)

11.30 **Motorway Cops: Catching Britain's Speeders** (S)(R)
12.30 AM **Friends** (S2) (S)(R)(AD)
12.55 **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Sally Lindsay's Posh Sleepover**
3.50 **The Good Life: Brits in France**
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Simon** Four episodes. (S)(R)
6.30 **Team Mekbots: Animal Rescue** Animation. (S)(R)
6.45 **Norman Picklestripes** (S)(R)
7.35 **The Slow Mo Guys' Big Adventures** (S)(R)
8.00 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **F1: Japanese Grand Prix Highlights** From Suzuka City. (R)
11.00 **Ted's Notebook** (R)
11.30 **The Office (US)** (S2) (S)(R)
1.00 PM **The Simpsons** (S)(R)
4.00 **Bradley Walsh: Egypt's Cosmic Code** Bradley sets out to uncover the mysteries of King Tutankhamun. (S)(R)
5.00 **Ramses the Great: King of Ancient Egypt** Ramses' three-decade long rule. (S)(R)

9.00 Schmeichel

6.00 **Whale with Steve Backshall** 2/4. Steve reveals the hunting strategies of whales and dolphins, using sound, skill, teamwork and strategy to catch their prey. (S)(R)(AD)

7.00 **A League of Their Own: The Rally** 2/3. Romesh Ranganathan has more surprises for Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis as they head to the Alps. (S)(R)

8.00 **F1: Japanese Grand Prix Highlights** Action from the third round of the season at Suzuka Circuit in Suzuka City. (R)

9.00 **NEW Schmeichel** Documentary profile of Peter Schmeichel, the goalkeeper who won the Euros with Denmark in 1992 and was part of Manchester United's 1999 treble-winning squad. *See feature, page11.* (AD)

11.00 **Ricky Gervais: Science** The comedian's stand-up show recorded at London's Hammersmith Apollo. (S)(R)
12.30 AM **Saturday Night Live** (R)
2.00 **Brassic** 1/8. Farmer Jim arrives with a very lucrative job offer for Vinnie. (S3) (S)(R)(AD)
3.00 **Road Wars** Police surround a man with a gun. (S)(R)(AD)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.45pm** Sportscene: Premiership Highlights (S)(R) **12.45am** MOTD Top 10 – Goalscorers (S) **1.15** Weather for the Week Ahead (S) **1.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
2.55pm FILM Shrek 2: Animation. (S)(AD) (2004, U, 85min) ★★★★★ **4.20-4.50pm** Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
12.30pm Ready Meals: What They Really Mean For You (S)(R)(AD) **1.30** The Chronicles of Belfast (S)(R) **1.40 LIVE** The Championship (S) **4.05-4.35** Villages by the Sea (S)(R) **10.00 NEW** Britain's Toxic Secret (S) **10.30** Sunday Politics Northern Ireland (S)(R) **11.00pm-12.00m't** Better Off Dead? (S)(R)(AD)

WALES
Sky 968, Freesat 968
6.15pm Garden Rescue (S)(R) **6.45-7.15** SOS: Extreme Rescues (S)(R) **8.00-9.00pm** This Farming Life New edition (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Y Cosmos **10.00** Y Llais **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Ty Ffit **1.00pm** Y Wal **2.05** Pen Llyn Harri Parri (AD) **2.35** Cefn Gwlad (AD) **3.10** Pêl-Droed Rhyngwladol **4.10** Pobol y Cwm Omnibws (AD) **5.15 LIVE** Clwb Rygbi **7.40** Newyddion a Chwaraeon **8.00 NEW SERIES** Cynefin **9.00** Byd Eithafol: Neo-Nazis yn Ein Plith **10.00** Gogglebocs Cymru **11.00-11.35pm** Welsh Whisperer – Ni'n Teithio Nawr! (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Peter learns a shocking truth. **7.30** Linda gives Sharon some food for thought.
8.00 **Stacey & Joe** 1/6. A glimpse into the lives of Stacey Solomon and Joe Swash as they open the doors to their home, Pickle Cottage, to share their day to day for their family.
9.00 **The Apprentice** 10/12. The candidates are tasked with launching an environmentally conscious, sustainable fashion label.
10.00 **The Apprentice: You're Fired** 10/11. Tom Allen meets the fired candidate.
10.30 **Ashley Cain: Into the Danger Zone** 1/6. The former footballer visits some of the world's most dangerous cities.
11.30 **Paranormal: Britain's Last Witch** Four editions.
1.30 AM **Top Gear**
2.30 **Stacey Dooley: Inside Spain's Narco Wars**
3.30 **to 3.55** AM **In Conversation: Billie Eilish**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Big Night of Musicals 2023 by the National Lottery** Jason Manford hosts a special concert, featuring performances from the casts of some of the most popular musicals in the West End.
8.35 **An Evening with Howard Keel** 1/2. In front of an audience at London's Royal Albert Hall, actor and singer Howard Keel talks about his career on stage and screen, and sings some favourites from the musicals in which he has starred. **9.15** 2/2. Howard Keel gives an insight into the lives of the *Dallas* cast, and performs more hits. First broadcast in 1985.
10.00 **Kiss Me, Kate** Musical comedy by Sam and Bella Spewack from 1964.
11.35 **Marvellous Musicals: Talking Pictures**
12.20 AM **Big Night of Musicals 2023 by the National Lottery** As 7.00pm.
1.55 **to 3.40** AM **All Creatures Great and Small**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.40 PM **Come Dine with Me** Five editions of the dinner-party challenge from the Midlands.
6.20 **Four in a Bed** The first venue of the week is Sawcliffe Manor in High Risby, Lincolnshire. **6.50** The second visit is to Charlotte and Donna's Rooms at the Inn in Retford. **7.25** The B&Bers visit Rob's Wolds Wine Estate in Nottinghamshire.
7.55 **Four in a Bed** The guesthouse owners visit Dovestone Holiday Park in Greater Manchester. **8.30** Payment Day arrives.
9.00 **The Emergency Ward** New edition Dr Williams fears for a cheerleader who has landed on her head in training. Dr Dunne expects the worst when he unwraps the bandages from a man's arm after a car accident.
10.00 **24 Hours in A&E** An 18-year-old is brought in after being knocked off her motorbike, and a woman suffers confusion after falling from her loft.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Medical series.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Ramsay's Kitchen Nightmares USA**
10.10 **Made in Chelsea: Maldives** Reality series.
11.15 **Married at First Sight Australia** Double bill.
2.25 PM **The Great Celebrity Bake Off for Stand Up to Cancer** With Kate Garraway, Phil Wang and Sophie Willan.
3.40 **The Big Bang Theory** Six episodes, including at: **6.00** 24/24. Sheldon is upset about his career. (S7)
6.30 **The Simpsons** Five episodes, including at: **7.30** *The Canine Mutiny:* Bart acquires a credit card. **8.00** *The Old Man and the Lisa:* Lisa takes pity on a bankrupt Mr Burns. **8.30** *In Marge We Trust:* Homer is baffled to discover his image printed on a box of Japanese washing powder.
9.00 **FILM Indiana Jones and the Last Crusade** Action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
11.35 **Gogglebox** Double bill.
1.40 AM **Naked Attraction**
2.40 **Ramsay's Kitchen Nightmares USA**
3.30 **The Neighborhood**
4.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Border Security USA**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Stop, Search, Seize**
10.00 **Paramedics Australia** Steve and Jade deliver essential care for an incredible woman.
11.00 **The Real A&E**
12.00 NOON **Air Ambulance ER** Medics fight to save a man's life following an overdose.
1.00 PM **Caught on Dashcam**
2.00 **Nothing to Declare**

9.00 Fire Country

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Nothing to Declare Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM

9.00 Fire Country *Where There's Smoke:* 3/22. The crew stumble across an illegal marijuana farm in a remote forest. (S1)

10 PM

10.00 Matlock *This Is That Moment:* 12/18. Olympia and Julian clash while representing two parties in a custody battle. (S1)
11.00 **FBI: International** 10/22. (S2)
12.00 M'T **Law & Order: Special Victims Unit** 20&21/22. (S24)
2.00 AM **FBI: Most Wanted** 16/22. The team are called to Vermont. (S3)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
9.10 **House of the Dragon** Eight episodes, including at: **1.10** PM 3/8. Daemon arrives at Harrenhal to raise an army. **2.30** 4/8. Cole mounts a campaign in the Crownlands. **3.40** 5/8. Daemon tries to persuade the Brackens to bend the knee. **4.55** 6/8. Rhaenyra summons a knight for a risky venture. **6.15** 7/8. Daemon puts pressure on Oscar Tully to raise up his bannermen. (S2)

9.00 Gangs of London

7.35 House of the Dragon *The Queen Who Ever Was:* 8/8. As Aemond becomes more volatile, Larys plots an escape and Rhaenyra looks to press home her advantage. (S2)

9.00 Gangs of London 3/8. Elliot's investigation puts him on a collision course with the Mayor. (S3)

10.00 The Wire *Unto Others:* 7/13. Omar persuades Bunk to help him, and Proposition Joe continues to court Marlo. (S4)
11.05 **The Baby** 3/8. Bobbi and Sam prepare for a meeting. (S1)
11.45 **Succession** 5&6/9. (S3)
2.00 AM **The White Lotus** Series finale 8/8. Comedy drama set in Thailand. (S3)
3.40 **Watchmen** 8/9. (S1)
4.50 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **S.W.A.T.** 12-16/22. (S1)
11.00 **Hawaii Five-0** Four episodes of the series, including at: **1.00** PM 3/24. McGarrett and Danno are adrift at sea. **2.00** 4/24. A polo player is decapitated on his horse. (S3)
3.00 **Grimm** 5/22. Nick and Hank battle a powerful Wesen. **4.00** 6/22. A priest is killed while performing an exorcism. **5.00** 7/22. Hank and Nick encounter an urban legend. **6.00** 8/22. Teenagers are kidnapped by an evil spirit. (S3)

9.00 Fist of Fury

7.00 A League of Their Own: The Rally Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis continue their race.

8.00 Freddie Down Under 5/6. Andrew Flintoff plans a Valentine's Day surprise for Rob Penn at the top of Sydney Harbour Bridge.

9.00 FILM Fist of Fury Martial-arts adventure starring Bruce Lee. In 1930s Shanghai, a young kung-fu student embarks on a mission to avenge his old master's death. With Nora Miao. (1972, 18, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Brassic** 1/8. Vinnie is released from prison and Farmer Jim has a lucrative job offer. (S3)
12.00 M'T **The Force: North East** Officers respond to an urgent call in Newcastle city centre.
1.00 AM Police hunt for the mother of a three-year-old.
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Bondi Rescue**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.15 **Love Bites** Double bill.
11.20 **Deal or No Deal**
1.25 PM **The Masked Singer US**
2.20 **Britain's Got Talent**
3.40 **FILM Sonic the Hedgehog 2** Adventure comedy sequel. (2022, PG, 122min) ★★★
5.55 **FILM The Addams Family** Spooky black comedy starring Anjelica Huston, Raul Julia and Christopher Lloyd. (1991, PG, 95min) ★★★★

8.00 No Time to Die

FILM The Addams Family (film started at 5.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 FILM No Time to Die James Bond thriller starring Daniel Craig. Agent 007 sets off on the trail of an enigmatic villain armed with lethal new technology. With Léa Seydoux, Rami Malek, Ana de Armas and Christoph Waltz. (2021, 12, 163min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Family Guy** 13&5/21. (S8)
12.10 AM **American Dad!** (S4)
1.10 **Deep Fake Neighbour Wars – Best Bust Ups**
1.40 **World's Funniest Videos**
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **Lewis** Double bill.
10.55 **Doc Martin**
12.00 NOON **Endeavour** *Nocturne:* Morse investigates a school with a dark history. **2.00** *Sway:* Morse hunts a multiple murderer who is strangling married women.
4.00 PM **Lewis** *The Point of Vanishing:* A religious fanatic is found drowned in his bath.
6.00 **Rosemary & Thyme** *The Gooseberry Bush:* The duo find an abandoned baby.

11.55 Protection

7.00 Rosemary & Thyme *Racquet Espanol:* The duo visit a resort in Spain and end up investigating the death of a tennis player.

8.00 Doc Martin *Uneasy Lies the Head:* 2/8. Martin refers Pauline's aunt to Edith after she has trouble conceiving a baby. (S4)

9.00 Belgravia: The Next Chapter New episode 5/8. Clara's bold choice alarms Davison. (S1)
■ Entire series on ITVX

10.00 Vera *Broken Promise:* The detective investigates when a student falls to his death in mysterious circumstances.
11.55 **Protection** 5/6. Liz makes an alarming discovery. **12.50** AM 6/6. Liz attempts to put together the final pieces of the conspiracy. (S1)
1.45 **Never the Twain**
2.10 **On the Buses**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights**
8.15 **Icons of Football** 5/6. The life and career of striker Steve Archibald.
8.45 **Rewind 1980s** 3/10. Music and stories from Scotland and around the world in 1982.
9.00 **The Women Who Changed Modern Scotland** 2/3. Women who fought for equality in the 1980s and 1990s.
10.00 **Still Game** 3/6. Part one of two. Winston receives bad news about his remaining leg. (S9)
10.30 **Best of Chewin' the Fat** Highlights of the comedy sketch show.
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Togetherness** (S1)
9.15 **The Conners** (S3)
11.50 **Veep** 6-10/10. (S4)
3.10 PM **Curb Your Enthusiasm** (S7)
6.30 **The Office (US)** 11/22. Michael takes the office staff on a motivational cruise. **7.00** 12/22. Michael injures his foot. **7.30** 13/22. Jim regrets telling Michael about his feelings for Pam. **8.00** 14/22. Michael reminisces about his pre-management days. **8.30** 15/22. Michael hosts a seminar for his male colleagues. (S2)
9.00 **Saturday Night Live** New edition Sketch show.
10.30 **The Righteous Gemstones** 4/9. (S4)
11.15 **Ricky Gervais: Science**
12.40 AM **Saturday Night Live**
2.10 **Sex and the City** (S4)
3.20 **Divorce** (S2)
4.30 **to 5.00** AM **Run**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Mozart: The Magic Flute**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM Appointment with Death** Agatha Christie whodunit. (1988, PG, 108min) ★
2.50 **The Sound of Music – Live!** Musical drama.
5.10 **Bagpipes: A Celebration**
6.10 **The Music of Buddy Holly and the Crickets**
8.00 **FILM Avanti!** Billy Wilder comedy starring Jack Lemmon. (1972, 15, 144min) ★★★
10.40 **Science Fiction in the Atomic Age**
11.40 **FILM The Man Who Fell to Earth** Sci-fi fantasy starring David Bowie. (1976, 18, 140min) ★★★★
2.20 AM **Berlin Live: Editors**
3.40 **The Great Songwriters**
4.40 **Discovering**
5.05 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Send in the Dogs**
3.00 **Nothing to Declare**
5.00 **Highway Patrol**
6.00 **Send in the Dogs**
8.00 **NCIS: Los Angeles** *Divided We Fall:* 5/22. A mission to protect an agent goes awry. **9.00** *Sundown:* 6/22. A man hijacks a bus. (S13)
10.00 **Britain's Most Evil Killers** An 18-year-old who lured a fellow teenager to a flat before killing him.
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Be Beautiful**
7.55 **Backyard Builds**
8.20 **The Singles Table**
9.20 **Fletchers' Family Farm**
10.25 **Dinner Date**
12.25 PM **The Real Housewives of Atlanta**
4.55 **The Only Way Is Essex**
5.55 **Judi Love's Culinary Cruise** Judi learns about the many uses of olive oil in Parga, Greece.
7.00 **Tour de Fred: Northern Ireland** Fred Sirieix's gastronomic tour takes him to Belfast.
8.00 **Celebrity Dinner Date**
9.00 **The Only Way Is Essex** New edition The Bali gang are back in Essex and everyone is reunited.
10.05 **The Real Housewives of Cheshire** Reality series.
11.05 **Vanderpump Rules**
12.55 AM **Backyard Builds**
1.25 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **5.00** *Deadly Lady:* Four sisters are accused of killing their father. **6.00** *Broadway Malady:* A veteran Broadway star finds her life in danger. **7.00** *Capitol Offence:* Jessica tries to discover who killed a politician. **8.00** *Armed Response:* Jessica investigates a medical murder.
9.00 **Martha's Vineyard Mysteries: Riddled With Deceit** Drama.
10.55 **An Emma Fielding Mystery: Site Unseen**
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 23/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **ITV Football Classics**
8.00 **World Superbike Highlights**
9.00 **English Football League Highlights** Recent action.
10.30 **Cadfael**
12.05 PM **The Car Years**
12.35 **Nijinsky's Triple Crown**
12.45 **LIVE Snooker: Tour Championship** The final.
4.30 **The Big Match Revisited**
5.20 **Made in Britain**
6.25 **World of Sport**

10.00 River Monsters

6.45 **LIVE Snooker: Tour Championship** Jill Douglas presents coverage of the evening session on day seven from Manchester Central, featuring the conclusion of the final, played over the best of 19 frames. With analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, and commentary by David Hendon and Phil Yates.

10.00 **River Monsters** Jeremy Wade investigates a mystery sea monster in a remote lake in Malaysia.

11.00 **English Football League Highlights** Recent action.
12.30 AM **BattleBots**
1.25 **Minder** *Gone with the Winchester:* Rumours cause Arthur and Dave to fall out.
2.20 **Auto Mundial**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
7.00 **Most Haunted US**
8.00 **Teleshopping**
11.00 **Star Trek: Deep Space Nine** Five episodes, including at: **3.00** PM 19/26. Kai Winn has a crisis of faith. (S7)
4.00 **Stargate SG-1** 14/20. Jack risks it all to save Daniel when he is targeted. **5.00** 15/20. Bounty hunters target the team at a reunion. **6.00** 16/20. The team stage a bogus hostage situation to evade capture. (S10)

9.00 Rubikon

7.00 **Stargate SG-1** *Talion:* 17/20. The team are forced to decide between Teal'c and millions of lives.

8.00 **Stargate SG-1** *Family Ties:* 18/20. Vala's father tries to strike a deal with the team in exchange for sanctuary on Earth. (S10)

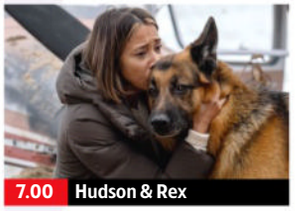
9.00 **FILM Rubikon** Sci-fi drama starring Julia Franz Richter. After a catastrophe on Earth, the crew inside a space station decide whether to get home and search for survivors or stay on board. (2022, 12, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Grimm** 17/22. Nick is anxious about having to be the best man at Monroe's wedding. **12.00** M'T 18/22. Nick's mother makes plans to deal with the Royals. **1.00** AM 19/22. Adalind asks Monroe and Rosalee for help.
2.00 **Grimm** 20&21/22. (S3)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **2.00** PM *The Fire in the Sky:* Kembleford comes under threat of an alien invasion. **3.00** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.
4.00 **Sherlock** 1/3. Holmes and Watson investigate a seemingly impossible suicide. (S1)
6.00 **Death in Paradise** 2/8. Guest stars Lucy Cohu. (S5)



7.00 Hudson & Rex

7.00 **Hudson & Rex** *Northern Rexposure:* 15/20. Jesse heads to Northern Ontario with Sarah and Rex to help his sister.

8.00 **Hudson & Rex** *Due North:* 16/20. Rex seeks help from Detective Sidney Scott to save his stranded and injured friends. (S5)

9.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A bus passenger is stabbed – but no one else saw it happen. (S8)

10.00 **Miss Scarlet** 5/6. Eliza explores the world of Victorian theatre, while finding herself growing closer to Blake. (S5)
11.00 **The Red King** 5/6. (S1)
12.00 M'T **My Life Is Murder** 10/10. A model's death at a fashion show sees Alexa facing off with a former model. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.35 AM **Open All Hours**
8.10 **Only Fools and Horses**
12.10 PM **Only Fools and Horses** Nine episodes, including at: **3.20** Del takes up cards in his latest bid to make a fortune. **4.00** Rodney tells a shocked Del that he has a girlfriend. **4.35** Del decorates the local Chinese restaurant. **5.15** The Trotters go on holiday. **6.00** Del launches his own chandelier-cleaning business. **6.35** Rodney starts going out with a policewoman.

9.00 Men Behaving Badly

7.15 **Only Fools and Horses** Del attempts to sell a pair of antique urns.
7.55 **Neil & Martin's Bon Voyage** The boys head out to fish for their supper off the coast of Biarritz, participate in a 'festival of corn' and travel to the peaks of the Pyrenees.

9.00 **Men Behaving Badly** Tony's efforts to make Deborah jealous meet with very little success. **9.40** Gary digs himself into a hole with a drunken proposal, and Tony spies on Deborah.
10.20 **Dad's Army** Walker is caught smuggling Italian PoWs out of camp at night, but far from being a traitor, he is furthering the war effort – and making some money.

11.00 **Only Fools and Horses**
2.15 AM **Men Behaving Badly**
3.20 **to 4.00** AM **Open All Hours**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Storage Hunters UK**
9.00 **World's Most Dangerous Roads** From Siberia.
10.00 **Speed with Guy Martin**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **James May's Cars of the People** The presenter explores the world of the microcar.
6.00 **Mediterranean with Simon Reeve** The journey concludes with visits to Morocco, Spain, Corsica and the French Riviera.

8.00 World's Most Dangerous...

7.00 **Speed with Guy Martin** The motorcycle racer makes a bold attempt to set a world speed record for a hovercraft.

8.00 **World's Most Dangerous Roads** New edition Alex Brooker and Ellie Taylor travel across Java. ■ Entire series on U

9.00 **Have I Got a Bit More News for You** Romesh Ranganathan guest hosts the quiz show, with Alice Levine and Grayson Perry.

10.00 **QI** With Jeremy Clarkson, Alexander Armstrong and John Sessions.
10.40 **Mock the Week** From June 2012.
11.20 **Mock the Week** With Carl Donnelly and Milton Jones.
12.00 M'T **Red Dwarf** Triple bill.
2.00 AM **Live at the Apollo** With Jen Brister and Adam Rowe.
3.00 **Gavin & Stacey**
3.30 **to 4.00** AM **Travel Man: 48 Hours in Lisbon**

+1 hour 211/212 327 74 259

7 PM **8 PM** **9 PM** **10 PM**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Kirstie and Phil's Love It or List It**
5.00 **A Place in the Sun: What Happened Next?**
8.00 **Bad Dog Academy** A team of expert trainers offer advice on dog management skills.
9.00 **Gogglebox** The armchair critics share their opinions on recent TV programmes.
10.00 **FILM Transporter 3** Thriller sequel starring Jason Statham and Natalya Rudakova. (2008, 15, 103min) ★★★
12.05 AM **FILM The Karate Kid: Part III** Martial arts sequel starring Ralph Macchio as a young karate champion. With Noriyuki 'Pat' Morita. (1989, PG, 111min) ★
2.20 **Gogglebox**
3.20 **Ancient Greece by Train with Alice Roberts**
4.25 **to 4.55** AM **Travel Man: 48 Hours in Rovaniemi**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
1.10 PM **Blue Bloods** (S3)
5.00 **NCIS** *Obsession:* 21/24. Tony is obsessed with finding a victim's sister. **6.00** *Borderland:* 22/24. The agents track down a serial killer. **7.00** *Patriot Down:* 23/24. An agent's body is found badly burned. **8.00** *Rule Fifty-One:* 24/24. Gibbs is held captive in Mexico. (S7)
9.00 **NCIS: Hawaii** *Prisoners' Dilemma:* 1/22. The team learn about plans for an attack in Oahu. (S2)
10.00 **Law & Order: Special Victims Unit** *American Dream:* 20/21. A Muslim family are targeted in a hate crime. (S18)
11.00 **Law & Order: Special Victims Unit** (S18)
1.50 AM **Law & Order** (S23)
2.50 **The Good Wife** (S2)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Shoplifters: Caught Red Handed**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Five episodes, including at: **7.00** A car thief manages to give Dicko the slip. **8.00** A dog handler finds a dangerous weapon. **9.00** Paul Jackson tries to stop a van driver who is causing havoc.
10.00 **Street Crime: Caught on Camera** Young people who commit crimes on the street.
11.00 **Making a Serial Killer** New edition The story of how Gary Michael Hilton became the National Forest Serial Killer.
12.00 M'T **Prodigal Son** (S1)
2.00 AM **GPs: Behind Closed Doors** Medical series.
2.50 **Casualty 24/7: Every Second Counts**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Car Pound Cops**
9.40 **Trucking Hell**
1.45 PM **Trucking Hell: Mega Rollovers**
2.50 **FILM Vengeance Valley** Action Western starring Burt Lancaster. (1951, PG, 83min) ★★
4.30 **FILM The Proud Rebel** Western drama starring Alan Ladd. (1958, b/w, U, 108min) ★★★
6.45 **FILM They Who Dare** World War Two drama starring Dirk Bogarde. (1953, U, 107min) ★★
9.00 **FILM Papillon** Prison drama starring Steve McQueen and Dustin Hoffman. (1973, 15, 150min) ★★★
12.05 AM **FILM 6 Bullets** Thriller starring Jean-Claude Van Damme. (2012, 15, 109min) ★★
2.25 **Trucking Hell**
3.20 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **My Family**
3.00 PM **Outnumbered** Six episodes, including at: **5.00** Pete finds himself being questioned about his SAS training. **5.40** Pete worries he might be out of a job. **6.20** Pete and Sue hold a dinner party.
7.00 **Inside the Ambulance** Loz and Dan are called out to 72-year-old Florence, who has agonising chest pain. **8.00** Medics attend a young woman who has had a fit in the street.
9.00 **Inside the Operating Theatre** Double bill.
11.00 **Brit Cops Down Under**
12.00 M'T **Emergency: First Time Medics**
1.00 AM **Amanda & Alan's Italian Job**
1.40 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **Hamish Macbeth**
8.00 **The Bill**
1.00 PM **Lark Rise to Candleford** Double bill.
3.40 **Catherine Cookson's The Gambling Man**
7.00 **Cranford** *June 1842:* 1/5. Adaptation of three Elizabeth Gaskell novels set in a Cheshire market town in the 1840s, starring Judi Dench. (S1)
8.00 **Sister Boniface Mysteries** *Dead Air:* 8/12. Sister Boniface investigates a shocking murder at a groovy pirate radio station. (S2)
9.00 **Silent Witness** *Redemption – Part One:* Nikki investigates a suspicious death in a high-security prison.
11.15 **Whitstable Pearl** (S2)
12.15 AM **The Marlow Murder Club**
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Sunday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From France.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** Help for a woman searching for her missing daughter. **8.00** Singer-songwriter KT Tunstall attempts to find her birth father.
9.00 **Dr Pimple Popper** A man has a massive growth on his back. **10.00** Inoke has a huge bulge on his shoulder. **11.00** A cowboy has a lump on his knee.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Friends Like These**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** From Whitchurch.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **Through the Keyhole**
4.00 **Friends Like These** Double bill of the game show in which teams of best friends battle it out to win a dream holiday.
6.00 **The Chase Celebrity Special** Featuring Dominic Brunt, Wayne Sleep, Ricky Tomlinson and Charlotte Hawkins.
7.00 **The Chase** Double bill of the quiz show.
9.00 **The Family Chase** The Colborne family from Basingstoke compete in the general knowledge game show.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Drama.
8.40 **The Battle of Britain**
9.55 **Wanted: Dead or Alive**
10.25 **FILM The Longest Drive** Western. (1976, PG) ★★
12.25 PM **FILM Von Ryan's Express** Drama. (1965, PG, 117min) ★★★★
2.55 **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
5.00 **FILM The Quick Gun** Western. (1964, PG) ★★
7.00 **FILM The Texican** Western adventure. (1966, PG, 91min) ★★
9.00 **FILM The War Lover** Melodrama. (1962, b/w, PG, 105min) ★★★
11.20 **FILM The Marine** Thriller. (2006, 15, 92min) ★★
1.20 AM **FILM Jetstream** Disaster movie. (2012, 12, 88min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Air Rescue**
9.30 **FILM Willed to Kill** Thriller. (2012, 12) ★★★
11.35 **FILM Fatal Flatline** Drama. (2020, PG) ★★
1.30 PM **FILM Star Trek The Motion Picture** Sci-fi adventure. (1979, U, 132min) ★★★
4.15 **FILM Star Trek II: The Wrath of Khan** Sci-fi adventure sequel. (1982, 12, 113min) ★★★★
6.40 **FILM The Jewel of the Nile** Adventure. (1985, PG, 104min) ★★★★
9.00 **FILM In the Line of Fire** Action thriller. (1993, 15, 127min) ★★★★
11.45 **FILM Tracker** Period action drama. (2010, 12, 101 min) ★★★
2.00 AM **FILM Bronson** Prison drama. (2009, 18, 92min) ★★★
4.00 **to 6.00** AM **FILM The Alleged Abduction** Mystery. (2019, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Secret Millionaire** Comedy. (2018, PG, 84min) ★★
10.00 **FILM 14 Love Letters** Drama. (2022, U) ★★
12.00 NOON **FILM Christmas in the Highlands** Comedy. (2019, PG) ★★
1.55 PM **FILM Once Upon a Holiday** Romantic drama. (2015, PG, 85min) ★★
4.05 **FILM A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
6.05 **FILM Royal New Year's Eve** Drama. (2017, U) ★★
8.00 **FILM Christmas with a Crown** Romantic drama. (2020, PG, 89min) ★★
10.00 **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
11.55 **FILM Love on Iceland** Comedy. (2020, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Flip That Romance** Drama. (2019, PG, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Flash Gordon**
6.25 **Roobarb**
6.30 **Flash Gordon**
6.55 **Roobarb**
7.00 **Flash Gordon**
7.25 **Roobarb**
7.30 **Watching** 4-8/9. (S4)
10.00 **Bewitched** (S1)
12.30 PM **That's My Dog**
1.00 **FILM A Stitch in Time** (1963, b/w, U) ★★★
2.45 **Auto Rewind**
3.00 **Hancock** 9/13. (S1)
3.30 **Tracing the Rails**
4.00 **Secrets of the Coast**
4.30 **Mitch** 1/10. (S1)
5.30 **The Zoo Gang** 1/6. (S1)
6.30 **Married... with Children**
9.00 **Police Woman** (S1)
10.00 **FILM The Medusa Touch** Horror. (1978, PG) ★★
12.00 M'T **Watching** (S4)
2.30 AM **Police Woman** (S1)
3.30 **Stereo Underground**
4.30 **Hancock** 9/13. (S1)
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **Secrets of the Coast**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **Expedition Bigfoot** The team are hot on the trail of Bigfoot, but a chilling new revelation about the creature may complicate the investigation. **8.00** The expedition takes a turn when a team member goes missing, and Bryce is baffled by strange lights on the security camera.
9.00 **Unexplained: Caught on Camera** Cases include a Canadian couple who were attacked at a mansion. **10.00** An urban explorer stumbles upon a strange graveyard séance in Peru.
11.00 **In Search of Monsters**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food: Best Of**
11.00 **James Martin's Favourite Feasts**
12.00 NOON **James Martin's French Adventure**
3.00 PM **The Great British Bake Off** Featuring biscuit-based challenges. **4.00** Classic patisserie confections are made. **5.00** The 2012 final. **6.00** A challenge to make a sandwich cake. **7.00** The contenders face bread-making tasks. **8.00** The contestants' dessert-making skills are put to the test.
9.00 **Ainsley's Good Mood Food** Ainsley Harriot celebrates food that gives people a boost. **10.00** Dishes made with fruits and berries. **11.00** Egg-based dishes. **12.00** M'T Featuring dishes that contain honey.
1.00 **to 3.00** AM **Cake Boss**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM The Ride to Hangman's Tree** Western. (1966, U) ★★
10.00 **Six Million Dollar Man**
3.00 PM **FILM Jet Pilot** Cold War drama. (1957, U) ★★
5.10 **FILM Frankenstein Created Woman** Horror starring Peter Cushing. (1966, 15, 95min) ★★★
7.00 **FILM Doomwatch** Ecological chiller starring Ian Bannen. (1972, 12, 92min) ★★★
9.00 **FILM Boiling Point** Action thriller starring Wesley Snipes. (1992, 15, 89min) ★★★
10.55 **FILM Lucky Number Slevin** Thriller starring Josh Hartnett. (2006, 18, 110min) ★★★
1.05 AM **FILM Drive Hard** Crime action thriller. (2014, 15, 92min) ★
3.00 **to 4.50** AM **FILM The Killers** Thriller. (1964, 15, 95min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
8.00 **FILM Shark Season** Thriller. (2020, PG) ★★
10.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
12.00 NOON **FILM Wild Horses** Western. (1985, PG, 95min) ★★
2.00 PM **FILM Monster Island** Sci-fi thriller starring Eric Roberts. (2019, PG, 90min) ★★
4.00 **Star Trek** 7-11/24. (S3)
9.00 **FILM The Mummy** Hammer horror starring Peter Cushing. (1959, PG, 88min) ★★★
10.50 **FILM Circus of Horrors** Horror with Anton Diffring and Donald Pleasence. (1960, 15, 91min) ★★
12.50 **to 3.00** AM **FILM The Devil's Own** Thriller. (1997, 15, 111min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Hardcore Pawn**
8.00 **Container Wars**
10.00 **The Proof Is Out There: Alien Edition**
11.00 **Alien Files: Unsealed**
12.00 NOON **Close Encounters**
1.00 PM **When Big Things Go Wrong** Six editions.
7.00 **Beyond Skinwalker Ranch** A trip to a site of ancient Native American petroglyphs.
8.00 **Curse of Skinwalker Ranch** Brandon Fugal reveals what drive him to purchase the ranch. **8.30** The investigation of the so-called Triangle on Skinwalker Ranch.
9.00 **Ancient Superstructures**
10.00 **Ghost Ships**
11.00 **Lost Relic Hunters**
12.00 M'T **Paranormal: Caught on Camera – Top 100**
2.00 AM **National Park Mysteries** Documentary.
3.00 **Encounter: UFO**
4.00 **to 6.00** AM **Mega Disasters**

5SELECT

153 166 138 46 133 30

9.00 AM **Shop Smart, Save Money** Washing-up liquid.
10.00 **Greggs: What's Really in It?** Documentary.
11.00 **Columbo** Four episodes.
7.00 PM **Columbo: A Bird in the Hand** Crime drama starring Peter Falk and Tyne Daly. A compulsive gambler with a mountain of debts plants a bomb under his wealthy uncle's car, but Columbo is soon on the case.
9.00 **Prince Andrew: Where Did All the Money Go?** An investigation into the Prince's finances.
10.30 **The Battle for Royal Lodge: Andrew vs Charles** The story of one of the royal family's most luxurious homes.
12.00 M'T **Sunken Warships: Secrets from the Deep**
2.00 AM **Nazi Megastructures: America's War**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions of the series in which people search for their ideal rural retreats.
7.00 **Escape to the Country** City-dwelling families, couples and individuals set out to find rural retreats with the help of a property expert.
8.00 **A Place in the Sun** Five editions of the property series featuring advice on buying a second home abroad.
1.00 AM **Bargain Mansions** An 1892 Craftsman-turned-apartment building is restored. **1.30** Floorboards are repurposed and turned into a porch swing.
2.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Reality series.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **7 Little Johnstons** The family adjust to their hectic lifestyle.
9.00 **Forbidden Love** Couples in love face one final hurdle in their relationship – religion.
10.00 **Love & Translation**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Friends** 4-13/25. (S6)
2.00 PM **FILM What About Bob?** Comedy. (1991, PG, 99min) ★★★★
4.00 **Friends** 14-20/25. (S6)
7.30 **Friends** 21/25. Ross meets Elizabeth's dad. **8.00** 22/25. Elizabeth and Ross sneak away to her grandmother's cabin. **8.30** 23/25. Rachel gets Paul to open up. (S6)
9.00 **Al Murray Live – Barrel of Fun** Stand-up show.
10.00 **FILM Sausage Party** Animated comedy. (2016, 15, 89min) ★★★
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **Friends** 15/25. (S6)
1.15 **Utopia** (S2)
1.50 **South Park** (S7&8)
4.10 **The Pep Talk**
4.15 **to 5.00** AM **Joel & Nish vs the World**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
2.00 PM **Friends** (S6)
4.00 **Criminally Funny**
7.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** 7/18. Ross discovers Rachel has an irrational fear of swings. **9.30** 9/18. Monica and Chandler go to Ohio to meet the mother of the baby they plan to adopt. **10.00** 10/18. Rachel and Phoebe spot Chandler with a blonde beauty and follow them to a house in the suburbs. **10.30** 12/18. The gang prepare to celebrate Phoebe and Mike's wedding. (S10)
11.10 **Friends** (S10&1)
2.10 **Impractical Jokers**
3.10 **The Daily Show**
5.05 **The Culture Capsule**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Highway Cops**
10.00 **Four Weddings**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **Fantasy Island**
7.00 **Manifest** *Tailfin:* 1/13. Ben and Vance go on an international mission. **8.00** *Deadhead:* 2/13. Ben enlists the help of an old rival in order to save an old friend. **9.00** *Wingman:* 3/13. Michaela gets terrible news while in active pursuit of criminals. **10.00** *Tailspin:* 4/13. Ben and Saanvi join forces with Vance in his newest venture. **11.00** *Water Landing:* 5/13. Michaela's premonition leads her to pursue a fugitive. (S3)
12.00 M'T **Motorway Patrol**
1.00 AM **A League of Their Own** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Fresh Out Live**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Wannabees**
3.00 **Catfish: Firsts**
4.00 **Catfish: The TV Show**
8.00 **Catfish: Teams** Deonn credits Lanise for making him a better man.
9.00 **Teen Mom: The Next Chapter** The fallout from Jade's intervention with Christy continues.
10.00 **Help! I'm in a Secret Relationship!** Rolando needs to know why Joshua is hiding him.
11.00 **Dating Naked UK**
12.00 M'T **The Challenge: All Stars** Reality series.
1.00 AM **True Life Crime UK**
2.20 **Ridiculousness**
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The rescue of a Tennessee homestead. **2.00** PM Marty Raney returns to the island of Kauai to find the Nash's homestead in peril. **4.00** A widow is overwhelmed by her family homestead.
6.00 **Border Control: Europe** In Brussels, a priest carrying large amounts of cash gets stopped and questioned. **6.30** In Frankfurt, undercover agents track down criminals active on the dark web.

7.00 Building Off the Grid

7.00 Building Off the Grid New edition A couple head to Arkansas with their kids to build a mountain getaway.

8.00 Building Off the Grid A pair of outdoorsmen build a cabin in Colorado. However, a setback threatens the project.

9.00 Marooned with Ed Stafford The explorer must navigate sharp rocks among the karst spires of Guangxi China.

10.00 Mega Shippers An oil rig needs offloading in Melbourne. Plus, a driver battles bad weather to deliver Christmas trees.

11.00 Alaska Mega Machines A rugged ship built to withstand tsunami-size waves.
12.00 M'T **Naked and Afraid** Three survivalists return to conquer 21 days in the jungle.
2.00 AM **Naked and Afraid**
4.30 to 5.00 AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Guardians of Rescue**
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a beloved German shepherd walk again. **5.00** A bloodhound puppy that refuses to eat is treated.
6.00 **Extinct or Alive** Forrest Galante travels to Zimbabwe after sightings of a lion thought to be extinct.

10.00 Alaska: The Last Frontier

7.00 Pit Bulls & Parolees When an aggressive dog is in danger of being put down, Tia heads to South Carolina to save him.

8.00 Crikey! It's the Irwins Robert handles a hostile wombat called Bunker, and it's moving day for an anaconda called Nikki.

9.00 Crikey! It's the Irwins A wallaby is severely injured, while Robert and Chandler go to pick up a new Komodo dragon.

10.00 Alaska: The Last Frontier Otto and Charlotte defend against the homestead's first attacks from predators.

11.00 Swimming with Monsters with Steve Backshall A look at hippopotamus behaviour.
12.00 M'T **Rugged Justice** A look at a law enforcement programme in Washington.
1.00 AM **The Last Alaskans**
2.00 Dr Jeff: Rocky Mountain Vet
4.00 to 5.00 AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
11.00 **Air Crash Investigation**
1.00 PM **Apocalypse: The Rise of Hitler** Double bill of editions.
3.00 **World War II: Secrets from Above** Uncovering Nazi secrets that reshape Europe.
4.00 **JFK: One Day in America** The assassination of the president, and the aftermath. **5.00** The race is on to find JFK's killer, who strikes again. **6.00** The world is shocked when Lee Harvey Oswald is shot dead in Dallas.

9.00 Oklahoma City Bombing

7.00 Mutant Weather The various types of air pollution being released as northern ice melts and carbon dioxide increases.

8.00 NEW SERIES Drain the Oceans: Deep Dive Examining the lengths criminals go to when smuggling illicit goods.

9.00 NEW SERIES Oklahoma City Bombing: One Day in America The deadliest act of domestic terrorism in US history.

10.00 Oklahoma City Bombing: One Day in America New edition The FBI try to find those responsible for the attack.

11.00 21st Century Sex Slaves Efforts to hunt down a notorious sex trafficking ring.
12.00 M'T **Air Crash Investigation**
2.00 AM **Abandoned** Double bill.
2.55 Food Factory USA
3.45 Money Meltdown
4.35 to 5.00 AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars Do America**
7.00 **Pawn Stars** Triple bill.
10.00 **Storage Wars** Eight editions.
2.00 PM **The UnBelievable with Dan Aykroyd**
3.00 **Digging Up Britain's Past** A lost garden planted in 1592. **4.00** One of Britain's best-preserved Roman sites.
5.00 **HMS Invincible: Digging Up Britain's Past** The history of the Royal Navy ship.
6.00 **Digging Up Britain's Past** Archaeologists conduct a dig at Auckland Castle.

9.00 Kursk: 10 Days That...

7.00 Digging Up Britain's Past A search for artefacts from the country's first superhighway – the Bridgewater Canal.

8.00 Digging Up Britain's Past A search for the remains of a World War stable at Catterick Garrison in Yorkshire.

9.00 Kursk: 10 Days That Shaped Putin Part one of two. An explosion onboard a submarine in the Barents Sea.

10.00 Kursk: 10 Days That Shaped Putin Part two of two. An examination of the submarine sinking that took place in 2000.

11.00 Container Wars Jason gets the inside track on a container. **11.30** Mo and Ty have an argument over the contents of a mysterious container.
12.00 M'T **Storage Wars**
4.00 AM **UFO Town** Documentary.
5.00 to 6.00 AM **Digging Up Britain's Past**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Retro Electro Workshop**
9.00 **Antiques Roadshow**
1.00 PM **Great Canal Journeys**
3.00 **Canal Boat Diaries** Exploring the English canal network. **3.30** A tunnel in Staffordshire proves to be problematic. **4.00** Marple to Huddersfield. **4.30** The Rochdale Canal. **5.00** A journey to Liverpool. **5.30** Shropshire Union Canal.
6.00 **Porridge** Tension mounts as the parole board gathers. **6.40** Godber does O-levels.

7.20 Porridge

7.20 Porridge Godber gets into a fight a week before his hearing where he could get released early.

8.00 Bangers & Cash Derek is off to Staffordshire to collect an unusual haul, including a mysterious Lion Omnibus Reliant.

9.00 Bangers & Cash A 1950s Chevy panel van and a low-mileage 1980s Brooklands Capri tempt Derek out of Yorkshire.

10.00 Bangers & Cash Office manager Sarah makes an attempt to bring some order to the auto memorabilia sale.

11.00 Masters of Reinvention The team reinvent a vintage DIY air raid shelter as a shed.
12.00 M'T **Repair Lot** The team bring an ex-rally Ford Cortina Mk1 and a Peugeot 306 GTi hot hatch car back to life.
1.00 to 3.00 AM **Cop Car Workshop**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Combat Dealers**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Salvage Hunters: The Restorers**
2.00 PM **The Repair Shop**
5.00 **Celebrity Yorkshire Auction House**
6.00 **The Yorkshire Auction House** A retired couple sell their toy collection.
7.00 **The Derbyshire Auction House** Military medals are unearthed.
8.00 **The Repair Shop** An old calculator is restored. **9.00** The team restore a 1970s electric go-kart. **10.00** The team repair a shattered gold ring. **11.00** Trying to fix an old school calculator.
12.00 M'T **Salvage Hunters: The Restorers**
2.00 AM **NASA's Unexplained Files**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
12.00 NOON **FBI Files**
3.00 PM **Disappeared**
7.00 **Disappeared** Examining the disappearance of Deanne Hastings. **8.00** A look at the case of 19-year-old Logan Schiendelman.
9.00 **Devil in the Ozarks** A vicious sexual assault shocks a small town.
10.00 **A Killer's Mistake** On Halloween, police discover the body of Ildiko Bettison in her Chessington home.
11.00 **999 Murderer Calling**
12.00 M'T **Michael Jackson: A Faking It Special**
1.00 AM **The Grindr Killer: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
6.05 PM **The Black Widow Murders** A man is found dead in a elderly woman's apartment.
7.00 **Forensic Factor** A look at how weapons are often the hallmark of violent crime. **8.00** How killers call on all the elements to cover up their crimes.
9.00 **NEW SERIES Cold Cases Reopened** A small community is left reeling as one of its locals is found dead.
10.00 **Banaz: An Honour Killing** The brutal killing of Banaz Mahmod.
11.00 **Cold Justice Sex Crimes** Double bill.
1.00 AM **Cold Cases Reopened** As 9.00pm.
2.00 **Jackie Malton: A Life in Crime**
3.00 **Murder in Paradise**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Written in Blood**
2.00 PM **Medical Detectives** Fog on the deadliest highway in America. **2.30** The death of a health-conscious woman. **3.00** The use of DNA in solving crime cases. **3.30** The murder of a young woman in 1984. **4.00** The use of science to solve major crimes. **4.30** A man is found hanging naked from a tree with 'FED' scrawled on his chest.
5.00 **Evidence of Evil** The case of a man found dead after stopping to help a stranded group in New York City.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 AM **Donal MacIntyre's Murder Files**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Rapid...**
10.00 **Stop, Search, Seize**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Mingzi Yang.
1.00 PM **How I Caught...**
2.00 **Love You to Death**
3.00 **Forensics: Catching the Killer** True-crime.
4.00 **Murdered at First Sight**
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **The Murder of Lyn Dawson: The Teacher, the Groomer, the Killer**
11.00 **What the Killer Did Next** Debbie Starbuck.
12.00 M'T **An Unexpected Killer** Documentary.
1.00 AM **Killer in My Village**
3.00 **The Force: North East**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Hunting the KGB Killers** Documentary.
6.55 **Hidden Killers of the Post-War Home**
8.00 **Grand Tours of Scotland**
8.40 **RAF at 100 with Ewan and Colin McGregor**
10.35 **Windermere Children...**
11.50 **Hunting the KGB Killers**
1.00 PM **Hidden Killers of the Post-War Home**
2.30 **Vikings: Rise and Fall**
5.35 **Windermere Children: In Their Own Words**
6.55 **RAF at 100 with Ewan and Colin McGregor**
8.50 **Hunting the KGB Killers**
10.00 **Hidden Killers of the Post-War Home**
11.20 **Grand Tours of Scotland**
12.00 M'T **Windermere...**
1.20 AM **Grand Tours of Scotland** Documentary.
2.00 **Vikings: Rise and Fall**
4.25 **Windermere Children: In Their Own Words**
5.30 **to 6.00** AM **Grand Tours of Scotland**

SUNDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Samuel L Jackson** A profile of the actor.
7.00 **Discovering: Nicolas Cage**
8.00 **The Directors** Don Siegel.
9.00 **Mama's Boy: A Story from Our Americas** The upbringing of Dustin Lance Black.
11.00 **Hurst: The First and Only**
12.45 PM **After the Bite**
2.30 **Being Mary Tyler Moore**
5.00 **Costa Concordia: Chronicle of a Disaster** Different accounts of the sinking of the cruise ship.
7.00 **FILM Touching the Void** Dramatised documentary based on the book by Joe Simpson, starring Brendan Mackey. (2003, 15, 106min) ★★★★★
9.00 **NEW Schmeichel** A profile of the former Manchester United goalkeeper Peter Schmeichel. *See feature, page 11.*
11.00 **The United Way** Exploring the story of Manchester United.
12.50 AM **The Lawman**
2.30 **FILM Busby** A profile of Matt Busby. (2019, PG, 102min) ★★★
4.30 **to 6.00** AM **Lionesses: How Football Came Home**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Strange Creatures**
9.00 **Wild Fighters**
11.00 **Dogs with Extraordinary Jobs**
2.00 PM **Accidental Wilderness: Europe's Everglades**
3.00 **Woodpeckers: The Hole Story**
4.00 **Cub Camp** New edition Following the summer cubs as they learn to forage for food.
5.00 **NEW SERIES Wild Sky** A look at the volatile weather above four different continents, beginning with Australia.
6.00 **Flying Monsters with David Attenborough** The pterosaur.
7.15 **Making David Attenborough's Flying Monsters** Documentary.
8.05 **Big Cats Small World** The lives of three rival species.
9.00 Leopard mum Sephiri chooses between her old family and her new cubs.
10.00 **Cub Camp** As 4.00pm.
11.00 **Wild Sky** Documentary.
12.00 M'T **Weird, Wild and Wonderful** Documentary.
1.00 AM **Dogs with Extraordinary Jobs** Triple bill of editions.
4.00 **to 6.00** AM **Big Cat Country**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Caesar's Doomsday War**
10.00 **Guns That Changed the Game**
11.00 **The Secret Nazi Expeditions**
12.00 NOON **What on Earth?**
3.00 PM **Ancient Aliens**
5.00 **WWII's Most Daring Raids**
6.00 **D-Day: 100 Days to Beat the Third Reich** Part one of two. The 100 days it took for the Allies to liberate Normandy.
7.00 Part two of two. The Allies' liberation of Normandy.
8.00 **Ancient Aliens** Ancient relics left hidden by extraterrestrials.
9.00 **Hitler's Handmaidens** 3/4. The women who trained Hitler in the methods of high society.
10.00 4/4. Adolf Hitler's lovers.
11.00 **Ancient Aliens** Whether alleged stargates have brought ancient aliens to Earth.
12.00 M'T Examining the belief that gifted children may have been born from ancient aliens.
1.00 AM As shown at 8.00pm.
2.00 **Inside the Tower of London**
4.00 **Caesar's Doomsday War**
5.00 **to 6.00** AM **Hitler's Coup 1923**

Crime+Investigation

156 142 133

6.00 AM **What the Killer Did Next**
8.00 **Crimes That Shook Britain**
10.00 **Murdertown**
11.00 **Jo Frost on Britain's Killer Kids**
1.00 PM **Green Eyed Killers**
3.00 **Homicide Squad: New Orleans**
6.00 **My Strange Arrest**
7.00 **When Missing Turns to Murder** The investigation into the disappearance and murder of Mark Cummings.
8.00 **Fatal Family Feuds** A woman is stabbed to death in at home.
9.00 **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
10.00 **A Perfect Scam** Exploring the world of scams and how con artists manipulate their victims.
11.00 **Homicide Squad: New Orleans** Travis Hobbs.
12.00 M'T **My Strange Arrest**
1.00 AM **Gypsy Rose: Life After Lock Up** Documentary.
2.00 **#Dead2Me** True-crime.
3.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Africa's Hidden Wonders**
11.00 **Wild Nordic** Double bill.
1.00 PM **Expedition Amazon**
2.00 **OceanXplorers**
3.30 **Trials of the Wild**
4.00 **Secrets of the Zoo: North Carolina** Double bill of editions.
6.00 **Critter Fixers: Country Vets** New edition The vets race against the clock to remove a toy from a dog's stomach.
7.00 **Secrets of Wild India: Kings of the Jungle** A look into footage of India's wildlife.
8.00 **Shark Alley** One of the biggest feeding frenzies on Earth.
9.00 **Incredible Animal Journeys** Animals embarking on ocean odysseys, from humpback whales to green turtles.
10.00 **Africa's Hunters** A leopard refuses to leave its mother.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Rebel Gold** Double bill.
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
3.00 PM **The Dino Hunters**
6.00 **Secrets Underground** A strange cave that freezes in summer and melts in winter.
7.00 Cutting-edge technology is used to try to reveal the resting place of an infamous pirate city that sank into the sea.
8.00 Rob Nelson and Stefan Burns explore a cave rumoured to house 100lb of gold, stashed away during the Gold Rush.
9.00 **A Crime to Remember** 7/8. The death of Eric Madison.
10.00 8/8. The case of teenager Betty Williams.
11.00 **The 1980s: The Deadliest Decade** The largest mass murder in recent Missouri history.
12.00 M'T **The Strangest UFO Stories of All Time**
1.00 AM **Paranormal Declassified**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **The Architecture the Railways Built** Seven editions.
4.00 PM **The Architecture the Railways Built** Tim Dunn explores Hull Paragon station.
5.00 **The Bill** *Loophole:* Loxton and Quinnan prank PC Young.
5.30 *Bottle:* Sgt Maitland is on the warpath and determined to knock the relief into shape.
6.00 *Samaritan:* A man is arrested after appearing to attack a patient who has absconded from hospital.
6.30 *Fear or Favour:* Brownlow's attempts to smooth things over come unstuck.
7.00 **Pointless** Double bill.
9.00 **The Porter** New episode 7/8. Zeke calls on an ally for help.
10.00 Series finale 8/8. Marlene tends to Fay. (S1)
11.15 **The Bill** Four episodes.
1.20 AM **Pointless** Double bill.
3.10 **The Porter** As 9.00pm.
4.00 **The Architecture the Railways Built** Double bill.
5.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Home Sweet Homicide**
10.00 **American Detective with Lt Joe Kenda** Double bill.
12.00 NOON **Faking It: Tears of a Crime** Double bill of editions.
2.00 PM **Forbidden: Dying for Love**
4.00 **Dark Waters: Murder in the Deep** Double bill of editions.
6.00 **In Pursuit with John Walsh** A man who allegedly stabbed a fellow student to death.
7.00 The cases of Salvador Garcia Jr and Brian Freeman.
8.00 **Faking It: Tears of a Crime** A look into the crimes of Paralympian Oscar Pistorius.
9.00 **Crime Scene Confidential** CSI Alina Burroughs digs into the murder of Kim Ancona and considers whether a bite mark is enough to prove murder.
10.00 **Homicide Hunter: Devil in the Mountains** Following Lt Joe Kenda as he looks for a killer.
12.00 M'T **Does Murder Sleep?**
2.00 AM **Twisted Sisters**
4.00 **to 6.00** AM **Someone You Thought You Knew**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **JDM Legends**
12.00 NOON **Richard Hammond's Workshop** The Cogs restore a new car for a live audience.
1.00 PM **Planes That Never Flew**
5.00 **Lucky!** Bernie Ecclestone recalls a golden age of driving legends and high-speed racing.
6.00 The most glamorous era of Formula 1, with jet-set drivers and iconic teams.
7.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 that may not be all it seems.
8.00 Mike finds a motoring icon, a 1976 Land Rover Series III.
9.00 Edd and Mike set the challenge to find the ultimate bug-out vehicle.
10.00 Mike purchases an old Range Rover Mk3.
11.00 Repairing a bargain Range Rover P38 for auction.
12.00 M'T Sprucing up a Land Rover Defender for £5,000.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **PREMIERE My Penguin Friend** As shown at 6.15pm.
8.05 **Despicable Me 4** As 4.30pm.
9.45 **Borat Subsequent Moviefilm** Comedy sequel. (2020, 15) ★
11.30 **Horizon: An American Saga – Chapter 1** (2024) ★★★★
2.30 PM **Coming 2 America** (2021)
4.30 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
6.15 **PREMIERE My Penguin Friend** Drama. (2024, PG) ★★★★ *See review, page 23.*

6.15 My Penguin Friend

8.00 It Ends with Us Drama based on the bestselling novel, starring Blake Lively and Justin Baldoni. A woman's abusive relationship is shaken after her first love reappears. With Hasan Minhaj. (2024, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

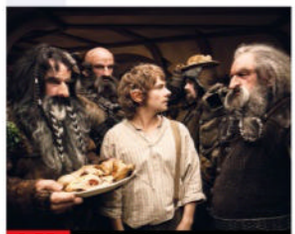
10.15 Cuckoo Horror starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Babes** Comedy starring Ilana Glazer and Michelle Buteau. (2024, 15, 104min)
1.50 **The Wasp** Thriller with Naomie Harris and Natalie Dormer. (2024, 15, 96min) ★★★★
3.30 **Cuckoo** As shown at 10.15pm.
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema The Hobbit

303 303 403 503 517

6.50 AM **The Hobbit: An Unexpected Journey** (2012)
9.40 **The Hobbit: The Desolation of Smaug** As 5.45pm.
12.25 PM **The Hobbit: The Battle of the Five Armies** (2014)
2.55 **The Hobbit: An Unexpected Journey** As 11.00pm.
5.45 **The Hobbit: The Desolation of Smaug** Fantasy adventure sequel starring Martin Freeman and Ian McKellen. (2013, 12, 161min) ★★★★



2.55 The Hobbit

8.30 The Hobbit: The Battle of the Five Armies Fantasy adventure sequel starring Martin Freeman and Richard Armitage. Dwarf king Thorin reclaims control of his homeland, but his descent into madness places him on the brink of war with his human and elven allies. With Evangeline Lilly and Ian McKellen. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 The Hobbit: An Unexpected Journey Fantasy adventure starring Martin Freeman and Ian McKellen. Bilbo Baggins joins a company of dwarves on a perilous quest. (2012, 12, 165min) ★★★
1.55 AM **The Hobbit: The Desolation of Smaug** (2013)
4.50 **The Cinema List: Black British Actors**
5.15 **to 7.55** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Drama

310 310 410 510 524

6.30 AM **Hemingway & Gellhorn**
9.10 **Footloose** Dance drama. (1984, 12, 107min) ★★★
11.05 **Freud's Last Session** (2023)
1.00 PM **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
2.40 **Bob Marley: One Love** Drama. (2023, 12, 104min) ★★★
4.35 **Elizabeth: Golden Age** Drama sequel starring Cate Blanchett. (2007, 12, 114min) ★★★
6.35 **The Man with the Answers** Drama with Vasilis Magouliotis. (2021, 12, 80min) ★★★★
8.00 **One Life** Drama starring Anthony Hopkins. Months before World War Two, a stockbroker attempts to rescue children from Czechoslovakia. (2023, 12, 105min) ★★★★
10.00 **Freud's Last Session** Drama starring Anthony Hopkins and Matthew Goode. Freud invites CS Lewis to debate the existence of God. (2023, 12, 109min) ★★
12.00 M'T **Hemingway & Gellhorn** Fact-based drama starring Clive Owen and Nicole Kidman. (2012, 15, 155min) ★★★
2.45 AM **The Man with the Answers**
4.20 **to 6.10** AM **Five Easy Pieces** Drama starring Jack Nicholson. (1970, 15, 98min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.30 AM **There's Something in the Barn** As shown at 2.10am.
9.20 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
10.55 **Insidious: The Red Door** Horror sequel starring Patrick Wilson. (2023, 15, 107min) ★★
12.50 PM **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
2.30 **Passengers** Sci-fi action drama. (2016, 12, 116min) ★★★
4.35 **The Crazies** Horror thriller starring Timothy Olyphant. (2010, 15, 101min) ★★★★
6.25 **The Purge** Horror thriller starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★
8.00 **War of the Worlds** Steven Spielberg's sci-fi adventure starring Tom Cruise, Dakota Fanning and Justin Chatwin. (2005, 12, 116min) ★★★★
10.05 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★
12.15 AM **Dorian Gray** Gothic horror. (2009, 15, 112min) ★★★
2.10 **There's Something in the Barn** Horror. (2023, 15, 100min) ★★
4.00 **Dashcam** Horror starring Annie Hardy. (2021, 18, 80min) ★★★
5.30 **to 7.25** AM **Turn Me On** Fantasy. (2024, 15, 99min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

6.00 AM **Fantastic Beasts and Where to Find Them** (2016)
8.15 **Fantastic Beasts: Crimes of Grindelwald** (2018) ★★★★
10.35 **Fantastic Beasts: Secrets of Dumbledore** (2022, 12) ★★★
1.00 PM **Harry Potter and the Philosopher's Stone** (2001)
3.35 **Harry Potter and the Chamber of Secrets** (2002)
6.20 **Harry Potter and the Prisoner of Azkaban** Fantasy sequel. (2004, PG) ★★★★★

8.45 ...the Goblet of Fire

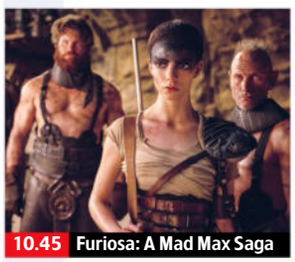
8.45 **Harry Potter and the Goblet of Fire** Fantasy adventure based on JK Rowling's bestselling book, starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry Potter faces the perils of the Triwizard Tournament in his fourth year at Hogwarts. With Robbie Coltrane, Alan Rickman, Maggie Smith and Michael Gambon. (2005, 12, 157min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Harry Potter and the Order of the Phoenix** Fantasy adventure sequel with Daniel Radcliffe and Rupert Grint. (2007, 12, 132min) ★★★★
1.45 AM **Harry Potter and the Half-Blood Prince** Fantasy sequel starring Emma Watson. (2009, 12, 153min) ★★★★★
4.25 **to 7.00** AM **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure sequel. (2010, 12, 146min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.40 AM **One Shot** Action thriller. (2021, 15, 96min) ★★
9.25 **The Cinema List: Westerns**
9.45 **Iron Monkey** As 3.00am.
11.25 **Furiosa: A Mad Max Saga**
1.55 PM **Charlie's Angels** Comedy. (2000, 15, 97min) ★★★★
3.40 **Charlie's Angels: Full Throttle** Action comedy thriller sequel. (2003, 12, 106min) ★★
5.35 **Aquaman** Fantasy adventure starring Jason Momoa. (2018, 12, 143min) ★★★



10.45 Furiosa: A Mad Max Saga

8.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell. (2023, 12, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Jackie Chan's Police Story** Martial arts comedy. (1985, 15, 98min) ★★★★
3.00 **Iron Monkey** Chinese thriller with Rongguang Yu. Subtitled. (1993, 12, 90min) ★★★
4.35 **to 6.50** AM **Hellboy** Horror. (2004, 12, 122min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Strays** Comedy. (2023, 15, 93min) ★★★★
8.35 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
10.35 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
12.15 PM **Ferris Bueller's Day Off**
2.05 **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
3.45 **Parenthood** As 11.50pm.
5.55 **Baywatch** Action comedy starring Dwayne Johnson. (2017, 15, 121min) ★★

5.55 Baywatch

8.00 **Scott Pilgrim vs. the World** Comic-book comedy starring Michael Cera and Mary Elizabeth Winstead. A geeky young musician must defeat his cool new girlfriend's seven evil exes before he can win her heart. (2010, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Seven Psychopaths** Comedy thriller starring Colin Farrell. A Hollywood screenwriter gets caught up in murderous mayhem after his friend kidnaps a mobster's prized dog. (2012, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Parenthood** Comedy drama starring Mary Steenburgen. (1989, 15, 124min) ★★★★
1.55 AM **Ferris Bueller's Day Off** Comedy starring Matthew Broderick and Jennifer Grey. (1986, 12, 103min) ★★★★
3.45 **to 6.20** AM **Avanti!** Comedy. (1972, 15, 144min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **The Saint** As 12.25am.
8.30 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
10.10 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
12.20 PM **Ocean's Twelve** Thriller sequel. (2004, 12) ★★★★
2.40 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
4.50 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
6.35 **Head Count** Crime thriller. (2023, 15, 77min) ★★★

6.35 Head Count

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Al Pacino and Ellen Barkin. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Bikeriders** Drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a gang. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Saint** Thriller starring Val Kilmer and Elisabeth Shue. (1997, 12, 116min) ★★★
2.30 **Caddo Lake** Thriller with Dylan O'Brien and Eliza Scanlen. (2024, 12, 99min) ★★★
4.25 **to 6.00** AM **Head Count**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sword of Sherwood Forest** Robin Hood adventure. (1961, U, 80min) ★★★
12.40 PM **Ron's Gone Wrong** Animated family comedy. (2021, PG, 107min) ★★★★
2.50 **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★
5.50 **Transformers: Age of Extinction** Adventure sequel. (2014, 12, 166min) ★★★

9.00 Let Him Go

Transformers: Age of Extinction (film started at 5.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Let Him Go** Crime drama starring Diane Lane, Kevin Costner and Kayli Carter. A retired sheriff and his wife, grieving over the death of their son, set out to find their only grandson. With Lesley Manville. (2020, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Desperado** Thriller starring Antonio Banderas and Salma Hayek. A stranger arrives in a small Mexican town to avenge his girlfriend's death. (1995, 18, 105min) ★★★
1.20 **to 3.40** AM **Weathering With You** Japanese animated fantasy featuring the voice of Kotaro Daigo. Subtitled. (2019, 12, 112min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

6.00 AM **The Cinema List**
6.15 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
7.50 **Antz** (1998, PG) ★★★
9.20 **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★
11.00 **Despicable Me 4** As 8.00pm.
12.40 PM **Journey 2: The Mysterious Island** Fantasy. (2012, PG) ★★★

2.20 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
4.15 **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG, 99min) ★★★★
6.00 **Sing** Animated comedy with the voice of Matthew McConaughey. (2016, U, 108min) ★★★
8.00 **Despicable Me 4** Animated sequel with the voice of Steve Carell. (2024, U, 94min) ★★★
9.45 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★

11.55 **The Huntsman: Winter's War** Fantasy. (2016, 12, 114min) ★★★
1.55 AM **Knights of the Zodiac** Fantasy. (2023, 12, 112min) ★★
3.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
5.30 **to 7.15** AM **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **I'm All Right, Jack** (1959)
9.20 **Twins** As shown at 6.10pm.
11.10 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
12.55 PM **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
2.35 **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
4.15 **Junior** As shown at 11.20pm.
6.10 **Twins** Action comedy. (1988, PG, 107min) ★★★

8.00 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a wacky Miami private detective who specialises in tracking down lost pets. With Courteney Cox and Sean Young. (1993, 12, 86min) ★★★★
9.35 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey as pet detective Ace Ventura, here searching for a sacred white bat in Africa. With Ian McNeice and Simon Callow. (1995, PG, 89min) ★★★

11.20 **Junior** Comedy drama. (1994, PG, 110min) ★★★
1.25 AM **The Ladykillers** Comedy. (1955, U, 97min) ★★★★★
3.10 **I'm All Right, Jack** Comedy. (1959, b/w, U, 105min) ★★★
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Madagascar** As 7.30pm.
9.00 **Madagascar: Escape 2 Africa**
10.45 **Home** Animated adventure. (2014, U, 94min) ★★★
12.35 PM **Despicable Me** Animated family comedy adventure. (2010, U, 94min) ★★★★
2.20 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★

5.40 **The Lego Batman Movie** Animated action comedy. (2017, U, 104min) ★★★★
7.30 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
9.05 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
10.40 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
12.30 AM **The Canterville Ghost** Animated family adventure. (2023, PG, 89min) ★★

2.10 **Mia and Me: The Hero of Centopia** Animated adventure. (2022, U, 85min) ★★★
3.50 **Curious George** Animated adventure with the voice of Will Ferrell. (2006, U, 87min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **A Very Venice Romance** Comedy. (2023, PG, 84min) ★★
9.00 **The Wedding Cottage** Comedy. (2023, PG, 84min) ★★
11.00 **Rip in Time** Romantic drama. (2022, PG, 84min) ★★
1.00 PM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **PREMIERE** **A Match in Manhattan** Romantic drama. (2024, PG, 90min) ★★

5.00 **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
7.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. A movie star flees the worst day of her life after an encounter with a stranger running from her past. (2022, PG, 102min) ★★
9.00 **Romantic Rewrite** Romantic comedy starring Kristina Cole. A book editor who specialises in romance helps a mystery writer incorporate a love story into his book. (2022, PG, 82min) ★★

11.00 **The Proposal Spot** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
3.00 **to 5.00** AM **Cut, Color, Murder** Mystery. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Scarlet Thread** Drama. (1951, b/w, PG, 85min) ★★
7.30 **Dick Barton At Bay** Adventure. (1950, b/w, U, 68min) ★★
8.50 **What's On TPTV with Noel**
9.05 **The Big Job** (1965, b/w, U) ★★
10.50 **Look at Life** Documentary.
11.05 **The Beverly Hillbillies** (S1)
11.40 **Cinebox Memories**
11.45 **Village of the Giants** Fantasy musical. (1965, PG, 81min) ★

1.25 PM **Batman** 11/60. (S2)
2.00 **Bandido!** Action adventure. (1956, PG, 92min) ★★
3.50 **Look at Life** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Train of Events** Comedy drama. (1949, b/w, PG, 85min) ★★★
7.45 **Look at Life** Documentary.
8.00 **Gideon's Way** 14/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Budgie** 8/13. (S1)

11.00 **Heavens Above!** Comedy. (1963, b/w, PG, 118min) ★★★
1.20 AM **The Heritage Chart Show**
2.25 **The Old Barn Dance** Western. (1938, b/w, U, 60min) ★★
3.40 **Action Stations** (1956, PG) ★★
4.45 **The Texan** 23/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

5.55 AM **LIVE Formula 1** Coverage of the Japanese Grand Prix, the third round of the season staged at Suzuka Circuit in Suzuka City, Japan. Start-time is at **6.00am**.
8.00 **Formula 1** Reaction and analysis from the Japanese Grand Prix.
9.00 **Ted's Notebook**
9.30 **Formula 1** Japanese Grand Prix.
10.30 **Super Sunday Matchday**
11.00 **LIVE SPFL St Johnstone v Celtic.** Coverage of the Scottish Premiership match at McDiarmid Park. Kick-off is at **12.00noon**.
1.00 PM **LIVE Super Sunday Fulham v Liverpool.** Coverage of the Premier League match at Craven Cottage. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Manchester United v Manchester City.** Coverage of the Premier League match from Old Trafford. Kick-off **4.30pm**.
7.30 **LIVE PGA Tour Golf** Coverage of day four of the Valero Texas Open from TPC San Antonio.
11.00 **LIVE LPGA Tour Golf** Coverage of the fifth and final day of the T-Mobile Match Play staged at Shadow Creek in Las Vegas.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM **LIVE Super Sunday Fulham v Liverpool.** Coverage of the Premier League match staged at Craven Cottage, as the visitors look for three vital points on the road in their quest for the title. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Manchester United v Manchester City.** Coverage of the Premier League match from Old Trafford. The reverse fixture in December saw Bruno Fernandes and Amad Diallo score late goals to turn the game on its head, as the Red Devils came from a goal down to win 2-1 at the Etihad Stadium. Kick-off is at **4.30pm**.
7.30 **Gary Neville's Soccerbox**
8.00 **Premier League Stories**
8.30 **Premier League Highlights** Ipswich Town v Wolves.
9.00 West Ham v Bournemouth.
9.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **LIVE SPFL St Johnstone v Celtic.** Coverage of the Scottish Premiership match staged at McDiarmid Park. These two sides have met twice in the league so far and both games have seen the visitors come away with wins. Kick-off **12.00noon**.
2.30 PM **LIVE Bundesliga FC St. Pauli v Borussia Monchengladbach.** The German top-flight match from Millerntor-Stadion. Kick-off is at **2.30pm**.
4.30 **LIVE Bundesliga FC Union Berlin v VfL Wolfsburg.** Coverage of the German top-flight match from Stadion An der Alten Försterei. Kick-off **4.30pm**.
6.30 **SPFL** St Johnstone v Celtic.
8.30 **EFL Highlights** Championship.
9.30 **SPFL Highlights**
9.45 **EFL Highlights**
11.00 **SPFL Highlights**
11.15 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **EFL Rivalries**
2.30 **EFL Greatest Games**
4.00 **EFL Cup** The 2017 final.
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Highlights from India.
10.50 **LIVE IPL Kolkata Knight Riders v Lucknow Super Giants.** Coverage of the T20 match at Eden Gardens. The hosts won this meeting last season when they came away with an eight-wicket victory. The Super Giants made 161-7 in their 20 overs, with Nicholas Pooran top-scoring with 45 from 32 balls and Mitchell Starc taking 3-28 in his four overs for Kolkata. In their reply the hosts chased down their target with 26 balls to spare, as England's Phil Salt led the way with 89 not out.
3.00 PM **LIVE IPL Sunrisers Hyderabad v Gujarat Titans.** Coverage of the match at Rajiv Gandhi International Stadium, Hyderabad. These two sides met once last year with Gujarat coming away with a relatively comfortable seven-wicket victory.
7.00 **Ashes Greats** Action from 2001.
7.30 **Best of ICC WT20**
8.00 **IPL** Recent highlights from India.
1.00 AM **IPL** A replay of Lucknow Super Giants v Mumbai Indians.
5.10 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf's Greatest Holes**
6.30 **Women's Golf** Highlights.
9.30 **LPGA Tour Golf**
11.30 **Golf's Greatest Holes**
12.00 NOON **LIVE Ladies European Tour Golf** Coverage of the fourth and final day of the Joburg Ladies Open at Modderfontein Golf Club.
3.00 PM **LIVE Golf** Coverage of the Augusta Drive Chip & Putt National finals at Augusta National.
6.00 **LIVE PGA Tour Golf** Coverage of day four of the Valero Texas Open from TPC San Antonio.
11.00 **LIVE LPGA Tour Golf** The fifth and final day of the T-Mobile Match Play from Shadow Creek.
2.00 AM **Asian Tour Golf**
3.00 **Golf Academy** Expert tips.
4.00 **PGA Tour Golf** Texas Open.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA Tennis** Miami Open.
7.00 **ATP Tennis** Monte-Carlo Masters.
8.00 **WTA & ATP Tennis**
12.00 NOON **LIVE ATP Tennis** The Bucharest Open final in Romania.
2.00 PM **LIVE ATP Tennis** The first day of the Monte-Carlo Masters.
3.00 **LIVE ATP Tennis** Coverage of the Marrakech Open final.
5.00 **LIVE ATP Tennis** Continued coverage of day one of the Monte-Carlo Masters in Monaco.
6.00 **LIVE WTA Tennis** Coverage of the Bogota Open final in Colombia.
8.00 **LIVE WTA Tennis** Coverage of the Charleston Open final.
9.30 **LIVE ATP Tennis** Coverage of the US Men's Clay Court Championship final at River Oaks Country Club in Houston, Texas.
11.00 **Bitesize Tennis** Highlights.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **NBA on Fire**
6.30 **UEFA Champions League Magazine** News and updates.
7.00 **Premier League**
8.30 **Premier League: Big Interview**
9.00 **LIVE Cycling** Coverage of the men's Tour of Flanders in Belgium.
4.00 PM **LIVE Cycling** Coverage of the women's Tour of Flanders one-day race from Belgium.
5.15 **LIVE UCI Mountain Bike World Series** The women's XCO Olympic elite race in Araxa, Brazil.
7.15 **Playing For Our Future**
7.30 **LIVE Serie A AS Roma v Juventus.** Coverage of the Italian top-flight match staged at Stadio Olimpico. Kick-off is at **7.45pm**.
9.45 **UEFA Champions League Magazine** News and updates.
10.15 **Cycling** Tour of Flanders.
11.15 **The Breakaway**
11.45 **Superbike Rewind**
12.00 M'T **LIVE MLB Boston Red Sox v St Louis Cardinals.** Coverage of the inter-league match from Fenway Park. Start-time **12.10am**.
3.15 AM **NBA Action** Highlights.
3.45 **NBA on Fire** The latest news.
4.15 **TNT Sports Cricket Reload**
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE AFL Port Adelaide Power v St Kilda Saints.** Coverage of the game at Adelaide Oval. Bounce-up is at **6.20am**.
9.00 **LIVE AFL Fremantle Dockers v Western Bulldogs.** Coverage of the match from Optus Stadium in Perth. Bounce-up is at **8.10am**.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **UEFA Champions League Magazine**
12.30 PM **Supertri E World Triathlon**
1.30 **TNT Sports Reload**
1.45 **LIVE Cycling** The women's Tour of Flanders from Belgium.
5.30 **UEFA Champions League**
6.00 **MLB: Off the Bat**
6.30 **LIVE MLB Philadelphia Phillies v Los Angeles Dodgers.** The National League match at Citizens Bank Park. Start-time **6.35pm**.
9.45 **TNT Sports Reload**
10.00 **LIVE Curling World Championship** Coverage of the final from Temple Gardens Centre.
1.00 AM **AFL** Giants v Eagles.
3.00 **Cycling** Tour of Flanders.
4.00 **The Breakaway**
4.30 **Cycling** Tour of Flanders.
5.30 **to 6.00** AM **The Breakaway**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League**
8.45 **My Icon** Sporting influences.
9.15 **LIVE NRL Canterbury Bulldogs v Newcastle Knights.** Coverage of the match from the fifth round of fixtures at Accor Stadium, Sydney. Kick-off **9.15am**.
11.15 **Fight Night International**
2.15 PM **Canvas: Viddal Riley**
2.30 **My Icon** Sporting influences.
3.00 **Fight Night International** Another chance to see Richard Torrez Jr v Guido Vianello.
4.00 **NCAA Basketball** Action from the men's March Madness semi-finals at Alamodome in Texas.
8.00 **LIVE NCAA Basketball** Coverage of the women's March Madness final staged at Amalie Arena in Tampa, Florida.
10.30 **Fight Night International** Another chance to see Richard Torrez Jr v Guido Vianello.
11.30 **Super League** Another chance to see Castleford Tigers v Hull FC staged at Mend-a-Hose Jungle.
2.15 AM **Top Rank Boxing Archive**
4.45 **Super League** Highlights from Wigan Warriors v Hull Kingston Rovers in the 2024 Grand Final.
5.45 **to 6.00** AM **My Icon**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
2.00 PM **LIVE ATP Tennis** Coverage of day one of the Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club.
6.00 **Sky Sports News**
7.30 **LIVE WTA Tennis** Coverage of the final of the Charleston Open, a clay-court tournament staged at Family Circle Tennis Centre. Last year's final was a one-sided affair, as American Danielle Collins claimed a 6-2, 6-1 victory over Russia's Daria Kasatkina, giving her a second tournament victory in two weeks, and the fourth of her career overall.
9.00 **LIVE ATP Tennis** Coverage of the US Men's Clay Court Championship final staged at River Oaks Country Club in Houston, Texas. Ben Shelton claimed the second title of his career, and a first on clay, by beating then reigning champion Frances Tiafoe 7-5, 4-6, 6-3 in last year's final.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Highlights from India.
8.00 **Fight Night International**
9.00 **State of Origin Rugby League**
9.15 **Top Rank Boxing Archive**
10.30 **Fight Night International**
11.30 **Asian Tour Golf** Highlights.
12.30 PM **State of Origin**
1.00 **LIVE Golf** Coverage of the Augusta Drive Chip & Putt National finals at Augusta National.
6.00 **Premier League Darts**
10.00 **Formula 1** Japanese Grand Prix.
11.00 **State of Origin Rugby League**
11.30 **Fight Night International**
12.30 AM **IPL** Highlights from India.
2.30 **PL Greatest Games**
3.00 **EFL Greatest Games**
4.00 **PDC Classics** Archive action.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE HSBC SVNS** Coverage from National Stadium, Singapore.
10.45 **TNT Sports Reload**
11.00 **LIVE HSBC SVNS** The second day of the sixth round of the season from National Stadium.
1.15 PM **TNT Sports Reload**
1.30 **NBA** Highlights and features.
4.00 **LIVE Snowboarding** The SBX competition in Mont Sainte Anne.
5.30 **Supertri E World Triathlon Championship** From London.
6.30 **NBA** Highlights and features.
8.30 **LIVE Grand Slam Track Athletics** Coverage of the first slam event at Independence Park.
10.30 **TNT Sports Reload**
10.45 **European Football Special**
11.30 **Isuzu UTE A-League**
12.30 AM **Women's Cycling**
1.30 **The Breakaway**
2.00 **Mountain Biking** From Araxa.
3.00 **Serie A** AS Roma v Juventus.
4.00 **One Day International Cricket**
5.00 **to 6.00** AM **Triathlon**

TNT Sports 4

414 416 524 411 434

7.00 AM **The Ultimate Cycling Show**
8.00 **LIVE T100 Triathlon World Tour** Coverage from Singapore.
12.00 NOON **LIVE Motocross World Championship** The MX2 and MXGP first races in Riola Sardo.
2.00 PM **MLB Highlights**
3.00 **LIVE Motocross World Championship** In Riola Sardo.
5.00 **LIVE UCI Mountain Bike World Series** The women's XCO Olympic elite race in Araxa, Brazil.
7.15 **LIVE UCI Mountain Bike World Series** The men's XCO Olympic elite race in Araxa, Brazil.
9.15 **LIVE NBA Oklahoma City Thunder v Los Angeles Lakers.** The Western Conference match at Paycom Centre. Tip-off **8.30pm**.
11.00 **Tom Aspinall's Fight Lab**
11.30 **UFC** Emmett v Murphy.
2.30 AM **Tom Aspinall's Fight Lab**
3.00 **UFC Reloaded**
5.30 **to 6.00** AM **Tom Aspinall's Fight Lab**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **NASCAR Highlights**
8.00 **Champions Cup**
12.00 NOON **LIVE Champions Cup Bordeaux v Ulster.** The last-16 match staged at Stade Chaban-Delmas. Kick-off is at **12.30pm**.
2.30 PM **LIVE Champions Cup Toulouse v Sale Sharks.** The last-16 match staged at Stadium de Toulouse. Kick-off **3.00pm**.
5.30 **Bike World** Magazine.
6.00 **LIVE NASCAR** The Goodyear 400, the latest round of the season at Darlington Speedway in Darlington, South Carolina.
11.00 **NHL on the Fly** The latest news.
12.00 M'T **LIVE NHL Ice Hockey Nashville Predators v Montreal Canadiens.** The inter-conference match staged at Bridgestone Arena. Face-off is at **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Champions Cup**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Africa Eco Race**
10.00 **Champions Cup**
12.00 NOON **LaLiga** A match replay.
2.00 PM **LIVE SPFL Hearts v Dundee United.** Coverage of the Scottish Premiership match from Tynecastle. Kick-off **2.30pm**.
5.00 **LaLiga Match Highlights** Action from Barcelona v Girona.
5.10 **LaLiga Specials**
5.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
7.30 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.00 **LaLiga Specials**
10.30 **NHL: This is Hockey**
11.00 **LIVE NHL Ice Hockey Buffalo Sabres v Boston Bruins.** Coverage of the Eastern Conference match from KeyBank Centre. Face-off is at **11.00pm**.
2.00 AM **Africa Eco Race**
3.00 **NHL Ice Hockey**
5.00 **to 6.00** AM **NHL: This is Hockey**

Sky Sports F1

406 406 516 506 424 444

5.55 AM **LIVE Formula 1** Coverage of the Japanese Grand Prix, the third round of the season staged at Suzuka Circuit in Suzuka City.
9.00 **Ted's Notebook**
9.30 **Formula 1** Japanese Grand Prix.
1.00 PM **Ted's Notebook**
1.30 **Russell & the Typhoons**
1.45 **Eddie Jordan: In Memoriam**
1.55 **Piastri Drawing**
2.00 **Formula 1** Action from Japan.
6.30 **Ted's Notebook**
7.00 **Formula 1** Japanese Grand Prix.
8.00 **Ted's Notebook**
8.30 **British GT Championship**
11.00 **Formula 1** Japanese Grand Prix.
12.00 M'T **Ted's Notebook**
12.30 AM **F1 Academy: Weekend Wrapped** Chinese Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

7 April

Evening Planner

Drama

Reunion
BBC1, 9pm (box set, BBC iPlayer)
Matthew Gurney stars as a deaf man who is desperate to right his wrongs after his release from prison, in this thriller.

Drama

The White Lotus
Sky Atlantic, 9pm
As our stay at the White Lotus draws to an end, Jaclyn (above), Laurie and Kate are forced to reassess their friendship.

Documentary

Simon Schama: The Road to Auschwitz
BBC2, 9pm
In this unflinching one-off, the historian looks at the enormity of the Holocaust.

Documentary

What They Found
BBC2, 10pm
From Oscar-winning director Sam Mendes comes this film about the liberation of the Bergen-Belsen camp.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Garden... †	9.00 Reunion		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Grand Tours of...	7.30 Mastermind	8.00 Chess Masters...	8.30 University...	9.00 Simon Schama: The Road to Auschwitz		10.00 What They Found	
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Celebrity Big Brother			10.30 News
	104 CHANNEL 4	7.00 News		8.00 Jamie's Air Fryer Meals		9.00 Tempting Fortune: The Final		10.00 Celebrity Gogglebox	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Police: Suspect No 1		10.00 The Basement: A Vanishing In Apple...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Film: The Hobbit: The Desolation of Smaug					
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Dragons' Den US – Shark Tank		9.00 The Man Who Murdered His Family			
	116 BBC4	7.00 Frozen Planet II		8.00 Britain's Lost Masterpieces		9.00 Treasures of Ancient Greece			10.15 Artists and Models
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Family Guy	10.30 Celebrity Big...
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Castle Secrets		10.00 Hunting Nazi Treasure	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.05 Made in Chelsea		10.05 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Blue Bloods		10.00 Law & Order: Organized Crime	
	108 SKY ATLANTIC	‹ 6.40 Six Feet Under	7.40 Game of Thrones			9.00 The White Lotus			10.40 Small...
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Men Behaving Badly			10.20 The Royle Family
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Foyle's War	
	120 ITV4	7.00 The Grand Fishing Adventure		8.00 Film: Goldfinger					10.20 Film: U.S. Marshals
	112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray: Beautiful British Tour...		10.00 Utopia	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: The Rally		9.00 Poker Face		10.00 Small Town, Big Story	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: The Flying Dutchman					10.30 Nutcracker
	132 U&W	7.00 DIY SOS: Celebrating 20 Years		8.00 Inside the Ambulance		9.00 Brit Cops Down Under		10.00 Ambulance Australia	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Hoffman Family Gold		9.00 Mega Shippers		10.00 Alaska Mega Machines	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Expedition Bigfoot				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Air Crash Investigation		10.00 To Catch a Smuggler: Tropical...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Ramses the Great: King of Ancient...		10.00 Secrets in the Ice	
	155 U&YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Masters of Reinvention		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Lockerbie		8.00 The Essex Murders					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Despicable Me 4		8.00 Coming 2 America				10.00 Cuckoo	
	302 ADVENTURE	‹ 6.00 Teenage Mutant Ninja...		7.45 The Huntsman: Winter's War			9.45 Knights of the Zodiac		
	303 HITS	‹ 5.35 Ferrari		8.00 We're the Millers				10.05 Lee	
	304 GREATS	‹ 6.00 Beverly Hills Cop		8.00 Superman					10.25 Enter the Dragon
	305 ANIMATION	‹ 5.45 The Garfield...	7.30 The Inventor				9.25 Curious George		
	306 HARRY POTTER	‹ 5.00 Harry Potter and...		7.40 Harry Potter and the Order of the Phoenix				10.00 Harry Potter and the Half-Blood Prince	
	307 ACTION	‹ 5.45 American Sniper		8.00 Wonder Woman					10.25 Kick-Ass 2
	308 COMEDY	‹ 5.55 Talladega Nights: The Ballad of...		8.00 Ride Along			9.50 I Now Pronounce You Chuck & Larry		
	309 THRILLER	‹ 5.50 To Catch a Killer		8.00 Ocean's Eight				10.05 Snatch	
	310 DRAMA	‹ 5.55 The Colour Room		8.00 Chicago				10.05 The Color Purple	
	311 SCI-FI	‹ 6.20 A Quiet Place		8.00 Ready Player One					10.25 Paranormal...
	313 FILM4		7.05 Taxi			9.00 A Time to Kill			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Leicester City v Newcastle United (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Leicester City v Newcastle United (Kick-off 8.00)							
	403 FOOTBALL	‹ 5.15 Baller League – Live: Coverage from the third round of the UK-based version of the six-a-side football league							
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	‹ 6.00 Ultimate Pool – Live: Coverage from Group 14 of the Champions League					9.30 Grand Slam Track Athletics		10.30 Sign Up...
	411 TNT SPORTS 2	7.00 PL Big Interview	7.30 PL Netbusters	8.00 HSBC SVNS Highlights		9.00 MLB Highlights		10.00 UEFA Europa League & Conference...	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition Officers urgently search for a missing 98-year-old. (S)
2.30 **Clive Myrie's Caribbean Adventure** (S)(R)
3.00 **Escape to the Country** New edition Jules Hudson helps a couple find a home in Suffolk. (S)
3.45 **The Bidding Room** New edition (S)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Sign Zone: The Repair Shop**
7.45 **Match of the Day 2** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **NEW SERIES Sign Zone: See Hear** The achievements of the deaf community in the media. (S)(AD)
1.30 **Impossible** Quiz show. (S)(R)
2.15 **Lightning** Game show. (S)(R)
2.45 **Unbeatable** Quiz show. (S)(R)
3.30 **Dom Digs In** (S)(R)(AD)
4.15 **Chris and Meg's Wild Summer** (R)
5.15 **Flog It!** From Suffolk. (S)(R)
6.00 **Richard Osman's House of Games** Toussaint Douglass, Mark Foster, Sheree Murphy and Sian Williams take part. (S)(R)
6.30 **NEW SERIES Great British Railway Journeys** Michael Portillo explores the woods of the Weald in south-east England. (S)(AD)

7.30 Mastermind

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Henry Agg presents an upcycling masterclass, Poppy Okotcha gives tips on bringing more wildlife into the garden and Claire Lowrie offers her houseplant styling essentials. (S)
3.00 **Jeopardy!** New edition Quiz show hosted by Stephen Fry. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Celebrity Big Brother

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 19-22/26. (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 3-6/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** From Queensbury. (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple look for a new home in France. (S)(R)
4.00 **A New Life in the Sun** In Portugal, Lancashire entrepreneur Lloyd takes on a big challenge. (S)(R)
5.00 **Chateau DIY** New edition Janet and Philip start work on their most ambitious project to date. (S)(AD)
6.00 **A Place in the Sun: What Happened Next?** Revisits to properties bought in northern Tenerife and Tarragona. (S)(R)

9.00 Tempting Fortune: The Final

7 PM

7.00 The One Show Alex Jones and Gethin Scott present the topical show. (S)

7.30 EastEnders As the Square prepares for Martin's funeral, Stacey admits to Sonia she doesn't think she can face the service. (S)(AD)

7.00 Grand Tours of Scotland's Rivers 1/6. Paul Murton explores the River Garry. (S)(R)

7.30 Mastermind New edition Subjects include the films of Mel Brooks, Homer's *Odyssey* and LL Cool J. (S)

7.30 Emmerdale Sarah is caught by the police, Gabby and Vinny decide to move, while Tracy makes a terrible decision. (S)(AD)

7.00 News (S)

8 PM

8.00 Panorama: Did Lloyds Fail My Business? New edition In-depth current affairs report. (S)

8.30 Garden Rescue A couple from Biggleswade want a new back garden. (S)(R)

8.00 Chess Masters: The Endgame New edition 5/8. The players demonstrate their mastery of the queen. (S)

8.30 University Challenge New edition The penultimate quarter-final match. (S)

8.00 Coronation Street Kevin lashes out at Jack and Tyrone, Dee-Dee blames the hospital for mistreating her, Gemma tries to avoid Lou, while Todd makes a startling discovery when Theo visits Shuttleworth's. (S)(AD)

8.00 Jamie's Air Fryer Meals 2/2. Jamie Oliver cooks up chicken and mushroom pastry parcels, shares his grilled Mediterranean veg and flatbread recipe, and offers tips on how to cook steamed fish. (S)(R)(AD)

9 PM

9.00 NEW SERIES Reunion 1/4. Thriller starring Matthew Gurney as a deaf ex-convict who finds himself with more to for when he is reunited with his estranged daughter. *See feature, page 6.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

9.00 NEW Simon Schama: The Road to Auschwitz In his most personal film to date, historian Simon Schama confronts the enormity of the Holocaust and the catastrophe experienced by its victims. (S)

9.00 NEW SERIES Celebrity Big Brother A carefully-selected group of celebrity housemates move into the iconic Big Brother house and compete to win over the nation. (S)

9.00 Tempting Fortune: The Final Series finale 8/8. It's the last leg of the journey, and the group face their toughest temptation yet – a bag containing £20,000 in cash. (S)(AD)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 Have I Got a Bit More News for You Alexander Armstrong hosts the satirical current affairs quiz, with guests Phil Wang and Steph McGovern. (S)(R)
11.25 Rose Ayling-Ellis: Old Hands, New Tricks 2/2. Rose invites children from the local deaf school to test her students, and the group prepare for a public signing performance in front of friends and family. (S)(R)(AD)
12.25 AM **The Hit List** Marvin and Rochelle Humes host a celebrity edition of the quiz show. (S)(R)
1.10 Weather for the Week Ahead Seven-day forecast. (S)
1.15 to 6.00 AM **BBC News** (S)

10.00 NEW What They Found Documentary directed by Sam Mendes, telling the story of two soldier-cameramen who witnessed the liberation of the Bergen-Belsen concentration camp. *See feature, page 20.* (S)
10.40 Newsnight (S)
11.10 Surgeons: At the Edge of Life 6/6. Doctors at NHS Lothian perform a high-risk surgery to save their patient's sight. (S)(R)
12.10 AM **Sign Zone: Countryfile** Matt Baker and Margherita Taylor take a journey on Hampshire's Watercress Line. (S)(R)
1.10 Sign Zone: Gladiators Hosted by Bradley and Barney Walsh. (S)(R)
2.10 Sign Zone: Waterloo Road (S)(R)
3.05 to 6.50 AM **Previews** (S)

10.30 ITV News (S)
11.00 Local News (S)
11.15 The Real Ruth Ellis A look into the life of the Welsh nightclub worker, her love affair with David Blakely, and the crime that led to her being the last woman hanged in Britain. (S)(R)(AD)
12.10 AM **Shop on TV**
3.00 Twisted Twins (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM **Judi Love's Culinary Cruise** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

10.00 Celebrity Gogglebox Famous faces reviews shows including *Is It Cake, Too?, Hijack, Five Star Kitchen: Britain's Next Great Chef, Steph's Packed Lunch* and *Saving Giraffes: The Long Journey Home*. (S)(R)(AD)
11.05 First Dates Best friends Emma and Dani go on a double date. (S)(R)
12.05 AM **The Nevermets** (S)(SL)(R)(AD)
1.00 Gypsy Rose: Life After Lock Up 4/8. Documentary. (S)(AD)
1.45 Ramsay's Kitchen Nightmares USA From New Jersey. (S)(R)
2.35 Undercover Boss USA (S)(R)
3.25 Find It, Fix It, Flog It (S)(R)
3.45 Hollyoaks Omnibus (S)(SL)(R)
4.50 Kirstie and Phil's Love It or List It
5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **FILM Twelve Desperate Hours** Thriller starring Samantha Mathis and Harrison Thomas. (S) (2023, 12, 105min) ★★
4.00 **The Cruise: Fun at Sea** New edition 6/10. The crew and passengers visit Cannes on the French Riviera. (S)
5.00 **News** (S)
6.00 **Eggheads** The Southern Northerners take on the quiz experts. (S)(R)
6.25 Strong and Wrong from Leeds take part. (S)(R)
6.55 **News** (S)

4.00 The Cruise: Fun at Sea

7.00 **Police Interceptors** The firearms team race to the scene of an alleged shooting, only to find themselves embroiled in an unconnected domestic incident. (S)(R)
7.55 **News** (S)
8.00 **NEW SERIES Motorway Cops: Catching Britain's Speeders** In Newcastle, Sergeant Dave Roberts follows a car being driven erratically which leads to a pursuit through the streets. (S)(AD)
9.00 **Police: Suspect No 1** Series finale 5/5. The work of Humberside Police as they investigate three violent crimes, revealing the tactics used by the detectives, patrol officers and forensic teams. (S)
10.00 **NEW SERIES The Basement: A Vanishing In Apple Valley** 1/2. Documentary following the 2010 disappearance of four people in the sleepy Ohio town of Apple Valley. (S)
■ Concludes tomorrow
11.05 **999: Emergency Call Out** The joint response unit investigates a shop-lifting incident. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S2) (S)(R)(AD)
3.50 **The Good Life: Brits in France**
4.40 **Wildlife SOS** (S)(SL)(R)
5.05 **House Doctor** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S5) (R)
11.00 **Big Cat Country** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
5.00 **The Simpsons** *How Munched Is That Birdie in the Window?* Featuring the guest voice of Rachel Weisz. (S)(R)
5.30 *Lisa Simpson, This Isn't Your Life:* Lisa discovers Marge was an A-grade student. (S)(R)
6.00 **The Office (US)** 16/22. The staff members plan festivities for Valentine's Day. (S)(R)
6.30 17/22. Dwight is named Dunder-Mifflin's salesman of the year. (S2) (S)(R)

8.00 The Hobbit: The Desolation...

7.00 **The Simpsons** *Donnie Fatso:* Homer goes undercover to win the trust of Fat Tony as part of an FBI operation. (S)(R)
7.30 *Moms I'd Like to Forget:* Marge is reunited with three old friends. (S)(R)
8.00 **FILM The Hobbit: The Desolation of Smaug** Peter Jackson's epic fantasy adventure sequel, the second part of his adaptation of JRR Tolkien's children's novel, starring Martin Freeman and Ian McKellen. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. With Evangeline Lilly and Richard Armitage. (S) (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Rob Beckett's Smart TV** With Chris McCausland, Jason Watkins, Charlotte Ritchie and Richard Madeley. (S)(R)(AD)
11.45 **Last Week Tonight with John Oliver** Satirical talk show. (R)
12.30 AM **Veep** (S6) (S)(R)(AD)
1.40 **Road Wars** (S)(R)(AD)
3.05 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.30-9.00pm Scotland's Greatest Escape **11.25** Scotcast **11.55** Rose Ayling-Ellis: Old Hands, New Tricks **12.55am** The Hit List **1.40** Weather for the Week Ahead **1.45-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm Anna Haugh's Big Irish Food Tour New edition **8.30-9.00** Panorama: Did Lloyds Fail My Business? New edition **10.40** Kinahan: The True Story of Ireland's Mafia New edition **11.40** Have I Got a Bit More News for You **12.25am** Rose Ayling-Ellis: Old Hands, New Tricks **1.25-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
8.30-9.00pm Our Lives: Rockstar Shearers
BBC1 North West
Sky 953, Freesat 953
8.30-9.00pm NEW How Safe Are Our Nurseries?

BBC2

N. IRELAND
Sky 969, Freesat 969
7.00-7.30pm The Long and the Short of It **10.00** Ceolta New edition **10.30-10.40** The Chronicles of Armagh New edition **11.10** NEW What They Found **11.50pm-12.10am** Weather Watchers with Barra Best
WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Ty am Ddim **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Castell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Tyrchwyr gyda Iolo Williams **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** NEW Guinness World Records Cymru 2025 **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad New edition **9.28** Tywydd New edition **9.30** Ralïo yn 20 **10.30-11.35pm** Gwesty Aduniad

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 10/11. The second semi-final.
8.00 **NEW SERIES Dragons' Den US – Shark Tank** 1/24. A solution for storing paint efficiently is suggested.
8.40 **The Catch Up**
8.45 **Becoming... The Batman** Robert Pattinson talks about taking on the role.
9.00 **NEW SERIES The Man Who Murdered His Family** 1/3. An obsession with an online model leads to a murder investigation. **9.50** New edition 2/3. Grant Amato is on trial for his life, and the evidence is piling up against him. **10.40** Series finale 3/3. Grant becomes famous after his case goes viral.
11.35 **The Tooney and Russo Show** New editions
12.45 AM **Bad Education** (S2)
1.45 **Ashley Cain: Into the Danger Zone**
2.45 **Paranormal: Britain's Last Witch** Double bill.
3.45 **to 3.55** AM **Press X to Continue**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Frozen Planet II** The work of scientists studying climate change.
8.00 **Britain's Lost Masterpieces** Bendor Grosvenor and Emma Dabiri investigate two portraits in Carmarthenshire.
9.00 **Treasures of Ancient Greece** 2/3. Exploring the revolution that gave birth to classical Greek art.
10.00 **NEW David Olusoga Remembers... Artists and Models** Historian David Olusoga looks at the 1986 drama documentary, *Artists and Models.*
10.15 **Artists and Models** *The Passing Show:* 1/3. Docudrama exploring French artists David, Ingres and Gericault.
11.30 **Art of France** Exploring the history of French art.
12.30 AM **Britain's Lost Masterpieces** As 8.00pm.
1.30 **Treasures of Ancient Greece** As 9.00pm.
2.30 **to 3.30** AM **Frozen Planet II**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
10.00 **A Place in the Sun**
12.30 PM **Narrow Escapes**
2.35 **Come Dine with Me** Five editions of the culinary contest from in and around Swindon and Marlborough.
5.15 **Four in a Bed** The owner of four-star B&B Gorse Meadow in the New Forest hosts the first round. **5.50** The Castle Hill Guesthouse in Lynton, Devon. **6.20** The competition heads to Blackpool.
6.50 **Four in a Bed** A visit to the Urban Beach in Bournemouth, Dorset. **7.20** Payment Day arrives.
7.55 **Kirstie and Phil's Love It or List It** Gill and John need help deciding what to do with their inherited home.
9.00 **Castle Secrets** New edition The stories of prisoners of war plotting their escape from Colditz, a refuge for priceless artworks, and a fort in India that contains legends of love, courage and sacrifice.
10.00 **Hunting Nazi Treasure** 3/8. The team investigate why gold was so vital to the Nazis and the brutal methods they used to get it.
11.05 **24 Hours in A&E**
1.15 AM **Emergency Helicopter Medics**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks**
7.30 **Married at First Sight Australia** New edition As a tumultuous week of meeting friends and families comes to an end, the fourth Commitment Ceremony of the experiment arrives.
9.05 **Made in Chelsea** New edition Tristan is smitten with his girlfriend Jules, but the news that Sam Prince made a move on her has left him furious.
10.05 **First Dates** Lawyer Arunima and veterinary surgeon Simon share a date.
11.15 **Gogglebox**
12.20 AM **Naked Attraction**
1.20 **Married at First Sight Australia** As 7.30pm.
2.55 **Made in Chelsea**
3.50 **The Goldbergs**
4.40 **The Neighborhood**
5.30 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

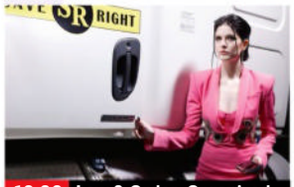
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Send in the Dogs**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Border Security: America's Front Line**
11.00 **Bull** 16/16. (S5)
12.00 NOON **The Good Doctor** (S3)
1.00 PM **The Rookie** 10/14. (S3)
2.00 **Chicago Fire** 9/13. Severide, Kidd and Van Meter look into a fire at a recording studio. (S12)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 **Law & Order: Organized...**

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **FBI: Most Wanted** *Dysfunction:* 6/15. The team rescue a mother and daughter, who are caught in a robbery. (S2)

9 PM

9.00 **Blue Bloods** *Cold Comfort:* 13/20. Frank contends with a potentially dirty cop within his ranks. (S12)

10 PM

10.00 **Law & Order: Organized Crime** *Memory Lane:* 1/13. Stabler deals with changes after an undercover assignment. (S4)
11.00 **The Rookie** 11/22. (S5)
12.00 M'T **FBI** 5/22. (S1)
1.00 AM **FBI: Most Wanted** (S3)
2.00 **Matlock** New episode (S1)
3.00 **Law & Order: Special Victims Unit** 22/22. (S24)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **True Blood** 6&7/10. (S7)
10.10 **Six Feet Under** 8&9/12. (S4)
12.10 PM **Game of Thrones** (S7)
1.30 **My Brilliant Friend** (S1)
3.30 **True Blood** 6/10. Sookie makes a shocking discovery.
4.35 7/10. Sookie hopes for a miracle to save Bill. (S7)
5.40 **Six Feet Under** 8/12. Federico tries to make amends with Vanessa.
6.40 9/12. Edie ignores Claire's attempts to contact her. Guest stars Kathy Bates. (S4)

9.00 **The White Lotus**

7.40 **Game of Thrones** *Beyond the Wall:* 6/7. Jon and his men go beyond the wall to capture a white walker, while Daenerys has to make a tough decision. (S7)

9.00 **The White Lotus** Series finale *Amor Fati:* 8/8. The mysteries at the Thai resort are revealed. *See feature, page 7.* (S3)

10.40 **Small Town, Big Story** *The Turd Man:* 6/6. Wendy and Seamus return to the woods with company. (S1)
11.40 **Homicide: Life on the Street**
12.35 AM **In Treatment** (S1)
1.05 **The Last of Us** 9/9. (S1)
2.00 **NEW SERIES The Art of Joy** 1/6. Drama with Tecla Insolia.
3.10 New episode 2/6. (S1)
4.10 **Game of Thrones** As 7.40pm.
5.25 **to 6.00** AM **In Treatment**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 5/13. (S9)
9.00 **Stargate SG-1** 3&4/22. (S5)
11.00 **Supergirl** 14/22. (S2)
12.00 NOON **The Flash** 6/13. (S9)
1.00 PM **Hawaii Five-0** (S3)
3.00 **NCIS: Los Angeles** 17/21. (S14)
4.00 **S.W.A.T.** 17/22. An ex-convict holds Jessica and Michael hostage in the armoury. (S1)
5.00 **Supergirl** 13/22. Kara shuns a new arrival's affections. (S2)
6.00 **Stargate SG-1** 3/22. Carter experiences a blackout. (S5)

9.00 **Poker Face**

7.00 **Stargate SG-1** *The Fifth Man:* 4/22. Teal'c, Carter and Daniel return to Stargate Command. (S5)

8.00 **A League of Their Own: The Rally** Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis continue their race.

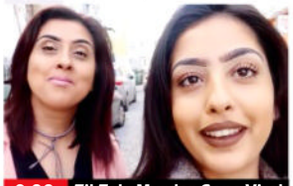
9.00 **Poker Face** *The Future of the Sport:* 7/10. Charlie sees a feud between an ageing race car driver and a young upstart. (S1)

10.00 **Small Town, Big Story** *The Turd Man:* 6/6. Wendy and Seamus return to the woods with company. (S1)
11.00 **Rob Beckett's Smart TV** With guests Chris McCausland, Jason Watkins, Charlotte Ritchie and Richard Madeley.
12.00 M'T **The Force: North East**
2.00 AM **Road Wars** Two officers try to defuse a crisis in Bracknell.
3.00 **NCIS: Los Angeles** 17/21. (S14)
4.00 **S.W.A.T.** 17/22. (S1)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Love Bites** Double bill.
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **In with a Shout**
3.00 **Hart of Dixie** 6/22. Zoe's mother visits Bluebell to try to make things right. (S1)
4.00 **Gilmore Girls** 6/22. Taylor changes street names. (S6)
5.00 **Dinner Date** Dating show.
6.00 **Celebrity Catchphrase** With Jimmi Harkishin, Siobhan McSweeney and Charlie Brooks.



9.00 **TikTok: Murder Gone Viral**

7.00 **Deal or No Deal** Stephen Mulhern hosts as Brian H takes on the Banker for the chance to win a life-changing cash prize.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **TikTok: Murder Gone Viral** 1/3. The case of influencer Mahek Bukhari and her mother Ansreen.

10.00 **Family Guy** 14/21. (S8)
10.30 **NEW SERIES Celebrity Big Brother: Late and Live** Exclusive *Celebrity Big Brother* content with AJ Odudu, Will Best and celebrity guests.
11.35 **Family Guy** 8/21. (S8)
12.05 AM **American Dad!** (S4)
1.05 **Bob's Burgers** 3&4/22. (S9)
2.05 **Shopping with Keith Lemon**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **The Darling Buds of May**
10.35 **The Royal** *First Impressions.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Endeavour** *Ride:* The detective conducts a secret investigation while suspended from duty.
5.50 **Heartbeat** *Duty of Care:* An accidental shooting at Ashfordly Hall prompts Bellamy to investigate.

10.00 **Foyle's War**

6.55 **Heartbeat** *Shadows from the Past:* A man confesses to a girl's murder 11 years previously, prompting Sgt Miller to reopen the case.

8.00 **Midsomer Murders** *The Dagger Club:* The unveiling of a newly discovered novel by a deceased writer is jeopardised when the manuscript is stolen and an artist is electrocuted by a lethal roulette wheel.

10.00 **Foyle's War** *They Fought in the Fields:* Foyle and Milner investigate the activities of a group of land girls.
11.50 **Endeavour** As 3.50pm.
1.35 AM **Where the Heart Is** *Gone Fishing:* Vic and the lads take a fishing trip in Whitby, ending in an evening of entertainment.
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **Sign Zone: Scotland's Sacred Islands with Ben Fogle**
5.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Highland Road Rescue**
8.00 **Paramedics on Scene**
9.00 **Surgeons: At the Edge of Life** 6/6. Doctors at NHS Lothian perform a high-risk surgery.
10.00 **River City** New episode Lenny pushes away those closest to him.
10.30 **Scotland's Greatest Escape** Series finale 5/5. Judith Ralston and Grado head to Dumfries.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Best of Chewin' the Fat**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Run** 6&7/7. (S1)
9.15 **The Conners** (S3)
10.05 **Veep** 1&2/10. (S4)
11.25 **Ballers** 6&7/9. (S4)
12.45 PM **Curb Your Enthusiasm** (S7)
2.05 **Veep** 1&2/10. (S4)
3.15 **Ballers** 6&7/9. (S4)
4.35 **Run** 6&7/7. (S1)
5.40 **The Office (US)** (S2)
6.40 **The Conners** (S3)
7.40 **Curb Your Enthusiasm** 5/10. Larry begins a relationship with a disabled woman.
8.20 6/10. Larry talks to his assistant Maureen about her belly-dancing clothes. (S7)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **Bill Maher: Adulting**
11.05 **Last Week Tonight with John Oliver**
11.50 **Veep** 9&10/10. (S6)
1.10 AM **Jerrod Carmichael Reality Show**
2.30 **Run** 5-7/7. (S1)
4.00 **to 5.00** AM **Room 104**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Gilbert and Sullivan: A Motley Pair**
6.30 **Pavarotti: The Duets**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Classic Movies**
12.00 NOON **Portrait Artist of the Year 2022**
1.00 PM **Tales of the...**
2.00 **Sing When You Are Winning...**
3.00 **Classic Movies**
4.00 **Discovering**
5.00 **Portrait Artist 2022**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: The Flying Dutchman** Double bill.
10.30 **Nutcracker**
12.15 AM **Cirque du Soleil**
2.00 **John Malkovich: Just Call Me God**
3.25 **A Play in a Day**
4.25 **Opera North's Resonance**
4.40 **to 6.00** AM **National Trust: Garden Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 7/7. (S2)
5.00 **Stargate SG-1** (S2)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: Voyager** *The Fight:* 19/26. Chakotay believes he is a legendary boxer. (S5)
8.00 **Hawaii Five-0** *Ke iho mai nei ko luna:* 13/25. Adam, Junior and Tani travel to an underwater lab. (S9)
9.00 **FBI** 5&6/22. (S1)
11.00 **Stargate SG-1** (S2)
12.00 M'T **Grimm** 11/22. (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.40 AM **Backyard Builds**
8.10 **Billie and Greg: The Family Diaries**
9.10 **Dubai Dishes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Dubai** Reality series.
12.05 PM **Billie and Greg...**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules** New edition
4.05 **The Real Housewives of Dubai** Reality series.
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Chocolate Showdown**
8.00 **Dinner Date**
9.00 **The Real Housewives of Cheshire** New edition
10.00 **The Real Housewives of Orange County**
11.00 **Bad Boyfriends**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 AM **Backyard Builds**
1.30 **to 6.00** AM **Highlights**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 10/13. (S2)
11.00 **Highway to Heaven**
2.00 PM **Father Dowling Mysteries** 2/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *The Smile Behind the Veil:* 26/26. A smiling mourner arouses Marty's suspicions. (S1)
10.00 **The Avengers** *They Keep Killing Steed:* 13/33. An enemy agent creates several doubles of Steed. (S6)
11.00 **The Persuaders!**)S10
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.10 **Minder**
7.05 **The Sweeney**
8.05 **The Saint**
9.15 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots** New edition Eight bots face off in the contest.
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Sweeney**
6.00 **The Chase**

8.00 Goldfinger

7.00 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora are in central Spain, trying to catch a comizo barbel.

8.00 FILM **Goldfinger** James Bond adventure starring Sean Connery. British secret service agent 007 tries to prevent master criminal Goldfinger from knocking off Fort Knox. With Shirley Eaton and Honor Blackman. (1964, PG, 111 min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 FILM **U.S. Marshals** Action thriller sequel to *The Fugitive*, with Tommy Lee Jones. A US marshal pursues an escaped prisoner and finds that he is an ex-CIA agent who has been framed. (1998, 15, 131 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

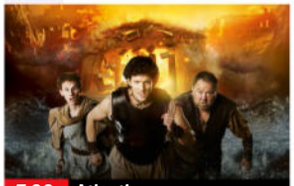
12.45 AM **Auf Wiedersehen, Pet**
1.45 **Two and a Half Men**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 20/26. (S7)
2.00 **Atlantis** 1/13. (S1)
3.00 **Stargate SG-1** 19/20. (S10)
4.00 **Star Trek: Voyager** 3/26. (S4)
5.00 **Star Trek: Deep Space Nine** 20/26. The Breen launch an attack on the Federation. (S7)
6.00 **Star Trek: Enterprise** 5/26. Tucker falls pregnant. (S1)


7.00 Atlantis

7.00 **Atlantis** *The Earth Bull:* 1/13. Fantasy drama starring Jack Donnelly and Mark Addy. (S1)

8.00 **Stargate SG-1** *Dominion:* 19/20. Vala is used as bait in a plot to capture Adria. (S10)

9.00 **Grimm** *Blond Ambition:* 22/22. Adalind hatches a plan to get revenge on Nick by robbing him of his powers. (S3)

10.00 **The Walking Dead** *Try:* 15/16. The group members realise that having a sheltered life may be impossible. (S5)
11.00 **Wynonna Earp** 5/13. Wynonna is helped in her quest to track down some demons.
12.00 M'T 6/13. Waverly goes to a mysterious ceremony. (S1)
1.00 AM **True Blood** 1 &2/12. (S3)
3.00 FILM **Drone Wars** Action adventure starring Corin Nemec. (2016, PG, 79min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 19/20. (S5)
12.00 NOON **The Mentalist** (S6)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Doctor Blake Mysteries** A teenager is killed during a debutante ball.
5.00 **Hudson & Rex** 19/20. A police chief superintendent dies. (S5)
6.00 **Body of Proof** 5/9. Megan investigates a fatality at the hospital where she worked. (S1)

8.00 Death in Paradise

7.00 **The Mentalist** *Green Thumb:* 10/22. Jane agrees to help the FBI find a missing computer programmer. (S6)

8.00 **Death in Paradise** *Rue Morgue:* 8/8. Humphrey investigates a suspected poisoning at a retirement home. (S3)

9.00 **Death in Paradise** *Murder Most Animal:* 2/8. A zoo owner is killed by a tranquilliser dart in an empty park. (S8)

10.00 **Father Brown** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at a girls' borstal.
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 7/24. Mycroft visits New York and asks for his brother's advice on a case involving a former flame. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.10 AM **Highlights**
9.00 **I Didn't Know You Cared**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **I Didn't Know You Cared**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **I Didn't Know You Cared**
5.40 **Keeping Up Appearances**
6.20 **Hi-de-Hi!**

5.00 I Didn't Know You Cared

7.00 **Only Fools and Horses** The Trotters are caught up in an attempted robbery at a supermarket.
7.40 **Dad's Army** Walker is caught smuggling Italian PoWs out of camp at night.
8.20 Wilson struggles to get the platoon out of the pub and on parade.

9.00 **Men Behaving Badly** Gary celebrates his reunion with Dorothy.
9.40 Gary plays nurse to Dorothy, but soon gets bored, and Tony learns that he needs glasses.
10.20 **The Royle Family** The television becomes the cause of yet more tension.

11.00 **dinnerladies** Bren's mother wreaks havoc in the factory.
11.40 **Miranda**
12.20 AM **Men Behaving Badly**
1.40 **dinnerladies**
2.15 **Miranda**
2.45 **The Royle Family**
3.25 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.10 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **James May: The Christmas Reassembler**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King are entertained by a geisha in Kyoto, Japan.
6.00 **Rick Stein's India** The chef learns about the Parsee contribution to Indian cuisine.

11.00 As Yet Untitled

7.00 **Would I Lie to You? The Unseen Bits** Extra material from the 12th series of the panel show.
7.40 **Richard Osman's House of Games** With Babatunde Aleshe and Carol Smillie.
8.20 With Milton Jones, Ria Lina, Martin Roberts and Briony May Williams.

9.00 **Have I Got a Bit More News for You** A variety of guests join Ian Hislop and Paul Merton for the 2020 compilation.

10.00 **QI XL** Sarah Millican, Ross Noble, Colin Lane and Alan Davies answer host Stephen Fry's questions about animals.
11.00 **Alan Davies: As Yet Untitled**
12.00 M'T **Mock the Week** With Gary Delaney and Zoe Lyons.
12.40 AM **Would I Lie to You?**
1.20 **Would I Lie to You? The Unseen Bits**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
9.30 **Chateau DIY**
10.30 **Come Dine with Me**
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **A New Life in the Sun**
4.00 **Chateau DIY**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **A Place in the Sun** Helping a father and daughter with a move to Poitou-Charentes.
7.45 **The Great Celebrity Bake Off for Stand Up to Cancer** Self Esteem, Tommy Tiernan, Meera Syal and Adam Buxton.
9.00 **Gogglebox**
10.00 **24 Hours in A&E**
11.00 **Big Fat Quiz: Best Bits**
12.05 AM **8 Out of 10 Cats Does Countdown**
1.05 **Celebrity Gogglebox**
2.05 **Tempting Fortune**
4.05 **to 5.00** AM **Undercover Boss USA**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 22–24/24. (S14)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Family Ties:* 13/24. McGee and Torres visit a student who has witnessed a hit-and-run.
7.00 *Keep Your Friends Close:* 14/24. Gibbs and his team are forced to work with Tobias Fornell.
8.00 *Keep Your Enemies Closer:* 15/24. The team make a deal with a convicted murderer. (S15)
9.00 **NCIS: Hawaii** New episode *Blind Curves:* 2/22. A Marine staff sergeant is found dead in a junkyard, and Tennant suspects Alex is hiding something. (S2)
10.00 **Law & Order: Special Victims Unit** (S19&18)
1.50 AM **Blue Bloods** (S6)
2.45 **The Good Wife** (S2)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.15 **Dirty Home Rescue**
9.15 NEW SERIES **The Block** Game show.
11.00 **Call the Bailiffs: Time to Pay Up**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** A critical care paramedic is dispatched to a motorbike crash.
10.00 **Cause of Death**
11.00 **Skin A&E**
12.00 M'T **A&E After Dark**
1.00 AM **Autopsy**
2.00 **Accused: Guilty or Innocent?** Crime series.
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
11.20 FILM **The Three Musketeers: The Queen's Diamonds** Swashbuckling adventure starring Michael York. (1973, PG, 102min) ★★
1.30 PM FILM **Northwest Mounted Police** Cecil B DeMille adventure. (1940, U, 125min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors**
9.00 FILM **Raw Deal** Action thriller starring Arnold Schwarzenegger. (1986, 18, 106min) ★★
11.15 **Broadmoor: Serial Killers & High Security**
12.45 AM **Police Interceptors**
1.45 **Trucking Hell**
3.35 **to 4.00** AM **Car Pound Cops**

U&W

132/133 133 125 25 156 28

6.15 AM **Property Brothers at Home: Drew's Honeymoon House**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Celebrating 20 Years**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS: Celebrating 20 Year**
8.00 **Inside the Ambulance** The team assist a student with a life-threatening condition.
9.00 **Brit Cops Down Under** Anna hits the first milestone in Australia without her family.
10.00 **Ambulance Australia**
11.00 **Bradford on Duty**
12.20 AM **Nurses on the Ward**
1.30 **Amanda & Alan's Italian Job**
2.00 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.15 **Classic Casualty**
11.20 **The Bill**
12.25 PM **Classic EastEnders**
1.40 **Eldorado**
3.00 **Bergerac**
4.10 **All Creatures Great and Small**
5.20 **One Foot in the Grave**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *Well-Schooled in Murder:* 2/5. A pupil disappears from a public school. (S1)
10.00 **New Tricks** *Romans Ruined:* A Roman sword leads the team to a headless corpse.
11.20 **Bergerac** 4/10. (S3)
12.20 AM **Taggart**
3.05 **to 4.00** AM **Classic Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Margie Cooper and Ochuko Ojiri look head to north-west England. **8.00** Margie and Ochuko visit Staffordshire.
9.00 **The Yorkshire Auction House** New edition 20/23. Angus is called in to auction a massive collection of 20,000 model soldiers.
10.00 **The Yorkshire Auction House**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Play Your Cards Right** Double bill.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Bidding Room** Items include Italian jewellery, a lazy Susan and a ship's wheel.
7.00 **Tenable** Warwick Davis hosts as team of old school friends attempt to win a cash prize.
8.00 **The Chase** Double bill.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.30 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM FILM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **The Nebraskan** Western. (1953, PG, 63min) ★
2.30 FILM **Alvarez Kelly** Western starring William Holden and Janice Rule. (1966, PG, 116min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 FILM **The Expatriate** Crime action thriller starring Aaron Eckhart. (2012, 15, 100min) ★★
11.15 FILM **Hijacked** Thriller. (2017, 15, 88min) ★★
1.10 AM FILM **Super Collider** Thriller with Robin Dunne. (2013, PG, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.10 AM FILM **Fire Twister** Disaster movie. (2015, 12, 90min) ★
11.00 **Saving Lives at Sea**
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM FILM **Perfect Plan** Thriller with Emily Rose. (2010, 12, 89min) ★★★
3.00 FILM **Too Late to Say Goodbye** Thriller. (2009, PG, 95min) ★★★
5.05 FILM **Aurora Teagarden Mysteries: How to Con a Con** Crime thriller. (2020, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 FILM **Donnie Brasco** Crime drama. (1997, 18, 126min) ★★★★
11.35 FILM **Cash** Thriller. (2010, 15, 108min) ★★
1.55 AM FILM **Hidden Truth** Thriller with Sarah Lind. (2016, 12, 92min) ★★
4.00 **to 6.00** AM FILM **The Other Mother** Drama. (1995, PG, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM FILM **Pearl in Paradise** (2018, PG) ★★
10.00 FILM **Picture Perfect Romance** (2022, U) ★★
12.00 NOON FILM **Love Strikes Twice** Fantasy. (2021, PG, 84min) ★★
2.00 PM FILM **Same Time Next Week** Drama. (2016, PG, 90min) ★★
4.05 FILM **Hello, It's Me** Drama. (2015, PG) ★★
6.05 FILM **Right in Front of Me** Romantic comedy. (2021, PG, 84min) ★★
8.00 FILM **Just the Way You Are** Romantic comedy. (2015, PG, 110min) ★★
9.55 FILM **Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
11.55 FILM **The Baby Proposal** Comedy. (2019, PG, 89min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Snowkissed** Comedy. (2021, PG, 84min) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **The Monkees** (S1)
10.30 **Watching** 9/9. (S4)
11.00 **Married... with Children**
11.30 **Bewitched** 30/36. (S1)
12.00 NOON **Shine on Harvey Moon** 7/9. (S3)
1.00 PM **Jason King** (S1)
2.00 **Return of the Saint** (S1)
3.00 **Space 1999** 14/24. (S1)
4.00 **Stereo Underground**
5.00 **Married... with Children**
5.30 **Watching** 9/9. (S4)
6.00 **Bewitched** 30/36. (S1)
6.30 **The Monkees** (S1)
7.00 **Blue Thunder** 5/11. (S1)
8.00 **Return of the Saint**
9.00 **Jason King** 25/26. (S1)
10.00 **Soap** (S1)
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Hammer House of Horror** 13/13. (S1)
12.35 AM **Space 1999** (S1)
1.35 **Roobarb**
1.40 **Auto Rewind**
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
7.00 **Aussie Gold Hunters**
8.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **Building Off the Grid**
1.00 PM **The Last Alaskans**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crab fishing fleet heads back out to sea, but the *Northwestern* is behind. **8.00** The crews head for coveted fishing grounds.
9.00 **Survive the Raft** A newcomer comes ready to light a match and watch the raft burn. **10.00** Jimmy capitalises on an opportunity to take over the raft.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Michel Roux's French Country Cooking**
7.00 **Rachel Allen's Easy Meals** Four editions.
9.00 **Jamie's Comfort Food**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday** Family meals.
1.00 **Michel Roux's French Country Cooking**
2.00 **Roux Back Down the River** A recipe for duck.
3.00 **Rachel Allen's Easy Meals** Four editions.
5.00 **Jamie's Comfort Food**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Nigel Slater's Simple Suppers** Chicken cakes. **9.30** Leftover recipes.
10.00 **Rick Stein's Taste of the Sea** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Yum and Yummer**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 9/19. (S5)
11.00 **MacShayne: Winner Takes All** Drama.
1.00 PM **MacShayne: Final Roll of the Dice** Drama.
3.00 FILM **The Criminal** Crime drama. (1960, b/w, 15, 97min) ★★★
5.00 **Star Trek** 3/24. (S3)
6.00 **T.J. Hooker** 10/19. (S5)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Heist** Thriller with Robert De Niro and Jeffrey Dean Morgan. (2015, 15, 89min) ★★★
10.55 FILM **Split Second** Futuristic horror thriller starring Rutger Hauer. (1991, 18, 90min) ★
12.45 AM FILM **Red Sun** Spaghetti Western. (1971, 15, 112min) ★
2.55 **to 4.55** AM FILM **War on the Range** Western. (2015, 15, 100min) ★★
+1 hour 318 316 371 139

Legend Xtra
317 316 171 69 138 51

6.00 AM FILM **Coast of Skeletons** As 5.00pm.
8.00 FILM **Meteor Moon** Thriller. (2020, PG) ★★
10.00 **Farscape** 17/22. (S3)
11.00 FILM **Monster Island** Thriller with Eric Roberts. (2019, PG, 90min) ★★
1.00 PM FILM **The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
3.00 **Farscape** 17/22. (S3)
4.00 **Star Trek** 11/24. (S3)
5.00 FILM **Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
7.00 **Farscape** 18/22. (S3)
8.00 **Star Trek** 12/24. (S3)
9.00 FILM **Raise the Titanic** Action adventure starring Richard Jordan. (1980, PG, 112min) ★★
11.15 FILM **Demon Eye** Horror. (2019, 15, 87min) ★★
1.00 **to 3.00** AM FILM **The Mummy** Horror. (1959, PG, 88min) ★★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Windsor.
6.40 **Pawn Stars**
7.30 **Container Wars**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **World's Greatest Treasure Mysteries**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Skinwalker Ranch**
11.00 **Secrets in the Jungle**
12.00 M'T **Book of Secrets**
1.00 AM **UFOs: Lost...**
2.00 **Paranormal: Caught on Camera – Top 100**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Amazing Railway Journeys with Nick Knowles** From Prague, Bratislava and Budapest.
10.00 **My Cornwall with Fern Britton** Part one of two.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild**
9.00 **Susan Calman's Grand Day Out** The comedian explores everything the South Downs has to offer.
10.00 **Holidaying with Jane McDonald: The Caribbean** In Grenada.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover**
2.00 **Bargain-Loving Brits in the Sun** Documentary.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **My Dream Derelict Home in the Sun**
9.00 **Unsellable Houses** New edition Lyndsay Lamb and Leslie Davis set out to bring out the potential in an engineer's 1970s home.
10.00 **Celebrity IOU** New edition Sterling K Brown looks to deliver a kitchen renovation for a single mother.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons**
9.00 **Welcome to Plathville**
10.00 **I am Shauna Rae** Shauna makes a worrisome discovery.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **I am Shauna Rae**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **Extreme Cheapskates**
5.30 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S6&7)
9.00 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up show at the London venue.
10.00 **Utopia** New episode 7/8. Nat wants to sack an inept worker, while Amy works to complete a barista course. **10.35** Series finale 8/8. Karsten's involvement derails plans for an infrastructure conference. (S2)
11.10 **Your Face or Mine**
12.10 AM **Reno 911!**
1.10 **Whose Line Is It Anyway? USA**
2.10 **South Park** (S8)
3.05 **Rich Hall – 3:10 to Humour** Stand-up show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Becker** 23&24/24. (S4)
11.00 **Friends** 3-6/24. (S1)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 1&2/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 23&24/24. (S4)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 9/25. Jess and Cece begin to panic about their biological clocks ticking. **9.30** 10/25. Winston helps Jess get a bathtub for the apartment. (S2)
10.00 **Friends** 16-21/25. (S6)
1.00 AM **The Ren & Stimpy Show** 5&12/12. (S2)
2.00 **Reno 911!** (S1)
3.00 **Ugly Americans** (S2)
3.45 **Becker** 23&24/24. (S4)
4.30 **New Girl** 9&10/25. (S2)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Border Patrol**
12.00 NOON **DC's Legends of Tomorrow** (S3)
2.00 PM **Motorway Patrol**
3.00 **Border Security: Canada's Front Line**
4.00 **Border Patrol**
5.00 **Highway Cops**
6.00 **Manifest** 6/13. (S3)
7.00 **Fantasy Island** (S2)
9.00 **Border Security: Canada's Front Line**
11.00 **Law & Order: Special Victims Unit** 1/22. (S24)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Josh Taylor and Maisie Adam.
2.00 **Prodigal Son** 1/13. (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **Daria** 10/13. (S4)
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Meltdowns**
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK** Sassi breaks down over Darren.
8.00 **Teen Mom: The Next Chapter** The fallout from Jade's intervention with Christy continues.
9.00 **Catfish UK** Neil has been chatting to Jasmin for three years and she's stood him up 13 times.
10.00 **Skin A&E** Documentary.
11.00 **Aussie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina welcome *Jersey Shore*'s Angelina to grab a bite with some 'diner drunks'.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Shorty's Dream Shop**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Harpoon Hunters**
4.00 **Gold Rush** Tony Beets' dynasty hangs in the balance.
5.00 **Deadliest Catch** Jake is short on crew and must put his niece on hydraulics.
6.00 **Wheeler Dealers** To Ant's dismay, Mike purchases a 1979 Triumph TR7 car.

8.00 Hoffman Family Gold

7.00 **Salvage Hunters** Drew Pritchard discovers collectibles at an aeroplane scrapyard, and visits a manor house.

8.00 **Hoffman Family Gold** Smoke from a nearby fire has the Hoffmans praying for rain, but any storms may flood the mine.

9.00 **Mega Shippers** In Miami, six container cranes need unloading. Meanwhile, Martin has to check 1,200 metres of ropes.

10.00 **Alaska Mega Machines** A machine with 588 sharp teeth helps keep the coldest airport in America running.

11.00 **Mystery at Blind Frog Ranch** Eric and Chad encounter disaster in the South Cave.
12.00 M'T **Mountain Monsters**
1.00 AM **Mega Shippers**
2.00 **Alaska Mega Machines**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Insane Pools: Off the Deep End** A mountain-style lagoon.
3.00 **Legends of the Wild**
4.00 **Dr Jeff: Rocky Mountain Vet** A look back at some most special and inspiring cases.
5.00 A dog with an injured leg.
6.00 **Extinct or Alive** A search for a unique crocodile species.

11.00 Crikey! It's the Irwins

7.00 **Pit Bulls & Parolees** Villalobos prepares for Hurricane Barry with Tia and the crew ensuring the animals' safety.

8.00 **Expedition Bigfoot** Russell thinks a structure is a Bigfoot nest, while new team member Ronny helps Mireya.

9.00 **Expedition Bigfoot** Bryce starts to suspect Bigfoot is emoting infrasound to repel the team from its territory.

10.00 **Alaska: The Last Frontier** Atz Lee and Jane rush to the aid of a neighbour who has lost access to fresh water.

11.00 **Crikey! It's the Irwins** Robert handles a hostile wombat called Bunker.
12.00 M'T **Crikey! It's the Irwins** Terri responds when wallaby Daniel is severely injured.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Hitler's Last Stand**
11.00 **Drain the Oceans: Deep Dive**
12.00 NOON **Car S.O.S**
1.00 PM **Destruction Decoded**
2.00 **Air Crash Investigation**
3.00 **World War II: The Apocalypse** Documentary.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A Porsche 911 suffering from bad rust.
6.00 **Lost Treasures of Egypt** How robbers looted the pyramids and tombs of ancient Egypt.

10.00 To Catch a Smuggler

7.00 **Air Crash Investigation** Examining the crash of Korean Air Flight 801 in 1997, which killed more than 200 people.

8.00 **World War II: Secrets from Above** New edition Hitler gathers 800,000 Nazi soldiers to launch an attack against Stalin.

9.00 **Air Crash Investigation** New edition The crash of Air Tahoma Flight 185, a flight from Memphis on approach to Cincinnati.

10.00 **To Catch a Smuggler: Tropical Takedown** New edition Air and Marine Operations break a smuggling ring.

11.00 **Air Crash Investigation**
12.00 M'T **Mutant Weather**
1.00 AM **Ancient X Files**
2.00 **Money Meltdown**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory USA**
4.10 **Exotic Animal ER**
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **River Hunters**
7.45 **Rust Valley Restorers**
8.45 **Forged in Fire Armed Forces Tournament**
9.35 **Dirty Old Cars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Adventure Gold Diggers** Documentary.
1.00 PM **Rust Valley Restorers**
2.00 **Battle 360** Double bill.
4.00 **Secrets of Great British Castles** Lancaster Castle.
5.00 **Pawn Stars** Documentary.
6.00 **American Pickers**

9.00 Ramses the Great

7.00 **Forged in Fire** Ben Abbott still remains undefeated in the forge, but two more smiths are aiming to change that.

8.00 **Pawn Stars** New edition The team evaluate chef attire signed by the actor who portrayed the Soup Nazi on TV show *Seinfeld*.

9.00 **Ramses the Great: King of Ancient Egypt** Series finale Merenptah, the 13th son of Ramses II, pharaoh of Ancient Egypt.

10.00 **Secrets in the Ice** New edition A look into great mysteries of prehistoric warfare that were once frozen in time.

11.00 **Haunted Hospitals** Includes the story of a nurse battling to save her patient's soul.
12.00 M'T **Sex: A Bonkers History**
1.00 AM **Pawn Stars**
2.00 **Bradley Walsh: Egypt's Cosmic Code**
3.00 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Australia with Julia Bradbury** Four editions.
8.00 **Bangers & Cash**
10.00 **Great British Railway Journeys** Four editions.
12.00 NOON **Martin Clunes: Islands of Australia**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Tony Robinson's Marvellous Machines** Documentary.
5.00 **The World at War** The French army's defeat in 1940.
6.00 **Antiques Roadshow** From MediaCityUK in Manchester.

8.00 Masters of Reinvestion

7.00 **Great Continental Railway Journeys** Michael Portillo embarks on a journey from London to Monte Carlo.

8.00 **Masters of Reinvention** New edition While updating a boat, the team disagree over what size and shape it needs to be.

9.00 **Bangers & Cash** Paul helps a collector who is saying goodbye to his Excelsior Consort and his Yorkshire Coble boat.

10.00 **Bangers & Cash** Derek goes to pick up a veteran 1904 Swift, and there's an emotional farewell to a 1980s Bedford HA van.

11.00 **Bangers & Cash** In this edition, Derek looks to auction off a Jensen Interceptor car and a Jensen Healey car.
12.00 M'T **Find It, Fix It, Flog It** A visit to an old World War Two airfield in Wiltshire.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Junkyard Empire**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried** Rare motorbikes and vintage sports cars in Sussex.
8.30 A 1970s sports coupé and vintage motorbikes are viewed.
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz visit Danny in Basingstoke to check out his collection.
10.00 **Find It, Fix It, Drive It** Henry Cole and Sam Lovegrove fix up a 1970s Uncle Bunt motorcycle.
11.00 **How Do They Do It?**
1.00 AM **Junkyard Empire**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New editions Police solve the murder of a young woman.
10.00 The wife of a DJ is found murdered.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder by the Sea** Mary Ann Cotton is often classed as Britain's worst female serial killer.
8.00 **48 Hours** New edition A look into what happened to businesswoman, wife and mother Andreen McDonald in 2019.
9.00 **NEW SERIES Storm of Suspicion** The body of Brian Davis is found at what appears to be an attempted robbery.
10.00 **Britain's Countryside Killers** New edition The tragic murder of 18-year-old Lily Sullivan in Pembroke, Wales.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
2.00 PM **Written in Blood** Examining a case in the city of Glasgow.
3.00 The story of 14-year-old stabbing victim Elsie Frost.
4.00 **Medical Detectives** A bomb blast which injured a farmer's wife.
4.30 A single mother vanishes without a trace.
5.00 The discovery of a killer fungus.
5.30 A 20-year-old woman sets out on her bike and never returns.
6.00 Examining the discovery of a woman's charred remains.
6.30 A Navy lieutenant is murdered while deployed out to sea.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Stop, Search, Seize**
8.00 **UK Border Force**
9.00 **Send in the Dogs**
10.00 **Brit Cops UK**
11.00 **Catching the Killer**
12.00 NOON **What the Killer...**
1.00 PM **Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Catching the Killer**
6.00 **What the Killer Did Next** Nadine Aubras.
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **What the Killer Did...**
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Adam Leroy Lane.
2.00 **Twisted Killers**
3.00 **Snapped** Catherina Voss.
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **The Invention of Surgery** Documentary.
6.50 **Fly with Me**
8.00 **Grand Tours of Scotland**
8.35 **Vikings: Rise and Fall**
9.35 **Village of Death...**
10.45 **SAS: Rogue Warriors**
12.00 NOON **My Grandparents' War**
1.00 PM **Grand Tours of...**
1.40 **Vikings: Rise and Fall**
2.40 **Village of Death...**
3.50 **SAS: Rogue Warriors**
5.05 **My Grandparents' War**
6.10 **Vikings: Rise and Fall**
7.10 **Village of Death: Oradour-sur-Glane 1944**
8.25 **SAS: Rogue Warriors**
9.40 **My Grandparents' War**
10.50 **Village of Death...**
12.00 M'T **Grand Tours of...**
12.40 AM **SAS: Rogue...**
2.00 **Vikings: Rise and Fall**
2.50 **My Grandparents' War**
3.40 **Fly with Me**
4.40 **The Invention of...**
5.30 **to 6.00** AM **Grand Tours of Scotland**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Jeremy Irons**
8.00 **The Directors**
9.00 **The Civil War**
10.00 **Lockerbie** Crime documentary.
11.00 **Urban Secrets**
12.00 NOON **Fake Famous**
1.45 PM **My Icon: Christine Ohuruogu** People who have inspired the British athlete.
2.00 **The Loneliest Whale: The Search for 52** Documentary.
4.00 **The Directors**
5.00 **Discovering: Jeremy Irons**
5.55 **The Civil War** Documentary.
7.00 **Lockerbie** An investigation into the bombing of Flight 103.
8.00 **The Essex Murders** Documentary about the killing of three notorious criminals. **9.00** The convictions of Michael Steele and Jack Whomes. **10.00** A look at the hunt for an alternative suspect.
11.00 **The Jinx Part Two**
1.00 AM **Life of Crime 1984-2020**
3.15 **United Skates**
5.00 **to 6.00** AM **Discovering: Jeremy Irons**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Strange Creatures**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Great Parks of Africa**
10.00 **Nomads of the Serengeti**
11.00 **Big Cat Country**
12.00 NOON **Arabian Inferno**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Great Parks of Africa**
4.00 **Nomads of the Serengeti**
5.00 **Great Blue Wild**
6.00 **Arabian Inferno**
7.00 **Monkey Life** Double bill.
8.00 **Animal Senses**
9.00 **Wild Sky** Documentary.
10.00 **Arabian Inferno** How rainfall turns a region of the Arabian landscape into a lush paradise.
11.00 **Great Blue Wild**
12.00 M'T **Big Cat Country**
1.00 AM **Ningaloo: Australia's Ocean Wonder**
2.00 **Animal Senses** Double bill.
3.00 **Wild Sky** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Great Parks of Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **WW2 Air Crash Detectives**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Instruments of Death**
2.00 **Digging for Britain**
3.00 **The Real War of Thrones**
4.00 **WW2 Air Crash Detectives**
5.00 **The Proof Is Out There: Military Mysteries**
6.00 **What on Earth?**
7.00 **Alien Files Reopened**
8.00 **Greatest Prison Escapes with Billy Hayes** A correctional officer who participated in a prison break-out.
9.00 **Ross Kemp: Mafia and Britain** How the Spanish coast became a safe haven for the mafia and criminal masterminds.
10.00 **History's Greatest Mysteries**
11.00 **Clash of Ancient Warriors**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging for Britain**
3.00 **The Real War of Thrones**
4.00 **Alien Files Reopened**
5.00 **to 6.00** AM **The Proof Is Out There: Military Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **The First 48** Documentary.
9.00 **Cops Who Kill with Will Mellor** Stephanie Lazarus.
10.00 **Hometown Tragedy**
11.00 **An Hour to Kill**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Green Eyed Killers**
2.00 **Secrets of the Morgue**
3.00 **Rob Rinder's Interrogation Secrets** Documentary.
4.00 **Mastermind of Murder**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** Documentary.
8.00 **Hometown Tragedy**
9.00 **Murders at Little Bridge Farm**
10.00 **Crimes That Shook Britain**
11.00 **Britain's Darkest Taboos**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Murders at Little Bridge Farm** Mark Brown.
2.00 **Hometown Tragedy**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest**
10.00 **Fish Tank Kings**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Extraordinary Australia**
4.00 **Secrets of the Zoo: Rhinos**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** The zoo says goodbye to two male giraffes and welcomes a female, and a naked mole rat visits the vets.
8.00 NEW SERIES **Predator vs Prey** A forensic look at how polar bears hunt prey. **9.00** New edition How leopards silently hunt various prey.
10.00 **Alaska: The Next Generation** Nature's rewards shift with the change of seasons.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet** Documentary.
3.00 **Secrets of the Zoo: Rhinos**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Life After: Chernobyl**
8.00 **Mega Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Life After: Chernobyl** How wildlife has been affected after years in the contamination area.
9.00 **Salvage Hunters: Classic Cars** Rescuing a classic Vauxhall Viva.
10.00 **Shed and Buried** Sheds full of rare bicycles, classic sportsters and pimped-up saloon cars. **10.30** In Cornwall, Henry Cole and Sam Lovegrove visit a trials car enthusiast with an eclectic set of sheds.
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops** Triple bill.
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *The Wind Blows Free:* The seafarer considers entering a loveless marriage after vowing to get his own ship at any cost. **8.00** *Plain Sailing:* Anne Onedin must learn about sea fever and navigation.
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** With Shaun Williamson, David Blunkett, Antony Worrall Thompson and Jeremy Bowen. **11.40** Featuring guests Bill Oddie, Charlie Higson, Julia Somerville and Germaine Greer. **12.15** AM With Stephen Fry, Gyles Brandreth, Tanni Grey-Thompson and Andrew Motion.
1.00 **The Onedin Line**
3.00 **Top of the Pops** Double bill.
4.00 **Celebrity Mastermind**
5.05 **to 6.00** AM **The Onedin Line**

+1 hour 266 376

ID

154 141 166

8.00 AM **Home Sweet Homicide**
9.00 **Reasonable Doubt**
11.00 **Dark Waters: Murder in the Deep** Double bill of editions.
1.00 PM **Murder Chose Me**
3.00 **Love, Honor, Betray**
5.00 **Hometown Homicide**
7.00 **The Killer in My Family** Relatives of Steve Wright, the so-called Suffolk Strangler, reveal how his shocking crimes impacted the family. **8.00** Relatives of killer Bobby Joe Long reveal how his crimes impacted the family.
9.00 **Faking It: Tears of a Crime** The crimes of Paralympian Oscar Pistorius, who shot his girlfriend dead in 2013.
10.00 **People Magazine Investigates** In 1996, a college co-ed vanishes and is presumed dead. **11.00** Firefighters discover a body with two gunshot wounds.
12.00 M'T **Sin City Justice**
2.00 AM **Hometown Homicide**
4.00 **to 6.00** AM **The Killer in My Family**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Planes That Never Flew**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers** Mike and Elvis restore a Ford Fiesta Mark 1.
9.00 **Iron Resurrection** Joe and the crew put the finishing touches on the big-block '57 Bel Air.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried** Double bill.
12.00 M'T **Wheeler Dealers**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sneaks** As 3.10am.
7.40 **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
9.25 **Noah's Ark** Animated adventure. (2024, U, 96min)
11.05 **Despicable Me 4** As 6.20pm.
12.45 PM **Sneaks** As 3.10am.
2.20 **Borat Subsequent Moviefilm** Comedy sequel. (2020, 15) ★
4.05 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
6.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★

6.20 Despicable Me 4

8.00 Coming 2 America Comedy starring Eddie Murphy and Jermaine Fowler. A pampered crown prince faces a constitutional crisis without a male heir to ascend the throne of Zamunda. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Cuckoo Horror starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Wasp** Thriller starring Naomie Harris, Natalie Dormer and Dominic Allburn. (2024, 15, 96min) ★★★★
1.40 AM **AfrAId** Horror with John Cho. (2024, 15, 84min) ★★
3.10 **Sneaks** Animation with the voice of Anthony Mackie. (2025, PG, 92min) ★★
4.50 **to 6.50** AM **Cuckoo** (2024)

Sky Cinema Hits

303 303 403 503 517

7.55 AM **Jules** Comedy drama. (2023, 12, 87min) ★★★
9.40 **The Bricklayer** As 2.00am.
11.45 **Robin and the Hoods** (2024)
1.40 PM **Lee** As 10.05pm.
3.50 **Harold and the Purple Crayon** Family adventure starring Zachary Levi, Lil Rel Howery and Zooey Deschanel. (2024, PG, 87min) ★★★
5.35 **Ferrari** Drama starring Adam Driver and Shailene Woodley. (2023, 15, 130min) ★★★

8.00 We're the Millers

8.00 We're the Millers Comedy starring Jennifer Aniston, Jason Sudeikis and Will Poulter. A drug dealer, a stripper and two troubled teenagers pose as a family to smuggle marijuana across the US-Mexico border. (2013, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Lee Biopic of war photographer Lee Miller, starring Kate Winslet, who was determined to document the truth of the Nazi regime. (2023, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Hypnotic** Action thriller starring Ben Affleck and Alice Braga. (2023, 15, 93min) ★★★
2.00 **The Bricklayer** Action thriller starring Aaron Eckhart. (2023, 15, 110min) ★★
4.05 **to 6.00** AM **Robin and the Hoods** Comedy with Naomie Harris and Darcy Ewart. (2024, PG, 101 min) ★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Monsoon** As 12.30am.
7.50 **The Color Purple** As 10.05pm.
10.20 **Elizabeth: The Golden Age** Drama sequel starring Cate Blanchett and Clive Owen. (2007, 12, 114min) ★★★
12.25 PM **The Man with the Answers** Romantic drama. Subtitled. (2021, 12, 80min) ★★★★
2.00 **One Life** Biopic drama. (2023, 12, 105min) ★★★★
4.00 **Five Easy Pieces** Cult drama starring Jack Nicholson. (1970, 15, 98min) ★★★★★
5.55 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
8.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
10.05 **The Color Purple** Musical with Taraji P Henson. Torn apart from her sister and children, a woman finds strength in new friendships. (2023, 12, 141 min) ★★★
12.30 AM **Monsoon** Drama. (2019, 12, 85min) ★★★★
2.05 **The Damned United** Biopic. (2009, 15, 98min) ★★★★
3.50 **Babylon** Music drama. (1980, 15, 94min) ★★★
5.30 **to 7.00** AM **High Noon** Western. (1952, b/w, U, 85min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Insidious: The Red Door** Horror sequel starring Patrick Wilson. (2023, 15, 107min) ★★
9.20 **Night Swim** As 3.20am.
11.10 **The Crazies** Horror thriller. (2010, 15, 101 min) ★★★★
1.00 PM **War of the Worlds** Steven Spielberg's sci-fi adventure. (2005, 12, 116min) ★★★★
3.05 **The Purge** Horror thriller. (2013, 15, 85min) ★★★
4.40 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
6.20 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
8.00 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.25 **Paranormal Activity: The Ghost Dimension** Horror sequel starring Chris J Murray, Brit Shaw and Ivy George. (2015, 15, 88min) ★
12.00 M'T **Dashcam** Horror with Annie Hardy. (2021, 18, 80min) ★★★
1.30 AM **Turn Me On** Comedy. (2024, 15, 99min) ★★★
3.20 **Night Swim** Horror with Wyatt Russell. (2024, 15, 98min) ★★
5.05 **to 6.40** AM **The Harbinger** Horror. (2022, 15, 87min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.00 AM **Harry Potter and the Deathly Hallows: Part II**
9.15 **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★
11.50 **Harry Potter and the Chamber of Secrets** Fantasy sequel. (2002, PG) ★★★★
2.35 PM **Harry Potter and the Prisoner of Azkaban** Fantasy sequel. (2004, PG) ★★★★★
5.00 **Harry Potter and the Goblet of Fire** (2005, 12) ★★★

7.40 ...the Order of the Phoenix

7.40 Harry Potter and the Order of the Phoenix Fantasy adventure sequel starring Daniel Radcliffe. Harry Potter begins teaching a small band of students how to defend themselves against the Dark Arts. (2007, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Harry Potter and the Half-Blood Prince Fantasy adventure sequel starring Daniel Radcliffe and Rupert Grint. (2009, 12, 153min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure sequel. (2010, 12, 146min) ★★★★
3.05 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure sequel. (2011, 12, 130min) ★★★★★
5.25 **to 7.45** AM **Fantastic Beasts and Where to Find Them** Fantasy with Eddie Redmayne. (2016, 12, 133min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.50 AM **Aquaman** Adventure. (2018, 12, 143min) ★★★
9.15 **Knights of the Zodiac** Drama. (2023, 12, 112min) ★★
11.10 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★
1.55 PM **Iron Monkey** Chinese thriller. (1993, 12, 90min) ★★★
3.30 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
5.45 **American Sniper** Biopic. (2014, 15, 127min) ★★★★

10.25 Kick-Ass 2

8.00 Wonder Woman Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With David Thewlis and Connie Nielsen. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Kick-Ass 2 Comic-book thriller sequel starring Aaron Taylor-Johnson. (2013, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shaolin Soccer** Hong Kong sports comedy. Subtitled. (2001, 12, 113min) ★★★
1.45 **The Cinema List: Westerns**
2.05 **Jackie Chan's Police Story 2** Hong Kong martial arts comedy sequel. Subtitled. (1988, 15, 91min) ★★★
4.10 **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★★
5.55 **to 7.45** AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Dinner for Schmucks**
8.25 **Babes** As shown at 11.50pm.
10.15 **Seven Psychopaths** Comedy. (2012, 15, 106min) ★★★★
12.10 PM **Just Friends** Comedy. (2005, 12, 94min) ★★
1.50 **Baywatch** Action comedy. (2017, 15, 121min) ★★
3.55 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
5.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★

9.50 I Now Pronounce You...

8.00 Ride Along Comedy starring Ice Cube and Kevin Hart. A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the city's most wanted criminal. (2014, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 I Now Pronounce You Chuck & Larry Comedy starring Adam Sandler and Kevin James as a pair of New York firefighters who enter a same-sex marriage in order to pull a pensions scam. (2007, 12, 110min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Babes** Comedy starring Ilana Glazer. (2024, 15, 104min)
1.40 AM **Avanti!** Romantic comedy starring Jack Lemmon. (1972, 15, 144min) ★★★
4.20 **to 6.30** AM **Dinner for Schmucks** Comedy starring Steve Carell and Paul Rudd. (2010, 12, 113min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Ruthless** As 12.00m't.
7.45 **To Catch a Killer** As 5.50pm.
9.55 **The Best Man** As 1.45am.
11.40 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
1.25 PM **Ocean's Thirteen** Thriller sequel with George Clooney. (2007, PG, 122min) ★★★
3.40 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.50 **To Catch a Killer** Thriller starring Shailene Woodley. (2023, 15, 119min) ★★★★

5.50 To Catch a Killer

8.00 Ocean's Eight Crime caper starring Sandra Bullock, Cate Blanchett, Anne Hathaway and Mindy Kaling. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Snatch Crime comedy drama starring Jason Statham. A group of small-time British crooks plan to steal a diamond from a mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Ruthless** Action thriller. (2023, 15, 92min) ★★★
1.45 AM **The Best Man** Thriller. (2023, 15, 93min) ★★
3.30 **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
5.55 **to 7.40** AM **Rashomon** Japanese thriller with Toshiro Mifune. Subtitled. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Jingle All the Way** Comedy. (1996, PG, 89min) ★★★
12.45 PM **Dr Who and the Daleks** Adventure with Peter Cushing. (1965, U, 83min) ★★★
2.25 **Annie** Musical with Aileen Quinn. (1982, U, 128min) ★★★
5.00 **Sister Act** Comedy. (1992, PG, 102min) ★★★★
7.05 **Taxi** Action comedy remake with Queen Latifah and Jimmy Fallon. (2004, 12, 97min) ★★

9.00 A Time to Kill

Taxi (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 A Time to Kill Courtroom drama starring Matthew McConaughey and Sandra Bullock. An ambitious young lawyer defends a man who shot dead the Mississippi rednecks who raped his daughter. (1996, 15, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 East Is East Comedy drama starring Om Puri. A Pakistani chip shop owner tries to raise his seven children as traditional Muslims to the dismay of his English wife and bolshy kids. (1999, 15, 96min) ★★★★
1.50 **to 3.40** AM **Downhill** Comedy drama starring Julia Louis-Dreyfus and Will Ferrell. (2020, 15, 86min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

7.15 AM **Despicable Me 4** (2024)
8.55 **Smurfs: Lost Village** Animation. (2017, U, 87min) ★★★
10.30 **The Cinema List**
10.45 **The Portable Door** As 11.40pm.
12.45 PM **Sing** Animated comedy. (2016, U, 108min) ★★★
2.45 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.30 **Madagascar** Animated comedy. (2005, U, 86min) ★★★

6.00 Teenage Mutant Ninja Turtles: Mutant Mayhem Animation with the voice of Nicolas Cantu. (2023, PG, 99min) ★★★★
7.45 The Huntsman: Winter's War Adventure starring Jessica Chastain and Chris Hemsworth. (2016, 12, 114min) ★★★
9.45 Knights of the Zodiac Fantasy with Sean Bean. When a goddess of war reincarnates into the body of a girl, an orphan discovers he is destined to protect her. (2023, 12, 112min) ★★

11.40 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
1.40 AM **The Brothers Grimm** Fantasy. (2005, 12, 118min) ★★★
3.40 **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
5.20 **to 6.50** AM **Ghost Squad** Fantasy. (2015, PG, 86min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Ferris Bueller's Day Off**
7.55 **Sixteen Candles** As 5.20am.
9.35 **The Little Rascals** As 3.55am.
11.05 **Ace Ventura Pet Detective** Hit comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
12.40 PM **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
2.25 **Ferris Bueller's Day Off** Comedy. (1986, 12, 103min) ★★★★

4.15 **King Ralph** Comedy starring John Goodman and John Hurt. (1991, PG, 97min) ★
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Superman** Sci-fi adventure starring Christopher Reeve. (1978, PG, 143min) ★★★★
10.25 **Enter the Dragon** Thriller with Bruce Lee as an undercover agent who infiltrates a martial arts competition on an island. (1973, 18, 97min) ★★★★

12.10 AM **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★★
2.15 **King Ralph** As 4.15pm.
3.55 **The Little Rascals** Children's comedy. (1994, U, 83min) ★★
5.20 **to 6.55** AM **Sixteen Candles** John Hughes' teen comedy. (1984, 12, 89min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Lego DC Comics Super Heroes: The Flash** As 12.50am.
7.35 **Surf's Up** As shown at 2.25pm.
9.15 **Despicable Me** Animation. (2010, U, 94min) ★★★★
11.05 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
12.45 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.25 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★

4.00 **Madagascar 3: Europe's Most Wanted** (2012, PG) ★★★★
5.45 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
7.30 **The Inventor** Animated comedy. (2023, PG, 100min) ★★★
9.25 **Curious George** Animation. (2006, U, 87min) ★★★★
11.10 **Mia and Me: The Hero of Centopia** Animated adventure. (2022, U, 85min) ★★★
12.50 AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★

2.15 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
3.55 **The Road to El Dorado** Animation. (2000, U) ★★★
5.40 **to 6.35** AM **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U, 47min) ★★★

Movies 24

312 313 419

7.00 AM **Junebug** Fantasy drama. (2024, PG, 84min) ★★
9.00 **Stepping into Love** Romantic drama. (2023, PG, 82min) ★★
11.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★
1.00 PM **Dare to Say Yes** Romantic drama. (2023, PG, 87min) ★★
3.00 **The Wedding Contest** Comedy with Nikki McKenzie. (2023, PG, 88min) ★★

5.00 **Campfire Romance** Romantic comedy. (2022, PG, 90min) ★★
7.00 **Sense and Sensibility** Drama starring Deborah Ayorinde. After a change in circumstances, a woman is torn between two men. (2024, U, 84min) ★★
9.00 **Planning for Joy** Romantic comedy starring Chelsey Reist. A woman promoting her company's new product turns to a TV presenter for help in mastering public appearances. (2022, PG, 86min) ★★

11.00 **The Engagement Back-Up** Comedy. (2022, PG, 91min) ★★
1.00 AM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Moriah's Lighthouse** Comedy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Salute the Toff** Mystery. (1952, b/w, PG, 76min) ★★
7.35 **Who Goes Next?** War drama. (1938, b/w, PG, 85min) ★★
9.15 **Look at Life** Documentary.
9.25 **Night of the Prowler** Mystery. (1962, b/w, U, 65min) ★★
10.40 **Glad Tidings** Comedy drama. (1953, b/w, U, 68min) ★★
12.00 NOON **Do You Know This Voice?** Mystery. (1964, b/w, PG) ★★

1.35 PM **Four Star Theatre** (S3)
2.05 **The Undefeated** Western. (1969, PG, 120min) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 8/39. (S1)
5.30 **Dixon of Dock Green** (S21)
6.30 **Out of Town** Documentary.
7.00 **The Footage Detectives**
8.00 **Public Eye** 2/13. (S6)
9.05 **Border Incident** Action drama starring Ricardo Montalban. (1949, b/w, PG, 92min) ★★★
11.00 **Picnic at Hanging Rock** Drama. (1975, PG, 111min) ★★★★★

1.10 AM **The Fourth War** Thriller. (1990, 15, 87min) ★★★
2.55 **Three Came Home** Drama. (1950, PG, 106min) ★★★★
5.00 **Colonel March of Scotland Yard** 5/26. (S1)
5.30 **to 6.00** AM **Dangerous Assignment**

MONDAY Sport 7 April

Monday

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 10.00 **LIVE ATP Tennis** Coverage of day two of the ATP Monte-Carlo Masters staged at the Monte Carlo Country Club in Monaco, and featuring matches from the first round of the tournament.
- 3.00 PM **LIVE IPL Mumbai Indians v Royal Challengers Bengaluru.** Coverage of the match staged at Wankhede Stadium in Mumbai. The home side won this meeting last year in a high-scoring match in Mumbai, beating Royal Challengers by seven wickets.
- 6.30 **LIVE MNF Leicester City v Newcastle United.** Coverage of the Premier League match from King Power Stadium. The reverse fixture in December saw the Magpies score four goals in the space of 30 minutes either side of half-time to claim a 4-0 victory at St. James' Park. Kick-off **8.00pm**.
- 11.00 **Sky Sports News**
- 2.00 AM **LIVE NCAA Basketball** Coverage of the March Madness men's final staged at Alamodome in San Antonio, Texas.
- 4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Highlights**
- 10.00 **The Football Show**
- 11.00 **Ref Watch** Refereeing decisions.
- 12.00 NOON **The Football Show**
- 1.00 PM **Premier League Highlights** Action from recent matches.
- 2.00 **Premier League Highlights** West Ham United v Bournemouth.
  2.30 Action from Aston Villa v Nottingham Forest at Villa Park.
  3.00 Crystal Palace v Brighton & Hove Albion at Selhurst Park.
  3.30 Highlights of Ipswich Town v Wolverhampton Wanderers.
  4.00 Fulham v Liverpool.
  4.30 Action from Manchester United v Manchester City.
- 5.00 **Premier League Best Goals**
- 6.00 **Premier League 100**
- 6.30 **LIVE MNF Leicester City v Newcastle United.** The Premier League match staged at King Power Stadium. Kick-off **8.00pm**.
- 11.00 **Gary Neville's Soccerbox**
- 12.00 M'T **MNF Hits** Recent action.
- 12.30 AM **Premier League Stories**
- 1.00 **PL Retro** Bolton v Chelsea.
- 3.00 **PL Greatest Games**
- 4.00 **Premier League Best Goals**
- 5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **EFL Cup Highlights**
- 8.45 **EFL Greatest Games**
- 9.00 **Scottish Premiership Round-Up** Top-flight action.
- 9.15 **SPFL Highlights**
- 9.30 **EFL Greatest Games**
- 10.00 **Championship Season Review**
- 11.00 **EFL Cup Highlights**
- 11.30 **EFL** Goals from 2017/18.
- 12.00 NOON **SPFL** Another chance to see St Johnstone v Celtic staged at McDiarmid Park.
- 2.00 PM **EFL Highlights**
- 3.00 **Scottish Premiership Round-Up** Top-flight action.
- 3.15 **SPFL Highlights** St Johnstone v Celtic staged at McDiarmid Park.
- 3.30 **EFL Highlights** Championship.
- 5.00 **Scottish Premiership Round-Up** Top-flight action.
- 5.15 **LIVE Baller League** Coverage from the third round of the UK-based version of the six-a-side football league staged at Copper Box Arena in London.
- 11.00 **Bundesliga Highlights Show**
- 12.00 M'T **Championship Retro**
- 2.00 AM **EFL Rivalries**
- 2.30 **EFL Greatest Games**
- 4.00 **EFL Cup Retro**
- 4.30 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

- 6.00 AM **IPL** A replay of Kolkata Knight Riders v Sunrisers Hyderabad.
- 10.10 **Ashes Greats** Archive action.
- 10.30 **Best of ICC WT20**
- 11.00 **IPL** Highlights from Chennai Super Kings v Delhi Capitals.
  12.00 NOON Highlights of Punjab Kings v Rajasthan Royals.
  1.00 PM Action from Sunrisers Hyderabad v Gujarat Titans.
  1.55 Action from Kolkata Knight Riders v Lucknow Super Giants.
- 2.50 PM **LIVE IPL Mumbai Indians v Royal Challengers Bengaluru.** Coverage of the match staged at Wankhede Stadium, Mumbai.
- 7.00 **Ashes Greats** Archive action.
- 7.30 **Best of ICC WT20**
- 8.00 **IPL** Highlights of Sunrisers Hyderabad v Gujarat Titans.
  9.00 Action from Mumbai Indians v Royal Challengers Bengaluru.
  10.00 Kolkata Knight Riders v Lucknow Super Giants.
  11.00 Mumbai Indians v Royal Challengers Bengaluru.
  12.00 M'T Action from Sunrisers Hyderabad v Gujarat Titans.
- 1.00 AM **IPL** A replay of today's game.
- 5.10 **Ashes Greats** Archive action.
- 5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

- 6.00 AM **Masters Official Film 2024**
- 7.00 **Women's Golf** The Augusta National Women's Amateur.
- 10.00 **PGA Tour Golf** Texas Open.
- 3.00 PM **Magnificent Masters: 1975**
- 3.30 **The Masters 1986: Jack's Glorious 18th**
- 4.00 **Masters: The One From November** The 2020 event.
- 4.30 **The Masters – The Major Heard Round the World**
- 5.00 **Masters: Live On the Range**
- 7.00 **Golf Channel Live from The Masters** Tournament preview.
- 10.00 **On the Road with Iona Stephen**
- 11.00 **PGA Tour Golf** Texas Open.
- 12.00 M'T **The Masters – The Major Heard Round the World**
- 12.30 **to 6.00** AM **The Masters Film**

Sky Sports Tennis

407 407 537 520 425 445

- 6.00 AM **WTA Tennis** Another chance of see the Charleston Open final.
- 8.00 **ATP Tennis** The US Men's Clay Court Championship final.
- 10.00 **LIVE ATP Tennis** Coverage of day two of the ATP Monte-Carlo Masters staged at the Monte Carlo Country Club in Monaco, featuring first round matches.
- 6.00 PM **WTA Tennis** Miami Open.
- 6.30 **ATP Tour This Week**
- 7.00 **ATP Tennis** Bucharest Open.
  8.00 The Marrakech Open final.
- 9.00 **WTA Tennis** Bogota Open final.
  10.00 The Charleston Open final.
- 11.00 **ATP Tennis** The US Men's Clay Court Championship final.
- 12.00 M'T **ATP Tennis** Recent finals.
- 2.00 AM **Bitesize Tennis**
- 2.15 **Tim Henman Podcast 2024**
- 2.30 **Billie Jean King: My Story**
- 2.45 **Martina Navratilova: Unstoppable** Documentary.
- 3.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Premier League**
- 7.30 **Serie A** Action from Italy.
- 9.30 **Tom Aspinall's Fight Lab**
- 10.00 **Men's Cycling Pro Series**
- 11.00 **Men's Cycling** Tour of Flanders.
- 12.00 NOON **The Breakaway**
- 12.30 PM **Women's Cycling**
- 1.30 **The Breakaway**
- 2.00 **LIVE Men's Cycling** Stage one of the Tour of the Basque Country, a 16.5km route from Vitoria-Gasteiz to Baskonia-Alaves.
- 5.00 **Playing For Our Future**
- 5.15 **Kenny Allstar's Number 1's**
- 5.30 **A-League Highlights**
- 6.00 **LIVE Ultimate Pool** Coverage from Group 14 of the Champions League, as some of the country's leading eightball players battle it out for places in the next stage.
- 9.30 **Grand Slam Track Athletics**
- 10.30 **Sign Up – Into Football**
- 11.15 **In My Blood** With Jarrod Bowen.
- 11.30 **MLB Highlights**
- 12.30 AM **LIVE MLB Chicago Cubs v Texas Rangers.** Coverage of the inter-league match from Wrigley Field. Start-time is at **12.40am**.
- 3.45 **Born Racers** Documentary.
- 5.00 **Classic Premier League**
- 5.30 **to 6.00** AM **PL Netbusters**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **Motocross World Championship** From Sardinia.
- 9.00 **Formula E Flashback**
- 10.00 **One Day International Cricket** Action from the two-match series between Sri Lanka and Australia.
  12.00 NOON Highlights from New Zealand v Pakistan.
- 1.00 PM **MLB Highlights**
- 2.00 **NBA** A replay of Oklahoma City Thunder v Los Angeles Lakers.
- 3.30 **NBA on Fire** The latest news.
- 4.00 **Grand Slam Track Athletics** Day three of the first slam event.
- 5.00 **AFL** Another chance to see Gold Coast Suns v Adelaide Crows.
- 7.00 **Premier League: Big Interview**
- 7.30 **Premier League Netbusters**
- 8.00 **HSBC SVNS Highlights** Action from the sixth round of the season staged in Singapore.
- 9.00 **MLB Highlights**
- 10.00 **UEFA Europa League & Conference League Magazine**
- 11.00 **A-League** Highlights from Brisbane Roar v Macarthur FC.
  12.00 M'T Auckland FC v Western Sydney Wanderers.
- 1.00 AM **A-League** Recent action.
- 5.00 **to 6.00** AM **Grand Slam Track Athletics**

Sky Sports Action

408 408 517 507 426 446

- 6.00 AM **Super League** A chance to see Castleford Tigers v Hull FC.
- 8.45 **Super League** A replay of Warrington Wolves v Leeds Rhinos.
- 11.30 **Top Rank Boxing Archive** Erik Morales v Marco Barrera.
- 12.45 PM **Super League Highlights**
- 1.00 **Good Morning Football** The latest news from the NFL.
- 3.00 **Fight Night** Another chance to see Natasha Jonas v Lauren Price.
- 4.00 **Super League Highlights** Hull FC v Leigh Leopards.
  4.15 Brief highlights from St Helens v Hull Kingston Rovers.
  4.30 Brief highlights from Leeds Rhinos v Wigan Warriors.
  4.45 Brief highlights from St Helens v Warrington Wolves.
- 5.00 **Top Rank Boxing Archive** Erik Morales v Marco Barrera.
- 6.00 **NBC's Pro-Football Talk** The latest news from the NFL.
- 8.00 **NCAA Basketball** A replay of the women's March Madness final at Amalie Arena in Tampa, Florida.
- 10.30 **NFL Highlights** Action from Dallas Cowboys v Philadelphia Eagles.
- 11.30 **NFL Bitesize Highlights**
- 12.00 M'T **The Insiders** NFL news.
- 1.00 AM **Premier League Darts**
- 5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 10.00 **LIVE ATP Tennis** Coverage of the second day of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco , featuring matches in the first round. Great Britain's Jack Draper was involved at this stage of last year's competition, and suffered a defeat to the number 10 seed, Hubert Hurkacz of Poland.
- 6.00 PM **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
- 7.00 **Sky Sports News** The latest news through the evening.
- 10.30 **Back Pages Tonight** A look at the sports headlines in the back pages of tomorrow's newspapers.
- 11.00 **Sky Sports News** A round-up of the sports news, plus interviews with the headline makers.
- 2.00 AM **LIVE NCAA Basketball** Coverage of the men's NCAA college basketball tournament final which takes place at Alamodome in San Antonio, Texas.
- 4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **LPGA Tour Golf**
- 9.00 **Formula 1** Japanese Grand Prix.
- 10.00 **IPL** Highlights from India.
- 12.00 NOON **WTA Tennis** Miami Open.
- 1.00 PM **ATP Tennis** The Miami Open.
- 2.00 **Fight Night International**
- 4.00 **EFL Greatest Games**
- 5.15 **LIVE Baller League** The third round of the six-a-side football league from Copper Box Arena.
- 11.00 **Formula 1** Japanese Grand Prix.
- 12.00 M'T **Tennis** Miami Open finals.
- 2.00 AM **PL Greatest Games**
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **The Masters**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **AFL** Replays of four matches
- 2.00 PM **Sign Up – Into Football**
- 2.45 **Kenny Allstar's Number 1's**
- 3.00 **In My Blood** With Jarrod Bowen.
- 3.15 **The Breakdown – European Football Show**
- 4.00 **Serie A** Action from Italy.
- 6.00 **Cycling** Men's Tour of Flanders.
- 7.00 **The Breakaway**
- 7.30 **Cycling** Women's Tour of Flanders.
- 8.30 **The Breakaway**
- 9.00 **Men's Cycling Pro Series** The Grand Prix Miguel Indurain.
- 10.00 **Cycling** The first stage of the men's Tour of the Basque Country.
- 11.00 **UCI Mountain Bike World Series Women** From Araxa.
- 12.00 M'T **UCI Mountain Bike World Series Men** From Araxa, Brazil.
- 1.00 AM **Men's Cycling**
- 2.00 **Premier League Netbusters**
- 2.30 **Formula E Flashback**
- 3.30 **NBA** Thunder v Lakers.
- 5.00 **to 6.00** AM **Supertri E World Triathlon Championship**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **A-League** Football action from the Australian top-flight.
- 12.00 NOON **PL Netbusters**
- 12.30 PM **UCI Mountain Bike World Series Women** Highlights from races staged in Araxa, Brazil.
- 1.30 **UCI Mountain Bike World Series Men** Action from the meeting staged in Araxa, Brazil.
- 2.30 **Motocross World Championship** Action from the meeting held in Sardinia.
- 5.30 **MotoGP Highlights** The Grand Prix of the Americas.
- 6.30 **MLB Highlights** Baseball.
- 7.30 **NBA** A replay of Oklahoma City Thunder v Los Angeles Lakers.
- 9.00 **What Went Down**
- 10.00 **Fight Week** UFC 314 preview.
- 10.45 **Tom Aspinall's Fight Lab**
- 11.15 **UFC** Another chance to see Josh Emmett v Lerone Murphy.
- 2.15 AM **Fight Week** UFC 314.
- 3.00 **to 6.00** AM **Motocross World Championship**

Premier Sports 1

419 551

- 6.00 AM **World Surf League**
- 7.00 **LaLiga Specials**
- 8.00 **Transworld Sport** Magazine.
- 9.00 **Downhill Skateboarding**
- 9.30 **UK Independent Kart Racing**
- 11.00 **British Minibikes**
- 1.00 PM **NHL on the Fly**
- 2.00 **LaLiga News**
- 2.30 **Sporting Countdowns**
- 3.00 **World Surf League**
- 4.00 **Transworld Sport** Magazine.
- 5.00 **LaLiga Highlights**
- 6.00 **Viva LaLiga** The latest news.
- 7.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
- 10.30 **LaLiga Specials**
- 11.00 **LaLiga Highlights**
- 12.00 M'T **Sporting Countdowns**
- 12.30 AM **LIVE NHL Ice Hockey Winnipeg Jets v St Louis Blues.** Coverage of the Western Conference match from Canada Life Centre. Face-off **12.30am**.
- 3.30 **Sporting Countdowns**
- 4.00 **to 6.00** AM **British Minibikes**

Premier Sports 2

420 552

- 6.00 AM **NASCAR** Goodyear 400.
- 10.00 **Africa Eco Race**
- 11.00 **PSA Squash Tour** The first semi-final of the latest tournament.
  12.00 NOON The second semi-final of the latest tournament.
  1.00 PM A tournament final.
- 2.00 **Champions Cup** Another chance to see Northampton Saints v Clermont Auvergne.
- 4.00 **Champions Cup** Another chance to see Toulon v Saracens.
- 6.00 **Indy Autonomous Challenge**
- 7.00 **LaLiga** A Spanish top-flight game.
- 9.00 **Champions Cup Highlights** The round-of-16 fixtures.
- 10.00 **LaLiga** A Spanish top-flight game.
- 12.00 M'T **LIVE NHL Ice Hockey New York Rangers v Tampa Bay Lightning.** Coverage of the match staged at Madison Square Garden. Face-off is at **12.00m't**.
- 3.00 AM **Temples of Sport**
- 3.30 **Bike World** Magazine.
- 4.00 **to 6.00** AM **Top 14**

Sky Sports F1

406 406 516 506 424 444

- 6.00 AM **Formula 1** Another chance to see the Japanese Grand Prix.
- 10.30 **Ted's Notebook**
- 11.00 **Ted Drives: F1 Car**
- 11.15 **72 Hours with Jack Doohan**
- 11.30 **Formula 1** The Japanese Grand Prix first practice session.
  12.45 PM The Japanese Grand Prix second practice session.
- 2.00 **The F1 Show**
- 3.00 **Formula 1** The Japanese Grand Prix third practice session.
- 4.15 **Ted Drives: F1 Car**
- 4.30 **Formula 1** The Japanese Grand Prix qualifying session.
- 6.30 **Ted's Notebook**
- 7.00 **Formula 1** Another chance to see the Japanese Grand Prix.
- 9.15 **Ted's Notebook**
- 9.45 **Formula 1** Japanese Grand Prix.
- 10.45 **72 Hours with Jack Doohan**
- 11.00 **British GT Championship**
- 1.30 AM **Ted Drives: F1 Car**
- 1.45 **F1 Feature**
- 1.50 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

8 April

Evening Planner

Tuesday

Football

Champions League

TNT Sports, kick-offs 8pm

In tonight's quarter-final first legs, Arsenal host defending champions Real Madrid and Bayern Munich play Inter.

Docudrama

Jack the Ripper: Written in Blood

Sky History, 9pm (box set, Sky Box Sets)

How the Whitechapel murders may have led to the rise of tabloid journalism.

OnDemand

NETFLIX

Paddington in Peru

Available today

Paddington sets off for deepest, darkest Peru with the Brown family, to look for his missing Aunt Lucy.

OnDemand

NETFLIX

The Clubhouse: A Year with the Red Sox

Available today

Cameras follow the 2024 baseball season of the Boston Red Sox.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Stacey & Joe		9.00 Reunion		10.00 News; Local News	
	102 BBC2	7.00 The Hairy Bikers Go North		8.00 Mortimer &...	8.30 Jules and...	9.00 QI XL	9.45 Hypothetical		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Bradley &...	8.30 For the Love...	9.00 Celebrity Big Brother		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Our Welsh Chapel Dream		9.00 George Clarke's Amazing Spaces		10.00 The Change	
	105 5	7.00 Are You Autistic?		8.00 Dogs Behaving (Very) Badly		9.00 Ben Fogle: New Lives in the Wild		10.00 The Basement: A Vanishing In Apple...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Whale with Steve Backshall		9.00 A League of Their Own: The Rally		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US – Shark Tank		9.00 Ashley Cain: Into the Danger Zone		10.00 Kin	
	116 BBC4		7.10 Eden: Untamed Planet	8.00 The Good Life	8.30 The Fall and...	9.00 The Black Death: Lucy Worsley...		10.00 Josephine Baker: The First Black...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Celebrity Big Brother: Late and Live	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Britain's Most Beautiful Road		10.00 PopMaster TV	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Love Cheats		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Matlock		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.40 Six Feet Under	7.40 Game of Thrones			9.00 The Art of Joy			
	110 U&GOLD	‹ 6.55 Only Fools and...	7.35 Dad's Army			9.00 Neil & Martin's Bon Voyage		10.00 Men Behaving Badly	
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Foyle's War	
	120 ITV4	‹ 6.45 UEFA Women's Nations League – Live: Belgium v England (Kick-off 7.30)						10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Snatch			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate SG-1		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs UFC		9.00 A League of Their Own: The Rally		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Father Brown			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Les Misérables – The Staged Concert					
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Brit Cops Down Under		9.00 Border Force: America's Gatekeepers		10.00 Nurses on the Ward	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Hoffman Family Gold		9.00 Gold Rush			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Treehouse Masters				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Death Army: Das Reich				10.00 World War II: Secrets from Above	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 Jack the Ripper: Written in Blood		10.00 Truthseekers	
	155 U&YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Lockerbie		8.00 I Am Johnny Cash				10.00 Film: Busby	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Despicable Me 4		8.00 Borat Subsequent Moviefilm			9.45 AfrAid		
	302 ADVENTURE	‹ 6.00 The Hobbit: An Unexpected Journey				9.00 The Brothers Grimm			
	303 HITS	‹ 6.10 Click		8.00 Fight or Flight				10.00 Charlie's Angels	
	304 GREATS	‹ 6.10 Beverly Hills Cop II		8.00 Superman II				10.10 Bad Boys	
	305 ANIMATION	‹ 5.30 Sing	7.20 Dr Seuss' The Lorax		8.50 Rugrats in Paris			10.15 The Amazing Maurice	
	306 HARRY POTTER	‹ 5.05 Fantastic...	7.30 Harry Potter and the Philosopher's Stone					10.05 Harry Potter and the Chamber...	
	307 ACTION	‹ 6.00 Godzilla x Kong: The New Empire		8.00 Fast & Furious 7				10.25 Jackie Chan's...	
	308 COMEDY	‹ 6.20 Nacho Libre		8.00 Ride Along 2			9.50 Thelma		
	309 THRILLER	‹ 5.55 Absolution		8.00 The Da Vinci Code					10.40 Lawless
	310 DRAMA	‹ 6.35 Sundown		8.00 The Blind Side				10.10 Dallas Buyers Club	
	311 SCI-FI	‹ 5.50 Star Trek Beyond		8.00 Minority Report					10.35 The First...
	313 FILM4	‹ 6.45 Finding Your Feet				9.00 Taken			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Middlesbrough v Leeds United (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 Netbusters
	403 FOOTBALL	7.00 EFL – Live: Middlesbrough v Leeds United (Kick-off 8.00)							10.30 Scottish...
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	‹ 6.45 Breakdown...	7.30 UEFA Champions League – Live: Bayern Munich v Inter Milan (Kick-off 8.00)					10.00 UEFA...	10.30 Breakdown...
	411 TNT SPORTS 2	7.00 T100 Triathlon World Tour Highlights		8.00 MLB Highlights		9.00 MLB – Live: Cleveland Guardians v Chicago White Sox (Start-time 9.10)			

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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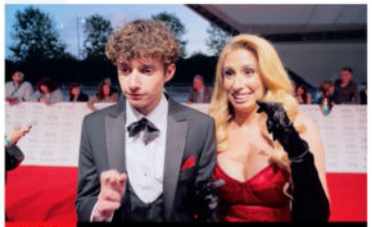
Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Derby. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition The police K9 unit search for illegal drugs at the airport. (S)
2.30 **Clive Myrie's Caribbean Adventure** (S)(R)(AD)
3.00 **Escape to the Country** New edition From Devon. (S)
3.45 **The Bidding Room** (S)(R)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Stacey & Joe

7 PM

7.00 **The One Show** Gethin Jones and Clara Amfo present the topical show. (S)
7.30 **EastEnders** Ruby's resentment towards Stacey builds after Martin's funeral, and emotions bubble over at the wake. (S)(AD)

8 PM

8.00 **Stacey & Joe** New edition 2/6. As their relaxing holiday comes to an end, the Solomon-Swash family hit the ground running. The atmosphere is strained with Joe on the road and Stacey juggling work and family. (S)(AD)

9 PM

9.00 **Reunion** New episode 2/4. Brennan tells Carly he's heading off to his school reunion, but unbeknownst to her, his motives are much darker than he is letting on. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW SERIES **Kinahan: The True Story of Ireland's Mafia** 1/4. The story of the Dublin crime cartel that rose from a small-time street dealing gang in the 1980s to become one the world's most feared criminal organisations. (S)(AD)
11.40 **Kinahan: The True Story of Ireland's Mafia** New edition 2/4. Things start to go wrong for the cartel when it's blamed for a number of murders, attracting the attention of the police in Spain and Ireland and starting a gang war. (S)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.50 AM **Policing Paradise** (S)(R)
7.20 **The Bidding Room** (S)(R)
8.05 **Sign Zone: Is Greenland for Sale?**
8.30 **Sign Zone: Flying in a Storm** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Sign Zone: See Hear** New edition
1.30 **Impossible** Quiz show. (S)(R)
2.15 **Lightning** Game show. (S)(R)
2.45 **Unbeatable** Quiz show. (S)(R)
3.30 **Dom Digs In** (S)(R)(AD)
4.15 **Patagonia: Earth's Secret Paradise**
5.15 **Flog It!** From Newcastle. (S)(R)
6.00 **Richard Osman's House of Games** With guests Sheree Murphy, Toussaint Douglass, Mark Foster and Sian Williams. (S)(R)
6.30 **Great British Railway Journeys** New edition Michael Portillo's rail exploration continues in Tonbridge in the south-east of England. (S)

8.30 Jules and Greg's Wild Swim

7.00 **The Hairy Bikers Go North** 2/8. Simon King and Dave Myers find themselves on the Yorkshire coast, cooking moules marinière with triple-cooked chips, a langoustine salad, and a beer and miso chicken with grilled aubergine. (S)(R)(AD)

8.00 **Mortimer & Whitehouse: Gone Fishing** The Irfon and Wye rivers. (S)(R)
8.30 NEW SERIES **Jules and Greg's Wild Swim** 1/6. Julie Wilson Nimmo and Greg Hemphill share their passion for wild swimming. (S)

9.00 **QI XL** 8/15. Sandi Toksvig is joined by panellists Rhod Gilbert, Lara Ricote, Ahir Shah, and Alan Davies to look at some animals beginning with 'U'. (S)(R)
9.45 **Hypothetical** 3/8. Josh Widdicombe and James Acaster are joined by Ed Gamble, Nish Kumar, Sara Pascoe and Lou Sanders. (S)(R)

10.30 **Newsnight** (S)

11.00 **Tribe with Bruce Parry** 2/3. The explorer spends time in Angola's harsh Namib Desert with the Mucubal, a community whose extreme isolation protects a unique way of life.(S)(R)(AD)
12.05 AM **Sign Zone: Lady Gaga: Inside the Chaos** The singer and actor talks to Mark Savage. (S)(R)
12.30 **Sign Zone: This Farming Life** (R)
1.30 **Sign Zone: Reunion** 1/4. (S1) (S)(R)
2.30 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with guests Jane Danson, Eddie Kadi and Tom Rosenthal. (S)(R)(AD)
3.00 **Jeopardy!** New edition Quiz show hosted by Stephen Fry. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Tracy is wracked with guilt, Charity and Jacob team up, while Gabby and Thomas make themselves at home. (S)(AD)

8.00 **Bradley & Barney Walsh: Breaking Dad** New edition 2/6. From Tokyo. (S)(AD)
8.30 **For the Love of Dogs with Alison Hammond** New edition 2/6. A spaniel is put through his paces. (S)(AD)

9.00 **Celebrity Big Brother** New edition Famous faces move in together, ready to have their every word and move recorded for the enjoyment of the viewing public. (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Jonathan Ross Show** The host is joined by Emmy, Grammy, Oscar and Tony-winning actor Viola Davis, star of *Guardians of the Galaxy Vol. 3* Will Poulter and renowned comedian Jack Dee. (S)(R)
11.40 **Heathrow: Britain's Busiest Airport** Passenger experience manager Numan is tasked with finding missing luggage. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Emergency Nurses: A&E Stories** Alex sees to a cyclist with an open fracture. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 23-26/26. (S8) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 7-10/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple go looking for a retirement home in Spain's Costa Blanca. (S)(R)
4.00 **A New Life in the Sun** Cal and Marina battle the elements at their Spanish surf camp. (S)(R)
5.00 **Chateau DIY** New edition Ben and Billie have 15 days to renovate their stairwell and entrance. (S)(AD)
6.00 **A Place in the Sun: What Happened Next?** Danni Menzies catches up with a couple who moved to Spain in 2021. (S)(R)

10.30 The Change

7.00 **News** (S)

8.00 **Our Welsh Chapel Dream** New edition 2/4. Keith Brymer Jones and Marj Hogarth set their sights on turning the old school room into their snug, Marj restores a Baroque French chair and Keith makes tiles for a feature wall. (S)(AD)

9.00 **George Clarke's Amazing Spaces** New edition George visits a family of Hollywood set designers who are using their skills to create a glamping site designed to look like a dystopian movie set. (S)(AD)

10.00 **The Change** New episode 5/6. The Verderer decides Linda and the Eel sisters are using witchcraft. (S)(AD)
10.30 Series finale 6/6. The Verderer receives a vote of no confidence. (S2) (S)(AD)
■ Entire series on C4 online

11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **999: On the Front Line** (S)(R)
1.00 **Alone USA** New edition 10/11. A snowstorm wreaks havoc. (S)
■ Entire series on C4 streaming
2.10 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
3.00 **Dispatches Special** (S)(SL)(R)(AD)
3.55 **Unreported World** (S)(SL)(R)(AD)
4.20 **Devon and Cornwall** (S)(SL)(R)
4.50 **Kirstie and Phil's Love It or List It**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **My Lover, My Killer** Thriller starring Candice Marie Singleton and Rico Ball. (S)(R) (2021, PG, 105min) ★★
4.00 **The Cruise: Fun at Sea** New edition It's Pride week for the crew on board *Valiant Lady* and crew engagement officer Aaron has events planned. (S)
5.00 **News** (S)
6.00 **Eggheads** The Windmill Regulars take part. (S)(R)
6.25 The Scum of the Earth team take on the experts. (S)(R)
6.55 **News** (S)

8.00 Dogs Behaving (Very) Badly

7.00 NEW **Are You Autistic?** NHS GP Dr Claire Taylor updates her knowledge on autism, so she can better support her patients and help those in the UK who are waiting for an assessment. (S)
7.55 **News** (S)

8.00 **Dogs Behaving (Very) Badly** New edition Graeme Hall revisits a pair of Labrador sisters that he helped set on the path of friendship, but now there is a new issue. (S)

9.00 **Ben Fogle: New Lives in the Wild** New edition Deep in the forests of Canton, Maine, Ben meets Arthur, a hunter-gatherer with a PhD in botany, along with his two daughters and his girlfriend. (S)

10.00 **The Basement: A Vanishing In Apple Valley** Series finale 2/2. Following the interrogation of Matthew Hoffman and the search throughout Apple Valley, Ohio, for the four missing people. (S)

11.05 **I Escaped a Murderer** 5/6. A man who was tortured by Jeffrey Dahmer. (S)(R)(AD)
12.05 AM **Acts of Murder** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 23&24/24. (S2) (S)(R)
3.45 **The Good Life: Brits in France** Documentary. (S)(R)
4.30 **Wildlife SOS** (S)(SL)(R)
4.55 **House Doctor** (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S5) (R)
11.00 **Chasing the Rains** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
5.00 **The Simpsons** *Flaming Moe:* Moe is successful in turning his tavern into a gay bar. (S)(R)
5.30 *The Fool Monty:* Mr Burns suffers from amnesia after jumping off a cliff. (S)(R)
6.00 **The Office (US)** 18/22. Michael is surprised when he strikes up a peculiar new friendship with a five-year-old girl. (S)(R)
6.30 19/22. Michael decides to celebrate his birthday by taking the staff ice-skating. (S2) (S)(R)

9.00 A League of Their Own

7.00 **The Simpsons** *Homer the Father:* Homer becomes obsessed with a father-son relationship in a 1980s sitcom. (S)(R)
7.30 *The Blue and the Grey:* Marge allows her hair to finally turn grey. (S)(R)

8.00 **Whale with Steve Backshall** 3/4. Steve sees whales that face the longest migratory journeys, including a female southern right whale that has travelled to the waters off Argentina to give birth. (S)(R)

9.00 **A League of Their Own: The Rally** Series finale The rally ends in the historic city of Turin, where Jamie, Jill and Micah fight for the last points and face Romesh's final challenge. (S)(AD)

10.00 **Never Mind the Buzzcocks** 1/9. Nova Twins, Alex Brooker and Danny Jones join Noel Fielding and Daisy-May Cooper and Jamali Maddix. (S)(R)(AD)
10.45 **Brassic** 2/8. Vinnie's friend Gideon calls to say his mother has passed away, and asks Vin to help him honour her final wishes with a dignified farewell. (S3) (S)(R)(AD)

11.45 **The Force: North East** Police deal with a sword attack. (S)(R)
12.40 AM **Brit Cops: War on Crime** (R)
1.35 **Road Wars** Double bill. (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R) **12.40am** Scotcast (S)(R) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The Crime I Can't Forget New edition (S) **11.40** Kinahan: The True Story of Ireland's Mafia (S)(R)(AD) **12.40am** The Hit List (S)(R) **1.25-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
5.15pm Mortimer & Whitehouse: Gone Fishing (S)(R)(AD) **5.45** LIVE Match of the Day (S) **8.00** Richard Osman's House of Games (S)(R) **8.30-9.00pm** Great British Railway Journeys New edition (S)(AD)

ITV1

As main ITV1 except:

WALES
10.45-11.40pm Sharp End: Political discussion. (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell (AD) **12.30** Heno **1.00** Cartrefi Cymru **1.30** Cefn Gwlad (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Guinness World Records Cymru 2025 **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Cegin Bryn: Yn Ffrainc **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Ysbyty **10.00** Pêl-Droed Rhyngwladol New edition **11.00-11.35pm** Clwb Rygbi

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Three high-performance hatchbacks.
8.00 **Dragons' Den US – Shark Tank** New edition 2/24. An effortless approach to a classic breakfast meal is promoted, and a healthy take on a beloved snack.
8.40 **The Catch Up**
8.45 **Glen Powell: The Story So Far** The American actor talks through his career.
9.00 **Ashley Cain: Into the Danger Zone** New edition 2/6. Exploring the rhino horn trade in South Africa. ■ Entire series on BBC iPlayer
10.00 **Kin** 3&4/8. (S1)
11.45 **The Tooney and Russo Show** New edition 9/12. The footballers discuss their ideal summer holiday.
12.20 AM **Cuckoo** 5&6/6. (S1)
1.20 **Ashley Cain: Into the Danger Zone** As 9.00pm.
2.20 **Paranormal: Britain's Last Witch** Documentary.
2.50 **Press X on the BBC**
3.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Squirrel Island** Red squirrels on Brownsea Island in Poole harbour.
7.10 **Eden: Untamed Planet** The secrets of the planet's remaining untouched regions.
8.00 **The Good Life** Tom and Barbara invest in livestock.
8.30 **The Fall and Rise of Reginald Perrin** Reggie tries out his new life.
9.00 **The Black Death: Lucy Worsley Investigates** 2/4. The historian examines Britain's deadliest pandemic.
10.00 **Josephine Baker: The First Black Superstar** A profile of African-American actor and singer Josephine Baker, who refused to perform to segregated audiences, a move which contributed to integration in Las Vegas nightclubs.
11.00 **Amityville: An Origin Story** 3&4/4. Drama. (S1)
12.40 AM **Storyville: Navalny**
2.15 **Marvellous Musicals: Talking Pictures**
3.00 **to 3.45** AM **Eden: Untamed Planet**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
10.00 **A Place in the Sun**
12.30 PM **Narrow Escapes**
2.35 **Come Dine with Me**
5.15 **Four in a Bed** The B&B contest begins at Derwent House in West Sussex.
5.50 The contestants visit Kirkby Park B&B, Liverpool.
6.20 The competition moves to Plas Dinas Country House in Snowdonia.
6.50 Annette welcomes the group to Hazelwood Farm in North Yorkshire.
7.20 **Four in a Bed** The B&Bers meet one last time as the winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Carl and Katy decide whether to renovate or sell their three-bedroom Victorian semi-detached home in Chester.
9.00 **Britain's Most Beautiful Road** 2/4. Members of a remote community in the village of Lochinver set out to revive the much-loved tradition of the Assynt Highland Games for the first time in three years.
10.00 **PopMaster TV** 4/6. Ken Bruce presents the TV version of his radio quiz.
11.05 **The Emergency Ward**
12.10 AM **24 Hours in A&E**
2.20 **Emergency Helicopter Medics** Documentary.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.40 PM **The Big Bang Theory**
2.05 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Rex continues to fight his conscience to avoid the consequences.
7.30 **Married at First Sight Australia** New edition The couples enter the next phase – the Couples Retreat in Byron Bay, but when things heat up at the boys' and girls' nights, one bride storms out and a groom doesn't know who to trust.
9.00 **Love Cheats** 2/4. Coleen shares her story of getting scammed by her fiancé.
10.00 **Gogglebox** *Freeze the Fear with Wim Hof* is appraised.
11.05 **Naked Attraction**
12.10 AM **First Dates**
1.10 **Married at First Sight Australia** As 7.30pm.
2.35 **Gogglebox**
3.30 **The Goldbergs**
4.20 **The Neighborhood**
5.10 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Send in the Dogs**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Border Security: America's Front Line**
11.00 **Bull** 1/22. (S6)
12.00 NOON **The Good Doctor** (S3)
1.00 PM **The Rookie** 11/14. Chen is jealous of how training officer Tim treats his new rookie. (S3)
2.00 **Chicago Fire** 10/13. Severide finds himself in charge. (S12)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Matlock

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 FBI: Most Wanted *Gladiator:* 7/22. The team investigate the murder of a professional basketball player's wife. (S3)

9 PM
9.00 Matlock New episode *Pregame:* 13/18. An important class-action lawsuit leads the team to investigate a sorority. (S1)

10 PM
10.00 The Cleaning Lady 2/12. Thony's in-laws come to Las Vegas and she helps Arman by meeting with Nadia's ex-lover. (S2)
11.00 **The Rookie** 12/22. (S5)
12.00 M'T **FBI** 6/22. (S1)
1.00 AM **FBI: Most Wanted** (S3)
2.00 **The Equalizer** New episode Crime drama. (S5)
3.00 **The Good Doctor** 6/20. (S3)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **True Blood** 8&9/10. (S7)
10.05 **Six Feet Under** (S4)
12.05 PM **Game of Thrones** (S7)
1.25 **My Brilliant Friend** (S1)
3.40 **True Blood** 8/10. Sookie puts her life on the line for Bill.
4.40 9/10. Bill pushes Sookie away, and Hoyt is reminded of his past. (S7)
5.40 **Six Feet Under** 10/12. George invites Kyle to dinner. (S4)
6.40 11/12. Nate is supportive when Brenda declares her desire to have a baby. (S4)

9.00 The Art of Joy

7.40 Game of Thrones *The Dragon and the Wolf:* 7/7. Tyrion tries to save Westeros from itself as everyone meets in King's Landing to discuss the fate of the realm. (S7)

9.00 NEW SERIES The Art of Joy 1/6. Drama starring Tecla Insolia. Recently orphaned Modesta joins a convent.

10.15 The Art of Joy New episode 2/6. Modesta tries to get closer to Leonora. (S1)
11.15 **Homicide: Life on the Street**
12.20 AM **Chernobyl** 2/5. (S1)
1.35 **The Wire** 7/13. Omar gets Bunk to help him. (S4)
2.40 **The Baby** 4/8. (S1)
3.25 **Mare of Easttown** 7/7. (S1)
4.40 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 6/13. (S9)
9.00 **Stargate SG-1** 5&6/22. (S5)
11.00 **Supergirl** 15/22. (S2)
12.00 NOON **The Flash** 7/13. (S9)
1.00 PM **Hawaii Five-0** (S3)
3.00 **NCIS: Los Angeles** 18/21. (S14)
4.00 **S.W.A.T.** 18/22. (S1)
5.00 **Supergirl** 14/22. The Danvers celebrate when Jeremiah is rescued from Cadmus. (S2)
6.00 **Stargate SG-1** 5/22. The team's wormhole triggers an ecological disaster that threatens a friendly planet. (S5)

7.00 Stargate SG-1

7.00 Stargate SG-1 *Rite of Passage:* 6/22. Cassandra develops uncontrollable telekinetic powers. (S5)

8.00 Rob & Romesh vs UFC Comedians Rob Beckett and Romesh Ranganathan enter the world of mixed martial arts.

9.00 A League of Their Own: The Rally New edition Jamie, Jill and Micah fight for the last points and face one final challenge.

10.00 Never Mind the Buzzcocks With Nova Twins and Alex Brooker.
10.45 Brassic 2/8. Vinnie's friend calls with bad news. (S3)
11.40 **FILM Fist of Fury** Martial-arts thriller starring Bruce Lee. (1972, 18, 106min) ★★★
1.35 AM **Road Wars**
2.00 **Rob Beckett's Smart TV** New edition With Himesh Patel and Carol Vorderman.
2.50 **NCIS: Los Angeles** 18/21. (S14)
3.55 **S.W.A.T.** 18/22. (S1)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Love Bites**
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **In with a Shout**
3.00 **Hart of Dixie** 7/22. (S1)
4.00 **Gilmore Girls** 7/22. Lorelai dismisses Richard's master plan to bribe Rory. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Fern Britton, Dominic Brunt and Kelle Bryan.

10.00 Celebrity Big Brother

7.00 Deal or No Deal Game show hosted by Stephen Mulhern in which another contestant takes on the infamous Banker.

8.00 The 1% Club Quiz game show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 TikTok: Murder Gone Viral 2/3. The case of the women's rights campaigner Sania Khan.

10.00 Celebrity Big Brother: Late and Live New edition Exclusive content with AJ Odudu, Will Best and celebrity guests.
11.05 **Family Guy** 15&9/21. (S8)
12.05 AM **American Dad!** (S4)
1.05 **Bob's Burgers** 5&6/22. (S9)
2.05 **Totally Bonkers Guinness World Records**
2.35 **World's Funniest Videos**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **The Darling Buds of May**
10.35 **The Royal**
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Endeavour** *Arcadia:* The detective discovers dark secrets in a supermarket.
5.50 **Heartbeat** *Every Dog His Day:* Lord Ashfordly's guests start to arouse suspicion in the village.

6.55 Heartbeat

6.55 Heartbeat *Services Rendered:* A hit-and-run incident in Ashfordly appears to be more sinister than first thought.

8.00 Vera *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby home town.

10.00 Foyle's War *A War of Nerves:* A crackdown on a crime racket leads Foyle to a shipyard owned by the Talbot brothers.
11.50 **Endeavour** *Arcadia:* The detective discovers dark secrets in a supermarket as he investigates a fire.
1.35 AM **Where the Heart Is**
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
4.30 PM **LIVE Women's International Football** Germany v Scotland: Both teams' fourth match in Group A1 of the Nations League from Volkswagen Arena. Kick-off is at 4.45.
7.00 **Reporting Scotland**
7.30 **Crimewatch Caught**
8.00 **This Farming Life** Series finale 12/12. Andy and Jo harvest their crops after challenging year.
9.00 **Paramedics on Scene** New edition 2/10. A toddler has a seizure in front of his parents.
10.00 **Disclosure: One More Fix** A plan to help curb Scotland's drugs crisis.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Burnistoun** 6/6. The pub holds a ladies' night. (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S1)
9.20 **The Conners** (S3)
10.15 **Veep** 3&4/10. (S4)
11.30 **Ballers** 8/9. (S4)
12.05 PM **Flight of the Conchords** 1/12. (S1)
12.40 **Curb Your Enthusiasm**
2.00 **Veep** 3&4/10. (S4)
3.10 **Ballers** 8/9. (S4)
3.45 **Flight of the Conchords** 1/12. (S1)
4.20 **Silicon Valley** (S1)
5.40 **The Office (US)** (S2)
6.40 **The Conners** (S3)
7.40 **Curb Your Enthusiasm** 7&8/10. Larry causes an accidental death.
8.20 8/10. (S7)
9.00 **And Just Like That...**
10.35 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.35 **Divorce** 3&4/8. (S2)
12.45 AM **Barry** 1&2/8. (S2)
2.00 **The Righteous Gemstones** New episode 5/9. (S4)
2.50 **Silicon Valley** (S1)
4.00 **to 5.00** AM **Room 104**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.15 **Cirque du Soleil**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Classic Movies**
12.00 NOON **Portrait Artist of the Year 2022**
1.00 PM **Tales of the...**
2.00 **Skinner & Mina's Literary Road Trip: Pope & Swift**
3.00 **The Art of the Garden**
4.00 **Discovering**
5.00 **Portrait Artist 2022**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Les Misérables – The Staged Concert**
10.55 **Les Misérables and Victor Hugo**
12.10 AM **The Black Italian Renaissance**
2.10 **Urban Myths**
3.10 **Unmuted**
3.40 **Marina Abramovic Takes Over TV**
4.40 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 1/10. (S3)
5.00 **Stargate SG-1** (S2)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: Voyager** *Think Tank:* 20/26. Janeway receives a strange offer. (S5)
8.00 **Hawaii Five-0** *Ikiiki i ka la o Keawalua:* 14/25. McGarrett and Grover uncover a deadly plan by an extremist group. (S9)
9.00 **FBI: Most Wanted** (S3)
10.00 **FBI: International** (S2)
11.00 **Stargate SG-1** (S2)
12.00 M'T **Grimm** 12/22. (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Billie and Greg**
8.40 **Dubai Dishes**
9.40 **Buying and Selling**
10.40 **The Real Housewives of Dubai** Reality series.
11.35 **Billie and Greg**
1.10 PM **Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules** New edition
4.05 **The Real Housewives of Dubai** Reality series.
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Chocolate Showdown**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** New edition Reality show.
10.00 **Patti Stanger: The Matchmaker** New edition
10.55 **Bad Boyfriends**
11.55 **The Only Way Is Essex**
12.55 **to 1.20** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 11/13. (S2)
11.00 **Highway to Heaven**
2.00 PM **Father Dowling Mysteries** 3/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11-14/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *My Late Lamented Friend and Partner:* 1/26. First episode of the drama starring Mike Pratt. (S1)
10.00 **The Avengers** *Wish You Were Here:* 20/33. Tara goes on a holiday from which she may not return. (S6)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Minder**
7.00 **The Sweeney**
7.55 **The Saint**
9.05 **Magnum, PI**
10.05 **Kojak**
11.10 **BattleBots** New edition
12.15 PM **The Saint**
1.20 **Magnum, PI**
2.25 **Kojak**
3.25 **Minder**
4.30 **The Sweeney** *Sweet Smell of Succession:* The death of a gangland leader sparks war.
5.40 **BattleBots** New edition

6.45 Women's Nations League

6.45 LIVE Football: Women's Nations League Belgium v England: Seema Jaswal presents all the action from the Group A3 match at Den Dreef in Leuven, as the teams meet for the second time in the space of four days having faced each other at Wembley on Friday. Kick-off is at 7.30.

9.50 Dramatic Finishes Featuring thrilling races from Cheltenham, Aintree, Ascot and York.

10.00 All Elite Wrestling: Collision Hard-hitting action, including FTR, Thunder Rosa, Miro, Jon Moxley and Jay White.

12.00 M'T **LIV Golf Highlights** Action from all three days of the recent event at the Trump National Doral in Miami.
12.55 AM **River Monsters**
1.50 **Ligue 1 Highlights**
2.20 **Motorsport Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 21/26. (S7)
2.00 **Atlantis** 2/13. (S1)
3.00 **Stargate SG-1** 20/20. (S10)
4.00 **Star Trek: Voyager** 4/26. (S4)
5.00 **Star Trek: Deep Space Nine** 21/26. Kira is ordered to help out an enemy. (S7)
6.00 **Star Trek: Enterprise** 6/26. The crew investigate a mysterious colony. (S1)

10.00 The Walking Dead

7.00 Atlantis *A Girl By Any Other Name:* 2/13. Jason and his friends promise to find an old man's missing daughter. (S1)

8.00 Stargate SG-1 *Unending:* 20/20. The Asgard are forced to take dramatic measures as SG-1's battle draws to a close. (S10)

9.00 Grimm *Thanks for the Memories:* 1/22. Nick relies on Trubel to help him track a new creature after losing his powers. (S4)

10.00 The Walking Dead *Conquer:* 16/16. Maggie tries to talk Deanna out of exiling Rick. (S5)

11.10 Wynonna Earp 7/13. Wynonna is convinced that the missing revenant is causing her to behave oddly. **12.00** M'T 8/13. Jack of Knives reveals an unpalatable truth about Wynonna's father. (S1)
1.00 AM **The Ark** 7-9/12. Triple bill of the sci-fi series. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 20/20. (S5)
12.00 NOON **The Mentalist** (S6)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Doctor Blake Mysteries** A farmer is fatally shot.
5.00 **Hudson & Rex** 20/20. Charlie and Rex try to take a car theft ring down. (S5)
6.00 **Body of Proof** 6/9. Megan investigates the murder of a magazine editor. (S1)

9.00 Father Brown

7.00 The Mentalist *White Lines:* 11/22. Jane goes on a date with a suspect's girlfriend. (S6)

8.00 Death in Paradise *Stab in the Dark:* 1/8. A plantation owner ends up dead during a seance. (S4)

9.00 Father Brown *The Wayward Girls:* Bunty and Father Brown investigate mysterious goings-on and secrets at a girls' borstal.

10.00 Father Brown *The Enigma of Antigonish:* The sleuth investigates when an ex-health spa employee is murdered.

11.00 The Mentalist As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 8/24. Mycroft asks his brother to return to London as his stint in New York comes to an end. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.10 AM **Highlights**
8.55 **I Didn't Know You Cared**
9.35 **Hi-de-Hi!**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **Keeping Up Appearances**
12.55 **I Didn't Know You Cared**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
4.55 **I Didn't Know You Cared**
5.35 **Keeping Up Appearances**
6.15 **Hi-de-Hi!**

9.00 Neil & Martin's Bon Voyage

6.55 Only Fools and Horses Tempers start to flare as the Trotter brothers fall for the same woman.
7.35 Dad's Army Mainwaring is left to tackle a suspected IRA terrorist by himself. **8.20** Mainwaring sets up an observation post in the local lighthouse.

9.00 Neil & Martin's Bon Voyage Series finale The boys ride the white horses of the Camargue.
■ Entire series on U

10.00 Men Behaving Badly Gary comes home to find Dorothy in bed with Tony. **10.40** Tony returns from his holiday with a beard.

11.10 Live at the Apollo Dara O Briain introduces stand-up by Zoe Lyons and Paul Chowdhry.
12.10 AM **Miranda**
12.50 **Men Behaving Badly**
2.05 **Live at the Apollo**
3.05 **Miranda**
3.35 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **James May: The Reassembler** A food mixer.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** The duo head to South Korea as they conclude their culinary journey.
6.00 **Rick Stein's India** The chef learns about temple cooking in the southern town of Madurai.

10.00 QI XL

7.00 Would I Lie to You? The Best Bits Highlights show with Rob Brydon.
7.40 Richard Osman's House of Games With Carol Smillie, Richie Anderson and Babatunde Aleshe. **8.20** With Milton Jones, Ria Lina, Martin Roberts and Briony May Williams.

9.00 Have I Got a Bit More News for You Satirical quiz, with Ian Hislop and Paul Merton joined by Ross Noble and Ria Lina.

10.00 QI XL Jason Manford, Aisling Bea and Johnny Vegas join regular Alan Davies and host Stephen Fry to discuss location.

11.00 World's Most Dangerous Roads From Java, Indonesia.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **Would I Lie to You? The Best Bits**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
9.30 **Chateau DIY**
10.30 **Come Dine with Me**
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **A New Life in the Sun**
4.00 **Chateau DIY**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Bad Dog Academy**
8.00 **George Clarke's Amazing Spaces** Two young brothers turn a battered bus into an ice cream van.
9.00 **The Great Celebrity Bake Off for SU2C**
10.20 **Building Britain's Superhomes**
11.20 **Tempting Fortune**
12.20 AM **Tempting Fortune: The Final**
1.25 **Gogglebox**
2.30 **The Nevermets**
3.30 **What's the Big Deal: Britain's Best Buys?**
4.25 **to 4.55** AM **Travel Man**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 1-3/24. (S15)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Handle with Care:* 16/24. The team work to clear the name of a retired Marine. **7.00** *One Man's Trash:* 17/24. A possible murder weapon appears on TV. **8.00** *Death from Above:* 18/24. A body is found on the NCIS roof. (S15)
9.00 **Law & Order** New episode *No Good Deed:* 12/13. Shaw and Riley investigate the death of a therapist. (S23)
10.00 **Law & Order: Special Victims Unit** *Contrapasso:* 3/24. A man is castrated and left for dead. (S19)
11.00 **Law & Order: Special Victims Unit** (S19&18)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S2)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dirty Home Rescue**
9.00 **The Block** New editions
11.05 **Call the Bailiffs: Time to Pay Up**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up** New edition
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **NEW TMZ: Hollywood's Ozempic Obsession**
1.15 AM **GPs: Behind Closed Doors** Medical series.
2.10 **Casualty 24/7: Every Second Counts**
3.00 **Police Interceptors**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
11.55 **FILM Chief Crazy Horse** Western drama. (1955, PG, 88min) ★★
1.45 PM **FILM Arrowhead** Western drama. (1953, U, 105min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Officers target crimes connected to narcotics. **7.00** Tom tries to stop a suspected petrol thief. **8.00** Two officers arrest a knife-wielding teenager.
9.00 **Motorway Cops: Catching America's Speeders** A car with a dangerous DIY repair job.
10.00 **Scam City** Rio de Janeiro.
11.00 **Fights, Camera, Action!**
12.00 M'T **Air Crash: Disaster Revealed**
1.00 AM **Police Interceptors**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 133 125 25 156 28

6.15 AM **Property Brothers at Home: Drew's Honeymoon House**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
8.00 **Brit Cops Down Under** New edition Maggie and Darren settle in at Perth's central station.
9.00 **Border Force: America's Gatekeepers** Three students carrying something unusual in their car are stopped.
10.00 **Nurses on the Ward** A two-year-old has a high temperature. **11.00** A man is treated after a heart attack.
12.00 M'T **Emergency: First Time Medics**
1.00 AM **Amanda & Alan's Italian Job**
1.40 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.15 **Classic Holby City**
10.15 **Classic Casualty**
11.20 **The Bill**
12.20 PM **Classic EastEnders**
1.40 **Eldorado**
3.00 **Bergerac**
4.10 **All Creatures Great and Small**
5.20 **One Foot in the Grave**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *A Clubbable Woman:* 1/3. A rugby player's wife is killed. (S1)
10.00 **New Tricks** *In Vino Veritas:* The detectives reopen the case of a pub landlord killed in a fire.
11.20 **Bergerac** 5/10. (S3)
12.20 AM **Taggart**
3.10 **to 4.00** AM **Classic Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Kent.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
6.00 **The Yorkshire Auction House** From Cumbria.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family** The story of a woman put in a children's home at just two weeks old.
10.00 **Rich House, Poor House** A property developer swaps with a warehouse worker.
11.00 **Long Lost Family Australia** A woman's bid to find her two siblings.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.40 **Bruce Forsyth's Generation Game**
1.00 PM **Play Your Cards Right** Double bill.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Bidding Room** Items including a vintage scooter and a birthing chair are up for auction.
7.00 **Tenable** Warwick Davis hosts as five members of a Solihull cricket club try to win a cash prize.
8.00 **The Chase** Double bill.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **FILM Robbers' Roost** Western. (1955, U, 83min) ★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Canadians** Adventure. (1961, U, 85min) ★★
2.55 **FILM Return of the Seven** Western sequel. (1966, PG, 95min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Passchendaele** Romantic war drama with Paul Gross. (2008, 15, 109min) ★★★
11.25 **FILM Battle for the Skies** Wartime drama. (2013, 15, 98min) ★★
1.35 AM **FILM Deadly Voltage** Adventure. (2015, PG, 84min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
11.00 **Saving Lives at Sea**
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 **FILM Stealing Paradise** Thriller. (2011, PG) ★★★
3.00 **FILM Deadly Hope** Thriller. (2012, PG) ★★
5.05 **FILM Til Death Do Us Part** Mystery starring Candace Cameron Bure. (2021, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Reprisal** Thriller starring Frank Grillo. (2018, 15, 91min) ★★
11.05 **FILM First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
1.15 AM **FILM The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Mommy Be Mine** Thriller. (2018, 12, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM A Summer to Remember** Comedy. (2018, PG, 90min) ★★
10.00 **FILM Just for the Summer** Drama. (2020, PG, 90min) ★★
12.00 NOON **FILM Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
2.00 PM **FILM Summer Love** Romantic drama. (2016, PG, 83min) ★★
3.55 **FILM Love, Alaska** Comedy. (2019, PG) ★★
6.05 **FILM Appetite for Love** Comedy. (2016, PG) ★★
8.00 **FILM Love's Second Chance** Romantic drama. (2020, PG, 90min) ★★
10.00 **FILM The Soulmate Search** Romantic drama. (2024, PG, 89min) ★★
12.00 M'T **FILM Ms. Matched** Comedy. (2016, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Together Forever Tea** Comedy. (2021, PG) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Monkees** (S1)
10.30 **Watching** 1/11. (S5)
11.00 **Trouble in Mind** (S1)
11.30 **Bewitched** 31/36. (S1)
12.00 NOON **Shine on Harvey Moon** 8/9. (S3)
1.00 PM **Blue Thunder** (S1)
2.00 **Return of the Saint**
3.00 **Space 1999** 15/24. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Trouble in Mind**
5.30 **Watching** 1/11. (S5)
6.00 **Bewitched** 31/36. (S1)
6.30 **The Monkees** (S1)
7.00 **Police Woman** (S1)
8.00 **Return of the Saint**
9.00 **Dark Skies** 11/20. (S1)
10.00 **Soap** (S1)
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Thriller** 10/10. (S1)
12.55 AM **Space 1999** (S1)
1.55 **Monkey** 16/26. (S1)
2.55 **Roobarb**
3.00 **Bubblegum & Cheese**
4.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
7.00 **Aussie Gold Hunters**
8.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **Building Off the Grid**
1.00 PM **The Last Alaskans**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Edgar is forced to undertake a dangerous repair, while Sig loses his temper.
8.00 Sig and Edgar see who is able to stay awake the longest.
9.00 With $1 million worth of crab at stake, the *Wizard* battles unrelenting waves.
10.00 The *Summer Bay* runs aground, and winter unleashes its fury.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Nigel Slater's Simple Suppers**
7.00 **Rachel Allen's Easy Meals** Four editions.
9.00 **Jamie's Quick & Easy Food** Four editions.
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday** Showstoppers.
1.00 **Nigel Slater's Simple Suppers** Double bill.
2.00 **Michel Roux's French Country Cooking**
3.00 **Rachel Allen's Easy Meals** Four editions.
5.00 **Jamie's Quick & Easy Food** Four editions.
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **Nadiya's Fast Flavours**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Yum and Yummer**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 10/19. (S5)
11.00 **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
1.00 PM **FILM Ransom** Political thriller. (1974, PG, 98min) ★★★
3.00 **FILM Biggles: Adventure in Time** Time travel adventure. (1986, PG, 108min) ★★
5.00 **Star Trek** 4/24. (S3)
6.00 **T.J. Hooker** 11/19. (S5)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Lord of War** Black comedy thriller. (2005, 15, 122min) ★★★★
11.20 **FILM Cross the Line** Thriller with Luke Goss. (2015, 15, 87min) ★★
1.05 AM **FILM Mindscape** Fantasy. (2013, 15) ★★★
3.00 **to 4.55** AM **FILM The Final Wish** Horror. (2019, 15, 95min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Alien Convergence** (2017)
8.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
10.00 **Farscape** 18/22. (S3)
11.00 **FILM Coast of Skeletons** Adventure. (1964, U, 90min) ★★
1.00 PM **FILM George and the Dragon** Fantasy. (2004, PG) ★★★
3.00 **Farscape** 18/22. (S3)
4.00 **Star Trek** 12/24. (S3)
5.00 **FILM Alien Convergence** Thriller. (2017, 15, 90min) ★★
7.00 **Farscape** 19/22. (S3)
8.00 **Star Trek** 13/24. (S3)
9.00 **FILM Black Water** Thriller starring Jean-Claude Van Damme. (2018, 15, 104min) ★★
11.05 **FILM The Asphyx** Horror. (1973, 15, 99min) ★
1.00 **to 3.00** AM **FILM Circus of Horrors** Horror. (1960, 15, 91min) ★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.30 **Container Wars**
7.55 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **Skinwalker Ranch**
12.10 PM **Proof Is Out There**
1.05 **World's Greatest Treasure Mysteries**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **Cops Who Kill**
12.00 M'T **Encounter: UFO**
1.00 AM **UFOs: Lost Evidence**
2.00 **Paranormal: Caught on Camera – Top 100**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **My Cornwall with Fern Britton** The pagan roots.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Ben travels to southern Sweden.
8.00 Ben meets a Glaswegian woman who relocated to Ethiopia.
9.00 **How the Nazis Lost the War** Germany's doomed allyship with despots and dictators.
10.00 **WWII Battles in Colour**
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover**
2.00 **Bargain-Loving Brits in the Sun** Documentary.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **My Dream Derelict Home in the Sun**
9.00 **Windy City Rehab** New edition A tough renovation for a family stuck in home that barely functions.
10.00 **Bargain Block New Orleans** New edition Keith and Evan Bynum dig themselves out of a financial hole with their second flip.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress: Lancashire**
10.00 **Say Yes to the Vegas Dress** Reality series.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Dr Pimple Popper**
9.00 **Botched Bariatric**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S6&7)
7.30 **Friends** 12/24. Ross and Joey get trapped on the apartment building's roof.
8.00 13/24. Phoebe spends a surreal first day at her new job.
8.30 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 **FILM Snatch** Crime comedy drama starring Jason Statham. (2000, 18, 102min) ★★★★
11.05 **Whose Line Is It Anyway? USA**
12.05 AM **Reno 911!** (S1)
1.05 **Utopia** 7&8/8. (S2)
2.15 **South Park** (S8)
3.10 **Teachers** (S3)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Becker** 1&2/22. (S5)
11.00 **Friends** 5–8/24. (S1)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 3&4/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 1&2/22. (S5)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 11/25. The gang try to attend three parties in one night, and Jess tries to avoid Sam.
9.30 12/25. Jess organises a couples' weekend. (S2)
10.00 **Friends** (S6&7)
1.00 AM **The Ren & Stimpy Show** 6&7/12. (S2)
2.00 **Reno 911!** (S1)
3.00 **Ugly Americans** (S2)
3.45 **Becker** 1&2/22. (S5)
4.30 **New Girl** 11&12/25. (S2)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Border Patrol**
12.00 NOON **DC's Legends of Tomorrow** (S3)
2.00 PM **Motorway Patrol**
3.00 **Border Security**
4.00 **Border Patrol**
5.00 **Highway Cops**
6.00 **Manifest** 7/13. (S3)
7.00 **Fantasy Island** (S2)
9.00 **Border Security: Canada's Front Line**
10.00 **Border Security: America's Front Line**
11.00 **Law & Order: Special Victims Unit** (S24)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Jo Brand.
2.00 **Prodigal Son** 2/13. (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **Daria** 11/13. (S4)
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Catch of the Day** Reality series.
3.00 **Catfish: Models**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!** Rolando needs to know why Joshua is hiding him.
9.00 **MTV Cribs: Mind-Blowing Mansions**
10.00 **Aussie Shore** A love triangle deepens.
11.00 **Dating Naked UK**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina welcome *Jersey Shore*'s Angelina to drop everything for 'fear fumbles'.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Goblin Works Garage**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** A Kentucky homestead drowns in floods.
3.00 **Gold Rush** Parker risks it all when he buys Dominion Creek.
4.00 Over six short months, the Klondike's gold miners battle storms and wildfires.
5.00 **Deadliest Catch** Freak tides trap Sig in dangerous seas, as Jake battles to get to port.

9.00 Gold Rush

7.00 **Salvage Hunters** Drew Pritchard purchases some medieval shields and also considers buying a Land Rover.

8.00 **Hoffman Family Gold** As Todd's Holy Roller plant runs non-stop, Hunter's Black Pearl plant is ready to wash dirt.

9.00 **Gold Rush** New edition Tony unleashes his floating wash plant, and Rick moves Monster Red to Vegas Valley.

10.00 **Gold Rush** New edition Rick's season rides on his first week of sluicing, while Parker targets a trusted honey hole.

11.00 **Mystery at Blind Frog Ranch** Chad and Eric discover an abandoned mine and suspect they're being stalked.
12.00 M'T **Mountain Monsters**
1.00 AM **Gold Rush** Double bill.
3.00 **Texas Metal** A Ford Rat Rod.
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Swimming with Monsters with Steve Backshall**
3.00 **Rugged Justice**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet**
6.00 **Extinct or Alive** Forrest Galante searches for the fabled Fernandina tortoise on the Galapagos Islands.

4.00 Saved by the Barn

7.00 **Pit Bulls & Parolees** Kenani suffers a serious motorcycle accident, while an ex-Marine comes looking for a dog.

8.00 **Treehouse Masters** Pete Nelson creates an off-the-grid escape that is all about peace, love and treehouses.

9.00 **Treehouse Masters** Pete Nelson sets out to create a treehouse bed-and-breakfast designed for romance.

10.00 **Alaska: The Last Frontier** Otto and Eivin fight to douse a coal fire on Kilcher beach that threatens the homestead.

11.00 **Expedition Bigfoot** New team member Ronny joins Mireya in a race to the nest to collect DNA samples.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **Hitler's Last Stand**
11.00 **Drain the Oceans: Deep Dive**
12.00 NOON **Car S.O.S**
1.00 PM **Construction Fails**
2.00 **Aircrash: Disasters Uncovered** Documentary.
3.00 **World War II: The Apocalypse**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A Triumph Herald.
6.00 **Lost Treasures of Egypt** Tutankhamun's tomb is searched for more secrets.

8.00 Hitler's Death Army

7.00 **Air Crash Investigation** How two identical crashes involving the Boeing 737 signalled the possibility of a widespread failure.

8.00 **Hitler's Death Army: Das Reich** Part one of two. Documentary about German soldiers who perpetrated massacres.

9.00 **Hitler's Death Army: Das Reich** Part two of two. German soldiers who perpetrated massacres during World War Two.

10.00 **World War II: Secrets from Above** Hitler gathers 800,000 Nazi soldiers to launch an attack against Stalin.

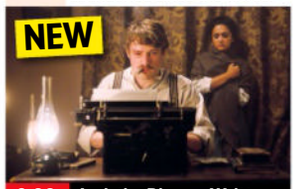
11.00 **Air Crash Investigation**
12.00 M'T **David Blaine Do Not Attempt** Venomous creatures.
1.00 AM **Destruction Decoded**
2.00 **Money Meltdown**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Pawn Stars** Documentary.
7.45 **Rust Valley Restorers**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Adventure Gold Diggers** Documentary.
1.00 PM **Rust Valley Restorers**
2.00 **Battle 360** Double bill.
4.00 **Secrets of Great British Castles** Arundel Castle.
5.00 **Pawn Stars** A car from *Grease*.
6.00 **American Pickers** Buildings abandoned since the 1950s.



9.00 Jack the Ripper: Written...

7.00 **Forged in Fire** Four smiths create a knife from the most mangled mess of a vehicle ever seen on the forge floor.

8.00 **Pawn Stars** New edition Rick considers purchasing an outfit that was allegedly worn by rock legend Alice Cooper.

9.00 **NEW SERIES Jack the Ripper: Written in Blood** How the killer's crimes fuelled tabloid journalism. ■ Entire series on Box Sets

10.00 **Truthseekers** New edition The possible existence of a place of immense wealth known as El Dorado.

11.10 **The Proof Is Out There** New edition Featuring a review of a recent trend in flying sphere sightings.
12.10 AM **Sex: A Bonkers History**
1.10 **Pawn Stars** As 5.00pm.
2.10 **The Curse of Oak Island**
3.05 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash**
10.00 **Great British Railway Journeys** Four editions.
12.00 NOON **Martin Clunes: Islands of Australia**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **Tony Robinson's Marvellous Machines** Artificial intelligence.
5.00 **The World at War** How France fell to the Nazis.
6.00 **Antiques Roadshow** From Cromer pier in Norfolk.

7.00 Great Continental Railway...

7.00 **Great Continental Railway Journeys** Michael Portillo continues his journey by travelling from Hungary to Austria.

8.00 **Bangers & Cash: Restoring Classics** Breathing new life into what was once the fastest production MG ever made.

9.00 **Bangers & Cash** Derek is off to Staffordshire to collect an unusual haul, including a mysterious Lion Omnibus Reliant.

10.00 **Bangers & Cash** Derek gives the once-over to a Royale Formula Ford race car, and Paul picks up vehicles in Teesside.

11.00 **Bangers & Cash** A Roller and a Rover go under the hammer and a 1966 Triumph Spitfire is restored to near perfection.
12.00 M'T **Find It, Fix It, Flog It** The boys visit Norfolk to assist a retired engineer and his wife.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Junkyard Empire**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz visit Basingstoke to check out a massive collection of vehicles.
9.00 **Vinnie Jones in the Country** New edition Vinnie's extreme hole-digging is causing tension with the council.
10.00 **The Repair Shop** Items restored include a 1970s electric go-kart and a much-loved old teddy bear with a missing leg.
11.00 **How Do They Do It?**
1.00 AM **Junkyard Empire**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **The Killer in My Family** Sante Kimes' crimes.
8.00 **Murder on CCTV** How CCTV help solve cases.
9.00 **The Night That Didn't End** The murder of 19-year-old Tara Ord.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy** Real-life small claims cases.
7.00 **Murder by the Sea** In the 1970s, a murderer terrorised Edinburgh, killing young women.
8.00 **48 Hours** New edition The 2020 murder of Maria Muñoz by Joel Pellot in Laredo, Texas.
9.00 **Storm of Suspicion** New edition A powerful thunderstorm hits a small Illinois town in the middle of the night.
10.00 **Britain's Countryside Killers** New edition The story of Sarah Williams, whose obsession with a fireman led to the murder of his partner.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Britain's Countryside Killers** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Written in Blood** The case of 'Casanova Killer' Paul John Knowles.
3.00 Exploring the murder of Collette Aram.
4.00 **Medical Detectives** A cyanide poisoner.
4.30 A building manager finds the lifeless body of a woman in her first apartment.
5.00 Evidence contained within saliva.
5.30 A murder victim's final moments are caught on tape.
6.00 Establishing the identity of a bomb victim.
6.30 The case of a fatally wounded woman who managed to call 911.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Stop, Search, Seize**
8.00 **UK Border Force**
9.00 **Send in the Dogs**
10.00 **Brit Cops UK**
11.00 **Forensics: Catching...**
12.00 NOON **What the Killer...**
1.00 PM **The Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer** True-crime.
6.00 **What the Killer Did Next** Debbie Starbuck.
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Larene Austin.
2.00 **Twisted Killers**
3.00 **Snapped** True-crime.
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Invention of Surgery**
6.50 **Fly with Me**
8.00 **Grand Tours of Scotland**
8.40 **Britain's Great Cathedrals** York Minster.
9.35 **Battlefield America**
10.40 **SAS: Rogue Warriors**
11.55 **My Grandparents' War**
1.00 PM **Grand Tours of...**
1.55 **Britain's Great...**
2.55 **Battlefield America**
4.00 **SAS: Rogue Warriors**
5.20 **My Grandparents' War**
6.25 **Britain's Great Cathedrals** York Minster.
7.25 **NEW SERIES Battlefield America**
8.35 **SAS: Rogue Warriors**
9.50 **My Grandparents' War**
10.55 **Battlefield America**
12.00 M'T **SAS: Rogue...**
1.20 AM **Grand Tours of...**
2.00 **Britain's Great...**
2.50 **My Grandparents' War**
3.40 **Fly with Me**
4.40 **Invention of Surgery**
5.30 **to 6.00** AM **Grand Tours of Scotland**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Emma Thompson**
8.00 **The Directors** Robert Wise.
9.00 **The Civil War**
10.00 **Lockerbie** Crime documentary.
11.00 **Burden of Proof: Who Killed Jennifer Pandos?**
12.00 NOON **QPR: The Four Year Plan** The running of QPR following a 2007 takeover.
1.50 PM **The Lawman**
3.30 **Premier League Legends**
4.00 **The Directors**
5.00 **Discovering: Emma Thompson**
5.55 **The Civil War**
7.00 **Lockerbie** Investigators find a link to a Palestinian terror cell.
8.00 **I Am Johnny Cash**
9.45 **My Icon: Thierry Henry**
10.00 **FILM Busby** A profile of Matt Busby. (2019, PG, 102min) ★★★
12.00 M'T **Burden of Proof: Who Killed Jennifer Pandos?**
1.05 AM **Persona: The Dark Truth Behind Personality Tests**
2.50 **Great Photo, Lovely Life: Facing a Family's Secret**
5.00 **to 6.00** AM **Discovering: Emma Thompson**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Land of Gremlins**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Great Parks of Africa**
10.00 **Nomads of the Serengeti**
11.00 **Chasing the Rains**
12.00 NOON **Arabian Inferno**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Great Parks of Africa**
4.00 **Nomads of the Serengeti**
5.00 **Great Blue Wild**
6.00 **Arabian Inferno**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **Cub Camp** Following the cubs as they learn to climb trees.
10.00 **Arabian Inferno** The domination of the reptile.
11.00 **Great Blue Wild**
12.00 M'T **Chasing the Rains**
1.00 AM **Ningaloo: Australia's Ocean Wonder**
2.00 **Whale with Steve Backshall**
3.00 **Cub Camp** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Great Parks of Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Mysteries**
9.00 **WW2 Air Crash Detectives**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Buried: Knights Templar and the Holy Grail**
2.00 **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **WW2 Air Crash Detectives**
5.00 **The Proof Is Out There: Military Mysteries**
6.00 **What on Earth?**
7.00 **Alien Files Reopened** A sighting in rural Zimbabwe.
8.00 **How to Lose a War** How the seeds of Japan's defeat in 1945 were sown a decade earlier.
9.00 **History's Greatest Myths** The influence that popular culture has on daily life.
10.00 **History's Greatest Mysteries**
11.00 **Barbarians** The Mongols.
12.00 M'T **Ancient Aliens**
2.00 AM **Digging for Britain**
3.00 **The Real War of Thrones**
4.00 **Alien Files Reopened**
5.00 **to 6.00** AM **The Proof Is Out There: Military Mysteries**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Mastermind of Murder**
9.00 **Rob Rinder's Interrogation Secrets** True-crime.
10.00 **Hometown Tragedy**
11.00 **An Hour to Kill**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Green Eyed Killers**
2.00 **Secrets of the Morgue**
3.00 **Rob Rinder's Interrogation Secrets** True-crime.
4.00 **Mastermind of Murder**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files** Lisa Valdez.
7.00 **The First 48** True-crime.
8.00 **Hometown Tragedy**
9.00 **Fatal Family Feuds** New edition
10.00 **Sunshine Slayings**
11.00 **Cruise Ship Killers**
12.00 M'T **Crimes That Shook Britain** Joanna Dennehy.
1.00 AM **Fatal Family Feuds**
2.00 **An Hour to Kill**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1hour 256 333

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest**
10.00 **Fish Tank Kings**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Predator vs Prey**
4.00 **Secrets of the Zoo: Scale Tales**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** A rescued manatee arrives with a severe case of cold-stress.
8.00 **Something Bit Me** Animals wreak havoc when humans invade their territory.
9.00 **Wild India** David Attenborough looks at life through the eyes of a newborn elephant calf.
10.00 **Alaska: The Next Generation** The Alaskans replenish their vital meat stores during spring.
11.00 **Ice Road Rescue** A truck blocking a mountain pass.
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet** Documentary.
3.00 **Secrets of the Zoo: Scale Tales**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Did the Mob Kill JFK?**
8.00 **Mega Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Did the Mob Kill JFK?** A look into evidence suggesting the Mafia ordered the assassination.
9.00 **Salvage Hunters: Classic Cars** Paul has paid £15,000 for an Alfa Romeo 2000 GTV that appears to be in great shape.
10.00 **Shed and Buried** In Cornwall, Henry Cole and Sam Lovegrove visit the Queen's armourer. **10.30** Sheds full of classic bikes and vintage cars.
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops** Triple bill.
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Other Points of the Compass:* A financially bereft James returns from a perilous voyage to face the revenge of ship-owner Callon. **8.00** *High Price:* James struggles with financial constraints to build his fleet and find himself a warehouse.
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** With Rageh Omaar, Ranulph Fiennes, Steven Pinder and Clare Balding. **11.35** With Hugh Fearnley-Whittingstall, Edward Stourton, Kelli Young and Henry Kelly. **12.15** AM Featuring guests Paul Henshall, Gok Wan, Henry Olonga and Todd Carty.
12.55 **The Onedin Line**
2.55 **Top of the Pops** Triple bill.
4.25 **Celebrity Mastermind**
5.25 **to 6.00** AM **Top of the Pops**

+1hour 266 376

ID

154 141 166

8.00 AM **Hometown Homicide**
9.00 **Murder Chose Me**
11.00 **Love, Honor, Betray**
1.00 PM **Murder Decoded**
3.00 **In Pursuit with John Walsh**
5.00 **Blood Runs Cold**
7.00 **Twisted Love** A confrontation between a woman's husband and her colleague.
8.00 **Diabolical: Deadly Love** The crimes of Cathy Cousins, who gunned down her husband.
9.00 **Feuds Turned Fatal** A simmering feud explodes in Newport News, Virginia.
10.00 **Signs of a Psychopath** A man in Vermont confesses to a series of horrific crimes. **10.30** A graduate student's disappearance leads police to a demented monster.
11.00 **Love Kills** Documentary.
12.00 M'T **Deadliest Mums & Dads**
2.00 AM **Blood Runs Cold**
4.00 **Twisted Love** As 7.00pm.
5.00 **to 6.00** AM **Diabolical: Deadly Love**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers** A Peugeot 205 T16 inspires Mike.
9.00 **Iron Resurrection** A customer entrusts Martin Bros. with his prized 1965 Buick Riviera.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Noah's Ark** As 4.40am.
8.35 **My Penguin Friend** Drama. (2024, PG, 110min) ★★★★
10.25 **Despicable Me 4** As 6.15pm.
12.10 PM **Cuckoo** As 11.15pm.
2.10 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
4.25 **I'll Be Right There** Comedy with Edie Falco and Jeannie Berlin. (2023, 12, 93min) ★★★
6.15 **Despicable Me 4** Animated sequel with the voice of Steve Carell. (2024, U, 94min) ★★★

9.45 AfrAid

8.00 Borat Subsequent Moviefilm Comedy sequel starring Sacha Baron Cohen. Borat returns to America intent on giving his fifteen year old daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 AfrAid Horror starring John Cho. A family are selected to test a new AI home assistant, which resorts to terrifying methods to protect them. (2024, 15, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Cuckoo** Horror with Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
1.05 AM **Skincare** Comedy thriller starring Elizabeth Banks. (2024, 18, 86min) ★★★
2.50 **Babes** Comedy starring Ilana Glazer. (2024, 15, 104min)
4.40 **to 6.20** AM **Noah's Ark** Animated family adventure. (2024, U, 96min)

Sky Cinema Hits

303 303 403 503 517

6.00 AM **The Killer** As 3.45am.
8.10 **Gran Turismo** As 1.30am.
10.30 **Hypnotic** Action thriller. (2023, 15, 93min) ★★★
12.20 PM **Harold and the Purple Crayon** (2024, PG) ★★★
2.05 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
4.05 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
6.10 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★

6.10 Click

8.00 Fight or Flight Action thriller starring Josh Hartnett and Katee Sackhoff. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. (2025, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Charlie's Angels Comedy thriller starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate the kidnapping of a computer magnate. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Hounds of War** Action thriller with Frank Grillo and Rhona Mitra. (2024, 15, 95min) ★★★
1.30 AM **Gran Turismo** Drama. (2023, 12, 123min) ★★★
3.45 **to 6.00** AM **The Killer** Thriller starring Nathalie Emmanuel. (2024, 15, 125min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.00 AM **The Blind Side** As 8.00pm.
9.15 **Dallas Buyers Club** As 10.10pm.
11.15 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
1.10 PM **Chicago** Musical. (2002, 12, 112min) ★★★★
3.05 **The Damned United** Biopic. (2009, 15, 98min) ★★★★
4.45 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
6.35 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
8.00 **The Blind Side** Fact-based drama starring Sandra Bullock. A white southerner adopts a homeless black teenager and spurs him on to sporting success. (2009, 12, 129min) ★★★
10.10 **Dallas Buyers Club** Drama starring Matthew McConaughey. A man diagnosed with HIV sets up an organisation to smuggle drugs for treating the condition. (2013, 15, 114min) ★★★★
12.10 AM **Babylon** Music drama. (1980, 15, 94min) ★★★
1.50 **High Noon** Western. (1952, b/w, U, 85min) ★★★★★
3.20 **Footloose** Teen musical remake. (2011, 12, 113min) ★★★
5.15 **to 7.55** AM **Hawaii** Period drama. (1966, PG, 155min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **Something in the Dirt**
8.45 **Ouija: Origin of Evil** As 4.05am.
10.30 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.05 PM **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
2.30 **A Quiet Place** Horror with Emily Blunt. (2018, 15, 90min) ★★★★
4.10 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
5.50 **Star Trek Beyond** Adventure. (2016, 12, 122min) ★★★★
8.00 **Minority Report** Steven Spielberg's sci-fi thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. (2002, 12, 145min) ★★★★
10.35 **The First Purge** Thriller prequel with Y'lan Noel and Lex Scott Davis. (2018, 15, 98min) ★★
12.25 AM **The Harbinger** Horror. (2022, 15, 87min) ★★★★
2.00 **Something in the Dirt** Comedy drama with Aaron Moorhead. (2022, 15, 116min) ★★★★
4.05 **Ouija: Origin of Evil** Horror prequel with Elizabeth Reaser. (2016, 15, 99min) ★★★
5.55 **to 7.50** AM **Biosphere** Comedy. (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.45 AM **Fantastic Beasts: The Crimes of Grindelwald**
10.05 **Fantastic Beasts: The Secrets of Dumbledore**
12.30 PM **Fantastic Beasts and Where to Find Them** Fantasy. (2016, 12, 133min) ★★★★
2.45 **Fantastic Beasts: Crimes of Grindelwald** Fantasy sequel. (2018, 12, 134min) ★★★★
5.05 **Fantastic Beasts: Secrets of Dumbledore** Fantasy sequel. (2022, 12, 142min) ★★★

2.45 Crimes of Grindelwald

7.30 **Harry Potter and the Philosopher's Stone** Adventure starring Daniel Radcliffe as the famous boy wizard, who does not learn of his heritage until his 11th birthday. With Emma Watson and Rupert Grint. (2001, PG, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

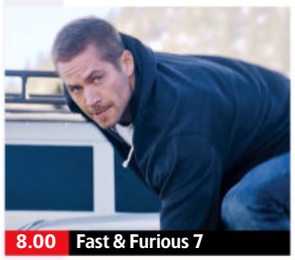
10.05 **Harry Potter and the Chamber of Secrets** Fantasy adventure sequel starring Daniel Radcliffe. The boy wizard and his friends confront a dark force that is terrorising their school. (2002, PG, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Harry Potter and the Prisoner of Azkaban** Fantasy adventure sequel. (2004, PG, 142min) ★★★★★
3.20 **to 6.05** AM **Harry Potter and the Goblet of Fire** Fantasy adventure sequel. (2005, 12, 157min) ★★★

Sky Cinema Action

307 307 407 507 521

7.45 AM **The Cinema List: Westerns**
8.05 **Kick-Ass 2** (2013, 15) ★★★
9.55 **American Sniper** Biopic. (2014, 15, 127min) ★★★★
12.10 PM **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
2.35 **Shaolin Soccer** Hong Kong sports comedy. Subtitled. (2001, 12, 113min) ★★★
4.10 **Rampage** (2018, 12) ★★★
6.00 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★



8.00 Fast & Furious 7

8.00 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. With Dwayne Johnson. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Jackie Chan's Armour of God** Martial arts thriller starring Jackie Chan. A daredevil buccaneer embarks on an adventure across Europe. (1986, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★
2.05 **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
4.00 **Dragon Lord** Action comedy. (1982, 15, 102min) ★★★★
5.50 **to 7.35** AM **Royal Warriors** Thriller with Michelle Yeoh. (1986, 18, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Blithe Spirit** (2020) ★★★
8.25 **Thelma** As shown at 9.50pm.
10.10 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
12.20 PM **I Now Pronounce You Chuck & Larry** (2007, 12) ★
2.25 **Ride Along** Police comedy. (2014, 12, 97min) ★★
4.20 **Being John Malkovich** Comedy. (1999, 15, 112min) ★★★★★
6.20 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★

9.50 Thelma

8.00 **Ride Along 2** Comedy sequel starring Ice Cube and Kevin Hart. An excitable beat cop is reluctantly recruited by his fiancée's detective brother to help bring a drug dealer to justice. (2016, 12, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Thelma** Comedy starring June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a journey across LA with revenge on her mind. (2024, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Lisa Frankenstein** Comedy. (2024, 15, 101min) ★★★
1.30 AM **The Edge of Seventeen** Comedy with Hailee Steinfeld. (2016, 15, 104min) ★★★★
3.25 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
5.15 **to 6.55** AM **Long Story Short** Romantic comedy. (2021, 15, 90min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.40 AM **Absolution** As 5.55pm.
9.45 **Jericho Ridge** As 4.25am.
11.25 **To Catch a Thief** As 2.25am.
1.25 PM **Chinatown** Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. (1974, 15, 131min) ★★★★★
3.50 **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★
5.55 **Absolution** Thriller with Liam Neeson and Ron Perlman. (2024, 15, 112min) ★★★

5.55 Absolution

8.00 **The Da Vinci Code** Conspiracy thriller starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Lawless** Drama with Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Rashomon** Japanese drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
2.25 **To Catch a Thief** Comedy. (1955, PG, 102min) ★★★★
4.25 **to 6.05** AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **MouseHunt** Comedy. (1997, PG, 98min) ★★★★
12.55 PM **Dunston Checks In** Comedy. (1995, PG) ★★★
2.35 **Secret Headquarters** Adventure with Owen Wilson. (2022, PG, 104min) ★★★
4.35 **Sister Act 2: Back in the Habit** Comedy sequel. (1993, PG, 107min) ★★
6.45 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★

9.00 Taken

Finding Your Feet (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Taken** Thriller starring Liam Neeson. A divorced ex-spy draws upon his old skills with deadly results when he tries to rescue his abducted daughter from a gang of sex traffickers in Paris. (2008, 18, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.50 **Glass** Thriller with James McAvoy. Three men with superhuman abilities end up in a psychiatric hospital, where a doctor has sinister plans. (2019, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

1.25 **to 3.55** AM **Moneyboys** Chinese drama starring Kai Ko and Chloe Maayan. Subtitled. (2021, 15, 120min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

6.50 AM **Scooby-Doo! The Sword and the Scoob** Animation. (2021, PG, 76min) ★★★
8.15 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
9.50 **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG, 99min) ★★★★
11.35 **Madagascar** Animated comedy. (2005, U, 86min) ★★★

1.05 PM **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
2.40 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
4.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
6.00 **The Hobbit: An Unexpected Journey** Fantasy adventure. (2012, 12, 165min) ★★★
9.00 **The Brothers Grimm** Fantasy adventure starring Matt Damon. (2005, 12, 118min) ★★★

11.05 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
12.50 AM **Ghost Squad** Adventure. (2015, PG, 86min) ★★★
2.30 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★★
4.40 **to 6.25** AM **Mee-Shee: The Water Giant** (2005, PG) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **The Way of the Dragon**
8.50 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
10.35 **The Italian Job** As 1.50am.
12.20 PM **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
2.10 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
4.35 **The Money Pit** Romantic comedy starring Tom Hanks. (1985, 15, 91min) ★★★

6.10 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy and Judge Reinhold. (1987, 15, 99min) ★★★
8.00 **Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. (1980, PG, 127min) ★★★
10.10 **Bad Boys** Comedy starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★

12.10 AM **The Money Pit** As 4.35pm.
1.50 **The Italian Job** Action comedy. (1969, PG, 100min) ★★★★★
3.40 **The Way of the Dragon** Martial arts adventure starring Bruce Lee. (1972, 18, 99min) ★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Tom and Jerry Cowboy Up!**
7.55 **The Inventor** Animation. (2023, PG, 100min) ★★★
9.40 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
11.10 **Wallace & Gromit: The Curse of the Were-Rabbit** (2005)
12.40 PM **Dr Seuss' The Lorax** (2012)
2.15 **The Garfield Movie** Animation. (2023, U, 101min) ★★★

4.00 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
5.30 **Sing** Animated comedy. (2016, U, 108min) ★★★
7.20 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
8.50 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
10.15 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
11.50 **The Road to El Dorado** Animation. (2000, U) ★★★

1.20 AM **Tom and Jerry: A Nutcracker Tale** (2007, U) ★★★
2.15 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
3.35 **Under the Boardwalk** Animation. (2023, PG) ★★★
5.05 **to 6.25** AM **DC Super Hero Girls: Legends of Atlantis** (2018)

Movies 24

312 313 419

7.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
9.00 **The Love Hunt** Romantic comedy. (2023, PG, 89min) ★★
11.00 **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
1.00 PM **Spring Breakthrough** Drama. (2023, PG, 90min) ★★
3.00 **Pumpkin Everything** Romantic comedy drama starring Taylor Cole. (2022, PG, 84min) ★★

5.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
7.00 **Aloha Heart** Drama with Kanoa Goo. The maid of honour at a wedding in Hawaii bonds with the hotel owner's son over their shared environmental concerns. (2023, PG, 90min) ★★
9.00 **Love on the Right Course** Comedy with Ashley Newbrough. A golfer returns to her home town after a losing streak to reevaluate her future in the sport. (2024, PG, 84min) ★★

11.00 **North to Home** Drama. (2022, PG, 84min) ★★
1.00 AM **The Best Version of Love** Comedy. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **Rip in Time** Fantasy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Come Back Peter** Comedy. (1952, b/w, U, 80min) ★★
7.35 **Clash by Night** Crime thriller. (1963, PG, 76min) ★★★
9.05 **Mohawk** (1956, PG) ★★
10.40 **The 20 Questions Murder Mystery** Crime thriller. (1950, b/w, PG, 95min) ★★
12.30 PM **The Strange Love of Martha Ivers** Romantic drama. (1946, b/w, PG, 117min) ★★★★

2.45 **Look at Life** Documentary.
3.00 **The Small Voice** Crime thriller. (1948, b/w, PG, 81min) ★★
4.40 **Mr Beamish Goes South**
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Colonel March of Scotland Yard**
7.05 **Batman** 3/60. (S2)
7.35 **Dial 999** 38/39. (S1)
8.05 **Rumpole of the Bailey**
9.15 **Love for Lydia** 9/13. (S1)
10.20 **Cellar Club with Caroline Munro**
10.25 **They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
12.15 AM **Cellar Club with Caroline...**

12.20 **Don't Look in the Basement** Horror. (1973, 18, 89min) ★
2.00 **Cellar Club with Caroline Munro**
2.05 **Malice** Suspense thriller. (1993, 15, 102min) ★★★
4.15 **The Turners of Prospect Road** Drama. (1947, b/w, PG) ★★
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 8 April

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** The third day of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the first and second rounds. With Dan Evans suffering a straight-set loss to Sebastian Ofner in the first round of last year's tournament, it meant that no British player had made it to the second round.
2.00 PM **Golf Channel Live from the Masters** The game's leading stars and pundits build-up to the Major at Augusta National Golf Club.
7.00 **LIVE EFL Middlesbrough v Leeds United.** The Championship match from Riverside Stadium. The reverse fixture in December at Elland Road saw Daniel Farke's team take all three points thanks to a 3-1 victory. Goals from Wilfried Gnonto, Daniel James and Brenden Aaronson gave the Whites the win that took them top of the table. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **MNF Hlts** Recent action.
7.30 **Premier League Highlights**
8.30 **SNF** Highlights from Aston Villa v Nottingham Forest at Villa Park.
9.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **MNF Hlts** Recent action.
12.30 PM **Gary Neville's Soccerbox** The presenter talks to former striker Michael Owen.
1.00 **Premier League Highlights**
5.00 **MNF Hlts** Highlights from Leicester City v Newcastle United.
5.30 **Netbusters** Reliving the action from the Premier League.
6.00 **Premier League Review** A look back at the weekend's action.
7.00 **Gillette Labs Soccer Special** News from tonight's matches.
10.15 **Soccer Special Post-Match** The reaction from tonight's fixtures.
10.30 **Netbusters** Recent action.
11.00 **Premier League Review**
12.00 M'T **Premier League Icons**
1.00 AM **PL Retro** A replay of Arsenal v Leeds United from 2003.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Cup Highlights**
11.30 **EFL Trophy Football**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Highlights**
1.30 **EFL Highlights**
2.30 **Scottish Premiership Round-Up**
2.45 **SPFL Highlights**
3.00 **EFL Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **Scottish Premiership Round-Up**
6.15 **SPFL Highlights** Action from St Johnstone v Celtic.
6.30 **EFL Highlights** Championship.
7.00 **LIVE EFL Middlesbrough v Leeds United.** Coverage of the Championship match at Riverside Stadium. Kick-off is at **8.00pm**.
10.30 **Scottish Premiership Round-Up**
10.45 **SPFL Highlights**
11.00 **EFL Trophy** A semi-final.
11.30 **EFL Greatest Games**
12.00 M'T **Retro League One**
2.00 AM **EFL Cup Highlights**
2.30 **EFL** The 2017/18 season.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Archive action.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent action from India.
2.50 PM **LIVE IPL Punjab Kings v Chennai Super Kings.** Coverage of the match staged at Maharaja Yadavindra Singh International Cricket Stadium in Mohali. The visitors won this match comfortably last year as they came away with a 28-run victory. Chennai made 167-9 in their 20 overs with Ravindra Jadeja top-scoring with 43 from 26 balls and in their reply Punjab could only make 139-9 in their reply as they struggled to challenge the Super Kings' total.
7.00 **Ashes Greats** Action from 2001.
7.30 **Best of ICC WT20** New Zealand v Sri Lanka from 2012. **7.45** West Indies v Sri Lanka.
8.00 **IPL** Recent highlights, featuring Sunrisers Hyderabad v Gujarat Titans, Punjab Kings v Chennai Super Kings and Mumbai Indians v Royal Challengers Bengaluru.
1.00 AM **IPL** A match replay.
5.10 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **How the 2012 Masters Was Won** Archive highlights.
8.00 **How the 2013 Masters Was Won** A look back at the event.
10.00 **How the 2014 Masters Was Won** Bubba Watson's victory.
12.00 NOON **The Magnificent Masters – 1975** Archive action.
12.30 PM **McGinley & Chamblee at the Masters** A preview.
2.00 **Golf Channel Live from the Masters** The game's leading stars and pundits build-up to the Major at Augusta National Golf Club.
10.00 **Tiger Woods: Back**
12.15 AM **On the Road with Iona Stephen** With Butch Harmon.
1.15 **Ladies European Tour Golf**
2.15 **The Masters Official Film – Cabrera 2009** Archive action.
3.30 **Steel Magnolia: Willett's Masters** Danny Willett's win.
4.00 **to 6.00** AM **The Masters Official Films**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **Sign Up – Into Football**
8.45 **Serie A** Action from Italy.
10.45 **Premier League Features**
12.15 PM **Sign Up – Into Football**
1.00 **Cycling** Recent highlights.
2.00 **LIVE Men's Cycling** Stage two of the Tour of the Basque Country.
5.00 **No Filter Cycling**
5.15 **Champions League Magazine**
5.45 **The Football's On**
6.45 **European Football Show**
7.30 **LIVE UEFA Champions League Bayern Munich v Inter Milan.** The quarter-final first-leg from Allianz Arena. Kick-off **8.00pm**. *See feature, page 28.*
10.00 **Champions League Highlights**
10.30 **World Snooker Championship**
11.30 **NBA on Fire** The latest news.
12.00 M'T **NBA Tip-Off** A look ahead.
12.30 AM **LIVE NBA New York Knicks v Boston Celtics.** Coverage from Madison Square Garden. Tip-off is at **12.30am**.
3.00 **LIVE NBA Phoenix Suns v Golden State Warriors.** From PHX Arena. Tip-off **3.00am**.
5.30 **to 6.30** AM **NBA Postgame**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Classics**
7.00 **HSBC SVNS Highlights**
8.00 **One Day International Cricket**
11.00 **Supertri E World Triathlon Championship** From London.
12.00 NOON **Sign Up – Into Football**
12.45 PM **MLB Highlights**
1.45 **AFL** Tigers v Lions.
3.45 **UEFA Europa League & Conference League Magazine**
4.45 **Premier League Review**
5.45 **Premier League Reload**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **T100 Triathlon World Tour Highlights** From Singapore.
8.00 **MLB Highlights**
9.00 **LIVE MLB Cleveland Guardians v Chicago White Sox.** Coverage of the American League match from Progressive Field. Start-time is at **9.10pm**.
12.15 AM **Premier League Reload**
12.30 **UEFA Europa League & Conference League Magazine**
1.30 **UEFA Champions League**
2.30 **Serie A** Action from Italy.
4.30 **Isuzu A-League Highlights**
5.00 **UEFA Champions League**
5.15 **to 6.00** AM **WRC: More Than Machine**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League Highlights**
7.00 **Super League** Recent action.
10.45 **The Rugby Championship** Australia v South Africa staged at Suncorp Stadium from 2024.
12.45 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **Super Bowl LIX Highlights** Highlights of the showpiece match between Kansas City Chiefs and Philadelphia Eagles at Caesars Superdome in New Orleans.
4.00 **Super League Highlights**
5.00 **NFL Bitesize Highlights** LA Rams v Philadelphia Eagles.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show.
8.00 **NCAA Basketball** The men's March Madness final staged at Alamodome in San Antonio, Texas.
10.30 **NFL Highlights** Philadelphia Eagles v Atlanta Falcons.
11.30 **NFL Bitesize Highlights**
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **Top Rank Boxing Archive**
2.30 **Fight Night International** Artur Beterbiev v Callum Smith.
3.30 **Super League Highlights**
4.30 **to 6.00** AM **Top Rank Boxing Archive**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Coverage of day three of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the first and second rounds.
6.00 PM **Sports Centre** A round-up of the latest sports news.
7.00 **Gillette Labs Soccer Special** News from tonight's matches.
7.30 **EFL Greatest Games**
7.35 **LIVE EFL Sheffield United v Millwall.** Coverage of the Championship match staged at Bramall Lane. United are battling it out for promotion to the Premier League and claimed a 1-0 win in December's reverse fixture at the Den thanks to a goal by Rhian Brewster late in the first half. Kick-off is at **7.45pm**.
9.45 **My Icon** Chris Powell.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **Premier League Darts** Night nine of the tournament staged at Uber Arena in Berlin.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Highlights.
10.00 **LIVE ATP Tennis** Coverage of day three of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the first and second rounds.
6.00 PM **WTA & ATP Tennis**
8.00 **WTA Tennis** Highlights of the WTA Charleston Open final.
9.00 **ATP Tennis** The US Men's Clay Court Championship final.
10.00 **WTA Tennis** Highlights from the Miami Open final staged at Miami Gardens in Florida.
11.00 **ATP Tennis** Bucharest Open final.
12.00 M'T **US Open Classic Matches**
2.00 AM **ATP Sizzle Reel 2024**
2.15 **WTA Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** San Diego Open.
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent action from India.
9.00 **ATP Tennis** Recent finals.
11.00 **PGA Tour Golf** Texas Open.
12.00 NOON **IPL** Recent action.
2.00 PM **WTA Tennis** Highlights.
4.00 **ATP Tennis** A recent final.
5.00 **PGA Tour Golf** Texas Open.
6.00 **Formula 1** Highlights of the Japanese Grand Prix.
7.00 **ATP Tennis** Highlights of the ATP Bucharest Open final. **8.00** Highlights from the ATP Marrakech Open final.
9.00 **WTA Tennis** Highlights of the WTA Bogota Open final.
10.00 **Fight Night International**
11.00 **Fight Night** Wardley v Clarke.
12.00 M'T **Tennis** Recent finals.
2.00 AM **PGA Tour Golf**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **The Masters**

TNT Sports 3

413 415 523 410 432

6.00 AM **AFL** Four match replays.
2.00 PM **European Rally Championship Highlights**
2.30 **Motocross World Championship** From Sardinia.
5.30 **Supertri E World Triathlon Championship** From London.
6.30 **Unbreakable: England 2003**
7.45 **European Rally Championship Highlights** Rally Sierra Morena.
8.15 **Cycling** Men's World Tour.
9.15 **What Went Down**
10.15 **Fight Week** UFC 314 preview.
11.00 **Tom Aspinall's Fight Lab**
11.30 **MLB Lead Off** A look ahead.
12.00 M'T **LIVE MLB Atlanta Braves v Philadelphia Phillies.** The National League match staged at Truist Park. Start-time **12.15am**.
3.00 AM **MLB Closer**
3.30 **Fight Week** UFC 314 preview.
4.15 **What Went Down**
5.15 **Premier League Reload**
5.30 **to 6.00** AM **Premier League Netbusters**

TNT Sports 4

414 416 524 411 434

6.00 AM **European Football Show**
6.45 **UEFA Champions League**
7.00 **Men's Cycling** The first stage of the Tour of the Basque Country.
8.00 **NBA** A replay of Oklahoma City Thunder v Los Angeles Lakers.
9.30 **NBA Action** Highlights.
10.00 **Formula E Flashback**
11.00 **Isuzu UTE A-League**
5.00 PM **MLB Highlights**
6.00 **HSBC SVNS Highlights** Round six of the season in Singapore.
7.00 **Isuzu A-League Highlights** The 25th round of fixtures.
7.30 **Tom Aspinall's Fight Lab** A look ahead to UFC 314.
8.00 **AFL** A replay of Collingwood Magpies v Carlton Blues. **10.00** A chance to see Geelong Cats v Melbourne Demons. **12.00** M'T A replay of Gold Coast Suns v Adelaide Crows. **2.00** AM A chance to see Richmond Tigers v Brisbane Lions.
4.00 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **LaLiga Specials**
7.00 **Transworld Sport** Magazine.
8.00 **Asian Le Mans Series**
9.00 **LaLiga Highlights**
10.00 **Champions Cup Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
12.30 PM **Champions Cup Highlights**
1.00 **NHL on the Fly** The latest news.
2.00 **LaLiga** Highlights and features.
3.00 **Champions Cup Highlights**
4.00 **PSA Squash Highlights**
5.00 **NASCAR Highlights**
6.00 **Viva LaLiga** The latest news.
7.30 **Sporting Countdowns**
8.00 **Scottish Football Social Club**
9.00 **Champions Cup Highlights**
10.00 **LaLiga Highlights**
11.00 **British Minibikes**
1.00 AM **NASCAR Highlights**
2.00 **Champions Cup Highlights**
2.30 **LIVE NHL Ice Hockey Colorado Avalanche v Vegas Golden Knights.** F-o 2.30am.
5.30 **to 6.00** AM **NHL: This is Hockey**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Bike World** Magazine.
9.30 **Indy Autonomous Challenge**
11.00 **NHL Ice Hockey** New York Rangers v Tampa Bay Lightning.
1.00 PM **Champions Cup** A chance to see Leinster v Harlequins.
3.00 **PSA Squash Tour** Action from the latest tournament.
6.00 **Bike World** Magazine.
6.30 **Temples of Sport**
7.00 **Champions Cup** Glasgow Warriors v Leicester Tigers. **9.00** Toulouse v Sale Sharks.
11.00 **Bike World** Magazine.
11.30 **Temples of Sport**
12.00 M'T **LIVE NHL Ice Hockey Florida Panthers v Toronto Maple Leafs.** The Eastern Conference match from Amerant Bank Arena. Face-off **12.00m't**.
3.00 AM **Indy Autonomous Challenge** Recent action.
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

406 406 516 506 424 444

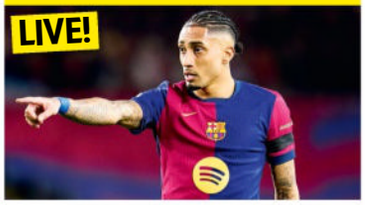
6.00 AM **Formula 1** Recent action.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** A chance to see the Japanese Grand Prix at Suzuka Circuit in Suzuka City, Japan.
6.00 **Ted's Notebook**
6.30 **Formula 1** Japanese Grand Prix.
7.30 **Formula 1** Highlights of the 2014 Bahrain Grand Prix. **8.30** Bahrain Grand Prix in 2015. **9.30** Bahrain Grand Prix in 2016. **10.30** The 2017 and 2018 Bahrain Grand Prix races.
12.30 AM **Ted Drives: F1 Car**
12.45 **Formula 1** Season highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 9 April Evening Planner

Wednesday

Football



Champions League

TNT Sports, kick-offs 8pm

Paris St Germain host Aston Villa, while Barcelona play Borussia Dortmund in tonight's quarter-final first-leg matches.

Documentary

Fridge: The Secret Genius of Modern Life

BBC2, 8pm

Hannah Fry takes a look at the fridge, an invention taken very much for granted.

Documentary

Charlie Bigham: Britain's Poshest Ready Meal?

5, 9pm

Investigating the popularity of posh ready meals, from Charlie Bigham to Cook.

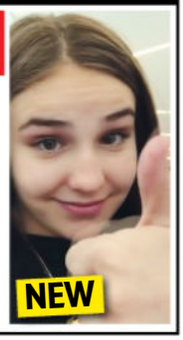
OnDemand

NETFLIX

Bad Influence: The Dark Side of Kidfluencing

Available today

The realities of child influencers.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Paddy and Chris: Road Tripping		10.00 News; Local News	10.40 UEFA...
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Fridge: The Secret Genius of Modern...		9.00 Saving Lives in Cardiff		10.00 Detectorists	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Celebrity Big Brother		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Worst House on the Street		9.00 Grand Designs		10.00 Building Britain's Superhomes	
	105 5	7.00 Shop Smart, Save Money		8.00 Murder Scene: The Incident Room		9.00 Charlie Bigham: Britain's Poshest...		10.00 Ambulance: Code Red	
	106 SKY SHOWCASE	7.00 The Simpsons				9.00 Rob Beckett's Smart TV	9.50 Ricky Gervais: Politics		
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US...	8.40 David...	9.00 Film: Us			
	116 BBC4	7.00 Eden: Untamed Planet	7.45 Florence Nightingale: Nursing Pioneer			9.00 Mysteries of the Bayeux Tapestry		10.10 The Wars of the Roses: Henry...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Celebrity Big Brother: Late and Live	
	136 MORE4	‹ 6.50 Four in a Bed	7.55 Kirstie and Phil's Love It or List It			9.00 24 Hours in A&E		10.00 Griff's Great Kiwi Road Trip	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 First Dates		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.45 Six Feet Under	7.45 Game of Thrones			9.00 The White Lotus			10.40 Gangs...
	110 U&GOLD	‹ 6.55 Only Fools and...	7.35 Dad's Army			9.00 Men Behaving Badly		10.20 The Royle Family	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 World's Most Dangerous Roads	
	119 ITV3	‹ 6.55 Heartbeat		8.00 McDonald & Dodds				10.00 Foyle's War	
	120 ITV4	7.00 The Grand Fishing Adventure		8.00 Film: On Her Majesty's Secret Service					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray: Beautiful British Tour...		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Freddie Down Under		9.00 Rob Beckett's Smart TV	9.50 A League of Their Own: The Rally		
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Miss Scarlet		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 The Art of Architecture: Great...		9.00 I Am Burt Reynolds			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake				10.00 Stacey Dooley on the Psych Ward	
DOCUMENTARY	125 DISCOVERY	7.00 Salvage Hunters		8.00 Hoffman Family Gold		9.00 Gold Divers		10.00 Filthy Fortunes	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Into the Shark Bite		9.00 Return to the Isle of Jaws		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Destruction Decoded		9.00 Car S.O.S.			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Great Coastal Railway Journeys		9.00 Great Canal Journeys		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Lockerbie		8.00 Eyes on the Prize III		9.00 Film: Touching the Void			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.00 Horizon: An American Saga...		8.00 It Ends with Us				10.15 Cuckoo	
	302 ADVENTURE	‹ 6.00 The Hobbit: The Desolation of Smaug			8.45 Pan				
	303 HITS	‹ 6.00 The Beekeeper		8.00 The Meg				10.00 Meg 2: The Trench	
	304 GREATS	‹ 6.10 Beverly Hills Cop 3		8.00 Superman III				10.10 Last Action Hero	
	305 ANIMATION	7.05 The Prince of Egypt			8.50 The Ogglies			10.20 DC Super Hero Girls...	
	306 HARRY POTTER	‹ 6.20 Harry Potter and the Chamber of Secrets				9.05 Harry Potter and the Prisoner of Azkaban			
	307 ACTION	‹ 6.10 300: Rise of an Empire		8.00 The Fall Guy				10.15 Dragon Lord	
	308 COMEDY	‹ 6.05 Tropic Thunder		8.00 Pixels			9.50 The Edge of Seventeen		
	309 THRILLER	‹ 5.50 Collateral		8.00 Angels & Demons				10.30 Layer Cake	
	310 DRAMA	‹ 6.40 Boy Meets Boy		8.00 P.S. I Love You				10.15 Ray	
	311 SCI-FI	‹ 6.10 Men in Black		8.00 Dune: Part Two					
	313 FILM4	‹ 6.40 Ben-Hur				9.00 Stillwater			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Coventry City v Portsmouth (Kick-off 8.00)					10.00 The Masters – Live	
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 PL Stories
	403 FOOTBALL	7.00 Gillette Labs...	7.30 EFL – Live: Coventry City v Portsmouth (Kick-off 8.00)						10.30 EFL Highlights
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Paris Saint-Germain v Aston Villa (Kick-off 8.00)							10.30 UEFA...
	411 TNT SPORTS 2	‹ 6.30 Football's On	7.30 UEFA Champions League – Live: Barcelona v Borussia Dortmund (Kick-off 8.00)					10.15 UFC Countdown	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition (S)
2.30 **Clive Myrie's Caribbean Adventure** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition Nigel Havers presents as people try to sell items to five dealers. (S)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** By the Labour Party. (S)

8.00 The Repair Shop

7 PM

7.00 **The One Show** Clara Amfo and Alex Scott present the topical show. (S)
7.30 **EastEnders** Against Jack's advice, Stacey is determined to find out who burned down Martin's market stall herself. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition The experts restore a fully working children's car, a Dutch doll given to visitor Annette when she stayed with a host family during the Troubles in Northern Ireland, and a fez from Egypt. (S)(AD)

9 PM

9.00 **Paddy and Chris: Road Tripping** 1/3. Paddy McGuinness and Chris Harris go on a quest to crack the code of how to age well, seeking advice from the Europeans who do it best, starting in Sweden. (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Match of the Day: Champions League** Action from the quarter-final first-leg ties, including Arsenal v Real Madrid at Emirates Stadium and Paris Saint-Germain v Aston Villa at Parc des Princes. The two remaining English teams faced tough tests against holders Real and Liverpool's conquerors PSG. (S)
11.40 **How to Win the Champions League** New edition 2/3. A look back at Liverpool's 2019 Champions League triumph. (S)
12.10 AM **The Weakest Link** With Jill Scott and Simon Rimmer. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Policing Paradise** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** The West Midlands. (R)
9.00 **BBC News** (S)
1.00 PM **Sign Zone: See Hear** New edition (S)(AD)
1.30 **Impossible** Quiz show. (S)(R)
2.15 **Lightning** Game show. (S)(R)
2.45 **Unbeatable** Quiz show. (S)(R)
3.30 **Dom Digs In** (S)(R)(AD)
4.15 **Patagonia: Earth's Secret Paradise**
5.15 **Flog It!** From Leicester. (S)(R)
6.00 **Richard Osman's House of Games** Sheree Murphy, Toussaint Douglass, Mark Foster and Sian Williams take part. (S)(R)
6.30 **Great British Railway Journeys** New edition Michael Portillo's railway tour of the Weald reaches the Surrey countryside. (S)(AD)

7.00 Celebrity Antiques Road Trip

7.00 **Celebrity Antiques Road Trip** New edition Army veteran Simon Weston and former England international cricketer Monty Panesar take part in a battle of antiques in South West Wales, with the help of Tim Medhurst and Roo Irvine. (S)

8.00 **Fridge: The Secret Genius of Modern Life** New edition 2/5. Hannah Fry looks at the fridge, hitting the production lines with Bosch to find the life-blood at the heart of these cooling devices. (S)
■ Entire series on BBC iPlayer

9.00 **NEW SERIES Saving Lives in Cardiff** Stuart Quine is under pressure during complex, pioneering robotic surgery to remove a rare tumour, and Indu Deglurkar treats a 51-year-old martial arts competitor. (S)(AD)

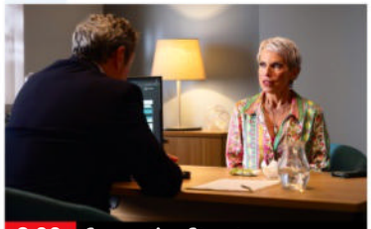
10.00 **Detectorists** 1/6. Andy considers setting Lance up with an internet date, while a stranger arrives at the club. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
10.55 **Weather** (S)

11.00 **NEW Like, Follow, Trafficked: Insta's Fake Guru** The truth behind the rise of wellness influencer Kat Torres, and the international search for her trafficked followers. (S)
12.00 M'T **Sign Zone: Stacey & Joe** A glimpse into the lives of Stacey Solomon and Joe Swash. (S)(R)
12.55 AM **Sign Zone: Beyond Paradise** The team try to find the source of some threatening texts. (S)(R)
1.55 **Sign Zone: Reunion** 2/4. (S1) (R)
2.50 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with guests Kate Garraway, Pete Wicks and Bradley Wiggins. (S)(R)(AD)
3.00 **Jeopardy!** New edition Quiz show hosted by Stephen Fry. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.20 **Party Election Broadcast** By the Labour Party. (S)
6.30 **ITV News** (S)



8.00 Coronation Street

7.30 **Emmerdale** Tracy confesses, John is mortified, and Vanessa rails at Rhona. (S)(AD)

8.00 **Coronation Street** Debbie visits a doctor to discuss some worrying incidents, Ronnie plots a proposal but comes to blows with Mick, and Tyrone finds Dorin waiting for him at home. (S)(AD)

9.00 **Celebrity Big Brother** New edition Famous faces move in together, ready to have their every word and move recorded for the enjoyment of the viewing public. (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Trial of Louise Woodward** A look back at the trial of a British nanny accused of murdering an American baby in her care. (S)(R)(AD)
11.40 **Olivia Attwood's Bad Boyfriends** 10/12. The bad boyfriends get grilled during a revealing set of dates, Sapphia clashes with Bayley, and Ryan's flirting with Liily gets him in hot water. (S)(R)
12.30 AM **Teleshopping**
3.00 **Tonight: Cancer Under 50 – Searching For Answers** (S)(R)
3.25 **The Dry** 3/8. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** (R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 1-4/27. (S9)(S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 11-14/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Gary and Lynn seek their dream holiday in France's Haute-Vienne region. (S)(R)
4.00 **A New Life in the Sun** The heat is on for Lancashire couple Bev and Graeme in Bulgaria. (S)(R)
5.00 **Chateau DIY** New edition Ben and Billie race to finish renovations to Chateau La Grande Maison. (S)(AD)
6.00 **A Place in the Sun: What Happened Next?** Laura Hamilton heads to Mojácar, Spain, to reunite with a couple at their home. (S)(R)

8.00 Worst House on the Street

7.00 **News** (S)

8.00 **Worst House on the Street** New edition Scarlette and Stuart Douglas help a couple renovate their recently-inherited five-bedroom home in Balham, London to make it appealing to a modern family. (S)(AD)

9.00 **Grand Designs** New edition Recently widowed 82-year-old Kathryn plans to build a new, accessible, ultra-sustainable home right next door to the home she lived in with her husband Jon. (S)(AD)

10.00 **Building Britain's Superhomes** New edition 3/4. Guy Phoenix and his team battle against the winter weather as they start to build the huge swimming pool annexe, and Guy visits the place of his next project. (S)(AD)

11.05 **24 Hours in A&E** (S)(R)(AD)
1.00 AM **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(SL)(R)
1.50 **Undercover Boss USA** (S)(R)
2.40 **FILM Like a Boss** Comedy starring Tiffany Haddish and Rose Byrne. (S)(SL) (2020, 15, 85min) ★★★
4.05 **Find It, Fix It, Flog It** (S)(R)
4.20 **Devon and Cornwall** (S)(R)(AD)
4.50 **Kirstie and Phil's Love It or List It** From Walthamstow. (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **My Killer Nurse** Thriller with Sierra Wooldridge, Joanne Jansen and Neville Edwards. (S) (2022, PG, 105min) ★★
4.00 **The Cruise: Fun at Sea** New edition 8/10. *Valiant Lady* arrives at the island of Corsica and its capital, Ajaccio. (S)
5.00 **News** (S)
6.00 **Eggheads** The Red Roses hope to defeat the regulars. (S)(R) **6.25** Odyssey, a family quiz team from Warwickshire, take on the regulars in the quiz. (S)(R)
6.55 **News** (S)

9.00 Charlie Bigham: Britain's...

7.00 **Shop Smart, Save Money** New edition Gaby Roslin and Ortis Deley test electric toothbrushes with the help of three dental nurses. (S)
7.55 **News** (S)

8.00 **Murder Scene: The Incident Room** New edition 2/4. Following the murder investigation of 17-year-old Jayden Parkinson, who went missing from her hostel in Oxford in 2013. (S)

9.00 NEW **Charlie Bigham: Britain's Poshest Ready Meal?** Exploring the world of premium ready meals, with a panel of experts providing a comprehensive view of this market. (S)

10.00 **Ambulance: Code Red** Paramedics respond to calls of a man who has collapsed in a hotel bathroom, a head-on collision between two motorcyclists, and a woman who has broken her leg after a fall. (S)(R)(AD)

11.05 **Skin A&E** Dr Dev meets a roofer with nine lives. (S)(R)(AD)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 1&2/25. (S3) (S)(R)
3.45 **The Good Life: Brits in France** Documentary. (S)(R)
4.30 **Wildlife SOS** (S)(SL)(R)
4.55 **House Doctor** (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S5) (R)
11.00 **Chasing the Rains** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
5.00 **The Simpsons** *The Scorpion's Tale:* Lisa discovers the calming properties of wild flowers. (S)(R) **5.30** *How Munched Is That Birdie in the Window?* A psychiatrist recommends the family rehome Santa's Little Helper. (S)(R)
6.00 **The Office (US)** 20/22. Dwight discovers marijuana in the company car park. (S)(R) **6.30** 21/22. Chaos ensues when Michael takes over conflict resolution duties. (S2) (S)(R)

9.00 Rob Beckett's Smart TV

7.00 **The Simpsons** *Love Is a Many Strangled Thing:* Homer promises Marge that he will become a better parent. (S)(R) **7.30** *The Great Simpsina:* Marge gets obsessed with peach-based desserts. (S)(R)

8.00 **The Simpsons** *Flaming Moe:* Moe achieves success when he turns his tavern into a gay bar. (S)(R) **8.30** *Homer the Father:* Homer gets obsessed with a father-son relationship in a 1980s sitcom. (S)(R)

9.00 **Rob Beckett's Smart TV** Series finale Kerry Godliman, Emmett Scanlan, Himesh Patel and Carol Vorderman feature for another round of TV-related challenges and discussions. (AD)
9.50 **Ricky Gervais: Politics** The stand-up comedian and actor performs his second live show, filmed at the Palace Theatre in London's West End in 2004. (R)

11.15 **A League of Their Own: The Rally** The rally ends in the historic city of Turin. (R)
12.15 AM **The Force: North East** Officers pursue two car thieves who are in a stolen vehicle. (R)
1.10 **Brit Cops: War on Crime** (R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Scotcast (S)(R) **12.10am** How to Win the Champions League New edition (S)(AD) **12.40** The Weakest Link (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm NEW Ride or Die (S) **11.40** Match of the Day: Champions League (S) **12.40am** How to Win the Champions League New edition (S)(AD) **1.15-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm NEW SERIES Saving Lives in Cardiff. (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Hardy Bucks New episode (S) **11.00** Kinahan: The True Story of Ireland's Mafia (S)(R) **12.00m't-12.55am** NEW Like, Follow, Trafficked: Insta's Fake Guru (S)(AD)

WALES
Sky 968, Freesat 968
9.00-10.00pm Paddy and Chris: Road Tripping New edition (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Welsh Whisperer – Ni'n Teithio Nawr! (AD) **1.30** Adre **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Cosmos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pêl-Droed Rhyngwladol **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Y Sin New edition (AD) **8.55** Newyddion a'r Tywydd **9.00** Gogglebocs Cymru New edition **10.00** Cynefin **11.00pm-12.05am** Ar Brawf (AD)

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** A vehicle for elderly people is designed.
8.00 **Dragons' Den US – Shark Tank** New edition 3/24. An approach to fish luring, a retail franchise that serves a variety of cereal-centric treats and a product to relieve back pain.
8.35 **The Catch Up**
8.40 **David Harbour: The Story So Far** New edition The actor talks through his career with Ali Plumb.
9.00 FILM **Us** Horror thriller starring Lupita Nyong'o and Winston Duke. A family's life turns into a nightmare when a group of strangers begins to terrorise them. (2019, 15, 116min) ★★★★
10.50 **High: Surviving a Dubai Drugs Bust** Double bill.
11.50 **The Tooney and Russo Show** New edition 10/12.
12.30 AM **Ashley Cain: Into the Danger Zone**
1.30 **Top Gear** As 7.00pm.
2.30 **Paranormal: Britain's Last Witch** Documentary.
3.00 **to 4.00** AM **Cuckoo**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Eden: Untamed Planet** A look at the hidden water resources of the Namib Desert in southern Africa.
7.45 **Florence Nightingale: Nursing Pioneer** A profile of the woman who revolutionised nursing.
9.00 **Mysteries of the Bayeux Tapestry** An attempt to discover the origins of the tapestry depicting the story of the Norman conquest.
10.00 **Janet Suzman Remembers – The Wars of the Roses** Looking back on the 1963 BBC Shakespeare adaptations.
10.10 **The Wars of the Roses: Henry VI** 1/3. The first part of the Royal Shakespeare Company's epic staging of the bard's *Wars of the Roses* plays from 1964, directed by Peter Hall and John Barton.
12.55 AM **Florence Nightingale: Nursing Pioneer**
2.10 **Mysteries of the Bayeux Tapestry** As 9.00pm.
3.10 **to 3.55** AM **Eden: Untamed Planet**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
10.00 **A Place in the Sun**
12.30 PM **Narrow Escapes**
2.35 **Come Dine with Me** Five editions of the culinary competition from Essex.
5.15 **Four in a Bed** A sports car-themed B&B in Hertfordshire. **5.50** The B&Bers stay at the Victory in Mersea, Essex. **6.20** Dave Botha hosts at Butterfly Paragliding B&B on the Isle of Wight. **6.50** The final visit is to Braddon Hall in Torquay.
7.20 **Four in a Bed** The B&Bers meet one last time as the winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Gordon and Suky from Wolverhampton need help deciding whether to sell up or renovate.
9.00 **24 Hours in A&E** A 27-year-old woman is brought to A&E after having a epileptic fit, while doctors are worried an 89-year-old man is having a heart attack.
10.00 **Griff's Great Kiwi Road Trip** New edition 3/4. Griff Rhys Jones catches the ferry from the North Island to the South Island, where he heads into the wilderness to visit the Old Ghost Road.
11.05 **Emergency Helicopter Medics** Documentary.
1.15 AM **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The Secret War of Lisa Simpson:* With the voice of Willem Dafoe.
7.00 **Hollyoaks** Grace gets a warning, while a family reunion continues to grow.
7.30 **Married at First Sight Australia** New edition The Couples Retreat takes a turn as friendships are tested and loyalties questioned.
9.00 **First Dates** Mum-and-son duo Andrea and Stephan go on a double-date.
10.00 **Gogglebox** Opinions on *Britain's Got Talent* and *The Thief, His Wife and the Canoe.*
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.10 **Married at First Sight Australia** As 7.30pm.
2.30 **Gogglebox**
3.30 **The Goldbergs**
4.25 **The Neighborhood**
5.20 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Send in the Dogs**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 2/22. (S6)
12.00 NOON **The Good Doctor** (S3)
1.00 PM **The Rookie** 12/14. Nolan's son is rushed to hospital. (S3)
2.00 **Chicago Fire** 11/13. Severide goes for an unexpected ride on Truck 81. (S12)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *Sport of Kings:* 8/22. The team investigate after a prized racehorse and its groom are taken hostage. (S3)

9 PM

9.00 The Equalizer New episode *Stolen Angel:* McCall and the team search for a missing pregnant woman. (S5)

10 PM

10.00 Fire Country *Work, Don't Worry:* 4/22. After a building collapses, the team coordinate a search and rescue mission. (S1)
11.00 **The Rookie** 13/22. (S5)
12.00 M'T **FBI** 7/22. (S1)
1.00 AM **FBI: Most Wanted** (S3)
2.00 **Law & Order: Special Victims Unit** New episode 2/20. (S26)
3.00 **The Good Doctor** 7/20. (S3)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
7.00 **True Blood** 10/10. (S7)
8.10 **Boardwalk Empire** 1/12. (S1)
9.30 **Six Feet Under** (S4&5)
11.35 **Game of Thrones** 1/10. (S1)
12.45 PM **My Brilliant Friend**
3.05 **True Blood** 10/10. (S7)
4.20 **Boardwalk Empire** 1/12. Pilot episode of the Prohibition-era drama with Steve Buscemi. (S1)
5.40 **Six Feet Under** 12/12. Federico pleads his case to estranged wife Vanessa. (S4)
6.45 1/12. Brenda and Nate prepare for their wedding. (S5)

6.45 Six Feet Under

7.45 Game of Thrones *Winter Is Coming:* 1/10. Lord Eddard Stark faces a dilemma when he is asked to serve at the side of King Robert Baratheon. (S1)

9.00 The White Lotus *Amor Fati:* 8/8. Drama starring Jason Isaacs. The mysteries at the Thai resort are revealed. (S3)

10.40 Gangs of London 3/8. Elliot's investigation puts him on a direct collision course with the Mayor. (S3)
11.45 Homicide: Life on the Street 6/22. Pembleton and Bayliss investigate when a boy is hit by a stray bullet. (S4)
12.50 AM **Succession** 7&8/9. (S3)
3.25 **The Pacific** 1/10. (S1)
4.35 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 7/13. (S9)
9.00 **Stargate SG-1** 7&8/22. (S5)
11.00 **Supergirl** 16/22. (S2)
12.00 NOON **The Flash** 8/13. (S9)
1.00 PM **Hawaii Five-0** (S3)
3.00 **NCIS: Los Angeles** 19/21. (S14)
4.00 **S.W.A.T.** 19/22. (S1)
5.00 **Supergirl** 15/22. Kara looks into a string of kidnappings and Alex hunts for Jeremiah. (S2)
6.00 **Stargate SG-1** 7/22. The team try to Daniel's friend who is abducted by slave traders. (S5)

4.00 S.W.A.T.

7.00 Stargate SG-1 *The Tomb:* 8/22. The team join forces with its Russian counterpart to search for missing soldiers. (S5)

8.00 Freddie Down Under 6/6. Andrew Flintoff terrorises Rob Penn with a jellyfish on the last leg of their adventure.

9.00 Rob Beckett's Smart TV New edition With Kerry Godliman, Himesh Patel and Carol Vorderman.
9.50 A League of Their Own: The Rally The rally ends in the historic city of Turin.
10.50 Hacks *One Day:* 5/9. Deborah struggles with writer's block. (S3)
11.30 **Hacks** 6/9. Deborah takes part in a golf tournament.
12.15 AM 7/9. Deborah braces for Kathy's appearance at her Christmas extravaganza. (S3)
1.00 **Hacks** 8&9/9. (S3)
2.30 **Road Wars** Vehicle crime.
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 19/22. (S1)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Love Bites** Double bill.
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **In with a Shout**
3.00 **Hart of Dixie** 8/22. George and Wade hatch a plan. (S1)
4.00 **Gilmore Girls** 8/22. An old flame of Rory's reappears. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Sarah Millican, Vernon Kay and Joel Dommett.

7.00 Deal or No Deal

7.00 Deal or No Deal Stephen Mulhern hosts as Alicia takes on the Banker for the chance to win a life-changing cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 TikTok: Murder Gone Viral 3/3. The case of US influencer Alexis Sharkey, who was declared missing in November 2020.

10.00 Celebrity Big Brother: Late and Live New edition Exclusive *Celebrity Big Brother* content with AJ Odudu and Will Best.
11.05 **Family Guy** 16&10/21. (S8)
12.05 AM **American Dad!** (S4)
1.05 **Bob's Burgers** 7&8/22. (S9)
2.05 **World's Funniest Videos**
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **The Darling Buds of May**
10.35 **The Royal** *Coffin Fit.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Endeavour** *Prey:* The detective investigates the disappearance of an au pair.
5.50 **Heartbeat** *Bin Man:* Gina makes a gruesome discovery and Peggy acquires a freezer for her latest business venture.

8.00 McDonald & Dodds

6.55 Heartbeat *A Fresh Start:* An infamous London gangster arrives in the area to try to rebuild his life after prison.

8.00 McDonald & Dodds *Wilderness of Mirrors:* 2/2. The detective duo investigate the murder of a wealthy patient at a private clinic – an investigation made all the more difficult by the complex relationships of the other residents. (S1)

10.00 Foyle's War *Invasion:* American GIs arrive in Hastings, and a barmaid's involvement with a visiting soldier leads to murder.
11.50 **Endeavour** As 3.50pm.
1.35 AM **Where the Heart Is** *Family Matters:* Dick has a car accident, and Peggy faces up to a painful problem of her own.
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Tales of Para Handy** Double bill of the drama starring Gregor Fisher and Rikki Fulton.
9.10 **Confessions of a Teenage Fraudster** 3/3. Elliot faces deportation to the UK.
9.55 **Loop** Chinese brush painter Chi Zhang depicts Arthur's Seat.
10.00 **River City** New episode Gillian's daughter unexpectedly turns up.
10.30 **Jules and Greg's Wild Swim** 5/6. The couple sample the hidden rock pools and ancient waterfalls of Skye.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** Examining spree and mass killings.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S1)
9.20 **The Conners** (S3)
10.15 **Veep** 5&6/10. (S4)
11.25 **Flight of the Conchords** 2&3/12. (S1)
12.35 PM **Curb Your Enthusiasm** (S7&8)
2.00 **Veep** 5&6/10. (S4)
3.10 **Flight of the Conchords** 2&3/12. (S1)
4.20 **Silicon Valley** (S1)
5.40 **The Office (US)** (S2)
6.35 **The Conners** (S3)
7.25 **Curb Your Enthusiasm** 9/10. Leon poses as a dead doctor.
8.10 10/10. Larry misses being with Cheryl. (S7)
9.00 **The Righteous Gemstones** 5/9. (S4)
9.50 **Ricky Gervais: Politics**
11.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.15 AM **Entourage** (S7)
1.25 **Sex and the City** (S4)
2.45 **Girls** 9&10/10. (S1)
3.50 **to 5.00** AM **Silicon Valley**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Great British Classics**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of the Garden**
12.00 NOON **Portrait Artist of the Year 2022**
1.00 PM **Tales of the...**
2.00 **Anish Kapoor: Stupid Naughty Boy**
3.00 **The Art of the Garden**
4.00 **Discovering**
5.00 **Portrait Artist 2022**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **The Art of Architecture: Great Museums of the World**
9.00 **I Am Burt Reynolds**
10.45 **Spike Milligan: The Unseen Archive**
12.20 AM **Steve Martin and the Steep Canyon Rangers**
2.35 **Sound of Freedom**
3.50 **Rankin's 2020**
4.45 **to 6.00** AM **National Trust: Garden Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 2/10. (S3)
5.00 **Stargate SG-1** (S2)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: Voyager** *Juggernaut:* 21/26. A toxic waste freighter goes out of control. (S5)
8.00 **Hawaii Five-0** *Ho'opio 'ia e ka noho ali'i a ka ua (Made Prisoner By the Reign of the Rain):* 15/25. The team protect a captured serial killer. (S9)
9.00 **The Rookie** (S3)
11.00 **Stargate SG-1** (S2)
12.00 M'T **Grimm** 13/22. (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.40 AM **Billie and Greg: The Family Diaries**
9.10 **Dubai Dishes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Dubai** Reality series.
12.05 PM **Billie and Greg: The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules**
4.05 **The Real Housewives of Dubai** Reality series.
5.00 **The Real Housewives of Atlanta** Reality series.
6.00 **Buying and Selling**
7.00 **Chocolate Showdown**
8.00 **Dinner Date**
9.00 **Botched** Medical series.
10.00 **The Only Way Is Essex**
11.00 **Olivia Attwood's Bad Boyfriends**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 12/13. (S2)
11.00 **Highway to Heaven**
2.00 PM **Father Dowling Mysteries** 4/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/25. (S6)
9.00 **Randall and Hopkirk (Deceased)** *A Disturbing Case:* 2/26. Jeannie is concerned when she overhears Jeff talking to Marty. (S1)
10.00 **The Avengers** *Killer:* 17/33. Steed and aristocratic adventurer Lady Diana investigate a sinister computer. (S6)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S6)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Minder**
7.15 **The Sweeney**
8.15 **The Saint**
9.25 **Magnum, PI**
10.25 **Kojak**
11.25 **BattleBots**
12.30 PM **The Saint**
1.40 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.50 **The Sweeney**
5.55 **The Chase**

5.55 The Chase

7.00 **The Grand Fishing Adventure** The second leg sees Ali Hamidi and Bobby Zamora venture to Lake Orellana in Spain.

8.00 FILM **On Her Majesty's Secret Service** James Bond adventure starring George Lazenby. Agent 007 is assigned to track down arch villain Blofeld after he threatens world domination by spreading a plague. With Diana Rigg. (1969, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **English Football League Highlights** Action from the midweek fixtures, including Derby County v Burnley, Middlesbrough v Leeds United and Norwich City v Sunderland in the Championship.
11.55 **Wrestling: AEW Collision**
1.50 AM **BattleBots**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 22/26. (S7)
2.00 **Atlantis** 3/13. (S1)
3.00 **Stargate Universe** 1/20. (S1)
4.00 **Star Trek: Voyager** 5/26. (S4)
5.00 **Star Trek: Deep Space Nine** 22/26. Bashir and O'Brien play a risky game. (S7)
6.00 **Star Trek: Enterprise** 7/26. The crew visit a Vulcan monastery. (S1)

9.00 Grimm

7.00 **Atlantis** *A Boy of No Consequence:* 3/13. An argument with a nobleman sees the trio forced to face a deadly challenge. (S1)

8.00 **Stargate Universe** *Air – Part One:* 1/20. First-ever episode of the sci-fi drama starring Robert Carlyle as Dr Nicholas Rush. (S1)

9.00 **Grimm** *Octopus Head:* 2/22. Trubel spies on the creature behind the recent murders. (S4)

10.00 **The Walking Dead** *First Time Again:* 1/16. Rick and the group devise a plan to lure walkers away from Alexandria. (S6)
11.10 FILM **Rubikon** Sci-fi drama starring Julie Franz Richter and George Blagden. (2022, 12, 110min) ★★
1.00 AM **Intergalactic** 5&6/8. (S1)
3.00 FILM **The Lake** Thai sci-fi horror starring Su Jack and Thanachat Tunyachat. Subtitled. (2022, 12, 104min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **Hudson & Rex** 1/16. (S6)
12.00 NOON **The Mentalist** (S6)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Doctor Blake Mysteries**
5.00 **Hudson & Rex** 1/16. A local whale-watching boat returns to the harbour alone. (S6)
6.00 **Body of Proof** 7/9. Megan investigates the murder of a stay-at-home dad. (S1)

9.00 Miss Scarlet

7.00 **The Mentalist** *The Golden Hammer:* 12/22. Jane helps the FBI investigate the murder of a hi-tech cartographer. (S6)

8.00 **Death in Paradise** *Hidden Secrets:* 2/8. Humphrey investigates when a surf-school owner is shot dead. (S4)

9.00 **Miss Scarlet** Series finale 6/6. Eliza looks into the personal life of Police Commissioner Fitzroy. (S5)
■ Entire series on U

10.00 **Father Brown** *The Red Death:* Lady Felicia's lavish New Year ball is ruined when a VIP guest is murdered.
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 9/24. A cold case becomes a burning issue for Sherlock. Guest stars Chris Bauer and Troy Garity. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.10 AM **Highlights**
8.55 **I Didn't Know You Cared**
9.35 **Hi-de-Hi!**
10.15 **Only Fools and Horses**
10.55 **Last of the Summer Wine**
12.15 PM **Keeping Up Appearances**
12.55 **I Didn't Know You Cared**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
4.55 **I Didn't Know You Cared**
5.35 **Keeping Up Appearances**
6.15 **Hi-de-Hi!**

10.20 The Royle Family

6.55 **Only Fools and Horses** Rodney and Mickey Pearce are commissioned to make a community film.
7.35 **Dad's Army** Mainwaring sets up an observation post in the local lighthouse. **8.15** Jones' reputation is called into question by an old comrade's allegations.

9.00 **Men Behaving Badly** Tony develops a sudden interest in astrology. **9.40** Tony's imagination works overtime when Deborah's friend visits.

10.20 **The Royle Family** Nana stays with the family while she recuperates from her cataract operation.

11.00 **dinnerladies** Philippa has a bright idea for raising spirits.
11.40 **Miranda**
12.20 AM **Men Behaving Badly**
1.40 **The Royle Family**
2.20 **dinnerladies** As 11.00pm.
3.00 **Miranda**
3.30 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **James May: The Reassembler**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** The duo set out to find the most delicious chicken and egg recipes in the world.
6.00 **Rick Stein's India** The chef goes in search of the perfect chicken korma in Lucknow.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** With guests Les Dennis, Richard Osman, Alice Levine and Lou Sanders.
7.40 **Richard Osman's House of Games** With Carol Smillie and Jo Caulfield. **8.20** With Milton Jones, Ria Lina, Martin Roberts and Briony May Williams.

9.00 **QI XL** Lloyd Langford, Victoria Coren Mitchell, Jack Whitehall and Alan Davies discuss literature and language.

10.00 **World's Most Dangerous Roads** Alex Brooker and Ellie Taylor go on an adventure across Java.

11.00 **Alan Davies: As Yet Untitled** Unseen footage from the series.
12.00 M'T **Mock the Week** With guests Josh Widdicombe and Miles Jupp. From 2012.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
9.30 **Chateau DIY**
10.30 **Come Dine with Me**
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **A New Life in the Sun**
4.00 **Chateau DIY**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **A Place in the Sun** From the Spanish town of Torrevieja.
7.45 **The Great Celebrity Bake Off for Stand Up to Cancer** Self Esteem, Tommy Tiernan, Meera Syal and Adam Buxton.
9.00 **Celebrity Gogglebox**
10.00 **8 Out of 10 Cats Does Countdown**
11.00 **Big Fat Quiz: Best Bits**
12.05 AM **Gogglebox**
1.05 **Celebrity Gogglebox**
2.10 **24 Hours in A&E**
3.10 **999: On the Front Line**
4.10 **to 4.40** AM **Unreported World**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Law & Order** (S23)
10.00 **NCIS** 4-6/24. (S15)
1.00 PM **Law & Order**
6.00 **NCIS** *The Numerical Limit:* 19/24. Gibbs is granted custody of a 10-year-old refugee. **7.00** *Sight Unseen:* 20/24. The team search for a petty officer who is suspected of assault. **8.00** *One Step Forward:* 21/24. Sara Carter begs Gibbs to investigate her mother's murder. (S15)
9.00 **Criminal Minds** *The Bond:* 13/22. Two bodies turn up stabbed to death in different service station toilets. **10.00** *Hostage:* 14/22. The team go after a child abductor. (S11)
11.00 **Law & Order: Special Victims Unit** (S19&18)
2.45 AM **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Motorway Patrol**
8.30 **The Block** New editions
11.00 **Call the Bailiffs: Time to Pay Up**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **Skin A&E** A young mum seeks help with her satsuma-sized lipoma.
11.00 **A Killer Makes a Call**
12.00 M'T **Ambulance: Code Red** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.10 **Outback Truckers**
10.10 **Traffic Cops**
11.05 **Police Interceptors**
12.05 PM FILM **Flame of the Barbary Coast** Western drama with John Wayne. (1945, b/w, U, 91min) ★★
2.00 FILM **Gunfight at Comanche Creek** Western starring Audie Murphy. (1963, U) ★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 FILM **Universal Soldier: Regeneration** Sci-fi thriller sequel with Jean-Claude Van Damme. (2009, 18, 97min) ★★★
1.05 AM **Police Interceptors**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 133 125 25 156 28

6.15 AM **Property Brothers at Home: Drew's Honeymoon House**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete Wicks immerses himself in the emotional world of dog care at Basildon's Dogs Trust rehoming centre. **9.00** Pete meets a litter of puppies known as the Potato Pups.
10.00 **Stacey Dooley on the Psych Ward**
11.00 **Nurses on the Ward**
12.00 M'T **Emergency: First Time Medics**
1.00 AM **Amanda & Alan's Italian Job**
1.40 **Changing Rooms Australia**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **All Creatures Great and Small**
8.00 **Doctors**
9.10 **Classic Holby City**
10.05 **Classic Casualty**
11.20 **The Bill**
12.20 PM **Classic EastEnders**
1.40 **Eldorado**
3.00 **Bergerac**
4.05 **At Home with the Braithwaites**
5.20 **One Foot in the Grave**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 NEW SERIES **Annika** 1/6. A phone with a drowning recorded on it is handed in to HQ. **9.00** New episode 2/6. The MHU investigate the death of a recently released prisoner. (S2)
10.00 **New Tricks**
11.20 **Bergerac** 6/10. (S3)
12.20 AM **Taggart**
3.10 **to 4.00** AM **Classic Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Puglia.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Items in Wiltshire include a thumb piano and an Edwardian shoe sign.
8.00 David Harper and Catherine Southon go treasure hunting in Kent.
9.00 **My 600lb Life** New edition Gary doesn't leave the bed anymore and is so overweight, his life is slipping away from him.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Play Your Cards Right** Double bill.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a temple statue, a block of silver and a penny farthing.
7.00 **Tenable** Five family members from Lincoln answer questions about top 10 lists.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **FILM Waterloo** Historical drama. (1970, U, 132min) ★★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Texican** Western adventure. (1966, PG, 91min) ★★
3.00 **FILM The Longest Drive** Western. (1976, PG, 93min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Contract to Kill** Action adventure starring Steven Seagal. (2016, 15, 90min) ★★
11.05 **FILM Attack Force** Crime action thriller. (2006, 15, 90min) ★
1.10 AM **FILM Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **FILM Collision Course** Action thriller. (2012, PG, 90min) ★★
11.00 **Saving Lives at Sea**
12.00 NOON **Inside Paddington Station**
1.00 PM **FILM Crisis Point** Thriller with Rhona Mitra. (2012, PG, 87min) ★★
3.00 **FILM Killer Mom** Thriller. (2017, 12, 89min) ★
5.05 **FILM Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Thriller. (2021, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Double** Thriller starring Richard Gere. (2011, 12, 94min) ★★
11.00 **FILM Stratton** Thriller. (2017, 15, 94min) ★★
1.00 AM **FILM The Road** Sci-fi drama. (2009, 15, 111min) ★★★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Labour, Lies and Murder** Thriller. (2022, U) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Like Cats and Dogs** Romantic comedy. (2017, PG, 81min) ★★
10.10 **FILM A Tail of Love** Drama. (2022, U) ★★
12.05 PM **FILM Rome in Love** Drama. (2019, PG) ★★
2.00 **FILM Forever in My Heart** Romantic drama. (2019, U, 90min) ★★
3.55 **FILM Accidentally in Love** Romantic comedy. (2021, PG, 88min) ★★
6.05 **FILM The Story of Us** Comedy. (2019, PG) ★★
8.00 **FILM Love, Once and Always** Romantic drama. (2018, PG, 90min) ★★
9.55 **FILM Love's Second Chance** Romantic drama. (2020, PG, 90min) ★★
11.55 **FILM When Love Came to Town** Comedy. (2014, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM All of My Heart** Drama. (2015, PG, 81min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
8.30 **Worzel Gummidge**
9.00 **Stereo Underground**
10.00 **The Monkees** (S1)
10.30 **Watching** 2/11. (S5)
11.00 **Trouble in Mind**
11.30 **Bewitched** 32/36. (S1)
12.00 NOON **Shine on Harvey Moon** 9/9. (S3)
1.00 PM **Jason King** (S1)
2.00 **Return of the Saint**
3.00 **Space 1999** 16/24. (S1)
4.00 **Stereo Underground**
5.00 **Trouble in Mind**
5.30 **Watching** 2/11. (S5)
6.00 **Bewitched** 32/36. (S1)
6.30 **The Monkees** (S1)
7.00 **Blue Thunder** 6/11. (S1)
8.00 **Return of the Saint**
9.00 **Jason King** 26/26. (S1)
10.00 **Soap** (S1)
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Thriller** 1/8. (S2)
1.00 AM **Space 1999** (S1)
2.00 **Monkey** 17/26. (S1)
3.00 **Stereo Underground**
4.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
7.00 **Aussie Gold Hunters**
8.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **Building Off the Grid**
1.00 PM **The Last Alaskans**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Early Dawn* runs into high seas, and tempers flare aboard the *Wizard*.
8.00 The pressure mounts on Captain Johnathan Hillstrand, who needs some luck.
9.00 **Alaska: Homestead Rescue** The Raneys help a family in the Smoky Mountains whose homestead is failing.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Nigel Slater's Simple Suppers**
7.00 **Rachel Allen's Easy Meals** Four editions.
9.00 **Jamie's Quick & Easy Food** Four editions.
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's...**
1.00 **Nigel Slater's Simple Suppers** Double bill.
2.00 **Michel Roux's Provence Masterclass**
3.00 **Rachel Allen's Easy...**
5.00 **Jamie's Quick & Easy Food** Four editions.
7.00 **Great British Bake Off**
8.30 **Mary Berry's Quick Cooking**
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **Marcus Wareing's Tales from a Kitchen Garden**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 11/19. (S5)
11.00 **FILM Jurassic Hunters** Thriller with Eric Roberts. (2015, PG, 89min) ★★
1.00 PM **FILM An Eye for an Eye** Western drama. (1966, PG, 91min) ★★
3.00 **FILM Arizona Bushwhackers** Western with Howard Keel. (1968, PG, 87min) ★★★
5.00 **Star Trek** 5/24. (S3)
6.00 **T.J. Hooker** 12/19. (S5)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Haywire** Thriller with Gina Carano. (2012, 15, 88min) ★★★★
10.55 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
12.50 AM **FILM U Turn** Thriller. (1997, 18, 119min) ★★★
3.10 **to 5.00** AM **FILM The Witches** Horror. (1966, 15, 91min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Riddles of the Sphinx** As 5.00pm.
8.00 **FILM George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
10.00 **Farscape** 19/22. (S3)
11.00 **FILM Alien Convergence** Sci-fi action thriller. (2017, 15, 120min) ★★
1.00 PM **FILM Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
3.00 **Farscape** 19/22. (S3)
4.00 **Star Trek** 13/24. (S3)
5.00 **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
7.00 **Farscape** 20/22. (S3)
8.00 **Star Trek** 14/24. (S3)
9.00 **FILM Sneakers** Comedy adventure caper. (1992, 15, 125min) ★★★
11.25 **FILM Office Uprising** Comedy horror. (2018, 15, 92min) ★★
1.15 **to 3.00** AM **FILM Demon Eye** Horror. (2019, 15, 87min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.30 **Storage Wars: Texas**
7.55 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **Skinwalker Ranch**
12.10 PM **Proof Is Out There**
1.05 **World's Greatest Treasure Mysteries**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **Mysteries from Above**
11.00 **Into Cursed Waters**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **UFOs: Lost Evidence**
2.00 **Paranormal: Caught on Camera – Top 100**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **My Cornwall with Fern Britton** At Halton Quay.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** Crime drama.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Europe's Greatest Train Journeys** New edition A steam train journey in the Douro River Valley.
10.00 **Amazing Railway Journeys with Nick Knowles** The presenter travels from Mount Vesuvius to Mount Etna.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover**
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **My Dream Derelict Home in the Sun** A Norfolk couple renovate a dilapidated manor house in France.
9.00 **Good Bones** Mina and Karen pay $4,000 for an abandoned house.
10.00 **Home Town Takeover** Ben and Erin restore an iconic house that was once featured in a Tim Burton film.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Vegas Dress** Reality series.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Seeking Sister Wife**
9.00 **Love & Translation** New edition
10.00 **Forbidden Love** New edition
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **Forbidden Love**
3.00 **Sex Sent Me to the ER**
4.00 **Seeking Sister Wife**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S7)
9.00 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up show.
10.00 **8 Out of 10 Cats**
11.00 **Teachers** New episode 9/20. Ms Snap is surprised when her mother shows up at parents' evening. (S3)
11.30 **Jeff Dunham: Comedy Central Live**
12.00 M'T **Ardal O'Hanlon: Comedy Central Live**
12.30 AM **Whose Line Is It Anyway? USA**
1.30 **South Park** (S8)
3.00 **Jeff Dunham: I'm with Cupid** Stand-up show.
3.40 **The Daily Show** New edition Talk show.
4.05 **The Pep Talk**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Becker** 3&4/22. (S5)
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 5&6/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 3&4/22. (S5)
6.00 **Home Improvement**
8.00 **Last Man Standing** 16/22. Mike attempts to split up Eve's band.
8.30 17/22. Mike wants to buy his dead neighbour's collection of model tanks. (S5)
9.00 **South Park** (S1,22&23)
2.00 AM **Reno 911!** (S1)
3.00 **Ugly Americans** (S2)
3.45 **Becker** 3&4/22. (S5)
4.30 **Jeff Dunham: Comedy Central Live** Stand-up.
4.50 **Ardal O'Hanlon: Comedy Central Live**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Border Patrol**
12.00 NOON **DC's Legends of Tomorrow** (S3)
2.00 PM **Motorway Patrol**
3.00 **Border Security: Canada's Front Line**
4.00 **Border Patrol**
5.00 **Highway Patrol**
6.00 **Manifest** 8/13. (S3)
7.00 **Fantasy Island** (S2)
9.00 **Border Security: America's Front Line**
11.00 **Law & Order: Special Victims Unit** (S24)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Sue Perkins.
2.00 **Prodigal Son** 3/13. (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

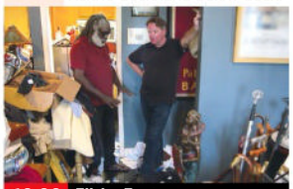
6.00 AM **Daria** 12/13. (S4)
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Models**
4.00 **Catfish: The TV Show**
6.00 **Catfish: Repeat Offenders** Reality series.
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** New edition Leah speaks about addiction awareness.
9.00 **Help! I'm in a Secret Relationship!** New edition Ashley demands to know why Cameron is hiding her and their son.
10.00 **Catfish: The TV Show**
11.00 **The Challenge: All Stars** New edition
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Goblin Works Garage**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** A rift threatens an extended family on their overcrowded Texas homestead.
3.00 **Gold Rush** Parker, Rick and Tony return to the Yukon to chase $40 million in gold.
5.00 **Deadliest Catch** The season begins with a derby-style race, and a fire on the *Wizard* traps Keith's deckhand below deck.



10.00 Filthy Fortunes

7.00 Salvage Hunters Drew Pritchard visits the Great Fulford estate in Devon in search of valuable scrap items.

8.00 Hoffman Family Gold Hunter fires up the *Black Pearl* and runs dirt, while Todd is desperate to find better paydirt.

9.00 Gold Divers New edition Shawn clears the ice on his inland claim to reduce summertime mud, and Chris makes a wager.

10.00 Filthy Fortunes New edition The team must turn BBQ smokers into big money at a Texas-sized mess in Houston.

11.00 **Mystery at Blind Frog Ranch** At the Bead Site, the team unearth an ancient structure.
12.00 M'T **Mountain Monsters**
1.00 AM **Gold Divers** As 9.00pm.
2.00 **Filthy Fortunes** As 10.00pm.
3.00 **Texas Metal** A 1974 Eldorado.
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Crikey! It's the Irwins**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a remote town that has become overwhelmed with feral cats.
6.00 **Extinct or Alive** Searching Vietnam for one of the last living specimens of the giant softshell turtle.

5.00 Dr Jeff: Rocky Mountain...

7.00 Pit Bulls & Parolees At an Alabama shelter, Tia and Earl face a tough decision on an elderly hound.

8.00 Into the Shark Bite Cameras go inside the mouth of the ocean's most feared predator to examine a shark's bite.

9.00 Return to the Isle of Jaws Investigating an unusual lack of females at a great white shark breeding ground.

10.00 Alaska: The Last Frontier With predators closing in, Otto creates a calf caboose for his spring cattle drive at the bay.

11.00 **Treehouse Masters** Pete creates an off-the-grid escape.
12.00 M'T Pete Nelson builds an extravagant treehouse B'n'B designed for romance.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **World War II: Secrets from Above** Documentary.
11.00 **Drain the Oceans: Deep Dive**
12.00 NOON **Car S.O.S**
1.00 PM **Construction Fails**
2.00 **Air Crash Investigation**
3.00 **World War II: The Apocalypse**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** The team restore a Series 1 Land Rover.
6.00 **Lost Treasures of Egypt** The downfall of Cleopatra.

8.00 Destruction Decoded

7.00 Air Crash Investigation The crash of Air Tahoma Flight 185, a late-night cargo flight on its final approach to Cincinnati.

8.00 Destruction Decoded New edition A look at the darker side of space exploration with a look at the *Apollo1* tragedy.

9.00 Car S.O.S Fuzz Townshend and Tim Shaw go on a trip to Southampton to take on a 1969 Jensen Interceptor.

10.00 Car S.O.S Tim and Fuzz restore an 80s Ford Escort XR3i to surprise a diehard Leeds United fan on his 21st birthday.

11.00 **Air Crash Investigation**
12.00 M'T **Border Protection Spain**
1.00 AM **Ancient X Files** An ancient mass murder in the Andes.
2.00 **Money Meltdown**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Pawn Stars** Documentary.
7.45 **Rust Valley Restorers**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Rust Valley Restorers**
2.00 **Battle 360** Double bill.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** Documentary.
6.00 **American Pickers** The Wolfe brothers pick a main-street grocery that is frozen in time.

10.00 Mysteries Unearthed

7.00 Forged in Fire Four bladesmiths face double the trouble when they are tasked with forging two canister damascus knives.

8.00 Pawn Stars New edition A seller brings an *ET* movie poster, while Rick and Corey take a Civil War rifle out to the range.

9.00 The Curse of Oak Island New edition The team go in-depth on locations where they hope to unearth buried treasure.

10.00 Mysteries Unearthed with Danny Trejo New edition How artifacts can change what is known about certain beliefs.

11.00 **Haunted Hospitals** A nurse answers the desperate calls of a deceased patient.
12.00 M'T **Sex: A Bonkers History**
1.00 AM **Pawn Stars**
2.00 **The UnBelievable with Dan Aykroyd**
3.00 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash** Double bill.
10.00 **Great British Railway Journeys** Four editions.
12.00 NOON **Martin Clunes: Islands of Australia** Mundoo Island.
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Tony Robinson's Marvellous Machines**
5.00 **The World at War**
6.00 **Antiques Roadshow** Fiona Bruce presents from Eltham Palace in Greenwich.

9.00 Great Canal Journeys

7.00 Great Continental Railway Journeys Michael Portillo travels through Germany, beginning his journey in Berlin.

8.00 Great Coastal Railway Journeys Michael Portillo travels to Dun Laoghaire. **8.30** Michael Portillo travels across Dorset.

9.00 Great Canal Journeys Timothy and Prunella explore Canada's Rideau Canal, which travels 125 miles through Ontario.

10.00 Bangers & Cash Derek travels to the Lancashire coast to pick up a rare 1972 Citroen SM, and Dave is on HQ duties.

11.00 **Bangers & Cash** Derek takes a shine to a 1958 Armstrong Siddeley Sapphire with a long family history.
12.00 M'T **Find It, Fix It, Flog It** Henry and Simon head to Suffolk to meet a couple who are living *The Good Life*.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Junkyard Empire**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop** Items include a Jamaican pump organ, and a RAF bomber pilot's hat. **7.00** The team restore a mosaic table in hundreds of pieces.
8.00 **The Yorkshire Auction House** Angus helps a woman clear her late mum's collection of bells. **9.00** Angus helps an engineer and his wife with their collection of 200 clocks.
10.00 **The Derbyshire Auction House**
11.00 **How Do They Do It?**
1.00 AM **Junkyard Empire**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Say Yes to the Dress**
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **I'd Kill for You** The murder of Bruce Miller.
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder by the Sea** Emily Kaye was not aware of Patrick Mahon's past when she fell in love with him.
8.00 **48 Hours** New edition In 2014, Megan Parra was found by her parents with a gunshot wound to her head.
9.00 **Storm of Suspicion** New edition Investigators hope to solve his murder with shoeprints and neighbourly intel.
10.00 **Millionaire Murders** New edition Abraham Shakespeare became a local celebrity in Lakeland, Florida after winning the lottery.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Millionaire Murders**
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Written in Blood**
11.00 **Medical Detectives**
2.00 PM **Citizen Detective**
4.00 **Medical Detectives** Police investigate the murder of a teenage boy. **4.30** Deeply religious Gail Fulton is shot execution style in the suburbs of Michigan. **5.00** An American water-borne epidemic. **5.30** An arrest is finally made 20 years after three sex workers were murdered in 1990. **6.00** A killer brought to justice by samples of carpet fibres found on the clothes of his victims. **6.30** A criminally charged sex offender and murderer attacks in a terrifying rage.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Stop, Search, Seize**
8.00 **UK Border Force**
9.00 **Send in the Dogs**
10.00 **Brit Cops UK**
11.00 **Catching the Killer**
12.00 NOON **What the Killer Did Next** Documentary.
1.00 PM **The Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **What the Killer Did Next** Peter McMahon.
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Murder Uncut**
10.00 **How I Caught the Killer**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil Killers** True-crime.
1.00 AM **How I Caught the...**
2.00 **Twisted Killers**
3.00 **Snapped** Documentary.
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Battle of Crete**
6.55 **Pan Am: Crossing the Pacific** Documentary.
8.00 **Grand Tours of Scotland**
8.40 **Britain's Great Cathedrals** Canterbury.
9.40 **Battlefield America**
10.45 **SAS: Rogue Warriors**
12.00 NOON **My Grandparents' War**
1.00 PM **Grand Tours of...**
1.55 **Britain's Great...**
2.55 **Battlefield America**
4.00 **SAS: Rogue Warriors**
5.20 **My Grandparents' War**
6.25 **Britain's Great...**
7.25 **Battlefield America** New edition
8.35 **SAS: Rogue Warriors**
9.50 **My Grandparents' War**
10.55 **Battlefield America**
12.00 M'T **SAS: Rogue...**
1.20 AM **Grand Tours of...**
2.00 **Britain's Great...**
2.45 **My Grandparents' War**
3.35 **Pan Am: Crossing...**
4.35 **Battle of Crete**
5.30 **to 6.00** AM **Grand...**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Sixties**
7.00 **Discovering: John Travolta**
8.00 **The Directors** Alan J Pakula.
9.00 **The Great Rhino Robbery**
10.00 **Lockerbie** Crime documentary.
11.00 **Burden of Proof: Who Killed Jennifer Pandos?**
12.00 NOON **FILM Undefeated** Sports documentary. (2011, 12, 113min) ★★★★★
2.15 PM **Hurst: The First and Only**
4.00 **The Directors** Alan J Pakula.
5.00 **Discovering: John Travolta**
5.55 **Gaming Wall St**
7.00 **Lockerbie** Crime documentary.
8.00 **Eyes on the Prize III** New edition Exploring the affirmative action policies.
9.00 **FILM Touching the Void** Dramatised documentary. (2003, 15, 106min) ★★★★★
11.00 **Burden of Proof: Who Killed Jennifer Pandos?**
12.00 M'T **The Ringleader: The Case of the Bling Ring**
2.00 AM **Surveilled**
3.15 **Fake Famous** Documentary.
5.00 **to 6.00** AM **Discovering: John Travolta**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Land of Gremlins**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Great Parks of Africa**
10.00 **Nomads of the Serengeti**
11.00 **Chasing the Rains**
12.00 NOON **Arabian Inferno**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Great Parks of Africa**
4.00 **Nomads of the Serengeti**
5.00 **Great Blue Wild**
6.00 **Arabian Inferno**
7.00 **Monkey Life** Double bill.
8.00 **Wild Sky** The volatile weather above four different continents.
9.00 **Arabian Seas** A look into the battle for food on the reef.
10.00 **Arabian Inferno**
11.00 **Great Blue Wild**
12.00 M'T **Chasing the Rains**
1.00 AM **Ningaloo: Australia's Ocean Wonder**
2.00 **Wild Sky** As 8.00pm.
3.00 **Arabian Seas** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Great Parks of Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Bermuda Triangle Enigma**
9.00 **History's Greatest Aircraft**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Buried: Knights Templar and the Holy Grail**
2.00 **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **History's Greatest Aircraft**
5.00 **The Proof Is Out There: Alien Edition** Documentary.
6.00 **What on Earth?**
7.00 **Alien Files Reopened** Strange UFO phenomenon witnessed by a former Navy fighter pilot.
8.00 **Great Escapes with Morgan Freeman** The exploits of German-US pilot Dieter Dengler during the Vietnam War.
9.00 **The Real War of Thrones**
10.00 **The Bermuda Triangle Enigma**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **Alien Files Reopened**
5.00 **to 6.00** AM **The Proof Is Out There: Alien Edition**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Mastermind of Murder**
9.00 **Rob Rinder's Interrogation Secrets** Documentary.
10.00 **Hometown Tragedy**
11.00 **An Hour to Kill**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Green Eyed Killers**
2.00 **Secrets of the Morgue**
3.00 **Rob Rinder's Interrogation...**
4.00 **Mastermind of Murder**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** True-crime.
8.00 **Hometown Tragedy**
9.00 **When Missing Turns to Murder** New edition
10.00 **Gypsy Rose: Life After Lock Up**
11.00 **Homicide Hunter**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **When Missing Turns to Murder** Carol Taggart.
2.00 **Gypsy Rose: Life After Lock Up**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest**
10.00 **Fish Tank Kings**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Katavi: Africa's Fallen Paradise**
4.00 **Secrets of the Zoo: Tampa Rescue Squad**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** A one-horned rhino baby has a father with a hole in his horn.
8.00 **Snakes in the City**
9.00 **Ten Deadliest Snakes with Nigel Marven** Dangerous snakes in the deserts of Oman and the United Arab Emirates.
10.00 **Alaska: The Next Generation** The changing seasons bring new risks to the next generation.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet** Documentary.
3.00 **Secrets of the Zoo: Tampa Rescue Squad**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Aftershock: Disaster in Nepal** As shown at 8.00pm.
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Aftershock: Disaster in Nepal** The geology behind the 2015 earthquake that hit Nepal.
9.00 **Salvage Hunters: Classic Cars** Paul and Drew check out a BMW 323i that has been sitting in a barn for 12 years.
10.00 **Shed and Buried** A fanatical biker with a huge collection. **10.30** Henry and Sam visit a collector of Americana.
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Catch as Can:* James faces a deepening financial crisis when he returns home, and Elizabeth must choose between two suitors. **8.00** *Salvage:* The *Charlotte Rhodes* runs into trouble after its hull is damaged in violent storms, so Callon and Onedin look for a solution.
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** With Scott Mills, Bernie Nolan, Iain Lee and Jimmy McGovern. **11.40** With Josie D'Arby, Dave Spikey and Matthew Wright. **12.20** AM With Paul Bradley, Dan Snow, Peter Serafinowicz and William G Stewart.
1.00 **The Onedin Line**
3.00 **Top of the Pops** Triple bill.
4.30 **Celebrity Mastermind**
5.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Blood Runs Cold**
9.00 **Murder Decoded**
11.00 **In Pursuit with John Walsh**
1.00 PM **Deadly Recall**
3.00 **Mother, May I Murder?**
5.00 **Homicide City**
7.00 **Faking It: Tears of a Crime** The cases of Shafilea Ahmed and Gordon Wardell. **8.00** A look into the 2016 murder of author Helen Bailey.
9.00 **Body Cam** How a dispute turned into a hostage situation with children's lives at stake.
10.00 **Crime Scene Confidential** CSI Alina Burroughs travels to Minnesota to explore the suspicious death of Jane Rhodes.
11.00 **Good Cop, Bad Cop**
12.00 M'T **In Pursuit with John Walsh** Behind the scenes of a luxury car rental business. **1.00** AM The hunt for a woman who allegedly hired a hitman to murder her husband.
2.00 **Homicide City** Double bill.
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers** Mike thinks there's money to be made on a soft-top Saab 900.
9.00 **Iron Resurrection** The crew finish the 1965 Riviera rebuild.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.20 AM **My Penguin Friend**
8.10 **Despicable Me 4** As 3.15pm.
9.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
11.35 **I'll Be Right There** (2023)
1.30 PM **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
3.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.00 **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner and Sienna Miller. (2024, 15, 181min) ★★★★

5.00 Horizon: An American...

8.00 It Ends with Us Drama based on the bestselling novel, starring Blake Lively and Justin Baldoni. A woman's abusive relationship is shaken after her first love reappears. With Hasan Minhaj. (2024, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Cuckoo Horror starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Skincare** Comedy thriller. (2024, 18, 86min) ★★★
1.50 **The Wasp** Suspense thriller. (2024, 15, 96min) ★★★★
3.35 **I'll Be Right There** Comedy. (2023, 12, 93min) ★★★
5.25 **to 7.10** AM **Noah's Ark** Animated family adventure. (2024, U, 96min)

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Sky Cinema Preview**
6.30 **Out of Darkness** (2022) ★★★
8.15 **Tarot** As shown at 4.05am.
10.05 **The Three Musketeers: Milady** As shown at 2.00am.
12.05 PM **Fight or Flight** Thriller. (2025, 15, 98min) ★★★
2.05 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
4.05 **Charlie's Angels** Comedy. (2000, 15, 97min) ★★★★
6.00 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★

6.00 The Beekeeper

8.00 The Meg Action thriller starring Jason Statham, Bingbing Li, Rainn Wilson and Ruby Rose. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Meg 2: The Trench Thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor tries to save the day. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Absolution** Crime thriller starring Liam Neeson. (2024, 15, 112min) ★★★
2.00 AM **The Three Musketeers: Milady** Adventure sequel. (2023, 12, 115min) ★★★★
4.05 **to 6.00** AM **Tarot** Horror. (2024, 15, 92min) ★★

Sky Cinema Drama

310 310 410 510 524

7.55 AM **Ray** As shown at 10.15pm.
10.35 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
12.25 PM **Footloose** Teen musical remake. (2011, 12, 113min) ★★★
2.25 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
3.55 **Out of Africa** Romantic drama starring Meryl Streep. (1985, PG, 162min) ★★★★
6.40 **Boy Meets Boy** Drama starring Matthew Morrison. (2021, 15, 75min) ★★★
8.00 **P.S. I Love You** Romantic comedy drama starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.15 **Ray** Biopic starring Jamie Foxx as Ray Charles, who overcame poverty, racism and the loss of his sight to forge a musical career out of a unique fusion of jazz, R&B, country and gospel. (2004, 15, 152min) ★★★★
12.50 AM **Ferrari** Drama with Adam Driver and Shailene Woodley. (2023, 15, 130min) ★★★
3.05 **Boy Meets Boy** As 6.40pm.
4.30 **to 6.05** AM **Stand by Me** Nostalgic drama starring Wil Wheaton and River Phoenix. (1986, 15, 89min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.50 AM **The Purge: Election Year**
9.50 **If You Were the Last** (2023)
11.35 **Minority Report** Sci-fi thriller. (2002, 12, 145min) ★★★★
2.10 PM **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
4.20 **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
6.10 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
8.00 **Dune: Part Two** Sci-fi drama sequel with Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.50 **Biosphere** Comedy drama starring Mark Duplass and Sterling K Brown. In the not-too-distant future, the last two men on Earth must adapt and evolve to save humanity. (2022, 15, 106min) ★★★
12.45 AM **The Purge: Election Year** Action horror sequel with Frank Grillo. (2016, 15, 108min) ★★★
2.40 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
4.20 **to 6.15** AM **The Frighteners** Horror starring Michael J Fox. (1996, 15, 110min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

6.05 AM **Harry Potter and the Order of the Phoenix** (2007)
8.25 **Harry Potter and the Half-Blood Prince** As 4.40am.
11.00 **Harry Potter and the Deathly Hallows: Part I** (2010) ★★★★
1.30 PM **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
3.45 **Harry Potter and the Philosopher's Stone** (2001)
6.20 **Harry Potter and the Chamber of Secrets** (2002)

9.05 ...the Prisoner of Azkaban

Harry Potter and the Chamber of Secrets (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 Harry Potter and the Prisoner of Azkaban Fantasy adventure sequel starring Daniel Radcliffe. Harry finds himself and Hogwarts school under threat from dangerous escaped convict Sirius Black, the man he believes murdered his parents. (2004, PG, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Harry Potter and the Goblet of Fire** Adventure sequel. (2005, 12, 157min) ★★★
2.15 AM **Harry Potter and the Order of the Phoenix** Fantasy adventure sequel. (2007, 12, 132min) ★★★★
4.40 **to 7.20** AM **Harry Potter and the Half-Blood Prince** Fantasy adventure sequel. (2009, 12, 153min) ★★★★★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Rampage** Adventure. (2018, 12, 107min) ★★★
9.30 **Once Upon a Time in China**
11.50 **Godzilla x Kong: The New Empire** Adventure sequel. (2023, 12, 115min) ★★★
1.50 PM **Fast & Furious 7** Thriller sequel. (2015, 12) ★★★★
4.15 **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
6.10 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★

8.00 The Fall Guy

8.00 The Fall Guy Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. With Aaron Taylor-Johnson. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Dragon Lord** Comedy with Jackie Chan. When a gang of smugglers start sending artifacts to Westerners, a mischievous duo take them on. (1982, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Royal Warriors** Thriller. (1986, 18, 96min) ★★★
1.50 **Once Upon a Time in China** Chinese thriller. Subtitled. (1991, 15, 120min) ★★★★★
4.10 **to 6.10** AM **Once Upon a Time in China II** Chinese thriller sequel. Subtitled. (1991, 15, 120min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Relax, I'm from the Future**
8.35 **Being John Malkovich** Comedy. (1999, 15) ★★★★★
10.35 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
12.15 PM **Lisa Frankenstein** Comedy. (2024, 15, 101min) ★★★
2.05 **Ride Along 2** Comedy sequel. (2016, 12, 102min) ★★
3.55 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
6.05 **Tropic Thunder** War comedy. (2008, 15, 107min) ★★★★

9.50 The Edge of Seventeen

8.00 Pixels Sci-fi comedy starring Adam Sandler and Peter Dinklage. Four former video games champions are recruited to defend Earth from an invasion of 1980s arcade game characters. (2015, 12, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 The Edge of Seventeen Comedy drama starring Hailee Steinfeld. High-school life becomes even more unbearable for a girl when her best friend starts dating her brother. (2016, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
1.25 AM **Relax, I'm from the Future** Comedy starring Rhys Darby. (2023, 15, 94min) ★★★
3.05 **The Brits Are Coming** Crime caper. (2018, 15, 90min) ★
4.45 **to 6.30** AM **Earth Girls Are Easy** Musical comedy. (1988, PG, 100min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **The Big Heat** As 4.05pm.
7.50 **Cult Killer** As 12.30am.
9.45 **False Positive** Horror thriller. (2021, 15, 92min) ★★
11.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
2.10 PM **Layer Cake** As 10.30pm.
4.05 **The Big Heat** Fritz Lang's thriller starring Glenn Ford. (1953, b/w, 15, 90min) ★★★★
5.50 **Collateral** Michael Mann's thriller starring Tom Cruise. (2004, 15, 120min) ★★★★

10.30 Layer Cake

8.00 Angels & Demons Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Layer Cake Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Cult Killer** Thriller starring Antonio Banderas and Alice Eve. (2024, 15, 105min) ★★★
2.30 **Blackhat** Crime action drama. (2015, 15, 128min) ★★★★
4.55 **to 6.35** AM **One Day as a Lion** Action thriller with Scott Caan. (2023, 15, 87min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
12.50 PM **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG) ★★★★
2.55 **The Call of the Wild** Drama. (2020, PG, 96min) ★★★
4.50 **The Land That Time Forgot** Adventure. (1974, PG) ★★★
6.40 **Ben-Hur** Action adventure. (2016, 12, 130min) ★★★

9.00 Stillwater

Ben-Hur (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Stillwater Crime thriller with Matt Damon, Abigail Breslin and Camille Cottin. A man travels from Oklahoma to France to help his estranged daughter, who is in prison for a murder she claims she did not commit. (2021, 15, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. (2017, 15, 141min) ★★★
2.30 **to 4.00** AM **Jethica** Comedy with Ashley Denise Robinson. (2022, 15, 72min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

6.25 AM **The Cinema List**
6.45 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
8.20 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
10.00 **The Hobbit: An Unexpected Journey** Peter Jackson's fantasy adventure with Martin Freeman. (2012, 12, 165min) ★★★

1.00 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.45 **Migration** Animated comedy. (2023, U, 83min) ★★★
4.15 **Spiderwick Chronicles** Fantasy. (2008, PG, 91min) ★★★★
6.00 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy sequel starring Martin Freeman. (2013, 12, 161min) ★★★★
8.45 **Pan** Fantasy adventure prequel. (2015, PG, 111min) ★★★
10.45 **Warcraft** Fantasy starring Travis Fimmel. (2016, 12, 123min) ★★★

12.55 AM **The Lego Batman Movie** Animated family comedy. (2017, U, 104min) ★★★★
2.50 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
4.25 **to 6.10** AM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.30 AM **Echoes of a Summer**
8.25 **Five Easy Pieces** As 2.20am.
10.15 **We're No Angels** As 12.25am.
12.15 PM **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
2.05 **Superman II** Adventure sequel. (1980, PG, 127min) ★★★
4.15 **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★
6.10 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★

8.00 **Superman III** Fantasy adventure sequel starring Christopher Reeve, Richard Pryor and Robert Vaughn. (1983, PG, 123min) ★★★
10.10 **Last Action Hero** Action fantasy starring Arnold Schwarzenegger, Austin O'Brien and Charles Dance. A magic cinema ticket transports a young movie fan into the on-screen action. (1993, 15, 130min) ★★★
12.25 AM **We're No Angels** Action comedy. (1989, 15, 106min) ★★

2.20 **Five Easy Pieces** Drama with Jack Nicholson and Karen Black. (1970, 15, 98min) ★★★★★
4.00 **Echoes of a Summer** Drama. (1975, PG, 98min) ★★
5.45 **to 7.45** AM **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **Boonie Bears: Guardian Code** As shown at 1.15am.
8.05 **Storks** Animated adventure. (2016, U, 87min) ★★★
9.35 **Scarygirl** As 11.40pm.
11.20 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
12.45 PM **Antz** Animated comedy. (1998, PG, 83min) ★★★
2.10 **Sing** Animated comedy. (2016, U, 108min) ★★★

4.00 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★★
5.30 **Trolls** Animated musical. (2016, U, 92min) ★★★
7.05 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
8.50 **The Ogglies** Animated adventure. (2021, PG, 85min) ★★★
10.20 **DC Super Hero Girls: Legends of Atlantis** Animated fantasy with the voice of Yvette Nicole Brown. (2018, PG, 75min) ★★★
11.40 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★

1.15 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★
2.55 **Megamind vs the Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★
4.25 **to 6.30** AM **Deep Sea** Animation. (2023, PG, 112min) ★★★

Movies 24

312 313 419

7.00 AM **A Pinch of Portugal** Drama. (2023, PG, 84min) ★★
9.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
11.00 **Campfire Romance** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **The Story of Love** Comedy. (2022, PG, 91min) ★★
3.00 **Sweet as Pie** Romantic comedy starring Rhiannon Fish. (2022, PG, 93min) ★★

5.00 **Field Day** Comedy with Rachel Boston and Shannon Chan-Kent. (2023, PG, 84min) ★★
7.00 **A Bridesmaid in Love** Comedy starring Tori Anderson. (2022, PG, 87min) ★★
9.00 **Moriah's Lighthouse** Comedy with Rachelle Lefevre. An artisan living in a seaside town dreams of restoring a lighthouse, but an architect may derail her plans. (2022, PG, 84min) ★★
11.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★

1.00 AM **Falling Together** Drama starring Ashley Williams. (2024, U, 90min) ★★
3.00 **to 5.00** AM **The Engagement Back-Up** Romantic comedy. (2022, PG, 91min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Amos Burke, Secret Agent**
7.00 **What a Whopper!** Comedy. (1961, b/w, U, 89min) ★★
8.45 **Dangerous Cargo** Thriller. (1954, b/w, PG, 61min) ★
10.05 **Tonight in Great Britain**
10.30 **Now Barabbas Was a Robber** Drama starring Richard Greene. (1949, b/w, PG, 87min) ★★
12.10 PM **Train of Events** Drama. (1949, b/w, PG, 85min) ★★★

1.55 **The Brothers** 5/14. (S4)
3.00 **Kentucky Rifle** Western with Chill Wills. (1956, U, 84min) ★★
4.35 **The Texan** 35/37. (S1)
5.10 **Booby Trap** Thriller starring Harry Fowler and Sydney Tafler. (1957, b/w, PG, 72min) ★★
6.40 **A Symphony of London**
7.00 **Z Cars** 2/13. (S11)
8.00 **Manhunt** 19/26. (S1)
9.05 **Maigret** 1/2. (S8)
11.00 **Maigret** 11/13. (S4)
12.05 AM **Fools Rush In** Thriller. (1955, b/w, PG, 69min) ★★

1.00 **Mademoiselle** Drama starring Jeanne Moreau and Ettore Mani. (1966, b/w, 15, 99min) ★★
3.05 **The Resurrection of Zachary Wheeler** Thriller starring Leslie Nielsen. (1971, 12, 100min) ★★★
5.15 **Look at Life** Documentary.
5.30 **to 6.00** AM **Richard Diamond**

WEDNESDAY Sport 9 April

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Coverage of day four of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the second and third rounds.
2.00 PM **Golf Channel Live from The Masters** The game's leading stars and pundits build-up to the Major in Georgia.
7.00 **Gillette Labs Soccer Special**
7.30 **LIVE EFL Coventry City v Portsmouth.** Coverage of the Championship match staged at Coventry Building Society Arena, as the two sides from either ends of the table meet in another important clash. The hosts are in a good position to finish in the play-off places, while the visitors are still battling to stay in the league. In the reverse fixture back in December, Portsmouth's Callum Lang scored four times to help the south-coast side to a 4-1 victory. Kick-off is at **8.00pm**.
10.00 **The Masters** Build-up to the event at the Augusta National.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **MNF Hits** Action from Leicester City v Newcastle United.
12.30 PM **Gary Neville's Soccerbox** With guest Peter Schmeichel.
1.00 **Premier League Highlights**
3.30 **SNF** Action from Aston Villa v Nottingham Forest at Villa Park.
4.00 **Premier League Highlights** Action from Crystal Palace v Brighton & Hove Albion.
4.30 Action from Ipswich Town v Wolverhampton Wanderers.
5.00 **Premier League 100 Club** Robbie Fowler's goals.
5.30 **Premier League Review**
6.30 **Premier League Stories**
7.00 **Gillette Labs Soccer Special** News from tonight's matches.
10.15 **Soccer Special Post-Match** Reaction from tonight's football.
10.30 **Premier League Stories**
11.00 **Premier League Review**
12.00 M'T **Premier League Icons**
1.00 AM **PL Retro** A replay of Chelsea v Liverpool from 2002/03.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **There's Only One Sauzee**
8.30 **Dundee United: Champions 83**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2020/21**
11.30 **EFL Trophy** Archive action.
12.00 NOON **EFL** A chance to see Middlesbrough v Leeds United.
2.00 PM **Bundesliga Highlights Show**
3.00 **EFL Highlights**
3.30 **EFL Trophy** A semi-final.
4.30 **Scottish Premiership Round-Up** Top-flight action.
4.45 **SPFL Highlights** Action from St Johnstone v Celtic.
5.00 **EFL Highlights**
7.00 **Gillette Labs Soccer Special**
7.30 **LIVE EFL Coventry City v Portsmouth.** Coverage of the Championship match staged at Coventry Building Society Arena, as the two sides from either ends of the table meet in another important clash. Kick-off **8.00pm**.
10.30 **EFL Highlights**
12.30 AM **Retro League One**
2.30 **EFL Trophy** Highlights.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2020 final.
5.00 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A chance to see Punjab Kings v Chennai Super Kings.
10.10 **Ashes Greats** From 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Gujarat Titans v Rajasthan Royals.** Coverage of the match at Narendra Modi Stadium in Ahmedabad. The two sides met just the once last year in one of the most exciting games of the 2024 season. The Royals made an impressive 196-3 in their 20 overs with Riyan Parag top-scoring with 76 from 48 balls. In their reply, the Titans won the game on the final ball of the game as they chased down their target with three wickets remaining.
7.00 **Ashes Greats** From 2001.
7.30 **Best of ICC WT20**
8.00 **IPL** Action from Punjab Kings v Chennai Super Kings in Mohali.
9.00 Highlights from Gujarat Titans v Rajasthan Royals staged at Narendra Modi Stadium.
10.00 Mumbai Indians v Royal Challengers Bengaluru.
11.00 **IPL** Recent action.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **How the 2015 Masters Was Won** Archive highlights.
8.00 **How the 2016 Masters Was Won** Danny Willett's victory.
10.00 **How the 2017 Masters Was Won** Archive highlights.
12.00 NOON **Masters 1986**
12.30 PM **McGinley & Chamblee at The Masters** A preview.
2.00 **Golf Channel Live from The Masters** Build-up to the Major.
7.00 **LIVE The Masters** Coverage of the Masters Par Three Contest from Augusta National Golf Club.
10.00 **The Masters** Build-up.
11.00 **On the Road with Iona Stephen**
12.00 M'T **The Masters Official Film – Langer 1985**
12.30 AM **PGA Tour: The Cut**
1.00 **PGA Tour Champions**
2.00 **The Masters Official Film 2004**
3.00 **The Masters Official Film 2006**
4.00 **The Masters Official Film 2010**
5.00 **Steel Magnolia: Willett's Masters** From 2016.
5.30 **to 6.00** AM **Vamos! Garcia's Glory**

TNT Sports 1

410 413 521 408 430

6.30 AM **UEFA Champions League**
7.30 **UEFA Europa League & Conference League Magazine**
8.30 **The Football Archives**
9.00 **Premier League Netbusters**
9.30 **Premier League Stories**
10.00 **Premier League Review**
11.00 **Isuzu A-League Highlights**
11.30 **Tom Aspinall's Fight Lab**
12.00 NOON **Cycling** Highlights.
1.00 PM **Chasing Cobbles**
2.00 **LIVE Men's Cycling** Stage three of the Tour of the Basque Country.
5.00 **No Filter Cycling**
5.15 **Serie A – Full Impact**
5.45 **Super Villans** Documentary.
7.00 **LIVE UEFA Champions League Paris Saint-Germain v Aston Villa.** Coverage of the quarter-final first-leg from Parc des Princes. Kick-off **8.00pm**.
10.30 **UEFA Champions League Hlts**
11.00 **Premier League Review**
12.00 M'T **Discovery Golf**
12.30 AM **LIVE NBA Dallas Mavericks v Los Angeles Lakers.** Coverage of the Western Conference match from American Airlines Centre. Tip-off **12.30am**.
3.00 **Men's Cycling** Recent action.
5.00 **to 6.00** AM **Chasing Cobbles**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling**
7.00 **T100 Triathlon World Tour Highlights** From Singapore.
8.00 **Grand Slam Track Athletics**
11.00 **Serie A** Action from Italy.
1.00 PM **UEFA Champions League Highlights Show**
1.30 **Premier League Netbusters**
2.00 **Isuzu A-League Highlights**
2.30 **Playing For Our Future-Cycling**
2.45 **LIVE Men's Cycling Pro Series** The Scheldeprijs.
4.45 **Chasing Cobbles: Mads Pedersen** The Danish cyclist.
5.45 **Premier League Reload**
6.00 **TNT Sports Reload**
6.30 **The Football's On**
7.30 **LIVE UEFA Champions League Barcelona v Borussia Dortmund.** The quarter-final first-leg staged at Estadi Olimpic Lluis Companys. Kick-off **8.00pm**.
10.15 **UFC Countdown** A look ahead.
11.15 **Fight Week** Preview of UFC 314.
12.00 M'T **Tom Aspinall's Fight Lab**
12.30 AM **LIVE MLB Kansas City Royals v Minnesota Twins.** Coverage from Kauffman Stadium. Start-time **12.40am**.
3.45 **Grand Slam Track Athletics**
4.45 **to 6.00** AM **MLB Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
7.00 **Top Rank Boxing Archive**
8.15 **Fight Night International**
10.15 **Super League Highlights**
11.00 **Women's State of Origin**
11.45 **My Icon** Johnny Nelson.
12.00 NOON **NFL Highlights** Baltimore Ravens v Philadelphia Eagles.
1.00 PM **Good Morning Football**
3.00 **Fight Night International** Another chance to see Jared Anderson v Andrii Rudenko.
4.00 **Top Rank Boxing Archive** A chance to see Iran Barkley v Roberto Duran from 1989.
5.15 **Women's State of Origin**
5.30 **PDC Classics** Michael Van Gerwen v James Wade in 2015.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Highlights** Action from Kansas City Chiefs v Buffalo Bills in the AFC Championship match.
9.00 **Super League** Warrington Wolves v Leeds Rhinos.
11.45 **NFL Bitesize Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Bitesize Highlights**
1.15 **Women's State of Origin**
2.00 **Super League** Warrington Wolves v Leeds Rhinos.
4.45 **Women's State of Origin**
5.30 **to 6.00** AM **My Icon**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Coverage of day four of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the second and third rounds.
6.00 PM **Sports Centre**
7.00 **Gillette Labs Soccer Special** Updates from tonight's matches.
7.30 **Bundesliga Top 5 Brazilian Goals** Best strikes in the German top flight by Brazilian players.
7.35 **LIVE EFL Oxford United v Queens Park Rangers.** Coverage of the Championship match from Kassam Stadium, as the teams meet for the second time this season. A second-half brace from Sam Field was enough for QPR to secure all three points in the reverse fixture last December. Kick-off **7.45pm**.
9.45 **My Icon** Thierry Henry.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League** A chance to see Castleford Tigers v Hull FC.
2.45 **to 6.00** AM **Super League**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Highlights.
10.00 **LIVE ATP Tennis** Day four of the ATP Monte-Carlo Masters, a clay-court tournament staged at the Monte Carlo Country Club.
6.00 PM **WTA Tennis** Miami Open.
7.00 **ATP Tour This Week**
7.30 **ATP Tennis** Miami Open final.
8.30 **WTA Tennis** Indian Wells Open.
9.00 **ATP Tour This Week**
9.30 **WTA Tennis** Dubai review.
10.00 **WTA & ATP Tennis** Highlights.
11.00 **ATP Tennis** Marrakech Open.
12.00 M'T **US Open Classic Matches**
2.00 AM **Bitesize Tennis** From 2024.
2.45 **Frances Tiafoe Podcast 2024**
3.00 **WTA Tennis** Miami Open final.
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent highlights from India.
9.00 **PGA Tour Golf** Texas Open.
10.00 **Ladies European Tour Golf**
11.00 **Formula 1** Japanese Grand Prix.
12.00 NOON **IPL** Recent highlights.
1.00 PM **Fight Night International**
3.00 **PL Retro** A replay of Arsenal v Tottenham Hotspur from 2008.
5.00 **WTA Tennis** Charleston Open.
6.00 **ATP Tennis** The US Men's Clay Court Championship final.
7.00 **Ladies European Tour Golf** The Joburg Ladies Open review.
8.00 **PGA Tour Golf** Texas Open.
9.00 **IPL** Recent highlights from India.
11.00 **Fight Night International**
1.00 AM **ATP Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **The Masters Official Film 2021**

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP Classics**
9.00 **Motocross World Championship**
12.00 NOON **World Snooker Championship** A look ahead.
1.00 PM **MLB Highlights**
2.00 **NBA** Another chance to see New York Knicks v Boston Celtics.
3.30 A chance to see Phoenix Suns v Golden State Warriors.
5.00 **Grand Slam Track Athletics** The first slam event in Kingston.
6.00 **Ultimate Pool** Group 14 of the Champions League.
7.30 **Serie A – Full Impact**
8.00 **MLB Plays of the Week**
8.30 **LIVE MLB Athletics v San Diego Padres.** Coverage of the inter-league match from Sutter Health Park. Start-time **8.35pm**.
11.45 **Kenny Allstar's Number 1's**
12.00 M'T **TNT Sports Reload**
12.30 AM **UEFA Champions League**
2.30 **UFC** Emmett v Murphy.
5.30 **to 6.00** AM **European Rally Championship Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Formula E Flashback**
7.00 **European Rally Championship Highlights** Rally Sierra Morena.
7.30 **Isuzu A-League Highlights**
8.00 **T20 Cricket Highlights**
1.00 PM **AFL** A replay of Collingwood Magpies v Carlton Blues.
3.00 **Premier League** Another chance to see Everton v Arsenal.
4.30 **MLB Highlights**
5.30 **HSBC SVNS Highlights** Action from the sixth round of the season in Singapore.
6.30 **Discovery Golf** The latest news.
7.00 **Chasing Cobbles: Mads Pedersen** A look into the life of the Danish cyclist.
8.00 **Cycling** Highlights from the third stage of the men's Tour of the Basque Country.
9.00 **Men's Cycling Pro Series** Action from the Scheldeprijs.
10.00 **AFL** A replay of North Melbourne Kangaroos v Sydney Swans.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **Asian Le Mans Series**
8.00 **LaLiga Highlights**
9.00 **British Minibikes**
11.00 **PSA Squash Highlights**
12.00 NOON **Champions Cup Hlts**
1.00 PM **NHL on the Fly**
2.00 **LaLiga News**
2.30 **Sporting Countdowns**
3.00 **LaLiga Highlights**
4.00 **NASCAR Highlights**
5.00 **Transworld Sport** Magazine.
6.00 **Viva LaLiga** The latest news.
7.30 **Women's Football Weekly**
8.00 **Champions Cup Highlights**
9.00 **LaLiga Highlights**
10.00 **Asian Le Mans Series**
11.00 **Transworld Sport** Magazine.
12.00 M'T **Sporting Greats**
12.30 AM **LIVE NHL Ice Hockey New York Rangers v Philadelphia Flyers.** Face-off is at **12.30am**.
3.30 **Women's Football Weekly**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** A Spanish top-flight game.
10.00 **Temples of Sport**
10.30 **Bike World** Magazine.
11.00 **NHL Ice Hockey** Florida Panthers v Toronto Maple Leafs.
1.00 PM **Champions Cup**
3.00 **Temples of Sport** Venues.
3.30 **Bike World** Magazine.
4.00 **Champions Cup** Another chance to see Bordeaux v Ulster.
6.00 **Africa Eco Race**
7.00 **LaLiga** A Spanish top-flight game.
9.00 **Champions Cup** Another chance to see Leinster v Harlequins.
11.00 **Indy Autonomous Challenge**
12.00 M'T **LIVE NHL Ice Hockey Tampa Bay Lightning v Toronto Maple Leafs.** The Eastern Conference match at Amalie Arena. Face-off **12.00m't**.
3.00 AM **Bike World** Magazine.
3.30 **Temples of Sport**
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** The Bahrain Grand Prix from 2016 to 2020.
11.00 **Formula 1** Highlights of the Japanese Grand Prix.
12.00 NOON **Formula 1** The 2024 Bahrain Grand Prix in Sakhir.
2.15 PM **Toleman Story**
3.00 **Formula 1** Australian Grand Prix.
4.00 The Chinese Grand Prix.
5.00 The Japanese Grand Prix.
6.00 **Ted's Notebook** Thoughts on the Japanese Grand Prix.
6.30 **F1 Academy: Weekend Wrapped** Chinese Grand Prix.
7.00 **Formula 1** The Bahrain Grand Prix from 2019 to 2024.
1.00 **to 6.00** AM **The Home of F1**

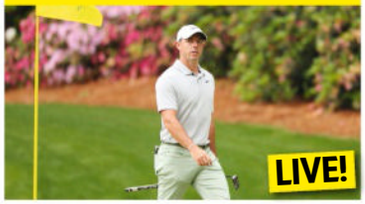
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

10 April

Evening Planner

Golf



The Masters

Sky Sports Main Event & Sky Sports Golf, coverage from 2pm

Dare we dream of a fifth Major title for Rory McIlroy at Augusta this year?

Documentary

World's Toughest Drive: My African Adventure

C4, 11pm

Guy Deacon sets off on a journey to highlight the reality of life with Parkinson's.

OnDemand

NETFLIX

Black Mirror

Available today

Are you sitting uncomfortably? Charlie Brooker's twisted sci-fi anthology returns with six brand new episodes.

OnDemand

prime

G20

Available today

Viola Davis stars as US President Danielle Sutton, who leaps into action when terrorists attack the G20 summit.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 The Apprentice		10.00 News	10.40 Ride...
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Digging for Britain		9.00 Fake or Fortune?		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Celebrity Big Brother		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bad Dog Academy		9.00 24 Hours in A&E		10.00 999: On the Front Line	
	105 5	7.00 Portugal with Michael Portillo		8.00 The Yorkshire Vet: Back to the '70s		9.00 The Madame Blanc Mysteries		10.00 Peeping Tom: The Landlord & His...	
	106 SKY SHOWCASE	‹ 6.55 The Simpsons			8.10 Rob Beckett's Smart TV	9.00 Gangs of London		10.00 Jack the Ripper: Written in Blood	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US...	8.40 Becoming...	9.00 Stacey Dooley: Young Sex for Sale...		9.55 Stacey Dooley: Canada's Lost Girls	
	116 BBC4		7.10 Doris Day: I Don't Even Like...	8.00 Film: Calamity Jane			9.40 Doris Day: Pebble Mill...	10.20 Film: Hello, Dolly!	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Family Guy		10.00 Celebrity Big Brother: Late and Live	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Car S.O.S.			
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 The Inbetweeners		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.55 Six Feet Under		7.55 Game of Thrones		9.00 Gangs of London		10.00 The Gilded Age	
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Men Behaving Badly			10.20 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Foyle's War	
	120 ITV4	7.00 The Grand Fishing Adventure		8.00 Film: The Spy Who Loved Me					10.40 River...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jeff Dunham: I'm with Cupid		10.00 Film: Sausage Party	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 A League of Their Own: The Rally		10.00 Resident Alien	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Science Fiction in the Atomic Age		9.00 Film: The War of the Worlds			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Ambulance Australia		9.00 Nurses on the Ward			
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Hoffman Family Gold		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Guardians of Rescue				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.		9.00 David Blaine Do Not Attempt		9.55 Air Crash Investigation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Bangers & Cash: Restoring Classics				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Lockerbie		8.00 The Anarchists		9.00 Italia 90: Four Weeks That Changed...		10.00 Schmeichel	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 It Ends with Us		8.00 Cuckoo				10.00 The Wasp	
	302 ADVENTURE	‹ 6.00 The Hobbit: The Battle of the Five Armies			8.30 My Penguin Friend				10.15 The Mummy
	303 HITS	‹ 6.00 Superbad		8.00 Paul Blart: Mall Cop			9.45 Paul Blart: Mall Cop 2		
	304 GREATS	‹ 6.00 Blade Runner		8.00 Superman IV – The Quest for Peace			9.35 Patriot Games		
	305 ANIMATION		7.15 The Angry Birds Movie 2			9.00 Deep Sea			
	306 HARRY POTTER		7.05 Fantastic Beasts and Where to Find Them				9.20 Fantastic Beasts: The Crimes of Grindelwald		
	307 ACTION	‹ 5.55 Godzilla		8.00 Mad Max: Fury Road				10.05 Bad Boys	
	308 COMEDY	‹ 6.10 About Last Night		8.00 Airplane!			9.35 Airplane II – The Sequel		
	309 THRILLER	‹ 5.30 Vanilla Sky		8.00 Inferno				10.15 Public Enemies	
	310 DRAMA	‹ 6.20 The Great Escaper		8.00 Ghost				10.15 Stand by Me	
	311 SCI-FI	‹ 6.25 Men in Black II		8.00 I Am Legend			9.45 Total Recall		
	313 FILM4	‹ 6.50 The League of Extraordinary Gentlemen				9.00 White House Down			
SPORT	401 MAIN EVENT	‹ 2.00 The Masters – Live: Coverage of the featured groups on round one of the first Major of the year							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Crewe Alexandra v Cheltenham Town (Kick-off 8.00)						10.30 EFL Highlights
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	‹ 5.00 UEFA Conference...		7.45 UEFA Europa League – Live: Lyon v Manchester United (Kick-off 8.00)					10.30 UEFA Europa...
	411 TNT SPORTS 2	7.00 UEFA Europa League – Live: Rangers v Athletic Bilbao (Kick-off 8.00)							10.30 Serie A – Full...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Westcott and Glastonbury. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Policing Paradise** New edition 12/16. Officers arrest a man at Bermuda's biggest event. (S)
2.30 **Clive Myrie's Caribbean Adventure** Trinidad. (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** (S)(R)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)(R)

8.00 Interior Design Masters

7 PM

7.00 **The One Show** Lauren Laverne and JB Gill present the topical show. (S)
7.30 **EastEnders** Ruby decides it's time to leave Albert Square, and Jean begs Stacey to stop fighting. (S)(AD)

8 PM

8.00 **NEW SERIES Interior Design Masters with Alan Carr** 1/8. The comedian welcomes a new cohort of hopefuls, whose first challenge is to demonstrate their signature style on YHA bunk rooms in the Lake District. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 11/12. The final five candidates face the harsh interview phase, in which they are interrogated by a number of Alan Sugar's associates. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW Ride or Die** Documentary following three motorcycle road racers in the weeks leading up to the North West 200, exploring how faith, family and the risk of fatality pushes them to their limits. (S)
11.40 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz, with guests Matt Evers, Patsy Palmer, Marky Luther, Meesh Ven, Naomi Wilkinson, Steve Backshall, Katie Zelem and Mary Earps. (S)(R)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Policing Paradise** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
1.00 PM **Sign Zone: See Hear** New edition (S)(AD)
1.30 **Impossible** Quiz show. (S)(R)
2.15 **Lightning** Game show. (S)(R)
2.45 **Unbeatable** Quiz show. (S)(R)
3.30 **Dom Digs In** (S)(R)(AD)
4.15 **Patagonia: Earth's Secret Paradise** Exploring life in the seas that surround the area. (S)(R)(AD)
5.15 **Flog It!** From Oxford. (S)(R)
6.00 **Richard Osman's House of Games** Toussaint Douglass, Mark Foster, Sheree Murphy and Sian Williams take part. (S)(R)
6.30 **Great British Railway Journeys** New edition Michael Portillo goes to Royal Tunbridge Wells. (S)(AD)

10.00 The Apprentice: You're Fired

7.00 **Celebrity Antiques Road Trip** 9/20. Sara Davies and Amy Dowden search the north east of England for money-making items, including cranberry finger bowls, Georgian shoe buckles and a set of bronze dragon heads. (S)(R)

8.00 **Digging for Britain** 2/6. Alice Roberts heads to the south of England to see the earliest money made in Britain, and a haul of Roman treasure that brings to life the fall of the empire in Britain. (S)(R)(AD)

9.00 **Fake or Fortune?** Fiona Bruce and Philip Mould investigate a painting that depicts the terrible aftermath of a battle, thought to be a work by the Victorian artist Edwin Landseer. (S)(R)(AD)

10.00 **The Apprentice: You're Fired** Series finale 11/11. Tom Allen meets the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
10.55 **Weather** (S)
11.00 **What We Do in the Shadows** New episodes 5/10. Coverage of a local water main break brings attention to the vampires. (S)(AD)
11.25 6/10. Nadja takes Guillermo to urgent care. (S5) (S)(AD)
■ Entire series on BBC iPlayer
11.50 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD)
12.20 AM **Sign Zone: Simon Schama – The Road to Auschwitz** (S)(R)
1.20 **Sign Zone: What They Found** (R)
2.00 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with guests Adjoa Andoh, Adrian Chiles and Trevor Nelson. (S)(R)(AD)
3.00 **Jeopardy!** New edition Quiz show hosted by Stephen Fry. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.20 **Party Election Broadcast** By the Conservative Party. (S)
6.30 **ITV News** (S)

5.00 The Chase

7.30 **Emmerdale** John apologises, Pollard fires Tracy, and Jacob goes into anaphylactic shock. (S)(AD)

8.30 **Tonight: High Streets – Are Takeaways Taking Over?** New edition Paul Connolly presents a report on the state of takeaways in the UK, who are bucking the trend at a time when many high street businesses are struggling. (S)

9.00 **Celebrity Big Brother** New edition Famous faces move in together, ready to have their every word and move recorded for the enjoyment of the public. (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Bradley & Barney Walsh: Breaking Dad** 2/6. The boys' driving skills are tested when they experience real-life Tokyo Drift. (S)(R)(AD)
11.10 **For the Love of Dogs with Alison Hammond** 3/6. An over excited spaniel is put through his paces to see if he's cut out for life as a military working dog. (S)(R)(AD)
11.35 **Sorry, I Didn't Know** With guests Nabil Abdulrashid, Paul Chowdhry and Sarah Keyworth. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **Unwind with ITV** (S)
4.10 **to 6.00** AM **The Olivier Awards** This year's ceremony. (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S9) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 15-18/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A couple search for a holiday home on Portugal's Algarve coast. (S)(R)
4.00 **A New Life in the Sun** In Almería, renovation hitches continue for B&B owners Josie and Steve. (S)(R)
5.00 **Chateau DIY** New edition The boiler that Ben and Vanessa have been waiting for arrives. (S)(AD)
6.00 **A Place in the Sun: What Happened Next?** Lee Juggurnauth revisits Liz and Ian at their stunning Greek sea-view villa. (S)(R)

11.00 World's Toughest Drive

7.00 **News** (S)

8.00 **Bad Dog Academy** New edition Trainer Victoria gives advice to Tim and Chelsey, who have been showing their love for bulldog Bobby through food and their pet is now unable – or unwilling – to walk. (S)(AD)

9.00 **24 Hours in A&E** New edition Richard is rushed to Queen's in Nottingham after collapsing suddenly at home, while advanced clinical practitioner Marijke reflects on her journey to becoming a medic in the UK. (S)(AD)

10.00 **999: On the Front Line** A young man has curvature of the spine, a high temperature, low blood pressure and a fast heart rate – all triggers for the life-threatening condition sepsis. Paramedics also treat a man who's been stabbed. (S)(R)
11.00 **NEW World's Toughest Drive: My African Adventure** A man with Parkinson's embarks on a solo journey from England to Cape Town. *See feature, page 21.* (S)(AD)
12.05 AM **Kitchen Nightmares USA** (R)
1.00 **Travel Man: 48 Hours in Trieste**
1.25 **Tempting Fortune** (S)(SL)(R)(AD)
3.15 **Dreamers** 3&4/6. (S1) (S)(SL)(R)
4.10 **Find It, Fix It, Flog It** (S)(R)
4.20 **Devon and Cornwall** (S)(R)(AD)
4.50 **Kirstie and Phil's Love It or List It**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **Death Down the Aisle** Thriller starring Jess Brown and Anna Kopacek. (S) (2024, 12, 105min) ★★
4.00 **The Cruise: Fun at Sea** New edition 9/10. *Valiant Lady* arrives at one of the largest of Italy's 400 islands, Sardinia. (S)
5.00 **News** (S)
6.00 **Eggheads** Barb on Tour try their luck against the experts. (S)(R) **6.25** Look What I Made from Leicestershire try their luck against the quiz experts. (S)(R)
6.55 **News** (S)

9.00 The Madame Blanc Mysteries

7.00 **Portugal with Michael Portillo** 6/6. Michael Portillo visits the town and municipality of Sintra, once the playground of Portuguese royalty. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet: Back to the '70s** New edition Seventies fever hits the practice, and at Cannon Hall Farm, Dave Nicholson is worried about a mystery illness threatening their Swiss Valais tup. (S)

9.00 **The Madame Blanc Mysteries** New episode *The Blueprint:* 4/6. Jean is contacted by a couple who believe they possess the original blueprints of Valletta, the capital city of Malta. (S4)(S)(AD)

10.00 NEW **Peeping Tom: The Landlord & His Secret Cameras** Examining how a West Yorkshire man secretly filmed dozens of women for more than 15 years. (S)

11.35 **Motorway Cops: Catching Britain's Speeders** Following an erratically driven car. (S)(R)(AD)
12.35 AM **999: Emergency Call Out**
1.25 **PlayOJO Live Casino Show** (S)
3.25 **The Queen: Duty Before Family?** Documentary. (S)(R)
4.15 **Brits in France** (S)(R)
5.05 **Wildlife SOS** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S5) (R)
11.00 **Chasing the Rains** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 20/22. (S1) (S)(R)(AD)
5.00 **The Simpsons** *The Real Housewives of Fat Tony:* Fat Tony and Selma marry after a whirlwind romance. (S)(R) **5.30** *Donnie Fatso:* Homer takes part in an FBI operation against Fat Tony. (S)(R)
6.00 **The Office (US)** 22/22. Dunder-Mifflin hosts a casino night in the warehouse (S2) (S)(R) **6.30** 1/25. Michael accidentally lets slip that one of his colleagues is gay. (S3) (S)(R)

6.00 The Office (US)

6.55 **The Simpsons** *Homer Scissorhands:* Home discovers a talent for styling hair. (S)(R) **7.20** *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R) **7.45** *The Ned-liest Catch:* Ned Flanders and Mrs Krabappel embark on a whirlwind romance. (S)(R)

8.10 **Rob Beckett's Smart TV** Kerry Godliman, Emmett Scanlan, Himesh Patel and Carol Vorderman feature for another round of TV-related challenges and discussions, hosted by Rob Beckett. (R)

9.00 **Gangs of London** New episode 4/8. Luan takes drastic action to defend his family, and Elliot uncovers a piece of the spiking mystery but it could cost him everything. (S3) (S)(AD) ■ Entire series on Box Sets

10.00 **Jack the Ripper: Written in Blood** *Ghastly Murder:* 1/3. Dramatised documentary revealing how the Whitechapel Murders fuelled the rise of tabloid journalism in Victorian Britain. (S)(R)

11.00 **An Idiot Abroad 2** (S)(R)(AD)
12.00 M'T **Veep** 1/7. The gang are on the campaign trail in early primary states. (S)(R)(AD) **12.35** AM 2/7. Amy's behaviour raises alarms. (S7) (S)(R)(AD)
1.10 **The Force: North East** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 20/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R) **11.40** Scotcast (S)(R) **12.10am** Pointless Celebrities (S)(R) **1.00** Weather for the Week Ahead (S) **1.05-6.00am** BBC News (S)
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Ride or Die (S)(R)(AD) **12.20am** Kinahan: The True Story of Ireland's Mafia (S)(R)(AD) **1.20** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)
WALES
Sky 965, Virgin 864, Freesat 965
10.40-11.40pm Saving Lives in Cardiff (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm Paddy & Nigel's Tourist Trap (S)(R) **11.30** The Crime I Can't Forget (S)(R) **12.30-1.20am** What We Do in the Shadows New episodes (S)(AD)
WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up (S) **7.30** Celebrity Antiques Road Trip (S)(R) **8.30-9.00pm** NEW SERIES Chronicles of the Glens (S)

ITV1

As main ITV1 except:
WALES
10.45-11.10pm Face to Face New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Y Tyrchwyr gyda Iolo Williams (AD) **1.30** Y Tyrchwyr gyda Iolo Williams (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Clwb Rygbi **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Ysbyty **10.45** Grid **11.05-11.40pm** Cais Quinnell (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Featuring drummer Mick Fleetwood.
7.55 **The Catch Up**
8.00 **Dragons' Den US – Shark Tank** New edition 4/24. Featuring a fitness system and festive party hats.
8.35 **The Catch Up**
8.40 **Becoming – Furiosa** Anya Taylor-Joy reveals all to Ali Plumb about *Mad Max* prequel *Furiosa*.
9.00 **Stacey Dooley: Young Sex for Sale in Japan**
9.55 **Stacey Dooley: Canada's Lost Girls** Investigating missing or murdered women and girls in Canada.
10.45 **Charlotte in Sunderland**
11.45 **Starstruck** 5&6/6. (S3)
12.35 AM **The Tooney and Russo Show** New edition Ella and Alessia are invited to Vick Hope's home in Ibiza.
1.00 **High: Surviving a Dubai Drugs Bust** 1&2/5. (S1)
2.00 **Stacey Dooley: Young Sex for Sale in Japan**
3.00 **to 4.00** AM **Charlotte in Sunderland**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Michael Palin: The Art of Travel** The actor looks back at a century-old rail service to St Andrews.
7.10 **Doris Day: I Don't Even Like Apple Pie** Doris Day looks back at her successful acting and singing career.
8.00 FILM **Calamity Jane** Musical Western starring Doris Day and Howard Keel. A cowgirl tries to become more feminine when she falls for Wild Bill Hickok. With Allyn McLerie. (1953, U, 100min) ★★★★
9.40 **Doris Day: Pebble Mill Special** Gloria Hunniford interviews the actor.
10.20 FILM **Hello, Dolly!** Lavish Hollywood musical set in 1890s New York, starring Barbra Streisand and Walter Matthau. (1969, U, 140min) ★★★★
12.40 AM **Artists and Models**
2.00 **Doris Day: Pebble Mill Special** As 9.40pm.
2.40 **to 3.40** AM **The Black Death: Lucy Worsley Investigates**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
10.00 **A Place in the Sun**
12.30 PM **Narrow Escapes**
2.35 **Come Dine with Me**
5.15 **Four in a Bed** The first visit is at the Old Hall Country House in Madeley, Cheshire. **5.50** Eileen Finn invites contestants to Thornley House in Northumberland. **6.20** The third visit is at a three-bedroom establishment in St Ives, Cornwall. **6.50** The final visit is to the Cavendish in Bournemouth.
7.20 **Four in a Bed** The B&Bers meet one last time as the winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer are in Chippenham to help Tim and Sonia decide whether to update their home or move for a fresh start.
9.00 **Car S.O.S** Tim and Fuzz take on the challenge of restoring a 1953 Riley RMF, a great British classic. **10.00** Early onset dementia has left Ben struggling to maintain his beloved 1973 Porsche 911 Targa.
11.00 **Emergency Helicopter Medics** An appearance at a charity event is cut short.
12.05 AM **24 Hours in A&E**
2.15 **Emergency Helicopter Medics** As 11.00pm.
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.30 **Married at First Sight Australia** New edition Following such a dramatic retreat, the fifth dinner party is an arena of exploding tensions with confrontations fracturing the whole group.
9.00 **The Inbetweeners** 3/6. A trip to a theme park does not go to plan. **9.30** 4/6. Will finds himself a girlfriend. (S1)
10.00 **Gogglebox** *Piers Morgan Uncensored* is appraised.
11.05 **Naked Attraction's Best Naughty Bits**
12.10 AM **Married at First Sight Australia** As 7.30pm.
1.35 **Rick and Morty**
2.05 **Common Side Effects** Series finale Animation.
2.30 **Gogglebox**
3.25 **The Goldbergs**
4.15 **The Neighborhood**
5.05 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

- 6.00 AM **Send in the Dogs**
- 7.00 **Motorway Patrol**
- 8.00 **Border Patrol**
- 9.00 **Stop, Search, Seize**
- 10.00 **UK Border Force**
- 11.00 **Bull** 3/22. (S6)
- 12.00 NOON **The Good Doctor** (S3)
- 1.00 PM **The Rookie** 13/14. Chen goes undercover. (S3)
- 2.00 **Chicago Fire** 12/13. Capp and Tony attempt to break a world record. (S12)
- 3.00 **Caught on Dashcam**
- 4.00 **Nothing to Declare**

9.00 Law & Order: SVU

Sky Atlantic

108/109 108/109 342 357

- 6.00 AM **Fish Town**
- 8.10 **Boardwalk Empire** (S1)
- 10.20 **Six Feet Under** 2&3/12. (S5)
- 12.25 PM **Game of Thrones** (S1)
- 1.30 **My Brilliant Friend** (S2)
- 3.45 **Boardwalk Empire** 2/12. Van Alden realises how far Nucky's power extends.
- **4.50** 3/12. Nucky and Eli try to stop the survivor from talking to Van Alden. (S1)
- 5.55 **Six Feet Under** 2/12. Brenda struggles in her internship.
- **6.55** 3/12. George is haunted by disturbing visions. (S5)

10.00 The Gilded Age

Sky Max

113/114 109/110 111 346 361

- 6.00 AM **Hawaii Five-0** (S3)
- 8.00 **The Flash** 8/13. (S9)
- 9.00 **Stargate SG-1** 9&10/22. (S5)
- 11.00 **Supergirl** 17/22. (S2)
- 12.00 NOON **The Flash** 9/13. (S9)
- 1.00 PM **Hawaii Five-0** (S3)
- 3.00 **NCIS: Los Angeles** 20/21. An ATF agent goes missing. (S14)
- 4.00 **S.W.A.T.** 20/22. Hondo goes after the man behind his godson's kidnapping. (S1)
- 5.00 **Supergirl** 16/22. (S2)
- 6.00 **Stargate SG-1** 9/22. The Tollans share their technological secrets. (S5)

10.00 Resident Alien

ITV2

118 122 115 6 113 6

- 6.00 AM **CITV**
- 9.00 **World's Funniest Videos**
- 9.55 **Love Bites** Double bill.
- 11.55 **Dinner Date**
- 1.00 PM **Deal or No Deal**
- 2.00 **In with a Shout**
- 3.00 **Hart of Dixie** 9/22. Zoe learns she needs more patients. (S1)
- 4.00 **Gilmore Girls** 9/22. Rory gets a job and re-enrols in Yale. (S6)
- 5.00 **Dinner Date**
- 6.00 **Celebrity Catchphrase** With Dianne Buswell, Ria Hebden and Neil Morrissey.

8.00 The 1% Club

ITV3

119 123 117 10 115 7

- 6.00 AM **Classic Emmerdale**
- 7.00 **Classic Coronation Street**
- 8.10 **Where the Heart Is**
- 9.25 **The Darling Buds of May**
- 10.35 **The Royal**
- 11.40 **Heartbeat** Double bill.
- 1.40 PM **Classic Emmerdale**
- 2.40 **Classic Coronation Street**
- 3.50 **Endeavour** *Coda:* A murder in the world of fashion stirs up old gangland conflicts.
- 5.50 **Heartbeat** *The Devil You Know:* Alf poses as a criminal as part of an undercover case.

3.50 Endeavour

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *The Kingsroad:* 2/10. Bran clings to life as Ned prepares to head south with the king, and Tyrion accompanies Jon as he travels to the Wall. (S1)

7.00 Stargate SG-1 *2001:* 10/22. The team meet a benign new race but the meeting point turns out to be a danger zone. (S5)

7.00 Deal or No Deal Stephen Mulhern hosts as Tracie tries to open the 22 red boxes in the right order, and taking on the Banker.

6.55 Heartbeat *Miller's Tale:* Miller lands in trouble after running down a pedestrian and Peggy hits on a money-making idea.

8 PM

8.00 FBI: Most Wanted *Run-Hide-Fight:* 9/22. Barnes and Jess are caught in the middle of a mall shooting. (S3)

8.00 Rob Beckett's Smart TV With guests Kerry Godliman, Emmett Scanlan, Himesh Patel and Carol Vorderman.

8.00 The 1% Club Quiz game show hosted by Lee Mack in which the questions are all about logic and common sense.

8.00 Vera *Blood and Bone:* The detective investigates when the charred remains of a colleague are found in an abattoir furnace, and attempts to deduce how and why they got there in the first place.

9 PM

9.00 Law & Order: Special Victims Unit *Excavation:* 2/20. A powerful judge stalls Carisi's case. (S26)

9.00 Gangs of London New episode 4/8. Luan takes drastic action to defend his family. (S3)
■ Entire series on Box Sets

9.00 A League of Their Own: The Rally The race ends in the city of Turin, where Jamie, Jill and Micah fight for the last points.

9.00 Family Guy 17/21. Brian and Stewie are locked in a bank vault.
9.30 18/21. Quagmire's father visits Quahog. (S8)

10 PM

10.00 FBI: International *Someone She Knew:* 11/22. The Fly Team search for a kidnapped American teen in Austria. (S2)
- 11.00 **The Good Doctor** 8/20. (S3)
- 12.00 M'T **FBI** 8/22. A weapons chemist is kidnapped. (S1)
- 1.00 AM **FBI: Most Wanted** (S3)
- 2.00 **The Good Doctor** 8/20. (S3)
- 3.00 **Air Ambulance ER**
- 4.00 **Highway Patrol**
- 5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

10.00 The Gilded Age *Never the New:* 1/9. The Russell family try to break into New York high society. Stars Carrie Coon. (S1)
- 11.30 **The Gilded Age** 2/9. (S1)
- 12.30 AM **Homicide: Life on the Street** 7/22. A 10-year-old crime is uncovered. (S4)
- 1.30 **Gangs Of Milan: Blocco 181**
- 2.30 **Watchmen** 8/9. (S1)
- 3.45 **Game of Thrones** As 7.55pm.
- 4.50 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

10.00 Resident Alien *The Green Glow:* 7/10. Fearing he is facing failure, Harry enlists an unlikely ally to help him find his ship. (S1)
- 11.00 **Resident Alien** 8/10. Harry must rely on Asta and D'arcy for survival. (S1)
- 12.00 M'T **Poker Face** 8/10. Charlie is left with a new plot. (S1)
- 1.00 AM **Hawaii Five-0** 13/24. (S3)
- 2.00 NEW SERIES **Hacks** (S4)
- 3.20 **NCIS: Los Angeles** (S14)
- 4.10 **S.W.A.T.** 20/22. (S1)
- 5.05 **to 6.00** AM **Highway Patrol**

10.00 Celebrity Big Brother: Late and Live New edition Exclusive content with AJ Odudu, Will Best and celebrity guests.
- 11.05 **Family Guy** 11/21. (S8)
- 11.35 **American Dad!** (S4)
- 12.30 AM **Bob's Burgers** (S9)
- 1.35 **Extraordinary** 1/8. (S1)
- 2.10 **World's Funniest Videos**
- 2.40 **Unwind with ITV**
- 3.00 **Teleshopping**
- 4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Foyle's War *Bad Blood:* A biological experiment goes wrong, killing a local woman and giving Sam a potentially fatal illness.
- 11.50 **Endeavour** *Coda.*
- 1.35 AM **Where the Heart Is** *Ice Pops:* Peggy and Ruth help the Bradley family and Stephen has a tough day at work.
- 2.30 **Unwind with ITV**
- 3.00 **Teleshopping**
- 4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- 12.00 NOON **This Is BBC Scotland**
- 7.00 PM **Reporting Scotland**
- 7.30 **Crimewatch Caught**
- 8.00 **Beechgrove Garden** New edition 2/26. Brian and Lizzie launch a competition between the presenters.
- 8.30 **Landward** New edition 2/26. Dougie Vipond explores the Scottish border with England.
- 9.00 **Mrs Brown's Boys** 3/6. Agnes looks after a robotic baby. (S2)
- 9.30 **Two Doors Down** 2/6. Eric is recuperating after a slightly bungled medical procedure. (S3)
- 10.00 **Paramedics on Scene** A toddler has a seizure.
- 11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
- 11.30 PM **to 12.00** M'T **Burnistoun** 1/6. Paul and Walter have trouble with a customer. (S2)

Sky Comedy

114/115 112/113 112 347 362

- 8.00 AM **Silicon Valley** (S1)
- 9.20 **The Conners** (S3)
- 10.15 **Veep** 7&8/10. (S4)
- 11.25 **Flight of the Conchords** 4&5/12. (S1)
- 12.35 PM **Curb Your Enthusiasm** (S8)
- 1.55 **Veep** 7&8/10. (S4)
- 3.10 **Flight of the Conchords** 4&5/12. (S1)
- 4.20 **Silicon Valley** (S1)
- 5.40 **The Office (US)** (S2&3)
- 6.40 **The Conners** (S3)
- 7.40 **Curb Your Enthusiasm**
- 9.00 **Girls** 1/10. Marnie's mother visits, and Jessa returns from honeymoon.
- **9.35** 2/10. Adam makes Hannah the subject of a 'hate-album'. (S2)
- 10.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
- 11.10 **Barry** 1&2/8. (S2)
- 12.25 AM **Veep** 1&2/7. (S7)
- 1.35 **Jerrod Carmichael Reality Show**
- 2.40 **Silicon Valley** (S1)
- 4.00 **to 5.00** AM **Room 104**

Sky Arts

130/131 114/115 123 36 143 24 350 365

- 6.00 AM **Opera North's Resonance**
- 6.15 **Nutcracker**
- 8.00 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Hitchcock Presents**
- 11.00 **The Art of the Garden**
- 12.00 NOON **Portrait Artist...**
- 1.00 PM **Tales of the...**
- 2.00 **Stories from the National Gallery**
- 3.00 **The Art of the Garden**
- 4.00 **Discovering**
- 5.00 **Portrait Artist 2022**
- 6.00 **Tales of the Unexpected**
- 7.00 **Hitchcock Presents**
- 8.00 **Science Fiction in the Atomic Age** New edition
- 9.00 FILM **The War of the Worlds** (1953) ★★★★
- 10.45 FILM **Fantastic Planet** (1973, PG) ★★★★
- 12.15 AM **Stephen King on Screen** Documentary.
- 2.15 **Erotic Adventures of Anais Nin**
- 3.45 **South Bank Originals**
- 4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

- 7.00 AM **Nothing to Declare**
- 10.00 **Caught on Dashcam**
- 11.00 **Nothing to Declare**
- 12.00 NOON **Motorway Patrol**
- 1.00 PM **Border Patrol**
- 2.00 **Caught on Dashcam**
- 3.00 **Nothing to Declare**
- 4.00 **Primeval** 3/10. (S3)
- 5.00 **Stargate SG-1** (S2)
- 6.00 **Stargate Atlantis** (S3)
- 7.00 **Star Trek: Voyager**
- 8.00 **Hawaii Five-0** (S9)
- 9.00 **Murdered at First Sight** A 22-year-old loner preys on a 13-year-old girl.
- 10.00 **How I Caught the Killer** The case of Elijah Butler, murdered four days after he married his wife.
- 11.00 **Stargate SG-1** (S2)
- 12.00 M'T **Grimm** 14/22. (S1)
- 1.00 AM **Nothing to Declare**
- 2.00 **Brit Cops: War on Crime** Documentary.
- 3.00 **Highway Patrol**
- 4.00 **Border Patrol**
- 5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

- 7.30 AM **Unwind**
- 7.40 **Backyard Builds**
- 8.10 **Billie and Greg**
- 9.10 **Dubai Dishes**
- 10.10 **Buying and Selling**
- 11.10 **The Real Housewives of Dubai** Reality series.
- 12.05 PM **Billie and Greg**
- 1.10 **The Only Way Is Essex**
- 2.10 **Dinner Date**
- 3.10 **Vacation House Rules**
- 4.05 **The Real Housewives of Dubai** Reality series.
- 5.00 **The Real Housewives of Atlanta** Reality series.
- 6.00 **Buying and Selling**
- 7.00 **Chocolate Showdown**
- 8.00 **Dinner Date**
- 9.00 **The Other Mrs Jordan**
- 10.00 **The Real Housewives of Miami** Reality series.
- 11.00 **Olivia Attwood's Bad Boyfriends**
- 12.00 M'T **Only Way Is Essex**
- 1.00 AM **Backyard Builds**
- 1.30 **Teleshopping**
- 2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

- 8.00 AM **Diagnosis Murder**
- 10.00 **Father Dowling Mysteries** 13/13. (S2)
- 11.00 **Highway to Heaven**
- 2.00 PM **Father Dowling Mysteries** 5/8. (S3)
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M*A*S*H** 19-22/25. (S6)
- 9.00 **Randall and Hopkirk (Deceased)** *All Work and No Pay:* 3/26. Jeannie experiences strange happenings in her flat. (S1)
- 10.00 **The Avengers** *The Rotters:* 15/33. A pair of assassins perfect a chemical that kills all types of wood. (S6)
- 11.00 **The Persuaders!** (S1)
- 12.00 M'T **M*A*S*H** (S6)
- 2.00 AM **Randall and Hopkirk (Deceased)**
- 3.00 **The Persuaders!** (S1)
- 4.00 **Highway to Heaven**
- 4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.15 **Minder**
7.10 **The Sweeney**
8.15 **The Saint**
9.15 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots** New edition
12.30 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Sweeney** A missing small-time crook turns up dead.
6.00 **The Chase**

8.00 The Spy Who Loved Me

7.00 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora head to northern France to catch colourful koi carp.

8.00 FILM **The Spy Who Loved Me** James Bond adventure starring Roger Moore. Agent 007 joins forces with a beautiful Russian spy to stop a megalomaniac villain. With Barbara Bach. (1977, PG, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **River Monsters** Jeremy Wade searches for a deadly electric eel in Brazil's cattle country.

11.10 **Ironman Pro Series** Action from the endurance races.
12.05 AM **Two and a Half Men** (S2)
12.55 **The Sweeney** *Bad Apple:* Regan investigates apparent police corruption.
1.50 **BattleBots**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 23/26. (S7)
2.00 **Atlantis** 4/13. (S1)
3.00 **Stargate Universe** 2/20. (S1)
4.00 **Star Trek: Voyager** 6/26. (S4)
5.00 **Star Trek: Deep Space Nine** 23/26. Bashir and O'Brien lure Sloan to the station. (S7)
6.00 **Star Trek: Enterprise** 8/26. The ship is watched by a Vulcan vessel. (S1)

11.00 The Ark

7.00 **Atlantis** *Twist of Fate:* 4/13. The trio find an abandoned baby in the mountains. Guest stars Donald Sumpter. (S1)

8.00 **Stargate Universe** *Air – Part Two:* 2/20. The group realise that they must work together to unlock the secrets. (S1)

9.00 **Grimm** *The Last Fight:* 3/22. The Grimms go looking for Wesen at a boxing club after the death of an ex-fighter. (S4)

10.00 **The Walking Dead** *JSS:* 2/16. Carol and Morgan lead a line of defence when Alexandria comes under attack. (S6)

11.00 **The Ark** 7/12. The crew discover they are not alone. **12.00** M'T 8/12. As the crew suffer technical difficulties, a new and polarising figure enters into the equation. **1.00** AM 9/12. Discord gives way to deadly mutiny. (S1)
2.00 **True Blood** 1&2/12. (S3)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 1/13. (S1)
11.00 **Hudson & Rex** 2/16. (S6)
12.00 NOON **The Mentalist** (S6)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S14)
4.00 **Father Brown**
5.00 **Hudson & Rex** 2/16. A pair of armed robbers rip through St. John's. (S6)
6.00 **Body of Proof** 8/9. Megan investigates the death of a homicide detective. (S1)

9.00 Murdoch Mysteries

7.00 **The Mentalist** *Black Helicopters:* 13/22. Jane joins a commune to investigate the death of a US attorney. (S6)

8.00 **Death in Paradise** *Damned If You Do:* 3/8. The president of the local military re-enactment society is poisoned. (S4)

9.00 **Murdoch Mysteries** New episode *The Men Who Sold the World:* 10/22. A guest at an English inn is killed. (S18)

10.00 **Father Brown** *The Winds of Change:* The sleuth discovers a murderer is using the model village to plan their attacks.

11.00 **The Mentalist** As 7.00pm.
12.00 M'T **Body of Proof** As 6.00pm.
1.00 AM **Elementary** 10/24. Sherlock makes an error of judgement and ends up in the dock defending himself. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.10 AM **Highlights**
9.00 **I Didn't Know You Cared**
9.40 **Hi-de-Hi!**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **I Didn't Know You Cared**
1.40 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **I Didn't Know You Cared**
5.40 **Keeping Up Appearances**
6.20 **Hi-de-Hi!**

10.20 Mrs Brown's Boys

7.00 **Only Fools and Horses** A millionaire offers Del Boy a partnership.
7.40 **Dad's Army** Jones' military reputation is called into question by a new platoon member. **8.20** Mainwaring and Wilson decide to recruit women into the platoon.

9.00 **Men Behaving Badly** Tony gets a tattoo in a bid to impress Deborah. **9.40** Deborah's new student friends make Gary feel long in the tooth.

10.20 **Mrs Brown's Boys** Agnes is excited about Rory's big day – until she meets the wedding planner.

11.00 **dinnerladies** The girls celebrate at their work party.
11.40 **Miranda**
12.20 AM **Men Behaving Badly**
1.40 **Mrs Brown's Boys**
2.30 **dinnerladies**
3.00 **Miranda**
3.30 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK: Celebrity Special**
1.00 PM **Celebrity Storage Hunters**
2.00 **James May: The Reassembler**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** Si and Dave sample chicken the French way.
6.00 **Rick Stein's India** The seafood chef has an audience with the Dalai Lama.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** With Stephen Hendry and Laura Whitmore.
7.40 **Richard Osman's House of Games** With guests Richie Anderson, Carol Smillie and Jo Caulfield. **8.20** With Milton Jones, Ria Lina, Martin Roberts and Briony May Williams.

9.00 **QI XL** Frank Skinner, Sue Perkins and Josh Widdicombe join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Mishal Husain and Geoff Norcott.

11.00 **Alan Davies: As Yet Untitled** With guests Sarah Keyworth, Darren Harriott, Angela Scanlon and Dara O Briain.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
9.30 **Chateau DIY**
10.30 **Come Dine with Me**
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **A New Life in the Sun**
4.00 **Chateau DIY**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Grand Designs**
8.00 **Our Welsh Chapel Dream** Turning an old school room into a snug.
9.00 FILM **Where the Crawdads Sing** Drama starring Daisy Edgar-Jones. (2022, 15, 123min) ★★★★
11.25 **Gogglebox**
12.30 AM **Celebrity Gogglebox**
1.35 **8 Out of 10 Cats Does Countdown**
2.35 **24 Hours in A&E**
3.40 **to 4.35** AM **999: On the Front Line**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 7-9/24. (S15)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Two Steps Back:* 22/24. An NCIS team member is a hitman's latest target. **7.00** *Fallout:* 23/24. Gibbs attends the memorial service for a friend lost at sea. **8.00** *Date with Destiny:* 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)
9.00 **Blue Bloods** 21/22. (S6)
10.00 **Law & Order: Special Victims Unit** *Something Happened:* 7/24. Benson shares personal secrets with a rape victim. (S19)
11.00 **Law & Order: Special Victims Unit** (S19&18)
1.50 AM **Private Eyes** (S4)
2.45 **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.15 **Motorway Patrol**
8.50 **The Block** New editions
10.55 **Call the Bailiffs: Time to Pay Up**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition Staff deal with a disruptive man.
10.00 **A&E: Crash Scene Emergency**
11.00 **Call the Bailiffs: Time to Pay Up**
12.00 M'T **Skin A&E**
1.00 AM **GPs: Behind...**
2.00 **Casualty 24/7...**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON FILM **Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
2.10 PM FILM **Night Passage** Western drama. (1957, U, 90min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at: **8.00** A dog handler hunts down a knifeman.
9.00 **Trucking Hell: Bridge Strike Chaos** New edition A 28-ton truck crashes in London, blocking a railway bridge.
10.00 **Outback Truckers**
11.00 **Air Crash: Disaster Revealed** An aircraft crash in the Andes.
12.00 M'T **Doomsday: Caught on Camera**
1.00 AM **Police Interceptors**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 133 125 25 156 28

6.15 AM **Property Brothers at Home: Drew's Honeymoon House**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
8.00 **Ambulance Australia** Armahn and Ash help a man who has been hit by a van.
9.00 **Nurses on the Ward** Caroline treats an unvaccinated Covid patient who's been in a coma for weeks. **10.00** Matron Hazera is called on to save a person standing on the edge of a building.
11.00 **Emergency: First Time Medics** Double bill.
1.00 AM **Amanda & Alan's Italian Job**
1.40 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **At Home with the Braithwaites**
8.00 **Doctors**
9.10 **Classic Holby City**
10.05 **Classic Casualty**
11.25 **The Bill**
12.25 PM **Classic EastEnders**
1.40 **Eldorado**
3.00 **Bergerac**
4.05 **At Home with the Braithwaites**
5.20 **One Foot in the Grave**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** *An Anxious Aunt:* 1/3. A disillusioned British spy-turned-detective starts a new life. (S1)
10.00 **New Tricks** *Breadcrumbs:* Danny investigates the death of a modern-day Miss Marple.
11.20 **Bergerac**
12.20 AM **Taggart**
3.10 **to 4.00** AM **Classic Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **My Haunted Hometown** New edition Throughout time, humans have honoured the dead in unique ways. When the activities of the living disturb the dead, the results can be terrifying.
10.00 **The Osbournes Want to Believe** Ozzy and Sharon question whether footage of a levitating girl is real.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Play Your Cards Right** Double bill.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Bidding Room** Items include some antique sketch books.
7.00 **Tenable** A team of wheelchair basketball enthusiasts take part.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **FILM Shadow on the Mesa** Western. (2013, PG, 110min) ★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
2.50 **FILM The Quick Gun** Western with Audie Murphy and James Best. (1964, PG, 87min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Mercenary for Justice** Action thriller. (2006, 18, 91min) ★★
11.05 **FILM Operation Dunkirk** War adventure. (2017, 15, 96min) ★★
1.15 AM **FILM Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **FILM 10,000 Days** Drama with Lydia Look. (2014, 12, 87min) ★
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Baby Obsession** Thriller. (2018, 12, 88min) ★★
3.00 **FILM Web of Lies** Thriller. (2009, 12, 90min) ★★
5.05 **FILM Aurora Teagarden Mysteries: Haunted by Murder** Crime drama. (2022, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM G.I. Joe: Retaliation** Action adventure sequel. (2013, 12, 110min) ★★★
11.20 **FILM Wind River** Crime drama. (2017, 15, 103min) ★★★★
1.40 AM **FILM Vendetta** Thriller. (2013, 18) ★★
4.00 **to 6.00** AM **FILM Cries in the Dark** Thriller. (2006, PG, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Farmer Seeking Love** Comedy. (2022, PG, 90min) ★★
10.10 **FILM A Snapshot of Forever** Comedy. (2022, PG, 86min) ★★
12.05 PM **FILM Raise a Glass to Love** Romantic drama. (2021, PG, 84min) ★★
2.00 **FILM In the Key of Love** Drama. (2019, PG) ★★
4.05 **FILM Love Stories in Sunflower Valley** Comedy. (2021, PG) ★★
6.05 **FILM The Perfect Catch** Drama. (2017, PG) ★★
8.00 **FILM A Feeling of Home** Romantic drama. (2019, PG, 90min) ★★
9.55 **FILM The Way to the Heart** Comedy drama. (2022, PG, 86min) ★★
11.55 **FILM Baking Up Love** Drama. (2021, PG) ★★
2.00 AM **Highway to Heaven**
3.05 **to 5.00** AM **FILM 40 Below and Falling at Christmas** (2015) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
8.30 **Worzel Gummidge**
9.00 **Bubblegum & Cheese**
10.00 **The Monkees** (S1)
10.30 **Watching** 3/11. (S5)
11.00 **Trouble in Mind** (S1)
11.30 **Bewitched** 33/36. (S1)
12.00 NOON **Shine on Harvey Moon** 1/8. (S4)
1.00 PM **Blue Thunder** 6/11.
2.00 **Return of the Saint**
3.00 **Space 1999** 18/24. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Trouble in Mind**
5.30 **Watching** 3/11. (S5)
6.00 **Bewitched** 33/36. (S1)
6.30 **The Monkees** (S1)
7.00 **Police Woman** (S1)
8.00 **Return of the Saint**
9.00 **Dark Skies** 12/20. (S1)
10.00 **Soap** (S1)
10.30 **Drop the Dead Donkey**
11.00 **The Mrs Merton Show**
11.35 **Thriller** 2/8. (S2)
1.00 AM **Space 1999** (S1)
2.00 **Monkey** 18/26. (S1)
3.00 **Bubblegum & Cheese**
4.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
7.00 **Aussie Gold Hunters**
8.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **Building Off the Grid**
1.00 PM **The Last Alaskans**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crews discover large numbers of stinging jellyfish in the crab pots.
8.00 As the crab season draws to a close, the *Northwestern*'s crew fill up the storage tanks.
9.00 **Mystery Diagnosis** A two-year-old girl begins gaining weight.
10.00 A newborn struggles to breathe.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Nigel Slater's Simple Suppers**
7.00 **Rachel Allen: Bake!**
9.00 **Jamie Cooks Italy**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry – Love to Cook** As 8.30pm.
1.00 **Nigel Slater's Simple Suppers** Double bill.
2.00 **Michel Roux's Provence Masterclass**
3.00 **Rachel Allen: Bake!**
5.00 **Jamie Cooks Italy**
7.00 **Great British Bake Off**
8.30 **Mary Berry – Love to Cook** The culinary expert offers tips for beginners.
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **James Martin's Islands to Highlands** The chef explores Dorset.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 12/19. (S5)
11.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
1.00 PM **FILM The Great Alaskan Race** Drama. (2019, PG, 87min) ★★
2.40 **FILM Convoy** Comedy. (1978, 12, 110min) ★★★
5.00 **Star Trek** 6/24. (S3)
6.00 **T.J. Hooker** 13/19. (S5)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Thick As Thieves** Crime thriller starring Morgan Freeman. (2009, 15, 104min) ★★
11.05 **FILM Night Hunter** Thriller with Henry Cavill. (2018, 15, 88min) ★★
1.00 AM **FILM The Changeling** Horror. (1979, 15, 102min) ★★
3.05 **to 5.00** AM **FILM The Shed** Horror. (2019, 15, 98min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Gambler**
8.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
10.00 **Farscape** 20/22. (S3)
11.00 **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
1.00 PM **FILM Sherlock Holmes** Mystery. (2010, 12, 89min) ★★
3.00 **Farscape** 20/22. (S3)
4.00 **Star Trek** 14/24. (S3)
5.00 **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
7.00 **Farscape** 21/22. (S3)
8.00 **Star Trek** 15/24. (S3)
9.00 **FILM Soldier Blue** Western starring Candice Bergen. (1970, 18, 109min) ★★★★
11.15 **FILM Hannie Caulder** Revenge Western. (1971, 15, 85min) ★
1.00 **to 3.00** AM **FILM Await Further Instructions** Horror. (2018, 15) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.30 **Storage Wars: Texas**
7.55 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **Skinwalker Ranch**
12.10 PM **The Proof Is Out...**
1.05 **World's Greatest Treasure Mysteries**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **Close Encounters**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFOs: Lost Evidence**
2.00 **Paranormal: Caught on Camera – Top 100**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **My Cornwall with Fern Britton** Documentary.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** Crime drama.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Edward: 60 Years a Prince** Looking back at the life of Elizabeth II's youngest son, who was vilified by the press.
10.00 **Kate: A Queen for the Future** Examining the Princess of Wales' role in the royal family.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover**
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **My Dream Derelict Home in the Sun**
9.00 **Christina on the Coast** New edition Christina Hall takes on a home full of odd corners and nonfunctional spaces.
10.00 **Fixer to Fabulous** New edition A family enlist Dave and Jenny Marrs to transform their boring basement into a space for entertaining.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Vegas Dress** Reality series.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life** A man who is anxious to leave the house after abuse.
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S7&8)
7.30 **Friends** 4/24. Ross and Rachel argue about why they slept together.
8.00 5/24. Ross learns Rachel has a date.
8.30 6/24. Rachel encounters some nasty trick-or-treaters. (S8)
9.00 **Jeff Dunham: I'm with Cupid** Stand-up show.
10.00 **FILM Sausage Party** Animated comedy. (2016, 15, 89min) ★★★
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **8 Out of 10 Cats**
1.40 **South Park** (S8&9)
3.05 **Kristen Schaal Live at the Fillmore**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Becker** 5&6/22. (S5)
11.00 **Friends** (S1&2)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 7&8/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 5&6/22. (S5)
6.00 **Home Improvement**
8.00 **Last Man Standing** (S5)
9.00 **New Girl** 13/25. Nick's conman father shows up.
9.30 14/25. Winston tries to clear the air with Schmidt. (S2)
10.00 **Friends** 3-8/24. (S7)
1.00 AM **The Ren & Stimpy Show** 11&9/12. (S2)
2.00 **Reno 911!** 1&2/16. (S2)
3.00 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up.
3.45 **Becker** 5&6/22. (S5)
4.30 **New Girl** 13&14/25. (S2)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Border Patrol**
12.00 NOON **DC's Legends of Tomorrow** (S3)
2.00 PM **Motorway Patrol**
3.00 **Border Security: Canada's Front Line**
4.00 **Border Patrol**
5.00 **Highway Patrol**
6.00 **Manifest** 9/13. (S3)
7.00 **Fantasy Island** (S2)
9.00 **Border Security: America's Front Line**
11.00 **Law & Order: Special Victims Unit** 4/22. (S24)
12.00 M'T **The Russell Howard Xmas Hour**
1.00 AM **A League of Their Own** With Denise Lewis.
2.00 **Prodigal Son** 4/13. (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 13/13. (S4)
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Firsts**
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **When Rich Kids Go Skint** A 21-year-old living on her father's wealth moves in with a single mother.
9.00 **Teen Mom: The Next Chapter** Maci and Taylor welcome Cate and Tyler to Chattanooga.
10.00 **Dating Naked UK** Reality dating show hosted by Rylan Clark.
11.00 **Aussie Shore**
12.00 M'T **Love & Hip Hop: Atlanta** New edition Scrappy heads to New York to meet the newest Prince in the palace.
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Goblin Works Garage**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Rush** Rick Ness considers whether to keep mining after devastating news. **4.00** Rick sinks an excavator trying to get to Rally Valley pay.
5.00 **Deadliest Catch** Jake's move puts him at odds with Sig.
6.00 **Wheeler Dealers** Working on a 1965 Dodge Coronet 500.

9.00 Naked and Afraid

7.00 **Junkyard Empire** Junkyard salvager Andy Cohen spots a rusty Trans AM at an auction and quickly finds more issues.

8.00 **Hoffman Family Gold** The competition between Todd and Hunter is on, but a damaged waterline causes issues for both.

9.00 **Naked and Afraid** New edition A bachelor and a divorced woman endure 14 days of extreme heat, venomous centipedes, and swarms of bees on a remote island in the Philippines.

11.00 **Mystery at Blind Frog Ranch** Duane's drilling at the Bead Site goes awry, while Chad and Josh explore a collapsed mine.
12.00 M'T **Mountain Monsters**
1.00 AM **Naked and Afraid**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Expedition Bigfoot**
4.00 **Saved by the Barn** Chris saves two goats in serious need of medical attention.
5.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff treats a dog that jumped from a fast-moving car.
6.00 **Extinct or Alive** Forrest Gallante searches for species thought long dead.

8.00 Guardians of Rescue

7.00 **Pit Bulls & Parolees** Tia races to rescue four dogs, while Mariah and Toney give a scared, shy dog a shot at a forever home.

8.00 **Guardians of Rescue** Moose and Elle confront a man accused of animal abuse, while Rob and Dori rescue a dog from a chain.

9.00 **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof, while Brian and Face help a woman.

10.00 **Alaska: The Last Frontier** Otto's hay season nearly comes to a halt when a broken tractor forces him to get creative.

11.00 **Into the Shark Bite** Inside the mouth of the ocean's most feared predator.
12.00 M'T **Return to the Isle of Jaws** Documentary.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **Hitler's Last Stand**
11.00 **Drain the Oceans: Deep Dive**
12.00 NOON **Car S.O.S**
1.00 PM **To Catch a Smuggler: Tropical Takedown**
2.00 **Air Crash Investigation**
3.00 **World War II: The Apocalypse**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Secretly restoring a Daimler SP250 'Dart.'
6.00 **Lost Treasures of Egypt** The death of King Tutankhamun.

9.00 David Blaine Do Not...

7.00 **Air Crash Investigation** Dramatic reconstruction of the China Airlines flight that came close to disaster in February 1985.

8.00 **Car S.O.S** New edition Tim and Fuzz revive a rotting Land Rover Discovery Series 1 which is a beloved family heirloom.

9.00 **David Blaine Do Not Attempt** New edition The host explores extraordinary feats of magic in India.

9.55 **Air Crash Investigation** How the crew of a British Airways flight managed to avoid disaster in 1982 by restarting the engines.

11.00 **Air Crash Investigation** A mid-air collision over California.
12.00 M'T **Border Protection Spain**
1.00 AM **Ancient X Files**
2.00 **Money Meltdown**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Pawn Stars** Documentary.
7.45 **Rust Valley Restorers**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Rust Valley Restorers**
2.00 **Battle 360** Double bill.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** A Superman doll.
6.00 **American Pickers** Mike and Jersey go hog-wild over a West Virginia honey hole.

8.00 Swamp People

7.00 **Forged in Fire** After a brutal round of testing, two smiths return home to re-create a razor sharp serrated Indian sabre.

8.00 **Swamp People** New edition Ronnie and Timmy bet on a feeding frenzy, while Bruce and Anna search for giants.

9.00 **The UnBelievable with Dan Aykroyd** New edition Studying stories of vengeance seekers who took things too far.

10.00 **Mysteries from Above** New edition A lost city in the Amazon jungle, a city of identical castles and a Greek isle's bloody history.

11.00 **Haunted Hospitals** An IT technician who got mysterious phone calls while working the graveyard shift at a hospital.
12.00 M'T **Sex: A Bonkers History**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Combat Ships**
3.00 **Swamp People** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash**
10.00 **Great British Railway Journeys** Four editions.
12.00 NOON **My Kind of Town: Blairgowrie and Rattray**
12.30 PM **My Kind of Town: Annan**
1.00 **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Tony Robinson's Marvellous Machines** Documentary.
5.00 **The World at War**
6.00 **Antiques Roadshow** Highlights from the past 25 years.

8.00 Bangers & Cash: Restoring...

7.00 **Great Continental Railway Journeys** Michael Portillo travels through Holland, Belgium and France.

8.00 **NEW SERIES Bangers & Cash: Restoring Classics** The team purchase an Austin commercial and convert it to electric.

9.00 **Bangers & Cash: Restoring Classics** Derek picks out a low mileage MGC and the team pay a little too much to secure it.

10.00 **Bangers & Cash** Derek is on the road to pick up a funky little Nissan Figaro and a sublime Ferrari 250 GT tribute car.

11.00 **Bangers & Cash** An Aston Martin DB6 in need of total restoration looks set to break the auction record.
12.00 M'T **Find It, Fix It, Flog It** In Wiltshire, Henry and Simon meet Laura, who lives in a collection of farm buildings.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Junkyard Empire**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** Kirsty and Patrick need to find rare Ocean Kyanite crystals to have a chance of recouping their debt.
9.00 **Outback Opal Hunters** New edition The Misfits divide and conquer at their Lunatic Claim.
10.00 **The Ultimate Cycling Show** New edition A guide to bike racing on the track, road and in the mountains.
11.00 **How Do They Do It?**
1.00 AM **Junkyard Empire**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes... UK**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress: Atlanta** Double bill.
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Cindy Borton.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder by the Sea** After murdering three family members, Paul Teed believed he had the perfect alibi.
8.00 **48 Hours** New edition Intruders enter the home of wealthy jewellers Ted and Corey Shaughnessy and kill Ted.
9.00 **Storm of Suspicion** New edition In Michigan, police receive a call that a couple were found dead in their home.
10.00 **NEW SERIES Killers: Caught on Camera** A jazz musician and his new girlfriend are murdered a week apart.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Citizen Detective**
11.00 **Medical Detectives**
2.00 PM **Citizen Detective**
4.00 **Medical Detectives** An investigation into a letter bomb campaign aimed at the American judiciary. **4.30** A house fire kills the only doctor in Laeger, West Virginia. **5.00** The discovery of a baby girl's body after an alleged kidnapping. **5.30** A hearing-impaired 77-year-old on a road trip is attacked by a thief and shot to death. **6.00** Scientists reconsider evidence of a 20-year-old shooting. **6.30** A criminally charged sex offender and murderer attacks in a terrifying rage.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Stop, Search, Seize**
8.00 **UK Border Force**
9.00 **Send in the Dogs**
10.00 **Brit Cops UK**
11.00 **Catching the Killer**
12.00 NOON **What the Killer Did Next** True-crime.
1.00 PM **The Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **What the Killer Did...**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Ireland's Most Evil Killers** Eric Locke.
10.00 **Murdered at First Sight**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Julie Jensen.
2.00 **Twisted Killers**
3.00 **Snapped** Susan Giglotti.
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Battle of Crete**
7.00 **Crossing the Pacific**
8.00 **Grand Tours of Scotland**
8.55 **Britain's Great Cathedrals** Salisbury.
9.55 **Battlefield America**
11.00 **Prisoner Number...**
11.55 **My Grandparents' War**
1.00 PM **Her Name Was Grace Kelly**
2.10 **Britain's Great...**
3.10 **Battlefield America**
4.10 **Prisoner Number...**
5.10 **Grand Tours of Scotland**
5.50 **My Grandparents' War**
6.50 **Britain's Great...**
7.50 **Battlefield America** Series finale
8.55 **Prisoner Number A26188: Henia Bryer**
9.55 **My Grandparents' War**
10.55 **Battlefield America**
12.00 M'T **Prisoner Number...**
12.55 AM **Grand Tours of...**
2.00 **Britain's Great...**
2.45 **My Grandparents' War**
3.35 **Crossing the Pacific**
4.30 **to 6.00** AM **Highlights**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Sixties**
7.00 **Discovering: Matthew Broderick** A profile of the actor.
8.00 **The Directors** Carol Reed.
9.00 **The Great Rhino Robbery**
10.00 **Lockerbie** Crime documentary.
11.00 **Burden of Proof: Who Killed Jennifer Pandos?**
12.00 NOON **FILM Busby** A profile of former manager Matt Busby. (2019, PG, 102min) ★★★
2.00 PM **The United Way**
3.50 **My Icon: Casey Stoney**
4.00 **The Directors** Carol Reed.
5.00 **Discovering: Matthew Broderick** A profile of the actor.
5.55 **Gaming Wall St**
7.00 **Lockerbie** Crime documentary.
8.00 **The Anarchists** New edition
9.00 **Italia 90: Four Weeks That Changed the World**
10.00 **Schmeichel** Documentary.
12.00 M'T **Burden of Proof: Who Killed Jennifer Pandos?**
1.00 AM **Italia 90: Four Weeks That Changed the World**
3.00 **Music Box**
5.00 **to 6.00** AM **Discovering: Matthew Broderick**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Land of Gremlins**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Great Parks of Africa**
10.00 **Nomads of the Serengeti**
11.00 **Chasing the Rains**
12.00 NOON **Arabian Inferno**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Great Parks of Africa**
4.00 **Nomads of the Serengeti**
5.00 **Great Blue Wild**
6.00 **Arabian Inferno**
7.00 **Monkey Life** Double bill.
8.00 **Waterworld Africa**
9.00 **Rewilding** The reintroduction of the European bison.
10.00 **Arabian Inferno** The wildlife that gathers around the vital desert waterholes.
11.00 **Great Blue Wild**
12.00 M'T **Chasing the Rains**
1.00 AM **Nature's Mass Attacks**
2.00 **Waterworld Africa**
3.00 **Rewilding** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Great Parks of Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Bermuda Triangle Enigma**
9.00 **History's Greatest Aircraft**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
1.00 PM **Buried: Knights Templar and the Holy Grail**
2.00 **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **History's Greatest Aircraft**
5.00 **The Proof Is Out There: Alien Edition** Documentary.
6.00 **What on Earth?**
7.00 **Alien Files: Unsealed**
8.00 **Ghost Ships** The team dive in search of SS *Clare Lilley*.
9.00 **Holy Marvels with Dennis Quaid** Documentary.
10.00 **The Bermuda Triangle Enigma** Ortis Deley tries to find out what happened to five naval aircraft lost in 1945.
11.00 **Colosseum**
12.00 M'T **Ancient Aliens**
2.00 AM **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **The Proof Is Out There: Alien Edition**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Mastermind of Murder**
9.00 **Rob Rinder's Interrogation Secrets** True-crime.
10.00 **Hometown Tragedy**
11.00 **An Hour to Kill**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Green Eyed Killers**
2.00 **Secrets of the Morgue**
3.00 **Rob Rinder's Interrogation...**
4.00 **Mastermind of Murder**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** Documentary.
8.00 **Hometown Tragedy**
9.00 **Homicide Squad: New Orleans** New edition
10.00 **Ozark Law** New edition
11.00 **Court Cam** Documentary.
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Homicide Squad: New Orleans** True-crime series.
2.00 **Ozark Law** Documentary.
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1hour 256 333

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest**
10.00 **Fish Tank Kings**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Saving the Alps**
3.00 **Snow School**
4.00 **Secrets of the Zoo: The Wild Side** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa**
8.00 **Lawless Island** Carl's quest to find food for his new fiancée comes to a thrilling end.
9.00 People living in a remote Alaskan community.
10.00 **Ice Road Rescue** Thord and Bjoern rescue a truck, while Jo Roger saves a snow plough.
11.00 A drill rig hangs over a 15-metre cliff.
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: The Wild Side** Documentary.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Salvaging the Kursk**
8.00 **Extreme Engineering**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Salvaging the Kursk** The efforts to recover the Russian nuclear submarine from the seabed following the tragedy in 2000 that claimed the lives of all 118 crew members.
9.00 **Salvage Hunters: Classic Cars** The restoration of a rare Japanese icon is a chance for Drew to pay homage to one of his automotive heroes.
10.00 **Shed and Buried** Double bill.
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Passage to Pernambuco:* James manages to compensate for a disaster in the vineyards, and the Pampero sails toward South America.
8.00 *The Homecoming:* James discovers on his return to Liverpool that Anne's absence is down to a liaison with Michael Adams.
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** With guests Ade Edmondson, Bill Turnbull, Jan Ravens and Benjamin Zephaniah.
11.40 With Steve Cram, Anjum Anand and Bill Kenwright.
12.20 AM Featuring Yvette Fielding and Wayne Sleep.
1.00 **The Onedin Line**
3.00 **Top of the Pops** Triple bill.
4.30 **Celebrity Mastermind**
5.30 **to 6.00** AM **The Bill**

+1hour 266 376

ID

154 141 166

8.00 AM **Homicide City**
9.00 **Deadly Recall**
11.00 **Mother, May I Murder?**
1.00 PM **I Am Homicide**
3.00 **Forbidden: Dying for Love**
5.00 **American Detective with Lt Joe Kenda** Double bill.
7.00 **Twisted Sisters** A look into the case of Janece Cook.
8.00 A custody battle that turned deadly as twin sisters crafted a cross-country conspiracy to 'do-in' the one person standing in their way.
9.00 **Murder in the Heartland** Pregnant Tiffanie Adams disappears from her home.
10.00 **How (Not) to Get Rid of a Body** Charred and decomposed human remains are found in the Poconos.
11.00 **Feuds Turned Fatal** A feud explodes in Newport News.
12.00 M'T **Killer Instinct with Chris Hansen** Double bill of editions.
2.00 AM **American Detective with Lt Joe Kenda** Double bill.
4.00 **to 6.00** AM **Twisted Sisters**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers** Mike creates a bespoke Scooby BRZ STI.
9.00 **Iron Resurrection** A long-time customer has his eye set on Joe's personal 1967 Nova.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried** Double bill.
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **Sneaks** As 4.00pm.
8.50 **Despicable Me 4** As 2.10pm.
10.35 **The Cinema List: Unmissable Sky Originals**
11.00 **Horizon: An American Saga – Chapter 1** Western. (2024, 15, 181min) ★★★★
2.10 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.00 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
5.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★

10.00 The Wasp

8.00 Cuckoo Horror thriller starring Hunter Schafer, Jan Bluthardt and Dan Stevens. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Wasp Thriller starring Naomie Harris and Natalie Dormer. Two estranged friends unveil a deceptive plot that changes their lives. (2024, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Skincare** Thriller with Lewis Pullman and Elizabeth Banks. (2024, 18, 86min) ★★★
1.25 AM **My Penguin Friend** Drama starring Jean Reno. (2024, PG, 105min) ★★★★
3.10 **Cuckoo** As 8.00pm.
5.05 **to 6.35** AM **AfrAId** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Night Swim** As 1.30am.
7.55 **The Dry** As shown at 3.25am.
10.00 **Absolution** Crime thriller. (2024, 15, 112min) ★★★
12.00 NOON **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
2.00 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
4.00 **Meg 2: The Trench** Thriller sequel starring Jason Statham. (2023, 12, 115min) ★★★
6.00 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★

6.00 Superbad

8.00 Paul Blart: Mall Cop Comedy starring Kevin James and Jayma Mays. An overweight security guard becomes an unlikely hero when a gang targets his mall's bank and takes the staff hostage. (2009, PG, 91min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Paul Blart: Mall Cop 2 Comedy sequel starring Kevin James and Raini Rodriguez. The bumbling security guard takes a holiday in Las Vegas, but is forced to leap into action to prevent a heist. (2015, PG, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Sumotherhood** Comedy drama starring Adam Deacon. (2023, 15, 97min) ★★★
1.30 AM **Night Swim** Horror. (2024, 15, 98min) ★★
3.25 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Out of Africa** Drama. (1985, PG, 162min) ★★★★
8.55 **Chuck Chuck Baby** As 11.55pm.
10.45 **Oslo** As shown at 1.50am.
12.45 PM **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
3.00 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
4.25 **Save the Cinema** Drama starring Samantha Morton. (2021, 12, 109min) ★★★
6.20 **The Great Escaper** Wartime drama starring Michael Caine. (2023, 12, 96min) ★★★★
8.00 **Ghost** Fantasy starring Patrick Swayze. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★
10.15 **Stand by Me** Nostalgic drama starring Wil Wheaton, River Phoenix and Corey Feldman. (1986, 15, 89min) ★★★★★
11.55 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
1.50 AM **Oslo** Fact-based drama. (2021, 15, 118min) ★★★
4.00 **Through a Glass Darkly** Swedish drama. Subtitled. (1959, b/w, 15, 91min) ★★★★
5.40 **to 7.25** AM **Cries and Whispers** Swedish drama. Subtitled. (1972, 18, 106min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.15 AM **Dark Skies** As 11.50pm.
8.00 **Lisa Frankenstein** As 1.35am.
9.50 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
12.40 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
2.25 **The Frighteners** Horror comedy. (1996, 15, 110min) ★★★
4.25 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
6.25 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
8.00 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
9.45 **Total Recall** Thriller remake starring Colin Farrell, Jessica Biel and Kate Beckinsale. In a post-apocalyptic future Earth, a worker unlocks memories of his secret past as a super-spy. (2012, 12, 113min) ★★★
11.50 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
1.35 AM **Lisa Frankenstein** Comedy horror. (2024, 15, 101min) ★★★
3.25 **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
5.00 **to 7.05** AM **Riddick** Thriller sequel. (2013, 15, 122min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.20 AM **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12) ★★★★
9.50 **Harry Potter and the Deathly Hallows: Part II** Fantasy sequel. (2011, 12, 130min) ★★★★★
12.05 PM **Fantastic Beasts and Where to Find Them** (2016)
2.20 **Fantastic Beasts: The Crimes of Grindelwald** As 9.20pm.
4.40 **Fantastic Beasts: The Secrets of Dumbledore** Fantasy sequel. (2022, 12, 142min) ★★★

4.40 The Secrets of Dumbledore

7.05 **Fantastic Beasts and Where to Find Them** Fantasy prequel starring Eddie Redmayne and Katherine Waterston. (2016, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

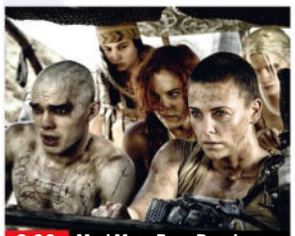
9.20 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure sequel starring Eddie Redmayne. Newt Scamander tries to scupper a sorcerer's plans of raising pure-blood wizards to rule over all non-magical beings. (2018, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Fantastic Beasts: The Secrets of Dumbledore** As 4.40pm.
2.10 AM **Harry Potter and the Philosopher's Stone** Fantasy adventure starring Daniel Radcliffe and Emma Watson. (2001, PG, 152min) ★★★★
4.50 **to 7.40** AM **Harry Potter and the Chamber of Secrets** Fantasy adventure sequel. (2002, PG, 161min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **Pompeii** As 12.10am.
8.05 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
9.55 **White Elephant** Thriller. (2022, 15, 100min) ★★★
11.35 **Once Upon a Time in China II** Chinese thriller. (1991, 15) ★★★
1.40 PM **The Fall Guy** Comedy. (2023, 12, 126min) ★★★★
3.55 **The Three Musketeers: Milady** (2023, 12) ★★★★
5.55 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★



8.00 Mad Max: Fury Road

8.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy, Charlize Theron, Nicholas Hoult and Hugh Keays-Byrne. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's brides. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Pompeii** Disaster movie starring Kit Harington. (2014, 12, 104min) ★★
2.00 **The Three Musketeers: Milady** As shown at 3.55pm.
4.00 **to 6.10** AM **The Canton Godfather** Period action comedy starring Jackie Chan. (1989, PG, 122min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **TBA**
8.15 **The Five-Year Engagement** Comedy. (2012, 15) ★★★
10.25 **Tropic Thunder** War comedy. (2008, 15, 107min) ★★★★
11.40 **TBA**
12.20 PM **Pixels** (2015, 12) ★★
2.15 **Earth Girls Are Easy** Musical. (1988, PG, 100min) ★★★
4.05 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.10 **About Last Night** Comedy remake. (2014, 15, 98min) ★★

6.10 About Last Night

8.00 **Airplane!** Spoof of air-disaster movies, starring Robert Hays, Julie Hagerty, Leslie Nielsen and Lloyd Bridges. The entire crew of a flight are stricken with food-poisoning (1980, 12, 86min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

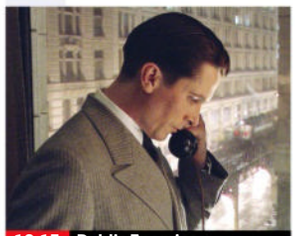
9.35 **Airplane II: The Sequel** Comedy sequel starring Robert Hays as a pilot at the controls of a disaster-prone moon shuttle. With Lloyd Bridges and Julie Hagerty. (1982, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Brits Are Coming** Crime caper starring Uma Thurman. (2018, 15, 90min) ★
2.40 AM **Drive-Away Dolls** Action comedy with Margaret Qualley. (2023, 15, 84min) ★★★
4.20 **to 6.20** AM **How to Please a Woman** Drama starring Sally Phillips and Alexander England. (2022, 15, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **Hypnotic** As 2.15am.
8.25 **The Lesson** As 4.00am.
10.20 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
12.35 PM **Angels & Demons** Mystery starring Tom Hanks. (2009, 12, 138min) ★★
3.05 **Blackhat** Crime drama starring Chris Hemsworth. (2015, 15, 128min) ★★★★
5.30 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise. (2001, 15, 136min) ★★★



10.15 Public Enemies

8.00 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. With Irrfan Khan and Omar Sy. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Public Enemies** Gangster biopic starring Johnny Depp as John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **One Day as a Lion** Thriller. (2023, 15, 87min) ★★★
2.15 **Hypnotic** Action thriller. (2023, 15, 93min) ★★★
4.00 **to 6.00** AM **The Lesson** Thriller with Richard E Grant. (2023, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Ron's Gone Wrong** Animation. (2021, PG) ★★★★
1.10 PM **Playing with Fire** Comedy. (2019, PG, 96min) ★★
3.05 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
5.10 **Sword of Sherwood Forest** Robin Hood adventure. (1961, U, 80min) ★★★
6.50 **The League of Extraordinary Gentlemen** Adventure. (2003, 12, 110min) ★★

11.40 Radical

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **White House Down** Action thriller starring Channing Tatum and Jamie Foxx. A lone cop strives to save the day after heavily armed terrorists seize control of the White House. With Maggie Gyllenhaal. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **PREMIERE** **Radical** Spanish comedy drama starring Eugenio Derbez. A teacher employs radical new teaching methods at a school on the Mexican border. Subtitled. (2023, 12, 125min) ★★★
2.15 **to 4.00** AM **Hush** Horror thriller starring William Ash and Christine Bottomley. (2009, 15, 91min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

6.10 AM **The Cinema List**
6.30 **My Penguin Friend** As 8.30pm.
8.15 **Migration** Animated comedy. (2023, U, 83min) ★★★
9.45 **The Hobbit: The Desolation of Smaug** Adventure sequel. (2013, 12, 161min) ★★★★
12.30 PM **Pan** Adventure prequel. (2015, PG, 111min) ★★★
2.30 **Lego Batman Movie** Animation. (2017, U, 104min) ★★★★

4.30 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
6.00 **The Hobbit: The Battle of the Five Armies** Fantasy adventure sequel starring Martin Freeman. (2014, 12, 144min) ★★★
8.30 **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
10.15 **The Mummy** Action adventure. (1999, 15, 124min) ★★★★
12.25 AM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★

2.05 **Muppets from Space** Sci-fi comedy with F Murray Abraham. (1999, U, 85min) ★★★
3.40 **The Voyagers** Adventure starring Matteo Schiavone. (2022, PG, 90min) ★★★
5.40 **to 7.30** AM **Blueback** Drama. (2022, PG, 102min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.45 AM **Nobody's Fool** Comedy. (1994, 15, 111min) ★★★★
9.40 **Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
11.55 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
1.45 PM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
3.50 **Vertigo** Alfred Hitchcock's thriller starring James Stewart. (1958, PG, 128min) ★★★★★

6.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford, Rutger Hauer and Sean Young. (1982, 15, 130min) ★★★★★
8.00 **Superman IV – The Quest for Peace** Adventure sequel starring Christopher Reeve. The Man of Steel attempts to rid the world of nuclear weapons. (1987, PG, 90min) ★
9.35 **Patriot Games** Action thriller starring Harrison Ford, Anne Archer, Sean Bean and James Fox. (1992, 15, 116min) ★★★

11.35 **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
1.15 AM **Vertigo** As 3.50pm.
3.25 **Three Days of the Condor** Thriller starring Robert Redford. (1975, 15, 118min) ★★★★
5.30 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.30 AM **The Ogglies** (2021) ★★★
8.05 **Sinbad: Legend of the Seven Seas** As shown at 10.55pm.
9.35 **Megamind vs the Doom Syndicate** (2024, U) ★★★
11.05 **The Prince of Egypt** (1998)
12.50 PM **PAW Patrol: The Mighty Movie** (2023, U) ★★★
2.20 **Trolls** Animation. (2016, U) ★★★
4.00 **Over the Hedge** Animation. (2006, U, 83min) ★★★★

5.30 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
7.15 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
9.00 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
10.55 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
12.25 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★
1.50 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** (2021) ★★★

3.15 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
4.10 **The Adventures of Tom Thumb and Thumbelina** Animated fantasy. (2002, U, 72min) ★★
5.30 **to 6.55** AM **Batman Unlimited: Animal Instincts** (2015) ★★

Movies 24

312 313 419

7.00 AM **Spring Breakthrough** Drama. (2023, PG, 90min) ★★
9.00 **Pumpkin Everything** Romantic drama. (2022, PG, 84min) ★★
11.00 **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
1.00 PM **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
3.00 **Fashionably in Love** Comedy starring Celeste Desjardins. (2023, PG, 87min) ★★

5.00 **North to Home** Drama. (2022, PG, 84min) ★★
7.00 **The Best Version of Love** Comedy with Natasha Wilson. A publicist helps a charming-but-stubborn footballer to transform his public image. (2023, PG, 86min) ★★
9.00 **Hidden Gems** Romantic comedy starring Hunter King. (2022, PG, 85min) ★★
11.00 **Love's Playlist** Romantic comedy starring Skye Coyne. (2023, PG, 85min) ★★

1.00 AM **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **A Scottish Love Scheme** Romantic drama. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** 6/39. (S1)
6.35 **The Way Out** Crime drama. (1955, b/w, U, 88min) ★★
8.10 **Tons of Trouble** Comedy. (1955, b/w, U, 77min) ★★
9.45 **Love in Pawn** Comedy. (1953, U, 83min) ★
11.20 **Heavens Above!** Comedy. (1963, b/w, PG, 118min) ★★★
1.40 PM **Cover Girl Killer** Thriller. (1959, b/w, PG, 61min) ★★

3.00 **Crown Court** (S2)
4.30 **A Tale of Two Cities** Period drama starring Dirk Bogarde and Dorothy Tutin. (1958, b/w, U, 117min) ★★★
6.50 **Mr Beamish Goes South**
7.30 **The Cheaters** 5/12. (S1)
8.00 **The Brothers** 4/13. (S6)
9.05 **Travelling Man** 3/6. (S1)
10.10 **The Gold Robbers** 7/13. (S1)
11.15 **The Glass** 4/6. Proctor confronts Duggan. (S1)
12.20 AM **Murder East – Murder West** Cold War thriller.

2.25 **The Cat Burglar** Drama starring Jack Hogan and June Kenney. (1961, PG, 65min) ★★
3.40 **Fighting Man of the Plains** Western starring Randolph Scott. (1949, PG, 94min) ★★★
5.30 **to 6.00** AM **Dick Powell's Zane Grey Theatre**

THURSDAY Sport 10 April

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Coverage of day five of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the third round. Holger Rune and Grigor Dimitrov were involved in an epic contest at this stage last year, and it was the former who would eventually emerge triumphant, progressing to the quarter-finals via a 7-6, 3-6, 7-6 victory.
2.00 PM **LIVE The Masters** Coverage of the featured groups on round one of the first Major of the year, held at Augusta National Golf Club in Georgia. Rory McIlroy will be looking to finally end his wait for victory at this tournament, and if he does succeed he will become just the sixth modern era player to win the career Grand Slam. American Scottie Scheffler currently holds the title having won his second Masters last year.
7.30 **LIVE The Masters** Round one of the first Major of the year held at Augusta National Golf Club.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** Memorable moments from the 2015/16 season.
3.00 **PL Retro** A replay of Fulham v Manchester United from 2007.
5.00 **PL Best Goals 09/10**
6.00 **PL 100: Petr Cech**
6.30 **PL 100: Paul Scholes**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox** Featuring guest Phil Neville.
8.30 With John Barnes.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2010/11**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **1983: When Aberdeen Ruled Europe** Documentary.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021/22**
11.30 **EFL Trophy Football**
12.00 NOON **EFL** Recent action.
2.00 PM **EFL Highlights**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights**
7.30 **LIVE EFL Crewe Alexandra v Cheltenham Town.** Coverage of the League Two match from Mornflake Stadium. The hosts are pushing for a place in the play-offs while the visitors are still in with a small chance of reaching the top seven. Kick-off is at **8.00pm**.
10.30 **EFL Highlights** Championship.
11.00 **Bundesliga Weekly**
11.30 **EFL Greatest Games**
12.00 M'T **SPFL Special: Celtic's Invincibles**
1.00 AM **Old Firm Derby Best Goals**
1.30 **Edinburgh Derby Best Goals**
2.00 **SPFL Greatest Games**
5.15 **Craig Brown: My Scotland**
5.45 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent action.
10.10 **Ashes Greats** Archive highlights.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent action from India.
2.50 PM **LIVE IPL Royal Challengers Bengaluru v Delhi Capitals.** Coverage of the T20 match from M. Chinnaswamy Stadium, Bengaluru. The hosts won this match easily last year as they came away with a 47-run victory thanks to an impressive bowling display. Bengaluru made 187-9 in their innings, with Rajat Patidar top-scoring with 52 from 32 balls, before they bowled Delhi out for just 140, with Yash Dayal taking 3-20 in just 19 balls.
7.00 **Ashes Greats** Archive highlights.
7.30 **Best of ICC WT20**
8.00 **IPL** Action from Gujarat Titans v Rajasthan Royals.
9.00 Royal Challengers Bengaluru v Delhi Capitals.
10.00 Action from Punjab Kings v Chennai Super Kings.
11.00 Royal Challengers Bengaluru v Delhi Capitals.
12.00 M'T **IPL** Recent action.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **How the 2018 Masters Was Won** Highlights.
8.00 **The Masters** Action and build-up.
11.00 **On the Road with Iona Stephen**
12.00 NOON **PGA Tour: The Cut**
12.30 PM **McGinley & Chamblee at the Masters** A preview of the action.
2.00 **LIVE The Masters** The featured groups on round one of the first Major of the year held at Augusta National Golf Club in Georgia.
7.30 **LIVE The Masters** Round one of the first Major of the year at Augusta National Golf Club.
12.30 AM **On the Road with Iona Stephen** With Butch Harmon.
1.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
2.00 **The Masters Official Film – Bubba Watson 2012**
3.00 **The Masters** The first round.
4.30 **The Masters Official Film – Singh 2000** Archive action.
5.30 **to 6.00** AM **The Masters – The Major Heard Round the World**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
8.00 **UEFA Europa League & Conference League Magazine**
9.00 **Premier League Features**
10.15 **TNT Sports Reload**
10.30 **LIVE AFL Adelaide Crows v Geelong Cats.** From Adelaide Oval. Bounce-up **10.40am**.
1.30 PM **MLB Highlights**
2.30 **Premier League Reload**
2.45 **Champions League Highlights**
3.15 **Premier League Netbusters**
3.45 **UEFA Europa League & Conference League Magazine**
4.45 **No Filter Football**
5.00 **LIVE UEFA Conference League Legia Warsaw v Chelsea.** Kick-off **5.45pm**.
7.45 **LIVE UEFA Europa League Lyon v Manchester United.** Coverage of the quarter-final first-leg. Kick-off is at **8.00pm**.
10.30 **UEFA Europa & Conference League Highlights**
11.30 **NBA Tip-Off** A look ahead.
12.00 M'T **LIVE NBA Indiana Pacers v Cleveland Cavaliers.**
2.30 AM **LIVE NBA Memphis Grizzlies v Minnesota Timberwolves.** Tip-off **2.30am**.
5.00 **to 6.00** AM **Inside the NBA**

TNT Sports 2

411 414 522 409 431

6.00 AM **Grand Slam Track Athletics**
7.00 **T100 Triathlon World Tour**
8.00 **Discovery Golf**
8.30 **Crouchy and Cole**
9.00 **Men's Cycling**
10.00 **Men's Cycling Pro Series**
11.00 **Classic Premier League**
11.30 **Sign Up – Into Football**
12.15 PM **Discovery Golf**
12.45 **Cycling** Recent action.
1.45 **No Filter Cycling**
2.00 **LIVE Men's Cycling** Coverage from stage four of the Tour of the Basque Country, a 169.6km route from Beasain to Markina-Xemein.
5.00 **Chasing Cobbles: Mads Pedersen**
6.00 **Premier League Stories**
6.30 **Premier League: Big Interview**
7.00 **LIVE UEFA Europa League Rangers v Athletic Bilbao.** Coverage of the quarter-final first-leg. Kick-off is at **8.00pm**.
10.30 **Serie A – Full Impact**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Atlanta Braves v Philadelphia Phillies.** Coverage of the National League match from Truist Park. Start-time **12.15am**.
3.15 AM **MLB Plays of the Week**
3.45 **TNT Sports Reload**
4.00 **to 6.00** AM **AFL**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **PDC Classics** Archive action.
7.00 **Premier League Darts**
11.00 **Darts Gold** From 2015.
11.30 **My Icon**
12.00 NOON **NFL Highlights** Dallas Cowboys v Philadelphia Eagles.
1.00 PM **Good Morning Football**
3.00 **Fight Night International**
4.00 **NFL Highlights** Kansas City Chiefs v Houston Texans in the first Divisional play-off match.
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of night 10 of the tournament staged at AO Arena in Manchester, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.00 **NFL Bitesize Highlights** Action from Kansas City Chiefs v Buffalo Bills in the AFC Championship.
11.15 Highlights of Kansas City Chiefs v Houston Texans in the first Divisional play-off match.
11.30 **NFL Bitesize Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Fight Night**
2.00 **Top Rank Boxing Archive**
3.15 **Fight Night International**
4.15 **Top Rank Boxing Archive**
5.45 **to 6.00** AM **Canvas: Viddal Riley**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Coverage of day five of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring matches from the third round. Holger Rune and Grigor Dimitrov were involved in an epic contest at this stage last year, and it was the former who would eventually emerge triumphant, progressing to the quarter-finals via a 7-6, 3-6, 7-6 victory.
6.00 PM **Sports Centre**
7.00 **Sky Sports News** A round-up of the latest sports news with live analysis, comment and interviews.
7.30 **LIVE Super League Salford Red Devils v Leeds Rhinos.** Coverage of the match from the seventh round of fixtures staged at Salford Community Stadium. Kick-off is at **8.00pm**.
10.15 **My Icon** Rugby union referee Nigel Owens talks about his idol.
10.30 **Back Pages Tonight** Taking a look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Recent action.
10.00 **LIVE ATP Tennis** Day five of the ATP Monte-Carlo Masters.
6.00 PM **Tennis** The Indian Wells Open.
6.30 **ATP Tour This Week**
7.00 **ATP Tennis** The Marrakech Open.
8.00 **WTA Tennis** Recent action.
10.00 **ATP Tennis** The Miami Open.
11.00 **WTA Tennis** The Bogota Open.
12.00 M'T **US Open Classic Matches**
2.00 AM **Mirra Andreeva Podcast**
2.15 **Bitesize Tennis** Highlights.
2.45 **Tim Henman Podcast 2024**
3.00 **Tennis** The Indian Wells Open.
3.30 **ATP Tour This Week**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **Ultimate Pool**
7.30 **Isuzu A-League Highlights**
8.00 **TNT Sports Reload**
8.30 **HSBC SVNS Highlights**
9.30 **European Rally Championship**
10.00 **Champions League Highlights**
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **UEFA Champions League**
2.30 PM **The Breakdown – World Snooker Championship**
3.30 **Formula E Flashback**
4.30 **NBA** Recent action.
6.00 **The Football's On**
7.00 **LIVE UEFA Europa League Tottenham Hotspur v Eintracht Frankfurt.** Kick-off **8.00pm**.
10.30 **Playing For Our Future**
10.45 **No Filter Football**
11.00 **The Football's On**
12.00 M'T **Men's Cycling World Tour**
1.00 AM **UEFA Conference League**
1.30 **UEFA Europa League**
3.30 **UEFA Conference League**
5.00 **to 6.00** AM **HSBC SVNS**

TNT Sports 4

414 416 524 411 434

6.00 AM **MotoGP Classics**
9.00 **NBA Originals**
10.00 **NBA Classic** Archive action.
12.00 NOON **Grand Slam Track Athletics** From Jamaica.
1.00 PM **TNT Sports Reload**
1.30 **NBA** Mavericks v Lakers.
3.00 **NBA Action** The latest action.
3.30 **Serie A – Full Impact**
4.00 **MLB Highlights**
5.00 **MLB: Off the Bat**
5.30 **LIVE UEFA Europa League Bodo/Glimt v Lazio.** Coverage of the quarter-final first-leg tie. Kick-off **5.45pm**.
7.45 **LIVE UEFA Conference League Celje v Fiorentina.** Coverage of the quarter-final first-leg tie from Z'dezele Stadium. Kick-off **8.00pm**.
10.00 **AFL** Recent action.
12.00 M'T **Fight Week**
12.45 AM **UFC Countdown**
1.45 **UFC** Emmett v Murphy.
4.45 **Fight Week** UFC 314 preview.
5.30 **to 6.00** AM **Serie A: Full Impact**

Premier Sports 1

419 551

6.00 AM **Asian Le Mans Series**
7.00 **LaLiga Highlights**
8.00 **NASCAR Highlights**
9.00 **World Surf League**
10.00 **Scottish Football Social Club**
11.00 **Champions Cup Highlights**
12.00 NOON **LaLiga Highlights**
1.00 PM **NHL on the Fly**
2.00 **LaLiga News**
2.30 **Champions Cup Highlights**
3.00 **NASCAR Highlights**
4.00 **World Surf League**
5.00 **Champions Cup Highlights**
6.00 **Viva LaLiga**
7.30 **Sporting Countdowns**
8.00 **LaLiga Highlights**
9.00 **British Minibikes**
11.00 **NASCAR Highlights**
12.00 M'T **NHL: This is Hockey**
12.30 AM **LIVE NHL Ice Hockey New York Islanders v New York Rangers.** Face-off **12.30am**.
3.30 **Women's Football Weekly**
4.00 **World Surf League**
5.00 **to 6.00** AM **Transworld Sport**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Recent action.
10.00 **Bike World** Magazine.
10.30 **GP Confidential**
11.00 **NHL Ice Hockey** Recent action.
1.00 PM **Champions Cup**
3.00 **Indy Autonomous Challenge**
4.00 **Champions Cup** Highlights.
6.00 **GP Confidential** F1 news.
6.30 **Bike World** Magazine.
7.00 **LaLiga** Recent action.
9.00 **Champions Cup** Northampton Saints v Clermont Auvergne.
11.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.30 **Bike World** Magazine.
12.00 M'T **LIVE NHL Ice Hockey Boston Bruins v Chicago Blackhawks.** Coverage of the inter-conference match staged at TD Garden. Face-off **12.00m't**.
3.00 AM **Temples of Sport**
3.30 **GP Confidential**
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Premier League Darts**
10.00 **PGA Tour Champions**
11.00 **Ladies European Tour Golf**
12.00 NOON **PGA Tour Champions**
1.00 PM **LIVE Ladies European Tour Golf** Day one of the Investec South African Women's Open staged at Erinvale Country and Golf Estate in Cape Town.
5.00 **PDC Classics** Archive action.
7.00 **Fight Night International**
8.00 **IPL** Recent highlights.
10.00 **Fight Night International**
11.00 **PGA Tour Champions**
12.00 M'T **Ladies European Tour Golf**
1.00 AM **Super League**
3.45 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PDC Classics**

Sky Sports F1

406 406 516 506 424 444

7.00 AM **Formula 1** Highlights.
2.00 PM **F1 Drivers Press Conference**
2.40 **F1 Features**
3.00 **Formula 1** Japanese Grand Prix.
4.00 **Ted Drives: F1 Car**
4.15 **F1 Drivers Press Conference**
4.55 **Stefano Domenicali: No Paints**
5.00 **Formula 1** Bahrain Grand Prix.
6.00 **F1 Drivers Press Conference**
6.40 **Piastri Drawing**
6.45 **Formula 1** Japanese Grand Prix.
7.45 **72 Hours with Jack Doohan**
8.00 **F1 Drivers Press Conference**
8.40 **F1 Features**
9.00 **Formula 1** Bahrain Grand Prix.
10.00 **F1 Drivers Press Conference**
10.40 **F1 Features**
11.00 **Formula 1** Japanese Grand Prix.
12.00 M'T **F1 Drivers Press Conference**
12.40 AM **Stefano Domenicali: No Paints** An interview.
12.45 **Formula 1** Season highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

11 April

Evening Planner

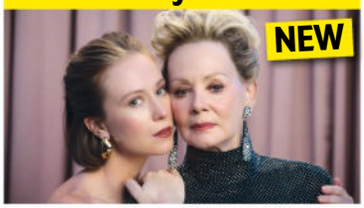
Sci-Fi Animation

Transformers One

Sky Premiere, 9.20am & 6.10pm

Chris Hemsworth voices a young Optimus Prime for this animated prequel set on the Transformer planet of Cybertron.

Comedy Drama



Hacks

Sky Max & SkyShowcase, 9pm & 9.40pm

Deborah (Jean Smart, right) finally has her dream job – but does writer Ava (Hannah Einbinder) have the upper hand?

OnDemand

tv+

Your Friends & Neighbours

Available today

Jon Hamm stars as a recently divorced, jobless man who resorts to petty crime to stay afloat.

OnDemand

Disney+

Pets

Available today

This heart-warming documentary from Bryce Dallas Howard shows the special bonds humans share with their pets.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling... †	8.00 Beyond Paradise		9.00 Have I Got...	9.30 Austin	10.00 News; Local News	
	102 BBC2	7.00 Beechgrove...	7.30 Chronicles of...	8.00 Gardeners' World		9.00 Black Snow		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Celebrity Big Brother		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 What's the Big Deal: Britain's Best...		9.00 Gogglebox		10.00 Big Fat Quiz: Best Bits	
	105 5	7.00 Isle of Wight: Jewel of the South		8.00 The Hotel Inspector		9.00 Flowers in the Attic: The Origin			
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 The F1 Show		9.00 Hacks			10.20 Sex and the City
ENTERTAINMENT	115 BBC3	7.00 Film: Shrek 2			8.25 Dragons' Den US...	9.05 Ibiza: Secrets of the Party Island			10.40 Ashley...
	116 BBC4	7.00 TOTP: 1997		8.00 TOTP: 1988	8.30 TOTP: 1981	9.10 Shirley Bassey at the BBC: Volume 2			10.40 Shirley...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Family Guy		10.15 Celebrity Big Brother...	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Helsinki Crimes		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Daddy's Home 2			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 FBI: Most Wanted		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.55 Six Feet Under		7.55 Game of Thrones				10.05 Chernobyl	
	110 U&GOLD	7.00 Open All Hours	7.40 Dad's Army			9.00 Men Behaving Badly			10.20 Neil & Martin's Bon...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Foyle's War	
	120 ITV4	7.00 The Grand Fishing Adventure		8.00 Film: Licence to Kill					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: The Rally		9.00 Hacks			10.20 Rob Beckett's Smart TV
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Beyond Paradise			10.20 Death in Paradise
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Supershow: The Last Great Jam of the 60s			9.30 Eric Clapton's Crossroads Live In LA		
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Gold Rush		9.00 Expedition X		10.00 Six Schizophrenic Brothers	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Insane Pools: Off the Deep End		9.00 Monsters Inside Me		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Destruction Decoded	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 River Hunters Special: Battle of Towton		9.00 Combat Ships		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Abandoned Engineering				10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.00 Elvis Presley: The Searcher		8.00 Elvis Presley: The Searcher				10.00 Film: When We Were Kings	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Transformers One		8.00 It Ends with Us					10.15 Cuckoo
	302 ADVENTURE	‹ 6.00 Charlie and the Chocolate Factory		8.00 The Mummy					10.10 Teenage Mutant Ninja Turtles...
	303 HITS	‹ 5.35 Wonder Woman		8.00 Justice League				10.00 Aquaman	
	304 GREATS	‹ 6.05 Star Trek II: The Wrath of Khan		8.00 Star Trek III – The Search for Spock				10.00 Star Trek IV: The Voyage Home	
	305 ANIMATION	‹ 5.45 The Lego...	7.35 The Lego Movie 2: The Second Part				9.25 The Adventures of Tom Thumb and Thumbelina		
	306 HARRY POTTER	‹ 5.40 Harry Potter and the Deathly Hallows: Part I		8.10 Harry Potter and the Deathly Hallows: Part II					10.25 Harry Potter and...
	307 ACTION	‹ 6.00 Baby Driver		8.00 Man of Steel					10.25 Superman Returns
	308 COMEDY	‹ 6.10 Brewster's Millions		8.00 Horrible Bosses			9.40 The Producers		
	309 THRILLER	‹ 6.15 Poker Face		8.00 Captain Phillips					10.25 Zero Dark Thirty
	310 DRAMA	‹ 6.00 Footloose		8.00 A Star Is Born					10.30 Through a...
	311 SCI-FI	‹ 6.10 Men in Black 3		8.00 The Woman in Black			9.45 Riddick		
	313 FILM4	‹ 6.45 Instant Family				9.00 The Equalizer 2			
SPORT	401 MAIN EVENT	‹ 2.00 The Masters – Live: Coverage of the featured groups on round two of the first Major of the year							
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 The Big Interview	8.00 Fantasy Show	8.30 PL Preview	9.00 PL Stories	9.30 Fantasy Show	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Burnley v Norwich City (Kick-off 8.00)						10.30 EFL Trophy...
	404 CRICKET	7.00 Pakistan Super League – Live			8.30 Best of ICC...	9.00 IPL			
	410 TNT SPORTS 1	7.00 Grand Slam Track Athletics		8.00 Isuzu UTE A-League		9.00 PL Preview	9.30 ABB FIA Formula E World...		10.30 UEFA Magazine
	411 TNT SPORTS 2		7.15 MotoGP Highlights		8.15 Sign Up – Into Football	9.00 Men's Cycling World Tour		10.00 MotoGP	10.30 MLB Highlights

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Ardingly antiques fair. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shakespeare & Hathaway: Private Investigators** 4/10. Frank and Lu investigate when an American PI is arrested. (S4) (S)(R)
2.45 **Clive Myrie's Caribbean Adventure** (S)(R)(AD)
3.15 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition (S)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Austin

7 PM

7.00 **The One Show** Clara Amfo and Gabby Logan present the topical show. (S)
7.30 **The Travelling Auctioneers** The experts meet Alison in Surrey, who needs some help downsizing the lifetime of clutter filling her home. (S)

8 PM

8.00 **Beyond Paradise** New episode 3/6. A chocolatier falls under suspicion when three customers are poisoned after sampling her wares, and Humphrey must determine whether she orchestrated the attack or was framed. (S3) (S)

9 PM

9.00 **Have I Got News for You** New edition 2/10. Martin Clunes hosts the quiz. (S)
9.30 **Austin** New episode 2/8. Julian and Ingrid are invited to Austin's. *See feature, page 12.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM The Duchess** Historical drama starring Keira Knightley, Ralph Fiennes and Dominic Cooper. An 18th-century aristocrat seeks relief from her loveless marriage in a scandalous affair with a rising politician. With Hayley Atwell and Charlotte Rampling. (S)(AD) (2008, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Policing Paradise** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Alison Hammond's Florida Unpacked** (S)(R)(AD)
8.30 **Sign Zone: Joanna Page's Wild Life** Documentary. (S)(R)
9.00 **BBC News** (S)
1.00 PM **Sign Zone: See Hear** New edition (S)(AD)
1.30 **Impossible** Quiz show. (S)(R)
2.15 **Lightning** Game show. (S)(R)
2.45 **Unbeatable** Quiz show. (S)(R)
3.30 **Dom Digs In** (S)(R)(AD)
4.15 **Nature's Epic Journeys** (S)(R)(AD)
5.15 **Flog It!** From Sheffield. (S)(R)
6.00 **Richard Osman's House of Games** Featuring Sheree Murphy and Toussaint Douglass. (S)(R)
6.30 **Great British Railway Journeys** New edition Michael Portillo travels from Chichester to Amberley. (S)

9.00 Black Snow

7.00 **Beechgrove Garden** New edition Brian and Lizzie launch a vegetable competition between the presenters. (S)
7.30 **Chronicles of the Glens** New edition 2/4. Winter in the Glens of Antrim sees farmers battling blizzards. (S)

8.00 **Gardeners' World** New edition Adam Frost is in his garden, revealing what he has in store for the coming season, Rachel de Thame visits a nursery in the West Country, and Advolly pays a visit to Painshill Park in Surrey. (S)

9.00 **Black Snow** New episode *Hope:* 2/6. New evidence gives Nadja and Sam hope that Zoe is still alive, but not everything adds up. (S2) (S)
■ Entire series on BBC iPlayer
9.55 **Laugh Lessons** (S)(R)

10.00 **Live at the Apollo: The One About** Memorable routines on the topic of celebrity, featuring Sean Lock, Holly Walsh and Mawaan Rizwan. (S)(R)
10.30 **Newsnight** (S)

11.00 **Weather** (S)
11.05 **FILM Licorice Pizza** Romantic comedy set in 1973, starring Alana Haim and Cooper Hoffman. A 25-year-old photographer's assistant starts a relationship with a 15-year-old actor. (S)(AD) (2021, 15, 125min) ★★★★
1.10 AM **Sign Zone: Panorama – Did Lloyds Fail My Business?** (S)(R)
1.40 **Sign Zone: Tribe with Bruce Parry** Documentary. (S)(R)(AD)
2.40 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **NEW SERIES Gary Barlow's Wine Tour: Australia** 1/6. The musician returns with his travel series, this time exploring the wines to be found in Australia. (S)
3.00 **Jeopardy!** New edition Quiz show hosted by Stephen Fry. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

2.00 Gary Barlow's Wine Tour

7.30 **Emmerdale** Aaron and Steph open up to each other, Tracy makes a decision, and Kim plays matchmaker. (S)(AD)

8.00 **Coronation Street** Abi has an altercation with a handsome stranger, Carla orders Jenny to sell the Rovers, while Hope and Ruby play a prank on the Metcalfes. (S)(AD)

9.00 **Celebrity Big Brother** New edition Famous faces move in together, ready to have their every word and move recorded for the enjoyment of the public. (S)

10.15 **ITV News** (S)
10.45 **Local News** (S)

11.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are about logic and common sense. (R)
12.00 M'T **Teleshopping**
3.00 AM **Grantchester** 6/6. Another homeless man is found dead, clean-shaven and killed in the same manner as the previous victims. (S7) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Karen Carney's Leaders of the Pack** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 11-14/27. (S9) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 19-22/24. (S3) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Craig Rowe looks for houses in the southern French city of Carcassonne. (S)(R)
4.00 **A New Life in the Sun** Manchester entrepreneur Lloyd deals with a concrete crisis in Portugal. (S)(R)
5.00 **Chateau DIY** New edition Jon and Carmen transform a kitchen into a medieval dining room. (S)(AD)
6.00 **A Place in the Sun: What Happened Next?** Craig Rowe reunites with his first pair of house-hunters in Denia. (S)(R)

8.00 What's the Big Deal?

7.00 **News** (S)

8.00 **What's the Big Deal: Britain's Best Buys?** New edition 2/4. Natalie discovers the alarming truth about some teeth whiteners being marketed online, and puts the viral Ninja Creami ice-cream maker to the test. (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **Big Fat Quiz: Best Bits** New edition 2/4. Jimmy Carr presents another compilation of the quiz, featuring clips of appearances by Lee Mack, Michael McIntyre, Davina McCall, Romesh Ranganathan, Roisin Conaty and Kevin Bridges. (S)

11.05 **8 Out of 10 Cats Does Countdown** Rob Brydon and Katherine Parkinson take on Jon Richardson and Babatunde Aléshé. (S)(R)
12.05 AM **Open House: The Great Sex Experiment** Katey and Dan plan a night of fun. (S)(R)(AD)
1.05 **FILM Maze Runner: The Death Cure** Sci-fi drama sequel starring Dylan O'Brien and Ki Hong Lee. (S) (2018, 12, 145min) ★★★
3.30 **to 6.00** AM **Come Dine with Me**

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Framed for Murder** Thriller starring Meredith Thomas and Jacob Taylor. (S) (2022, 12, 105min) ★★
4.00 **The Cruise: Fun at Sea** Series finale 10/10. *Valiant Lady* heads for Barcelona and the end of her Mediterranean cruise. (S)
5.00 **News** (S)
6.00 **Eggheads** The Jolly Boys from Cornwall take part. (S)(R) **6.25** OQ Elite take on the quiz experts. (S)(R)
6.55 **News** (S)

9.00 Flowers in the Attic: The Origin

7.00 Isle of Wight: Jewel of the South 3/4. The oldest working watermill on the island faces a problem, and a newcomer takes up a new role at the Donkey Sanctuary. (S)(R)
7.55 **News** (S)
8.00 The Hotel Inspector Alex Polizzi is in Northern Ireland to help hotelier Eamon, whose inn Billy Andy's sits at the start of the Causeway Coastal Route, visited by around a million tourists each year. (S)(R)
9.00 Flowers in the Attic: The Origin New episode *Part Two – The Mother:* 2/4. As Olivia and Malcolm's family grows in unexpected ways, she is committed to giving them a childhood full of joy and safety, no matter the cost. However, her efforts prove to be futile as she battles the evils of Foxworth Hall. (S)
10.45 When 60s TV Goes Horribly Wrong Tony Blackburn narrates a compilation of on-air fails from the decade. (S)(R)
12.45 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **The Queen's Speeches: In Triumph & Tragedy** Taking a look at Elizabeth II's most famous speeches. (S)(R)
4.10 **Brits in France** (S)(R)
4.55 **Wildlife SOS** (S)(SL)(R)
5.20 **House Doctor** (S)(SL)(R)
5.40 **to 5.50** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S5) (R)
11.00 **Chasing the Rains** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 21/22. (S1) (S)(R)(AD)
5.00 **The Simpsons** *The Star of the Backstage:* Marge stages a revival of a school musical. (R) **5.30** *Moms I'd Like to Forget:* Marge is reunited with three of her former friends. (S)(R)
6.00 **The Office (US)** 2/25. Michael and Dwight meet Jan at a convention in Philadelphia. (R) **6.30** 3/25. Angela forces Dwight to make a move on Michael's job. (S3) (S)(R)

9.00 Hacks

7.00 The Simpsons *Bart's in Jail!* Grampa falls victim to a phone scam. With Alan Cumming. (S)(R) **7.30** *The Wayz We Were:* Moe faces a difficult choice when Evergreen Terrace develops a traffic issue. (S)(R)
8.00 The F1 Show A preview of the Bahrain Grand Prix at the Bahrain International Circuit. (R)
9.00 NEW SERIES **Hacks** *Big, Brave Girl:* Return of the comedy drama. Deborah and Ava look to get their talk show off the ground. **9.40** New episode *Cover Girls:* Comedy drama starring Jean Smart and Hannah Einbinder. *See feature, page12.* (S4)
10.20 Sex and the City *Sex and the Country:* 9/18. Miranda discovers that Steve has testicular cancer, and Carrie tells the girls that she has been invited to Aidan's country cabin. (S4) (S)(R)
11.00 Sex and the City 10/18. Trey has his manhood challenged, and Steve feels insecure after the operation. (S4) (S)(R)
11.40 An Idiot Abroad 2 4/8. Karl Pilkington visits Alaska. (S)(R)
12.40 AM **The Force: North East** (R)
1.35 **Road Wars** Double bill. (R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 21/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **12.20am** A View from the Terrace (S)(R) **1.20** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm The Long and the Short of It New edition (S) **10.40** Paddy & Nigel's Tourist Trap New episode (S) **11.10** FILM The Duchess (S)(AD) (2008, 12, 105min) ★★★★ **12.55am** The Weakest Link (S)(R) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Iolo's Valleys (S)(R) **10.40** Rewind: 60 Years of Welsh Pop (S)(R) **11.10** FILM The Duchess: As N. Ireland. **12.50-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:
WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Ceffylau Cymru **1.30** Y Sin (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Ysbyty **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pen Llyn Harri Parri (AD) **6.30** Adre **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Noson Lawen **8.55** Newyddion a'r Tywydd **9.00** Bwmp New episode (AD) **9.15** Bwmp Series finale (AD) **9.30** Guinness World Records Cymru 2025 **10.30** NEW SERIES Mini Hana Medi **10.50** Mini Hana Medi New edition **11.15-11.50pm** Pobol y Penwythnos

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM FILM **Shrek 2** Animated comedy sequel featuring the voices of Mike Myers and Cameron Diaz. (2004, U, 93min) ★★★★★
8.20 **The Catch Up**
8.25 **Dragons' Den US – Shark Tank** New edition A spring-loaded cake stand is presented to the investors.
9.05 **Ibiza: Secrets of the Party Island** Zara McDermott explores the island's economy. **9.50** A look at how social media is changing crime.
10.40 **Ashley Cain: Into the Danger Zone** The illegal poaching and the rhino horn trade in South Africa.
11.40 **This Country** 3/7. A family member returns. **12.10** AM 4/7. Kurtan receives sad news. (S3)
12.40 AM **The Tooney and Russo Show** New edition
1.10 **Top Gear**
2.10 **Becoming – Furiosa**
2.30 **to 4.00** AM **Ibiza: Secrets of the Party Island**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** Featuring Oasis, Louise, No Doubt, Bjork and Janet Jackson. **7.30** With Coolio, Eternal and the Lighthouse Family.
8.00 **TOTP: 1988** Performances by Bananarama, Natalie Cole, Def Leppard, T'Pau, Pet Shop Boys and Bros.
8.30 **TOTP: 1981** Music by Bucks Fizz, Public Image, Eddy Grant and Shakin' Stevens.
9.10 **Shirley Bassey at the BBC: Volume 2** Another selection of performances from the BBC archives.
10.40 **Shirley Bassey at the Royal Albert Hall 1974** A concert by the singer at the famous London venue.
11.25 **Dame Shirley Bassey: The Girl from Tiger Bay – Imagine...** A celebration of Shirley Bassey's 2009 album *The Performance.*
12.20 AM **Dame Shirley Bassey: Electric Proms 2009**
1.20 **Shirley Bassey at the BBC**
2.20 **TOTP: 1997** Double bill.
3.20 **to 3.50** AM **TOTP: 1988**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
10.00 **A Place in the Sun**
12.30 PM **Narrow Escapes**
2.35 **Come Dine with Me** Back-to-back dinner parties from in and around Leeds.
5.15 **Four in a Bed** The first visit of the week is to Silverwood Lodge in Cambridgeshire. **5.50** Seashells Guesthouse in Great Yarmouth. **6.20** From the Old Court Guesthouse in Bath. **6.50** From the Dean B&B near Longniddry, East Lothian.
7.20 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple from Newtownards, Northern Ireland decide if they should move or renovate their five-bedroom chalet.
9.00 **Helsinki Crimes** New episode 4/6. Timo and Onerva hunt for the gang members' connections, and Onerva struggles to settle down with her new lover. Subtitled. In Finnish. (S2)
10.00 **24 Hours in A&E** A man is brought into hospital after falling 20 feet onto concrete.
11.00 **24 Hours in A&E** A woman is brought in with suspected sepsis.
12.05 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **The Simpsons** *Podcast News:* Featuring the guest voice of Stellan Skarsgård. **7.30** *Bart Has Two Mommies:* Bart is kidnapped. **8.00** *Homer Simpson, This Is Your Wife:* Homer gets a new wife. With Ricky Gervais. **8.30** *Kiss Kiss Bang Bangalore:* Guest stars Richard Dean Anderson.
9.00 FILM **Daddy's Home 2** Comedy sequel starring Will Ferrell. Brad and Dusty deal with their intrusive fathers. (2017, 12, 100min) ★★★
10.55 **Naked Attraction**
12.00 M'T **Naked Attraction's Best Naughty Bits**
1.00 AM **Gogglebox**
2.00 **First Dates**
3.00 **Naked Attraction**
3.55 **The Goldbergs**
4.45 **The Neighborhood**
5.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Send in the Dogs**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 4/22. (S6)
12.00 NOON **The Good Doctor** (S3)
1.00 PM **The Rookie** 14/14. Nolan mildly injures himself while chasing a shoplifter. (S3)
2.00 **Chicago Fire** 13/13. A call brings up painful memories for Carver and Damon. (S12)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 **FBI: Most Wanted**

Sky Atlantic

108/109 108/109 342 357

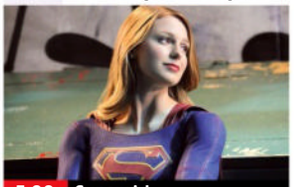
6.00 AM **Urban Secrets**
8.05 **Boardwalk Empire** (S1)
10.15 **Six Feet Under** 4&5/12. (S5)
12.15 PM **Game of Thrones** (S1)
1.20 **My Brilliant Friend** (S2)
3.45 **Boardwalk Empire** 4/12. Jimmy hides in Chicago under the protection of Al Capone.
4.50 5/12. Jimmy helps Pearl recover from her attack. (S1)
5.55 **Six Feet Under** 4/12. David and Keith meet an unconventional family.
6.55 5/12. Julio lands himself in trouble at school. (S5)

10.05 **Chernobyl**

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 9/13. (S9)
9.00 **Stargate SG-1** 11&12/22. (S5)
11.00 **Supergirl** 18/22. (S2)
12.00 NOON **The Flash** 10/13. (S9)
1.00 PM **Hawaii Five-0** (S3)
3.00 **NCIS: Los Angeles** 21/21. (S14)
4.00 **S.W.A.T.** 21/22. Hondo and Deacon try to evade a gang of armed mercenaries. (S1)
5.00 **Supergirl** 17/22. A bounty is placed on Supergirl's head. (S2)
6.00 **Stargate SG-1** 11/22. O'Neill must track down Carter when she goes missing. (S5)



5.00 **Supergirl**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Love Bites**
10.55 **Dress to Impress**
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **In with a Shout**
3.00 **Hart of Dixie** 10/22. (S1)
4.00 **Gilmore Girls** 10/22. Christopher makes an unexpected reappearance. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Richard Arnold, Danny Miller and Rachel Stevens.

9.00 **Family Guy**

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **The Darling Buds of May**
10.35 **The Royal** *Immediate Care.*
11.40 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.50 **Endeavour** *Muse:* A famous international thief tries to steal a Fabergé egg from an auction.
5.50 **Heartbeat** *Mastermind:* The villagers leave Aidensfield en masse to support Rob in a charity football match.

8.00 **Midsomer Murders**

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *Lord Snow:* 3/10. Ned finally takes up his role in the king's court, but struggles to deal with the monarch's cunning advisers. (S1)

7.00 Stargate SG-1 *Wormhole X-Treme:* 12/22. O'Neill becomes technical adviser on a TV series with a familiar storyline. (S5)

7.00 Deal or No Deal Stephen Mulhern hosts as Richard takes on the ruthless Banker as he tries to win a life-changing cash prize.

6.55 Heartbeat *Family Ties:* Peggy and David start selling stolen strawberries – unaware Geoff Younger is hot on their trail.

8 PM

8.00 Caught on Dashcam The most hilarious and spectacular real-life crashes in the world – all caught on dashcam.

8.00 A League of Their Own: The Rally The race ends in the city of Turin, where Jamie, Jill and Micah fight for the last points.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

8.00 Midsomer Murders *Murder by Magic:* Barnaby and Nelson uncover conflict between the local church and pagan traditions after a famous illusionist's show takes a tragic turn.

9 PM

9.00 FBI: Most Wanted *Incendiary:* 10/22. With Tali away, Jess and Sarah begin to adjust to their empty nest. (S3)

9.00 Game of Thrones *Cripples, B****rds and Broken Things:* 4/10. Ned looks for the truth about Jon Arryn's death. (S1)

9.00 NEW SERIES Hacks *Big, Brave Girl:* Deborah and Ava try to start a talk show. *See feature, page12.*
9.40 New episode *Cover Girls:* Comedy drama starring Jean Smart. (S4)
10.20 Rob Beckett's Smart TV With Carol Vorderman and Emmett Scanlan.

9.00 Family Guy 19/21. Peter, Quagmire and Joe are reunited with Cleveland.
9.30 Peter's take on *The Empire Strikes Back.* (S8)

10 PM

10.00 The Equalizer *Stolen Angel:* The team search for a missing pregnant woman whose baby may be in danger. (S5)
11.00 **Matlock** 13/18. The team investigate a sorority. (S1)
12.00 M'T **FBI** 9/22. (S1)
1.00 AM **FBI: Most Wanted** (S3)
2.00 **FBI: Most Wanted** 12/22. (S3)
3.00 **The Good Doctor** 9/20. (S3)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

10.05 Chernobyl *Please Remain Calm:* 2/5. Ulana races to warn Valery Legasov about the threat of a second explosion. (S1)
11.20 **Homicide: Life on the Street** 8/22. A sniper strikes terror into the city of Baltimore. (S4)
12.20 AM **The Wire** 7/13. (S4)
1.25 **The Art of Joy** 1&2/6. (S1)
3.45 **The Pacific** 2/10. (S1)
4.50 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

11.10 **Strike Back: Retribution** 4/10. Mac is taken to a survivalist camp, while Donovan and Jensen dig into Zarin's life. (S6)
12.05 AM **An Idiot Abroad 2**
1.05 **The Force: North East**
2.00 **Road Wars** Vehicle crime.
3.00 **NCIS: Los Angeles** 21/21. (S14)
4.00 **S.W.A.T.** 21/22. (S1)
5.00 **to 6.00** AM **Highway Patrol**

10.00 The Stand Up Sketch Show New edition With Luke Kempner.
10.15 Celebrity Big Brother: Late and Live New edition
11.20 **Family Guy** (S8)
11.50 **American Dad!** (S4)
12.45 AM **Bob's Burgers** (S9)
1.45 **Deep Fake Neighbour Wars**
2.15 **World's Funniest Videos**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Foyle's War *Bleak Midwinter:* Foyle investigates when a woman is killed in an explosion at a munitions factory.
11.50 **Endeavour** As 3.50pm.
1.35 AM **Where the Heart Is** *She Goes On:* A Danish delegation visits the factory, but they are unimpressed.
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship** Ayr United v Falkirk: Coverage of the match from Somerset Park. Kick-off is at 7.45.
10.00 **Still Game** 4/6. Part two of two. A trip to the cinema creates a mystery for Jack and Victor, while Boabby the barman gets hooked on internet dating. (S9)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a sideways look at Scottish football, dissecting the ins and outs of the week's action with a revolving panel of fans.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** Judith Ralston and Grado head to Dumfries & Galloway.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S1)
9.20 **The Conners** (S3)
10.15 **Veep** 9&10/10. (S4)
11.25 **Flight of the Conchords** 6&7/12. (S1)
12.35 PM **Curb Your Enthusiasm** (S8)
1.55 **Veep** 9&10/10. (S4)
3.05 **Flight of the Conchords** 6&7/12. (S1)
4.20 **Silicon Valley** (S1)
5.40 **The Office (US)** (S3)
6.40 **The Conners** (S3)
7.40 **Curb Your Enthusiasm** 3/10. Larry finds himself in a tricky situation.
8.20 4/10. Larry is irritated by his girlfriend's texting etiquette. (S8)
9.00 **The Righteous Gemstones** 5/9. (S4)
9.50 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
10.50 **Sex and the City** (S4)
12.10 AM **And Just Like That...**
1.50 **Divorce** 3&4/8. (S2)
3.10 **Veep** 1&2/7. (S7)
4.25 **to 5.00** AM **Room 104**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Reinventing the Orchestra**
7.00 **Musical Masterpieces**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of the Garden**
12.00 NOON **Portrait Artist of the Year 2022**
1.00 PM **Tales of the...**
2.00 **The Art of Architecture**
3.00 **The Art of the Garden**
4.00 **Discovering**
5.00 **Portrait Artist 2022**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Supershow: The Last Great Jam of the 60s**
9.30 **Eric Clapton's Crossroads Live In LA**
12.05 AM **BB King: Live in Concert at the Royal Albert Hall**
1.45 **Isle of Wight Festival Greatest Hits**
2.35 **From the Artists Den**
3.45 **Classic Albums**
4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 4/10. (S3)
5.00 **Stargate SG-1** (S2)
6.00 **Stargate Atlantis** (S3)
7.00 **Star Trek: Voyager** *11.59:* 23/26. Janeway relates the tale of her pioneering ancestor. (S5)
8.00 **Hawaii Five-0** (S9)
10.00 **S.W.A.T.** *Gasoline Drum:* 2/23. The team work with former member Jim Street to find a woman and her son. (S2)
11.00 **Stargate SG-1** (S2)
12.00 M'T **Grimm** 15/22. (S1)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.40 AM **Backyard Builds**
8.10 **Billie and Greg: The Family Diaries**
9.10 **Dubai Dishes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Dubai** Reality series.
12.05 PM **Billie and Greg...**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules**
4.05 **The Real Housewives of Dubai** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Chocolate Showdown**
8.00 **Dinner Date**
9.00 FILM **The Stepford Wives** Comedy remake. (2004, 12, 93min) ★★★
10.55 **My Mum, Your Dad Australia** Dating show.
12.20 AM **The Only Way Is...**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 4.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Diagnosis Murder**
10.00 **Father Dowling Mysteries** 1/22. (S3)
11.00 **Highway to Heaven**
2.00 PM **Father Dowling Mysteries** 6/8. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S6&7)
9.00 **Randall and Hopkirk (Deceased)** *Never Trust a Ghost:* 4/26. Marty is certain he has witnessed a murder. (S1)
10.00 **The Avengers** *The Interrogators:* 14/33. A foreign agent extracts secret information. (S6)
11.00 **The Persuaders!** 4/24. Mystery surrounds a mansion. (S1)
12.00 M'T **M*A*S*H** (S6&7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Minder**
7.20 **The Sweeney**
8.20 **The Saint**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **BattleBots** New edition Eight more bots fight to the death.
12.30 PM **The Saint**
1.40 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.50 **The Sweeney**
6.00 **The Chase**

2.40 Kojak

7.00 **The Grand Fishing Adventure** Ali and Bobby go fishing in France for giant sturgeon carp in an underwater special.

8.00 FILM **Licence to Kill** Spy adventure starring Timothy Dalton as British secret service agent 007. James Bond pursues a personal vendetta against a drugs baron. With Carey Lowell and Robert Davi. (1989, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.45 AM **Dark Side of the Ring** A look back at the 'Montreal Screwjob,' one of wrestling's most infamous off-script moments, which saw Bret Hart lose his championship belt.
1.40 **BattleBots**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 24/26. (S7)
2.00 **Atlantis** 5/13. (S1)
3.00 **Stargate Universe** 3/20. (S1)
4.00 **Star Trek: Voyager** 7/26. (S4)
5.00 **Star Trek: Deep Space Nine** 24/26. Quark receives exciting news from the Nagus. (S7)
6.00 **Star Trek: Enterprise** 9/26. The crew race to cure a bizarre disease. (S1)

11.00 True Blood

7.00 **Atlantis** *White Lies:* 5/13. A night-time messenger brings news for Ariadne, who calls on Jason and his friends for help. (S1)

8.00 **Stargate Universe** *Air – Part Three:* 3/20. The *Destiny*'s air supply begins to dwindle. (S1)

9.00 **Grimm** *Dyin' on a Prayer:* 4/22. Rosalee is troubled to discover many Wesen are angered by her engagement. (S4)

10.00 **The Walking Dead** *Thank You:* 3/16. Glenn and Michonne attempt to lead the survivors back to Alexandria. (S6)
11.00 **True Blood** 3/12. Sookie searches for Bill in Jackson. **12.00** M'T 4/12. Sookie goes to a full-moon party. (S3)
1.00 AM **Wynonna Earp** (S1)
3.00 FILM **Ba'al: The Storm God** Sci-fi action thriller starring Jeremy London and Lexa Doig. (2008, 15, 97min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 2/13. (S1)
11.00 **Hudson & Rex** 3/16. (S6)
12.00 NOON **The Mentalist** (S6)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S15)
4.00 **Father Brown**
5.00 **Hudson & Rex** 3/16. (S6)
6.00 **Body of Proof** 9/9. A terminally ill socialite's death is thought to be suicide, but Megan suspects that she was murdered. (S1)

6.00 Body of Proof

7.00 **The Mentalist** *Grey Water:* 14/22. Jane and Fischer investigate the mysterious death of an anti-fracking protester in Texas. (S6)

8.00 **Death in Paradise** *Until Death Do You Part:* 4/8. A bride-to-be is found dead in her bath after her hen party. (S4)

9.00 **Beyond Paradise** 1/6. A murder mystery rehearsal becomes all too real for the victim. (S2)

10.20 **Death in Paradise** *Wish You Weren't Here:* 3/8. A TV presenter's body is washed up on the shore. (S8)
11.20 **The Mentalist** As 7pm.
12.20 AM **Body of Proof** As 6pm.
1.20 FILM **The Menendez Killings: Blood Brothers** Biographical drama starring Nico Tortorella. (2017, 15, 120min) ★★
3.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 131 124 344 359

7.10 AM **Open All Hours**
8.20 **Keeping Up Appearances**
9.00 **I Didn't Know You Cared**
9.40 **Hi-de-Hi!**
10.20 **Open All Hours**
11.00 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **Dad's Army**
2.20 **Open All Hours**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **I Didn't Know You Cared**
5.40 **Keeping Up Appearances**
6.20 **Hi-de-Hi!**

7.00 Open All Hours

7.00 **Open All Hours** Miserly shopkeeper Arkwright organises a sales drive in a bid to boost profits.
7.40 **Dad's Army** The platoon decide to recruit women into the platoon. **8.20** Warden Hodges challenges Mainwaring's platoon to a cricket match.

9.00 **Men Behaving Badly** Tony feels depressed due to his waistline and Gary's secret cash stash. **9.40** Deborah and Dorothy go away together for a sailing weekend.
10.20 **Neil & Martin's Bon Voyage** On the final leg of their journey, the boys ride the white horses of the Camargue and head back for a homecoming party.
11.25 **Men Behaving Badly**
12.40 AM **Absolutely Fabulous**
2.00 **I Didn't Know You Cared**
2.30 **The Black Adder**
3.15 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 132 127 19 157 19

7.10 AM **Gassed Up**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **James May's Things You Need to Know**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** Dave and Si cook chicken tagine with preserved lemons and olives in Morocco.
6.00 **Rick Stein's India** Rick meets India's first *MasterChef* winner.

11.00 Sons of Anarchy

7.00 **Would I Lie to You?** With Josh Widdicombe, Gemma Cairney, Sophie Hermann and Raj Bisram.
7.40 **Richard Osman's House of Games** With Richie Anderson and Jo Caulfield. **8.20** With Milton Jones, Ria Lina, Martin Roberts and Briony May Williams.

9.00 **QI XL** Josh Widdicombe, Jo Brand, Phill Jupitus and Alan Davies take part as host Stephen Fry asks a range of questions.

10.00 **Have I Got a Bit More News for You** Jo Brand guest hosts, with guest panellists Rylan and Robert Peston.
11.00 **Sons of Anarchy** 13/13. The gang try to force the League out of town. (S2)
12.20 AM **Live at the Apollo: Christmas Special**
1.20 **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
9.30 **Chateau DIY**
10.30 **Come Dine with Me**
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **A New Life in the Sun**
4.00 **Chateau DIY**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **Worst House on the Street** Balham, London.
8.00 **George Clarke's Amazing Spaces**
9.00 **Grand Designs**
10.00 **Building Britain's Superhomes**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Big Fat Quiz: Best Bits**
2.15 **The Great Celebrity Bake Off for Stand Up to Cancer**
3.30 **What's the Big Deal: Britain's Best Buys?**
4.25 **to 4.50** AM **Devon and Cornwall**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 10-12/24. (S15)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Destiny's Child:* 1/24. The team search worldwide for Director Vance's whereabouts. **7.00** *Love Thy Neighbour:* 2/24. A Navy lieutenant is found murdered in his hot tub. **8.00** *Boom:* 3/24. One of the NCIS agents gets starstruck. (S16)
9.00 **Quantum Leap** *Fellow Travelers:* 9/18. Ben lands in 1979 Chicago as a devoted security guard to a talented pop singer. **10.00** *Paging Dr Song:* 10/18. Ben leaps into a medical resident in a Seattle hospital. (S1)
11.00 **Law & Order: Special Victims Unit** (S19&18)
2.45 AM **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Shop Smart, Save Money** Loyalty cards.
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Battleship** Sci-fi action adventure. (2012, 12, 126min) ★★★
11.40 FILM **Dead Calm** Suspense thriller starring Nicole Kidman. (1988, 15, 96min) ★★★★★
1.45 AM **A Killer Makes a Call** Lewis Daynes.
2.35 **Police Interceptors**
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Car Pound Cops**
9.30 **Outback Truckers**
10.25 **Traffic Cops**
11.25 **Police Interceptors**
12.30 PM FILM **Decision at Sundown** Western starring Randolph Scott, John Carroll and Karen Steele. (1957, PG, 77min) ★★
2.10 FILM **Showdown** Western starring Audie Murphy and Charles Drake as a pair of escaped prisoners from a chain gang. (1963, b/w, PG, 79min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Night Shift 999**
10.00 **Police Interceptors**
11.00 **Motorway Cops: Catching America's Speeders** Documentary.
12.00 M'T **Scam City**
1.00 AM **Police Interceptors**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 133 125 25 156 28

6.15 AM **Property Brothers at Home: Drew's Honeymoon House**
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **DIY SOS: Children in Need Special**
5.00 **Tipping Point: Lucky Stars** Guests Christopher Biggins, Lesley Joseph and Vicky Pattison take part in the quiz show.
6.00 **DIY SOS: The Big Build**
8.00 **Inside the Ambulance** A woman who might be having a stroke receives help from the West Midlands paramedics.
9.00 **999 Rescue Squad**
11.00 **The Catherine Tate Show** Triple bill.
1.00 AM **Stacey Dooley: Inside Spain's Narco Wars** Documentary.
2.00 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 134 116 20 158 20

7.10 AM **At Home with the Braithwaites**
8.00 **Doctors**
9.10 **Classic Holby City**
10.05 **Classic Casualty**
11.15 **The Bill**
12.20 PM **Classic EastEnders**
1.40 **Eldorado**
3.00 **Bergerac**
4.05 **At Home with the Braithwaites**
5.15 **One Foot in the Grave**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Folly of Jephthah:* Flambeau seeks help to get rid of an unwanted rival. **9.00** *The Numbers of the Beast:* The priest sees a man standing over the body of his dead wife.
10.00 **New Tricks**
11.20 **Bergerac** 8/10. (S3)
12.20 AM **Taggart**
3.10 **to 4.00** AM **Classic Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Items in Wiltshire include a ceramic cat.
8.00 From Devon.
9.00 **Yorkshire Air 999** A horse rider is thrown from his horse and needs urgent medical attention.
10.00 **Helicopter ER** In Storm Malik, high winds have toppled an oak tree.
11.00 A man needs surgery after falling 20 feet from a roof.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 5.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Play Your Cards Right** Double bill.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Bidding Room**
7.00 **Tenable** Warwick Davis hosts as five pub quizzers from south-east London compete.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** As 7.00pm.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **FILM Prairie Fever** Western. (2008, PG, 81min) ★★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Robbers' Roost** Western. (1955, U, 83min) ★★
3.00 **FILM Face of a Fugitive** Western. (1958, U, 81min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **FILM 40 Guns to Apache Pass** Western starring Audie Murphy. (1966, PG, 95min) ★★
10.05 **FILM Waterloo** Drama starring Rod Steiger. (1970, U, 132min) ★★★
12.55 AM **FILM The Road** Apocalyptic drama with Viggo Mortensen. (2009, 15, 111min) ★★★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **FILM Earthtastrophe** Thriller. (2016, PG) ★★
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Dead Lines** Thriller starring Jeri Ryan. (2010, PG, 90min) ★★
3.00 **FILM The Wrong Daughter** Thriller starring Cindy Busby. (2018, 12, 89min) ★★
5.00 **FILM Garage Sale Mystery** Crime drama. (2013, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Mexican** Action comedy. (2001, 15, 123min) ★★★
11.35 **FILM Bronson** Prison drama with Tom Hardy. (2009, 18, 92min) ★★★
1.45 AM **FILM The Trust** Comedy thriller. (2016, 15, 90min) ★★★
4.00 **to 6.00** AM **FILM The House on the Hill** Thriller. (2019, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM One of a Kind Love** Romantic drama. (2021, PG, 90min) ★★
10.00 **FILM Let Love Grow** Drama. (2023, U) ★★
12.00 NOON **FILM Flowers and Honey** Drama. (2021, PG, 90min) ★★
2.00 PM **FILM Love in the Sun** Drama. (2019, PG) ★★
3.55 **FILM Love, Bubbles & Crystal Cove** Drama. (2021, PG, 85min) ★★
6.00 **FILM Love on Harbor Island** Romantic drama. (2020, PG, 80min) ★★
8.00 **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
9.55 **FILM Wedding at the Hamptons** Drama. (2022, PG, 90min) ★★
11.50 **FILM Stop the Wedding** Drama. (2016, U) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM It Was Always You** Drama. (2021, PG, 86min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
8.30 **Worzel Gummidge**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** 1/6. (S1)
10.30 **Watching** 4/11. (S5)
11.00 **Trouble in Mind**
11.30 **Bewitched** 34/36. (S1)
12.00 NOON **Shine on Harvey Moon** 2/8. (S4)
1.00 PM **Blue Thunder** (S1)
2.00 **Return of the Saint**
3.00 **Space 1999** 19/24. (S1)
4.00 **Stereo Underground**
5.00 **Trouble in Mind** (S1)
5.30 **Watching** 4/11. (S5)
6.00 **Bewitched** 34/36. (S1)
6.30 **Surgical Spirit** 1/6. (S1)
7.00 **Blue Thunder** 7/11. (S1)
8.00 **Return of the Saint**
9.00 **Dark Skies** 13/20. (S1)
10.00 **Soap** (S1)
10.30 **Drop the Dead Donkey**
11.30 **The Mrs Merton Show**
12.40 AM **Space 1999** (S1)
1.40 **Monkey** 19/26. (S1)
2.25 **Stereo Underground**
3.15 **Soap** (S1)
3.40 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
7.00 **Aussie Gold Hunters**
8.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **Building Off the Grid**
1.00 PM **The Last Alaskans**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The newly repaired *Cornelia Marie* is pushed hard by a dual storm system.
8.00 The *Cornelia Marie* sets a course back to land to undergo repairs.
9.00 **Twin Turbos** The pair take a big risk with a van they are determined to turn into a hot rod.
10.00 Doug and Brad rebuild an old 1961 van.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Nigel Slater's Simple Suppers**
7.00 **Rachel Allen: Bake!**
9.00 **Jamie Cooks Italy**
11.00 **The Great British Bake Off** As shown at 7.00pm.
12.30 PM **Mary Berry – Love to Cook** Culinary tips.
1.00 **Nigel Slater's Simple Suppers** Double bill.
2.00 **Michel Roux's Provence Masterclass**
3.00 **Rachel Allen: Bake!**
5.00 **Jamie Cooks Italy**
7.00 **The Great British Bake Off** It's bake or break time for the final three.
8.30 **Mary Berry – Love to Cook** Culinary tips.
9.00 **Nigel Slater's Simple Suppers** Double bill.
10.00 **Nigella Bites**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **T.J. Hooker** 13/19. (S5)
11.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
1.00 PM **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
3.00 **FILM The Legend of Hercules** Adventure. (2014, 12, 97min) ★★
5.00 **Star Trek** 7/24. (S3)
6.00 **T.J. Hooker** 14/19. (S5)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Escape from New York** Futuristic action adventure starring Kurt Russell. (1981, 15, 99min) ★★★★
11.00 **FILM Vendetta** Thriller. (2013, 18, 106min) ★★
1.05 AM **FILM Company of Heroes** Action drama. (2013, 15, 96min) ★★
3.05 **to 4.50** AM **FILM The Two Faces of Dr Jekyll** Horror. (1960, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Stormageddon**
8.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
10.00 **Farscape** 21/22. (S3)
11.00 **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
1.00 PM **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
3.00 **Farscape** 21/22. (S3)
4.00 **Star Trek** 15/24. (S3)
5.00 **FILM Stormageddon** Thriller with Joseph Gatt. (2015, PG, 90min) ★★
7.00 **Farscape** 22/22. (S3)
8.00 **Star Trek** 16/24. (S3)
9.00 **FILM The Factory** Crime thriller. (2012, 15, 104min) ★★
11.05 **FILM Jeepers Creepers** Horror thriller. (2001, 15, 91 min) ★★★★
12.55 **to 3.00** AM **FILM The Blood on Satan's Claw** Horror chiller. (1970, 18, 93min) ★★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.30 **Storage Wars: Texas**
7.55 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **UFOs: Lost Evidence**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **World's Greatest Treasure Mysteries**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Strangest Things**
10.00 **What on Earth?**
11.00 **Mysteries from Above**
12.00 M'T **Believers: Extreme Hauntings**
1.00 AM **UFOs: Lost Evidence**
2.00 **Paranormal: Caught on Camera – Top 100**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **My Cornwall with Fern Britton** The last leg of Fern's road trip.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet Special: Newborns**
2.00 **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** Crime drama.
5.50 **Entertainment News**
6.00 **Europe's Greatest Train Journeys** The Douro River Valley in Portugal.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Ronnie Corbett: 30 Funniest Moments** The life and career of the celebrated comic.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover**
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **My Dream Derelict Home in the Sun**
9.00 **The Great Pottery Throw Down**
10.00 **My Lottery Dream Home** New editions David Bromstad helps Connecticut teachers who struck it lucky realise their dream of finding a forever home.
10.30 David Bromstad helps find some do-gooders a dream home.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Nicole will not get married until she gets her arm pit lump removed.
7.00 **Too Large** Corey tries to stay focused on his diet.
8.00 **My 600lb Life** A person aiming to change sex seeks to lose weight.
10.00 Jeanne fears she'll never get the weight-loss surgery she needs.
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Couponing**
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S7&8)
8.30 **Friends** 14/24. Phoebe massages Monica. (S8)
9.00 **Michael McIntyre's Big Show** With Niall Horan.
10.00 **Whose Line Is It Anyway? USA** New edition Featuring guest Tiffany Haddish.
10.30 **Whose Line Is It Anyway? USA**
11.00 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up.
12.00 M'T **8 Out of 10 Cats**
1.00 AM **Utopia** (S2)
2.10 **Rich Hall – 3:10 to Humour** Stand-up.
3.10 **Key & Peele**
3.30 **Teachers** (S3)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Becker** 7&8/22. (S5)
11.00 **Friends** 4–7/24. (S2)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 9&10/13. (S1)
4.00 **Guessable?**
5.00 **Becker** 7&8/22. ((S5)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 15/25. Jess is spooked by strange noises outside the flat.
9.30 16/25. Jess and Nick try to avoid each other after their kiss. (S2)
10.00 **Friends** 9–12/24. (S7)
12.00 M'T **Andy Parsons: Live & Unleashed – But Naturally Cautious**
1.55 AM **Al Murray: Beautiful British Tour – Live at the O2**
4.05 **Becker** 8/22. ((S5)
4.30 **New Girl** 15&16/25. (S2)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Border Patrol**
12.00 NOON **DC's Legends of Tomorrow** (S3)
2.00 PM **Motorway Patrol**
3.00 **Border Security: Canada's Front Line**
4.00 **Border Patrol**
5.00 **Highway Patrol**
6.00 **Manifest** 10/13. (S3)
7.00 **Fantasy Island** (S2)
9.00 **Border Security: America's Front Line**
11.00 **Law & Order: Special Victims Unit** 5/22. (S24)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Roisin Conaty and Alex Brooker.
2.00 **Prodigal Son** 5/13. (S2)
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.05 **Teen Mom OG**
9.05 **Teen Mom 2**
11.00 **Catfish: Catch of the Day** Reality series.
12.00 NOON **Catfish: The TV Show** Seven editions.
7.00 PM **Teen Mom UK** Sassi plans a big birthday party.
8.00 **Help! I'm in a Secret Relationship!** Ashley demands to know why Cameron is hiding her and their son.
9.00 **Skin A&E** A bass player has a lump on his forehead that gives him a perpetual headache.
10.00 **Beavis and Butt-Head**
11.00 **MTV Unplugged: Nirvana** A 1993 set.
12.00 M'T **Stone Temple Pilots Unplugged**
12.30 AM **Yungblud: I Want My MTV**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Teen Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Goblin Works Garage**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Rush** Parker loses the pay layer in the long cut. **4.00** Parker makes a big call on Dominion Creek's ground.
5.00 **Deadliest Catch** After leaving the *Northwestern*, Jake has a lot to prove on a new boat.
6.00 **Wheeler Dealers** Mike finds a 1976 Land Rover Series III.

9.00 Expedition X

7.00 **Junkyard Empire** Andy Cohen takes a risk when he agrees to restore a scorched Audi S6, but he uncovers problems.
8.00 **Gold Rush** Tony unleashes his floating wash plant, and Kevin's nightshift crew may bring in his biggest haul of the year.
9.00 **Expedition X** New edition Heather and Phil investigate terrifying stories of hostile ghosts and savage murders.
10.00 **Six Schizophrenic Brothers** New edition After one family member dies, 14-year-old Peter has a psychotic breakdown.
11.00 **Mystery at Blind Frog Ranch** Duane and James visit Mexico to meet with an expert after drilling an Aztec aqueduct.
12.00 M'T **Mountain Monsters**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Six Schizophrenic Brothers**
3.00 **to 5.00** AM **Gold Rush** New editions Double bill.

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Saved by the Barn**
11.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Treehouse Masters**
4.00 **Saved by the Barn**
5.00 **Dr Jeff: Rocky Mountain Vet** A puppy breaks its leg after it falls off a trampoline.
6.00 **Extinct or Alive** Forrest Galante searches the Sierras for the Southern Rocky mountain wolf.

6.00 Extinct or Alive

7.00 **Pit Bulls & Parolees** The team are faced with an physical challenge in the form of a severely under-nourished pit bull.
8.00 **Insane Pools: Off the Deep End** The crew face the unique challenge of building a Rocky Mountain-style lagoon.
9.00 **Monsters Inside Me** A Christmas baby is infected in utero, while Hanukkah is upturned by an infection.
10.00 **Alaska: The Last Frontier** The Kilchers spend Thanksgiving together on Atz Senior's floating homestead.
11.00 **Monsters Inside Me** Worms crawling in a man's lungs.
12.00 M'T **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof.
1.00 AM **Alaska: The Last Frontier**
2.00 **Saved by the Barn**
3.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory**
9.00 **Air Crash Investigation: Special Report**
10.00 **Hitler's Last Stand**
11.00 **Pirates: Behind the Legends**
12.00 NOON **Car S.O.S**
1.00 PM **Mutant Weather**
2.00 **Air Crash Investigation**
3.00 **Lost Treasures of the Bible**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Reviving a rotting Land Rover Discovery Series 1.
6.00 **Lost Treasures of Egypt** Investigating how the River Nile transformed ancient Egypt.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A reconstruction of the August 1986 collision between two planes in the skies above LA.
8.00 **Air Crash Investigation** The crash of Air Tahoma Flight 185, a cargo flight from Memphis on final approach to Cincinnati.
9.00 **Air Crash Investigation** Investigators examine the similarities between a crash in Tokyo and an accident in Newark.
10.00 **Destruction Decoded** The darker side of space exploration, with a look at the Apollo 1 tragedy.
11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler: Tropical Takedown**
1.00 AM **Drain the Oceans: Deep Dive** Documentary.
2.00 **Money Meltdown**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Swamp People**
7.45 **Rust Valley Restorers**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Rust Valley Restorers**
2.00 **Battle 360** Double bill.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** A Japanese Godzilla toy hits the counter.
6.00 **American Pickers** Mike hunts for a desirable Porsche.

10.00 Ancient Aliens

7.00 **Forged in Fire** Four smiths create a deadly Malaysian backcountry tool and weapon – the infamous Parang Nabur.
8.00 **River Hunters Special: Battle of Towton** The team seek evidence of the Battle of Towton in the Cock Beck river.
9.00 **Combat Ships** New edition A look into the restoration and story of Britain's last surviving LCT 7074 landing craft.
10.00 **Ancient Aliens** New edition A look into the likely original appearance of Puma Punku in Bolivia.
11.00 **Haunted Hospitals** An ICU nurse faces the Grim Reaper.
12.00 M'T **Sex: A Bonkers History**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Ramses the Great: King of Ancient Egypt**
3.00 **River Hunters Special: Battle of Towton** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 223/224 331

U&Yesterday

155 161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash**
10.00 **Great British Railway Journeys** Four editions.
12.00 NOON **My Kind of Town**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash** Double bill.
4.00 **Tony Robinson's Marvellous Machines** Documentary.
5.00 **The World at War**
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Ham House in Richmond-upon-Thames.

8.00 Abandoned Engineering

7.00 **Great Continental Railway Journeys** Michael Portillo learns about an Edwardian fitness craze in Dresden.
8.00 **Abandoned Engineering** New edition A hospital complex in Germany that became the site of unspeakable atrocities.
9.00 **Abandoned Engineering** Exploring Fort Sherman, a jungle stronghold in Panama built to defend an American possession.
10.00 **Bangers & Cash** Derek checks out an MGB Roadster that hasn't seen the light of day for 36 years.
11.00 **Bangers & Cash** Derek picks up some 'emerging' sporting classics from the Far East when three Datsun Zs appear.
12.00 M'T **Find It, Fix It, Flog It** The duo explore Wiltshire and Oxfordshire, meeting animal enthusiast Susan.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Junkyard Empire**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried** Henry and Guy have a rummage in Nigel's sheds in Bexleyheath. **8.30** Henry and Guy are invited to Yeomans in Worcestershire.
9.00 **The Repair Shop** Cobbler Dean is tasked with restoring a pair of wooden roller skates. **10.00** The team take on a small racing car, a weather vane and a leather rhinoceros.
11.00 **How Do They Do It?**
1.00 AM **Junkyard Empire**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress: Atlanta** Double bill.
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Say Yes to the Dress**
11.00 **Forensic Detectives**
12.00 NOON **Betrayed**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Death by Fame** New editions Double bill.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Susan Casey.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder by the Sea** The story of Sidney Fox, a 31-year-old man who made a living swindling spinsters out of money.
8.00 **48 Hours** New edition Cayley Mandadi arrives at a hospital bruised and not breathing.
9.00 **Storm of Suspicion** New edition During a New York winter, police spend days looking into the disappearance of beloved wife Joan Bent.
10.00 **Cold Cases Reopened** The small community of Lennon, Michigan was left reeling in 1997 as one of its locals was found dead.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Cold Cases Reopened**
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Citizen Detective**
11.00 **Medical Detectives**
2.00 PM **Citizen Detective**
4.00 **Medical Detectives** How forensic evidence picked up a rare genetic disorder and helped a woman convicted of killing her baby. **4.30** A 77-year-old on a road trip is shot to death. **5.00** The case of a 23-year-old woman who vanished without a trace. **5.30** A college student is stabbed to death in her own apartment. **6.00** A killer betrayed by a speck of paint found on his car bumper. **6.30** Someone is apparently targeting high-level members of law enforcement in Texas.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Stop, Search, Seize**
8.00 **UK Border Force**
9.00 **Send in the Dogs**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Sabina Nessa.
1.00 PM **The Real Manhunter**
2.00 **Murdered at First Sight**
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
6.00 **What the Killer Did...**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **The Murder of Lyn Dawson: The Teacher, the Groomer, the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Kaitlin Armstrong.
2.00 **Twisted Killers**
3.00 **Snapped** Angel Sawyer.
4.00 **Brit Cops UK**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **WW2: Battle of...**
7.00 **Pan Am: Crossing the Pacific** Documentary.
8.00 **Grand Tours of Scotland**
8.40 **Britain's Great Cathedrals** Durham.
9.40 **Battle of Little Bighorn**
10.45 **Inside High Noon**
12.00 NOON **Messages Home: Lost Films of the British Army**
1.00 PM **Grand Tours of...**
1.55 **Britain's Great...**
2.55 **Battle of Little Bighorn**
4.05 **Inside High Noon**
5.20 **Messages Home...**
6.25 **Britain's Great...**
7.25 **Battle of Little Bighorn**
8.35 **Inside High Noon**
9.50 **Messages Home...**
10.55 **Battle of Little Bighorn**
12.00 M'T **Inside High Noon**
1.10 AM **Grand Tours of...**
2.00 **Britain's Great...**
3.35 **Pan Am: Crossing the...**
4.35 **WW2: Battle of Crete**
5.30 **to 6.00** AM **Grand Tours of Scotland**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Sixties**
7.00 **Discovering: William Hurt**
8.00 **The Directors** Sergio Leone.
9.00 **The Great Rhino Robbery**
10.00 **Urban Secrets**
10.55 **Burden of Proof: Who Killed Jennifer Pandos?**
12.00 NOON **The Loneliest Whale: The Search for 52**
2.00 PM **Chimp Crazy**
6.00 **Elvis Presley: The Searcher** Documentary about the singer, beginning with his early life in Tupelo, Mississippi. **8.00** Conclusion of the documentary, following the singer's return home after his discharge from the army.
10.00 FILM **When We Were Kings** Oscar-winning documentary about 'The Rumble in the Jungle' in Zaire in October 1974. (1996, PG, 87min) ★★★★★
11.50 **Burden of Proof: Who Killed Jennifer Pandos?**
1.00 AM **Life of Crime 1984-2020**
3.15 **Hurst: The First and Only**
5.00 **to 6.00** AM **Discovering: William Hurt**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Mastermind of Murder**
9.00 **Rob Rinder's Interrogation Secrets** True-crime.
10.00 **Hometown Tragedy**
11.00 **An Hour to Kill**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Green Eyed Killers**
2.00 **Secrets of the Morgue**
3.00 **Rob Rinder's Interrogation Secrets** True-crime.
4.00 **Mastermind of Murder**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48** Documentary.
8.00 **Hometown Tragedy**
9.00 **Court Cam** New editions
10.00 **Undercover: Caught on Tape**
11.00 **Homicide Squad: New Orleans**
12.00 M'T **Crimes That Shook Britain** John Sweeney.
1.00 AM **Court Cam** Double bill.
2.00 **Interrogation Cam**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

U&Eden

166 162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *When My Ship Comes Home:* Callon tries to bankrupt the Onedin Line after a ship that James chartered from him is lost at sea. **8.00** *A Very Important Passenger:* James consents to carry a secret passenger to Italy, unaware of Callon's influence.
9.00 **Celebrity Mastermind** With guests Kaye Adams, Nicholas Parsons and Simon Rimmer.
9.40 **Top of the Pops** Triple bill.
11.40 **Celebrity Mastermind** With Goldie, Paul O'Grady, Gail Emms and Loyd Grossman. **12.20** AM With Darren Bennett, Stuart Maconie, Andrew Lancel and Linda Papadopoulos.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.35 **Celebrity Mastermind**
5.05 **to 6.00** AM **The Onedin Line**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Weird, Wild and Wonderful**
7.00 **Monkey Life** Double bill.
8.00 **Hope for Wildlife**
9.00 **Great Parks of Africa**
10.00 **Nomads of the Serengeti**
11.00 **Chasing the Rains**
12.00 NOON **Arabian Inferno**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Great Parks of Africa**
4.00 **Nomads of the Serengeti**
5.00 **Great Blue Wild**
6.00 **Arabian Inferno**
7.00 **Monkey Life** Double bill.
8.00 **Cub Camp** Following the cubs as they learn to forage for food.
9.00 **Malawi Wildlife Rescue** Staff embark on a busy day of releases and rescues.
10.00 **Arabian Inferno**
11.00 **Great Blue Wild**
12.00 M'T **Chasing the Rains**
1.00 AM **Nature's Mass Attacks**
2.00 **Cub Camp** As 8.00pm.
3.00 **Malawi Wildlife Rescue**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Great Parks of Africa**

WILD

165 145 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest Animals**
10.00 **Fish Tank Kings**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Chile** Double bill.
4.00 **Secrets of the Zoo: The Wild Side** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** The team face several calls at the height of black mamba season. **7.00** A giant rat snake causes chaos at a kids' summer camp.
8.00 **Savage Kingdom** Animals battle for survival in a remote region of Africa. **9.00** Animals battle for domination of hunting grounds in a remote region of Africa.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo: The Wild Side** Documentary.
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **American Detective with Lt Joe Kenda** True-crime.
9.00 **I Am Homicide** Double bill.
11.00 **Forbidden: Dying for Love**
1.00 PM **Reasonable Doubt**
3.00 **Dark Waters: Murder in the Deep** Double bill of editions.
5.00 **Home Sweet Homicide**
7.00 **Someone You Thought You Knew** The death of Mary Yoder, who was poisoned by Kaitlyn Conley, the embittered ex-girlfriend of her son Adam. **8.00** The murder of William Walker, who had seemingly been living a happy life in Cleveland with his new wife Uloma.
9.00 **People Magazine Investigates** Police struggle to find a shooter's identity and motive. **10.00** A young woman's violent murder in 1972 plagues Hawaii investigators for decades.
11.00 **Fatal Affairs** True-crime.
12.00 M'T **Man with a Van**
2.00 AM **Home Sweet Homicide**
4.00 **to 6.00** AM **Someone You Thought You Knew**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: The Ultimate Evidence** Documentary.
8.00 **The Bermuda Triangle Enigma**
9.00 **History's Greatest Aircraft**
10.00 **What on Earth?**
11.00 **Ancient Aliens**
12.00 NOON **Ancient Aliens: The Ultimate Evidence**
1.00 PM **Buried: Knights Templar and the Holy Grail**
2.00 **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **History's Greatest Aircraft**
5.00 **The Proof Is Out There: Alien Edition** UFO hotspots.
6.00 **What on Earth?**
7.00 **Alien Files: Unsealed**
8.00 **Greatest Heists**
9.00 **Secrets of the Hells Angels**
10.00 **The Bermuda Triangle Enigma**
11.00 **Ancient Empires**
1.20 AM **Ancient Aliens**
2.10 **Digging for Britain**
3.00 **Ancient Impossible**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **The Proof Is Out There: Alien Edition**

Discovery History

174 147 181 320 325

7.00 AM **Thai Cave Rescue**
8.00 **Extreme Engineering**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Thai Cave Rescue** The operation to save 12 boys and their football coach in 2018.
9.00 **Salvage Hunters: Classic Cars** A Fiat 124 Spider offers the boys the chance to fulfil their heritage racing dreams.
10.00 **Shed and Buried** In Oxfordshire, Henry and Sam find a shed full of different items. **10.30** Henry and Sam explore a tractor enthusiast's heaven.
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **Incredible Engineering Blunders: Fixed**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Big**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers**
9.00 **Iron Resurrection** Joe pulls out all the stops to make the '66 Nova the car of his client's dreams.
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Twin Turbos**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.35 AM **Sky Cinema Preview**
7.35 **My Penguin Friend** (2024)
9.20 PREMIERE **Transformers One**
11.15 **Despicable Me 4** As 4.25pm.
1.00 PM **Sneaks** (2025, PG) ★★
2.40 **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
4.25 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
6.10 PREMIERE **Transformers One** Animated adventure. (2024, PG, 104min) ★★★★
See review, page 22.

6.10 Transformers One

8.00 It Ends with Us Drama based on the bestselling novel, starring Blake Lively and Justin Baldoni. A woman's abusive relationship is shaken after her first love reappears. With Hasan Minhaj. (2024, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Cuckoo Horror starring Hunter Schafer and Jan Bluthardt. A 17-year-old moves with her family to a resort where things are not what they seem. (2024, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **AfrAId** Sci-fi horror starring John Cho, Katherine Waterston and Keith Carradine. (2024, 15, 84min) ★★
1.45 **Babes** Comedy starring Ilana Glazer and Michelle Buteau. (2024, 15, 104min)
3.35 **My Penguin Friend** (2024)
5.20 **to 7.00** AM **Sneaks** (2025)

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Dangerous Waters** (2023)
7.55 **The Radleys** As 12.35am.
10.00 **Sumotherhood** Comedy. (2023, 15, 97min) ★★★
11.55 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
2.00 PM **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
3.45 **Paul Blart: Mall Cop 2** Comedy. (2015, PG, 92min) ★★
5.35 **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★

10.00 Aquaman

8.00 Justice League Fantasy starring Ben Affleck and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Cyborg, Aquaman and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Aquaman Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis goes on a quest to prevent a war between the worlds of ocean and land. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Radleys** Horror comedy with Kelly Macdonald. (2024, 15, 115min) ★★★
2.35 **Get Away** Comedy starring Nick Frost and Aisling Bea. (2024, 15, 100min) ★★★★
4.10 **to 6.00** AM **Dangerous Waters** Thriller with Odeya Rush. (2023, 15, 101min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Phantom Thread** (2017)
9.45 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
11.45 **Burlesque** Musical romantic drama. (2010, 12, 119min) ★★★
1.55 PM **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
3.45 **Ghost** Romantic fantasy thriller. (1990, 12, 127min) ★★★★
6.00 **Footloose** Musical with Kevin Bacon. (1984, 12, 107min) ★★★

8.00 A Star Is Born Drama starring Lady Gaga and Bradley Cooper. A fading music star falls in love with a nightclub singer. (2018, 15, 136min) ★★★★★
10.30 Through a Glass Darkly Ingmar Bergman's Swedish drama about 24 hours in the life of an emotionally repressed family, starring Harriet Andersson and Max von Sydow. Subtitled. (1959, b/w, 15, 91min) ★★★★
12.10 AM **Phantom Thread** Drama. (2017, 15, 130min) ★★★★★

2.30 Cries and Whispers Ingmar Bergman's harrowing Swedish drama starring Harriet Andersson, Ingrid Thulin and Liv Ullmann. Subtitled. (1972, 18, 106min) ★★★★★
4.15 **Sky Cinema Preview**
5.15 **to 7.25** AM **Burlesque** (2010)

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Continuum** As 1.25am.
8.45 **Slingshot** As 3.05am.
10.40 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
12.40 PM **Men in Black II** Sci-fi action comedy sequel with Will Smith. (2002, PG, 88min) ★★★
2.15 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★

4.20 Star Trek: Insurrection Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
6.10 **Men in Black 3** Sci-fi comedy sequel starring Will Smith. (2012, PG, 105min) ★★★★
8.00 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
9.45 **Riddick** Thriller sequel with Vin Diesel. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. (2013, 15, 122min) ★★★

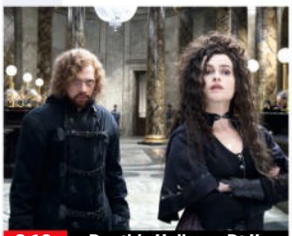
11.50 Lovely, Dark, and Deep Drama. (2023, 15, 87min) ★★★
1.25 AM **Continuum** Sci-fi drama. (2013, 15, 89min) ★★★
3.05 **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
5.00 **to 6.40** AM **Tarot** Horror. (2024, 15, 92min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Harry Potter

306 306 406 506 519

7.40 AM **Harry Potter and the Prisoner of Azkaban** (2004)
10.05 **Harry Potter and the Goblet of Fire** (2005, 12) ★★★
12.45 PM **Harry Potter and the Order of the Phoenix** Fantasy sequel. (2007, 12) ★★★★
3.05 **Harry Potter and the Half-Blood Prince** Fantasy sequel. (2009, 12, 153min) ★★★★★
5.40 **Harry Potter and the Deathly Hallows: Part I** Fantasy sequel. (2010, 12, 146min) ★★★★



8.10 ...Deathly Hallows: Pt II

8.10 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure sequel starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry, Hermione and Ron race to find the last remaining fragments of Voldemort's soul in order to defeat him. (2011, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

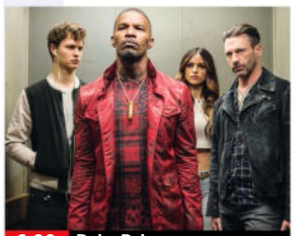
10.25 **Harry Potter and the Philosopher's Stone** Fantasy starring Daniel Radcliffe as the boy wizard who doesn't learn of his magical heritage until his 11th birthday. (2001, PG, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Harry Potter and the Chamber of Secrets** Fantasy adventure sequel. (2002, PG, 161min) ★★★★
3.50 **to 6.20** AM **Harry Potter and the Prisoner of Azkaban** Fantasy adventure sequel. (2004, PG, 142min) ★★★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **White Elephant** Thriller. (2022, 15, 100min) ★★★
7.45 **Bullet to the Head** (2012)
9.20 **Once Upon a Time in China III**
11.15 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
1.25 PM **Mad Max: Fury Road** Thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
3.30 **Bad Boys II** Comedy sequel. (2003, 15, 147min) ★★★
6.00 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★



6.00 Baby Driver

8.00 **Man of Steel** Fantasy adventure starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Superman Returns** Adventure with Brandon Routh. Superman discovers Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Bullet to the Head** Thriller. (2012, 15, 89min) ★★★
2.35 **Once Upon a Time in China III** Hong Kong historical action drama sequel. Subtitled. (1993, PG, 111min) ★★★
4.30 **to 6.20** AM **The Young Master** Hong Kong martial arts comedy. Subtitled. (1980, 15, 102min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **The Producers** (2005)
8.45 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
10.50 **About Last Night** Comedy remake. (2014, 15, 98min) ★★
12.40 PM **The Fortune Cookie**
3.00 **Airplane!** Disaster spoof. (1980, 12, 86min) ★★★★★
4.35 **Airplane II – The Sequel** Comedy. (1982, 15) ★★★
6.10 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★

9.40 The Producers

8.00 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. With Jennifer Aniston. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

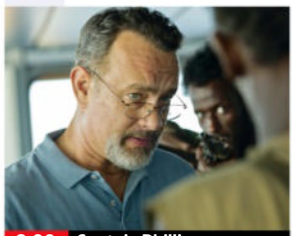
9.40 **The Producers** Musical starring Nathan Lane, Matthew Broderick and Uma Thurman. A failing producer and a timid accountant scheme to make their fortune by mounting a Broadway flop. (2005, 12, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Fortune Cookie** Comedy with Jack Lemmon. (1966, b/w, U, 125min) ★★★★★
2.05 AM **The Sting** Comedy drama starring Paul Newman. (1973, PG, 129min) ★★★★★
4.15 **to 6.05** AM **I'm All Right, Jack** Satirical comedy. (1959, b/w, U, 105min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Changing Lanes** (2002)
7.45 **Boxcar Bertha** As 3.05am.
9.25 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
11.50 **Inferno** Suspense thriller. (2016, 12, 121min) ★★★
1.55 PM **Public Enemies** Gangster biopic starring Johnny Depp. (2009, 15, 140min) ★★★★
4.20 **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
6.15 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★



8.00 Captain Phillips

8.00 **Captain Phillips** Gripping fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

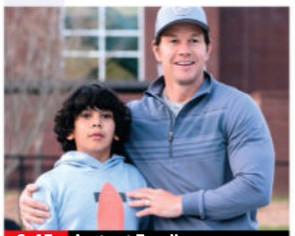
10.25 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain, Jason Clarke, Jennifer Ehle and Joel Edgerton. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Changing Lanes** Thriller. (2002, 15, 99min) ★★★★
3.05 **Boxcar Bertha** Crime drama. (1972, 18, 88min) ★★★
4.40 **to 6.30** AM **He Went That Way** Crime drama with Jacob Elordi. (2023, 15, 96min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Baby's Day Out** Comedy with Joe Mantegna. (1994, PG, 99min) ★★★
12.55 PM **Babe** Comedy drama. (1995, U, 92min) ★★★★★
2.40 **Babe: Pig in the City** Comedy drama sequel. (1998, U, 96min) ★★★★
4.30 **Father Goose** Comedy. (1964, U, 116min) ★★★
6.45 **Instant Family** Comedy. (2018, 12, 118min) ★★★★



6.45 Instant Family

Instant Family (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Equalizer 2** Crime action thriller starring Denzel Washington, Pedro Pascal and Ashton Sanders. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Bill Pullman. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Mona Lisa** Romantic thriller with Bob Hoskins. A crook gets a job as a bodyguard to an emotionally bruised call girl and agrees to help her save a teenage prostitute. (1986, 15, 104min) ★★★★
1.25 **to 3.45** AM **American Animals** Thriller starring Evan Peters and Barry Keoghan. (2018, 15, 116min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

7.30 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
8.55 **Secret Life of Pets** Animation. (2016, U, 83min) ★★★
10.30 **The Hobbit: The Battle of the Five Armies** Fantasy adventure sequel. (2014, 12, 144min) ★★★
1.00 PM **Dr Seuss' The Lorax** Animated comedy adventure. (2012, U, 86min) ★★★
2.30 **Monsters vs Aliens** Animated sci-fi comedy adventure. (2009, PG, 90min) ★★★
4.10 **Transformers One** Animated sci-fi comedy adventure. (2024, PG, 104min) ★★★★
6.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
8.00 **The Mummy** Action adventure. (1999, 15, 124min) ★★★★
10.10 **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG, 99min) ★★★★
11.55 **Legend of Tarzan** Adventure. (2016, 12, 110min) ★★★
1.50 AM **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
3.20 **Noah's Ark** Animation. (2024, U)
5.00 **to 6.45** AM **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.25 AM **The Lawnmower Man**
8.50 **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
10.20 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
12.20 PM **Blade Runner** Thriller. (1982, 15, 130min) ★★★★★
2.20 **Superman IV – The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
3.55 **Star Trek The Motion Picture** Adventure with William Shatner. (1979, U, 132min) ★★★
6.05 **Star Trek II: The Wrath of Khan** Sci-fi adventure sequel. (1982, 12, 113min) ★★★★
8.00 **Star Trek III – The Search for Spock** Sci-fi adventure sequel starring Leonard Nimoy. (1984, PG, 105min) ★★
10.00 **Star Trek IV: The Voyage Home** Sci-fi adventure sequel starring William Shatner. (1986, PG, 119min) ★★★★
12.10 AM **Star Trek The Motion Picture** As shown at 3.55pm.
2.35 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
5.10 **Sky Cinema Preview**
5.50 **to 7.10** AM **Friendship's Death** Drama starring Tilda Swinton. (1987, 15, 78min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.55 AM **Extinct** As 2.25pm.
8.25 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
9.25 **Over the Hedge** (2006) ★★★★
10.55 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
12.40 PM **The Angry Birds Movie 2** Animation. (2019, U) ★★★
2.25 **Extinct** Animated adventure. (2021, U, 84min) ★★★
4.00 **Home** Animation. (2014, U) ★★★
5.45 **Lego Batman Movie** Animation. (2017, U, 104min) ★★★★
7.35 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
9.25 **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★
10.50 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
12.25 AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★
2.00 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
3.30 **Cinema List: Family Favourites**
3.50 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
5.35 **to 7.10** AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** As 10.50pm.

Movies 24

312 313 419

7.00 AM **The Story of Love** Comedy. (2022, PG, 91min) ★★
9.00 **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
11.00 **The Honeymoon Pact** Comedy. (2023, PG, 90min) ★★
1.00 PM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
3.00 **Moriah's Lighthouse** Romantic comedy starring Rachelle Lefevre. (2022, PG, 84min) ★★
5.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
7.00 **Flowers and Honey** Romantic drama with Ashley Newbrough. (2021, PG, 90min) ★★
9.00 **A Match in Manhattan** Romantic drama starring Kalinka Petrie and Jefferson Brown. A teacher fallen on hard times becomes an au pair to an infamous New York property tycoon. (2024, PG, 90min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 AM **Spring Breakthrough** Romantic drama with Keesha Sharp. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Web of Evidence** Thriller. (1959, b/w, PG, 90min) ★★
7.45 **Meet Mr Callaghan** Drama. (1954, b/w, U, 90min) ★★
9.30 **Three Steps to the Gallows** Drama. (1953, b/w, PG) ★★
11.10 **The Mysterious Mr Nicholson** Thriller starring Anthony Hulme. (1947, b/w, PG, 73min) ★★
12.40 PM **River Patrol** Crime drama. (1948, b/w, PG, 48min) ★★
1.40 **The Ship That Died of Shame** Drama. (1955, PG, 91min) ★★
3.40 **White Corridors** Drama. (1951, b/w, U, 95min) ★★
5.35 **The Writing on the Wall**
6.40 **The Brave Don't Cry** Drama. (1952, b/w, U, 90min) ★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 5/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Alpha Incident** Sci-fi horror starring Ralph Meeker. (1978, 15, 95min) ★★
12.00 M'T **Cellar Club with Caroline Munro**
12.05 AM **Hot Money** Drama.
2.10 **The Caller** Suspense thriller. (1987, 18, 97min) ★★
4.10 **Her First Affaire** Drama. (1932, b/w, PG, 68min) ★★
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 11 April

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE ATP Tennis** Day six of the ATP Monte-Carlo Masters, a clay-court tournament at the Monte Carlo Country Club in Monaco, featuring the quarter-finals.
12.00 NOON **LIVE Formula 1** Coverage of the Bahrain Grand Prix first practice session staged at Bahrain International Circuit.
2.00 PM **LIVE The Masters** Coverage of the featured groups on round two of the first Major of the year from Augusta National Golf Club in Georgia, as Scottie Scheffler looks to defend the title that he won last year. He finished four strokes clear of Sweden's Ludvig Aberg to win his second Masters title after his first in 2022. Other previous winners here include Jon Rahm, Jordan Spieth, Danny Willett, Sergio Garcia and Tiger Woods, who has won this tournament five times.
7.30 **LIVE The Masters** Further coverage of round two of the first Major of the year from Augusta National Golf Club in Georgia.
12.30 to 6.00 AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Total Football**
5.00 PM **PL Best Goals 11/12** From the 2011/12 season.
6.00 **PL 100: Jimmy Floyd Hasselbaink** A look back at the former forward's top-flight goals.
6.30 **PL 100: Peter Crouch** An interview with the former striker.
7.00 **Premier League Preview** A look ahead to the weekend's matches in the top flight.
7.30 **The Big Interview** An interview with a Premier League star.
8.00 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
8.30 **Premier League Preview**
9.00 **Premier League Stories** An interview with a former player.
9.30 **Fantasy Show**
10.00 **Premier League Icons**
11.00 **Premier League Years** A look back at the 2018/19 season.
1.00 AM **PL Retro** Liverpool v Chelsea from the 2013/14 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 to 6.00 AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2022/23**
11.30 **EFL Trophy** Bolton v Plymouth.
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL Highlights** Championship.
2.00 **Scottish Premiership**
2.30 **EFL Highlights**
3.00 **Bundesliga Weekly**
3.30 **EFL Highlights** Championship.
4.00 **Scottish Premiership**
4.30 **Bundesliga Weekly**
5.00 **EFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights** Championship.
7.30 **LIVE EFL Burnley v Norwich City.** The Championship match from Turf Moor. Kick-off **8.00pm.**
10.30 **EFL Trophy** A semi-final.
11.30 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 **Best Goals: EFL Cup 2020/21**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup** Man City v Tottenham.
5.00 **Best Moments from the Championship Play-Off Final**
5.30 to 6.00 AM **Best Moments from the L1&2 Play-Off Final**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Archive action.
10.30 **Best of ICC WT20**
11.00 **IPL** Highlights from India.
2.50 PM **LIVE IPL Chennai Super Kings v Kolkata Knight Riders.** The T20 match from M. A. Chidambaram Stadium, Chennai. The hosts won this fixture last season as they came away with an impressive seven-wicket victory. Kolkata could only make 137-9 in their 20 overs, before Ruturaj Gaikwad led the way for the Super Kings with 67 not out from just 58 balls, as Chennai won with 14 balls to spare in their reply.
7.00 **LIVE Pakistan Super League Islamabad United v Lahore Qalandars.** Coverage of the T20 match staged at Rawalpindi Cricket Stadium.
8.30 **Best of ICC WT20**
9.00 **IPL** Highlights from India.
11.00 **Pakistan Super League Highlights** Islamabad United v Lahore Qalandars staged at Rawalpindi Cricket Stadium.
12.00 M'T **IPL** Recent action.
5.10 AM **Ashes Greats**
5.30 to 6.00 AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **The Masters** Round one.
7.30 **Masters Official Film – 1997**
8.30 **The Masters** The opening round.
10.00 **Masters Official Film – 2001**
11.00 **McGinley & Chamblee at the Masters** A look ahead.
12.30 PM **The Masters**
2.00 **LIVE The Masters** The featured groups on round two of the first Major of the year at Augusta National Golf Club in Georgia.
7.30 **LIVE The Masters** Further coverage of round two of the first Major of the year from Georgia.
12.30 AM **The Masters 1986**
1.00 **The Masters Official Films**
2.00 **Masters Official Film – 2014**
3.00 **The Masters** The second round.
4.30 **Masters Official Film – 2003**
5.30 to 6.00 AM **Masters 1986**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Highlights.
10.00 **LIVE ATP Tennis** Day six of the ATP Monte-Carlo Masters.
6.00 PM **WTA & ATP Tennis**
7.00 **WTA All Access**
7.30 **WTA & ATP Tennis**
8.30 **ATP Tennis** Marrakech Open final.
9.30 **WTA All Access**
10.00 **WTA Tennis** Indian Wells Open.
11.00 Charleston Open final.
12.00 M'T **US Open Classic Matches**
2.00 AM **Billie Jean King: My Story**
2.15 **Martina Navratilova**
2.30 **ATP Sizzle Reel 2024**
2.45 **WTA Sizzle Reel 2024**
3.00 to 6.00 AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Ultimate Pool**
7.30 **TNT Sports Reload**
7.45 **LIVE A-League Women Melbourne City v Newcastle Jets.** Kick-off is at **7.50am.**
9.45 **In My Blood** Chelcee Grimes.
10.00 **Premier League: Big Interview**
10.30 **LIVE AFL Collingwood Magpies v Sydney Swans.**
1.30 PM **Serie A – Full Impact**
2.00 **LIVE Men's Cycling** Stage five of the Tour of the Basque Country.
5.00 **LIVE UCI Mountain Bike World Series** From Brazil.
6.30 **Premier League Preview**
7.00 **Grand Slam Track Athletics**
8.00 **Isuzu UTE A-League**
9.00 **Premier League Preview**
9.30 **LIVE ABB FIA Formula E World Championship** Miami ePrix first free practice session.
10.30 **UEFA Champions League**
11.00 **Premier League Features**
12.00 M'T **NBA Action** Highlights.
12.30 AM **LIVE NBA New York Knicks v Cleveland Cavaliers.**
3.00 **NBA on Fire** The latest news.
3.30 to 6.00 AM **LIVE NBA Los Angeles Lakers v Houston Rockets.** Tip-off **3.30am.**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling**
7.00 **Classic Premier League**
7.30 **Discovery Golf** The latest news.
8.00 **NBA Action** Highlights.
8.30 **Serie A – Full Impact**
9.00 **World Snooker Championship**
10.00 **LIVE A-League Women Central Coast Mariners v Melbourne Victory.** At Industree Group Stadium. Kick-off **10.00am.**
12.00 NOON **LIVE MotoGP** The Grand Prix of Qatar MotoGP, Moto2 and Moto3 first free practice sessions.
2.45 PM **MotoGP Highlights**
3.45 **MotoGP Rewind**
4.15 **LIVE MotoGP** The Grand Prix of Qatar MotoGP, Moto2 and Moto3 first practice sessions.
7.15 **MotoGP Highlights**
8.15 **Sign Up – Into Football**
9.00 **Cycling** Men's World Tour.
10.00 **MotoGP** The fourth round.
10.30 **MLB** The latest action.
12.00 M'T **LIVE MLB Baltimore Orioles v Toronto Blue Jays.** The American League match from Camden Yards. Start-time **12.05am.**
3.15 AM **TNT Sports Reload**
3.30 to 6.30 AM **LIVE AFL North Melbourne Kangaroos v Gold Coast Suns.** Bounce-up **3.35am.**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
7.00 **Top Rank Boxing Archive**
8.00 **LIVE Super Rugby Hurricanes v Crusaders.** From Sky Stadium in Wellington. Kick-off **8.05am.**
10.00 **My Icon** Sporting influences.
10.30 **LIVE Super Rugby NSW Waratahs v Chiefs.** Coverage from Allianz Stadium in Sydney. Kick-off **10.35am.**
12.30 PM **NFL Bitesize Highlights**
12.45 **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Bitesize Highlights**
3.15 **Fight Night International**
4.15 **Top Rank Boxing Archive**
5.30 **NBC's Pro-Football Talk**
7.30 **LIVE Super League Hull Kingston Rovers v Wigan Warriors.** Coverage from Sewell Group Craven Park Stadium. Kick-off is at **8.00pm.**
10.15 **Top Rank Boxing Archive**
11.15 **One Championship Weekly**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
3.45 **NFL Bitesize Highlights**
4.15 **Top Rank Boxing Archive**
5.30 to 7.30 AM **LIVE Super Rugby Blues v Moana Pasifika.** From Eden Park. Kick-off is at **5.35am.**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Total Football**
4.00 PM **Atherton Lord's Pavilion Portraits** Former England star Michael Atherton takes a look around the Lord's Pavilion.
4.05 **Best of ICC WT20** Action from New Zealand v Pakistan in 2010.
4.20 **LIVE Pakistan Super League Islamabad United v Lahore Qalandars.** Coverage of the T20 match staged at Rawalpindi Cricket Stadium, as Islamabad host the first game of the 2025 season. The hosts are the current champions after beating Multan Sultans by two wickets in last years final to claim their third PSL title. These two sides are the most successful franchises in this tournament with five titles between the pair of them.
8.30 **Sky Sports News** Round-up of the sports news with live analysis and comment, plus extended interviews with headline-makers.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Premier League Darts**
10.00 **PDC Classics** Archive action.
11.30 **The Masters** The first round.
1.00 PM **LIVE Ladies European Tour Golf** Day two of the Investec South African Women's Open at Erinvale Country and Golf Estate.
5.00 **PGA Tour Champions**
6.00 **PDC Classics** Archive action.
7.00 **EFL Greatest Games**
7.10 **Bundesliga Top 10 Moments**
7.20 **LIVE Bundesliga VfL Wolfsburg v RB Leipzig.** Coverage of the German top-flight match at Volkswagen Arena. Kick-off is at **7.30pm.**
9.30 **PDC Classics** Archive action.
10.00 **IPL** Recent highlights from India.
11.00 **Premier League Darts**
3.00 AM **PDC Classics** Archive action.
4.00 **PL Greatest Games**
5.00 **The Magnificent Masters**
5.30 to 6.00 AM **PL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **Grand Slam Track Athletics**
7.00 **MotoGP Highlights**
8.00 **Training Day** At Brentford.
8.30 **MLB: Off the Bat**
9.00 **TNT Sports Reload**
9.15 **LIVE Superbike World Championship** From Assen.
10.15 **NBA Action** Highlights.
10.45 **Sign Up – Into Football**
11.30 **T100 Triathlon World Tour**
12.30 PM **Discovery Golf**
1.00 **LIVE Superbike World Championship** From Assen.
3.45 **LIVE Women's Circuit Racing World Championship** In Assen.
4.30 **LIVE UCI Mountain Bike World Series** From Araxa.
6.30 **Sign Up – Into Football**
7.15 **NBA** Highlights and features.
10.45 **AFL** Magpies v Swans.
12.45 AM **Mountain Biking**
1.45 **LIVE V8 Supercars** In Taupo.
3.00 **V8 Supercars Highlights**
5.00 **to 6.00** AM **LIVE V8 Supercars** ITM Taupo Super 440.

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Conference League**
6.30 **UEFA Europa League**
8.30 **UEFA Conference League**
10.00 **Isuzu A-League Highlights**
10.30 **LIVE Isuzu UTE A-League Melbourne City v Brisbane Roar.**
12.30 PM **MLB Highlights**
2.00 **UEFA Europa League & Conference League Highlights**
3.00 **UEFA Champions League**
3.30 **UEFA Conference League**
4.00 **UEFA Europa League**
5.00 **The Fantasy Show**
5.30 **UEFA Europa League**
6.30 **UEFA Conference League**
8.00 **UEFA Champions League**
9.00 **UFC Countdown**
10.00 **Fight Week** A look to UFC 314.
10.45 **Tom Aspinall's Fight Lab**
11.15 **What Went Down**
12.15 AM **T100 Triathlon World Tour**
1.15 **AFL** Magpies v Swans.
3.15 **Fight Week** UFC 314 preview.
4.00 **to 7.00** AM **LIVE AFL Carlton Blues v West Coast Eagles.**

Premier Sports 1

419 551

6.00 AM **LaLiga Highlights**
7.00 **World Surf League**
8.00 **Champions Cup Highlights**
9.00 **Scottish Football Social Club**
10.00 **NASCAR Highlights**
11.00 **LaLiga Highlights**
12.00 NOON **Champions Cup**
1.00 PM **NHL on the Fly**
2.00 **LaLiga News**
2.30 **LaLiga Match Highlights**
3.00 **British Minibikes**
5.00 **World Surf League**
6.00 **Champions Cup Highlights**
7.00 **LIVE Champions Cup** Coverage of the first quarter-final.
10.00 **URC in 60** The latest round of the United Rugby Championship.
11.00 **Asian Le Mans Series**
12.00 M'T **LIVE NHL Ice Hockey New Jersey Devils v Pittsburgh Penguins.** The Eastern Conference match at Prudential Centre. Face-off is at **12.00m't.**
3.00 AM **NHL: This is Hockey**
3.30 **to 6.00** AM **Champions Cup**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Action from Spain.
10.00 **GP Confidential**
10.30 **Temples of Sport**
11.00 **NHL Ice Hockey** Boston Bruins v Chicago Blackhawks.
1.00 PM **Champions Cup** Glasgow Warriors v Leicester Tigers.
3.00 **Temples of Sport** Iconic sporting venues from around the globe.
3.30 **GP Confidential**
4.00 **LaLiga** Action from Spain.
6.00 **Viva LaLiga** The latest news.
7.30 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **GP Confidential**
11.00 **Africa Eco Race** Action from stages 10 and 11 of the rally.
12.00 M'T **LIVE NHL Ice Hockey Tampa Bay Lightning v Detroit Red Wings.** Coverage of the Eastern Conference match from Amalie Arena. Face-off **12.00m't.**
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Japan.
7.00 **F1 Features**
7.45 **Formula 1** Highlights.
8.15 **F1 Features**
8.50 **LIVE Formula 3** The Bahrain Grand Prix practice session.
9.45 **Formula 1** Season highlights.
10.00 **LIVE Formula 2** The Bahrain Grand Prix practice session.
11.00 **Formula 1** Action and features.
12.00 NOON **LIVE Formula 1** Bahrain Grand Prix first practice session.
2.00 PM **LIVE Formula 2 & 3** The Bahrain Grand Prix qualifying.
3.35 **LIVE Formula 1** The Bahrain Grand Prix second practice session.
5.15 **The F1 Show**
6.15 **Formula 1** Highlights.
6.30 **British GT Championship**
7.30 **The F1 Show**
8.30 **Formula 1** Bahrain Grand Prix.
9.55 **F1 Features**
11.00 **LIVE Indycar** Acura Grand Prix of Long Beach first practice.
12.30 **to 6.00** AM **F1 Highlights**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

PREMIERE

NETFLIX Paddington in Peru

Available from Tuesday, Netflix

The lovable bear has packed some marmalade sandwiches and travelled to deepest, darkest Peru, where his beloved Aunt Lucy as gone missing from the Home of Retired Bears - managed by Olivia Colman's Reverend Mother.

Of course, the Brown family and Mrs Bird have all come along to help too.

The only clue that Paddington has to go on is a map that he finds in Aunt Lucy's cabin, which sends him and the Browns on an adventure through the jungle, with Amazon riverboat captain (Antonio Banderas) as their guide.

A lovely wholesome adventure for everyone.

BBC iPLAYER Doctor Who

Available now, BBC iPlayer

With the new adventures of Ncuti Gatwa's Doctor imminent, why not prepare yourself for the ride by streaming some of the Time Lord's past escapades.

From classic episodes featuring Doctors from the black-and-white era (William Hartnell and Patrick Troughton), the Ninth Doctor's (Christopher Eccleston) one and only season from 2005, all the way to the first female Doctor in 2018, played by Jodie Whittaker, there's plenty to keep you going until the new series!

More great shows to watch this week...

Bluey NEW

Weekdays, 7.20am, CBeebies & BBC iPlayer

New adventures with blue heeler pup Bluey and her family hit CBeebies, starting with Bluey and Bingo building a cubby (that's a blanket fort to you and me) for stuffed toy Kimjim.

Blippi's Job Show NEW

From Monday, Netflix

Described as a combination of Elmo and Dr Seuss, Blippi started out on YouTube teaching kids about the world. In this new show, Blippi and his friend Meekah learn all about jobs, from truck driving to pizza making.

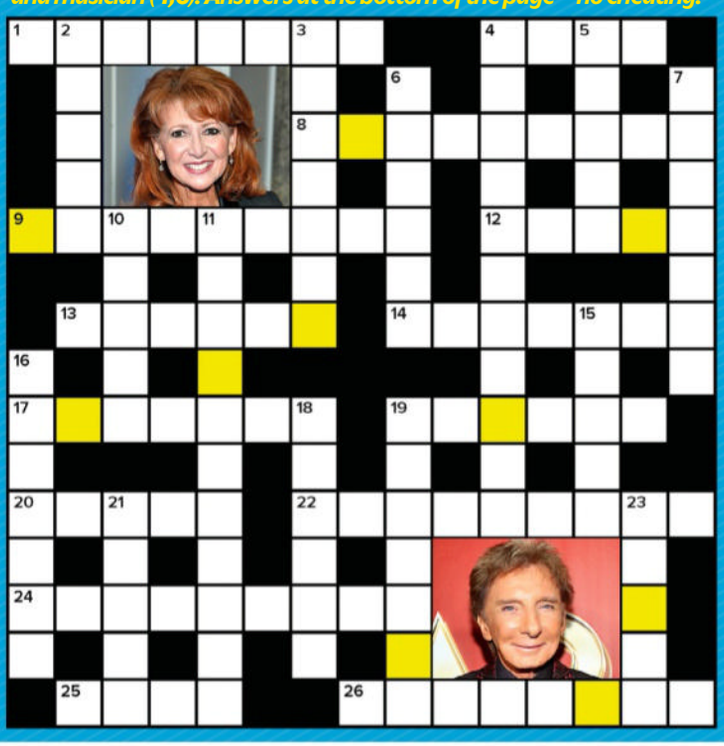
Barney's World NEW

From Monday, Cartoonito

Everybody's favourite singing and dancing purple dinosaur is back! There's lots of fun and imaginary play to be had with dinos Barney, Billy, Baby Bop and their friends in the playground.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an American actor and musician (4,6). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: Bonnie --------, 2021 *The Masked Dancer* runner-up (8)
4 Zelda Spellman in *Chilling Adventures of Sabrina*, Miranda ---- (4)
8 Bond character played by Jane Seymour (9)
9 *Double* ----------, 1944 film with Fred MacMurray (9)
12 Audrey Hepburn thriller, *Wait* ----- *Dark* (5)
13 Aide in *The Apprentice*, Baroness ------ Brady (6)
14 ------- Adlington, swimmer who won two Olympic gold medals in 2008 (7)
17 Johnny Galecki's *The Big Bang Theory* role, ------- Hofstadter (7)
19 Old character played by Eva O'Hara in *Hollyoaks*, ------ Hutchinson, (6)
20 *Mr* -----, American series starring Rami Malek (5)
22 *The* ----- ----, Jamie Oliver cookery series (5,4)
24 Boy band with Harry Styles, One --------- (9)
25 James Bond movie, *For Your* ---- *Only* (4)
26 Sharon --------, ex-judge on *The X Factor* (8)

DOWN

2 Classic Sir Ridley Scott sci-fi movie starring Sigourney Weaver (5)
3 Hit 2009 Rihanna song, ------- *Roulette* (7)
4 BBC sitcom that starred Claire Skinner (11)
5 2021 Charles Dickens adaptation with Rita Ora and Sir Michael Caine (5)
6 *Ready* ------ *One*, Steven Spielberg movie (6)
7 Carla in American sitcom *Cheers*, Rhea ------- (7)
10 *Harry Potter* role of Tom Felton, ----- Malfoy (5)
11 Satirical sci-fi comedy film starring Glenn Close and Jack Nicholson (4,7!)
15 Biopic starring Leonardo DiCaprio and Tom Hanks, ----- *Me If You Can* (5)
16 American rapper, singer and songwriter (3,4)
18 *Speed* and *Easy Rider* star, ------ Hopper (6)
19 -------: *Valhalla*, Netflix series with Sam Corlett as Leif Eriksson (7)
21 See picture clue: Singer of 1978's *Copacabana*, ----- Manilow (5)
23 US actor, ----- Pompeo (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, NETFLIX, BBC. BARNEY'S WORLD © 2025 LYONS PARTNERSHIP, L.P. © 2025 HIT ENTERTAINMENT LIMITED.

CROSSWORD SOLUTION

ACROSS: 1 Langford 4 Otto 8 Solitaire 9 Indemnity 12 Until 13 Karren 14 Rebecca 17 Leonard 19 Verity 20 Robot 22 Naked Chef 24 Direction 25 Eyes 26 Osbourne
DOWN: 2 Alien 3 Russian 4 Outnumbered 5 Twist 6 Player 7 Perlman 10 Draco 11 Mars Attacks! 15 Catch 16 Flo Rida 18 Dennis 19 Vikings 21 Barry 23 Ellen

Coming soon

Gillian Anderson plays Gina

Michael (Tom Cullen) and Cushla (Lola Petticrew)

FIRST LOOK

Trespasses

Gillian Anderson, Tom Cullen and Lola Petticrew star in a drama about forbidden love

A mismatched couple embark on a torrid romance against the tense backdrop of Northern Ireland's Troubles in C4's upcoming drama *Trespasses*.

The four-part series, airing later this year, is adapted by Ailbhe Keogan from Louise Kennedy's acclaimed novel. Set in 1975, it sees Lola Petticrew play Catholic schoolteacher Cushla, who also works in her family's pub outside Belfast. But Cushla's life is upended when she meets an older man, married Protestant Michael (Tom Cullen), who frequently defends IRA suspects and is connected to an intriguing Bohemian circle. Against the odds, the pair fall in love, and begin a clandestine affair that could spell danger for them both.

STAR-STUDDED CAST

Gillian Anderson co-stars as Cushla's chaotic, bickering mother Gina, while Martin McCann, Oisín Thompson, Emily Taaffe, Barry Ward, Lisa Dwyer Hogg, Lorcan Cranitch, Frank Blake, Gary Lydon and Lalor Roddy also appear.

'I fell in love with Louise's book and I was immediately drawn to the tragi-comic creation that is Gina,' says Anderson, who is an executive producer on the series. 'Reading Ailbhe's brilliant scripts confirmed how vividly this story could translate to screen.'

'I am genuinely excited for the world to meet Cushla and Michael,' adds Keogan. 'The novel remained our creative lodestar throughout. This show will be political, cinematic, sensual, moving, and, despite the heartbreak, ultimately hopeful.'

WHAT'S NEXT FOR...

Sheridan Smith

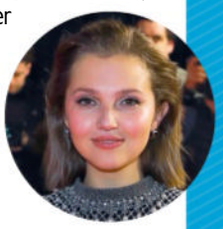
In BBC1's five-part drama **The Cage**, the actor will team up with Michael Socha to play employees at a Liverpool casino who are stealing from the business. But will the police or their gangster boss catch them?

Alexander Armstrong

5's three-part travelogue **Alexander Armstrong in India** will see the presenter explore the country's history and culture, and discover how it is undergoing seismic changes to become a global superpower.

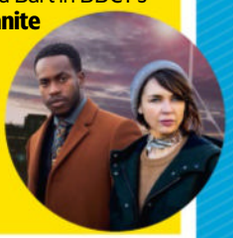
Mia McKenna-Bruce

The actor will star in ITV1's four-part drama **The Lady** as Jane Andrews, the ex-royal dresser who was jailed for killing her partner Thomas Cressman (Ed Speleers). Natalie Dormer plays Sarah, Duchess of York.



Coming Back

Romario Simpson and Hannah Donaldson will reprise their roles as cops Davis and Bart in BBC1's crime drama **Granite Harbour**, which charts the investigation into a death within the Travelling community.



Next week *On sale Tuesday 8 April*

Doctor Who

Ncuti Gatwa is joined by Varada Sethu as the Time Lord's new companion in BBC1's sci-fi saga.

The Last of Us

In Sky Atlantic's dystopian drama, Joel (Pedro Pascal) and Ellie (Bella Ramsey) face fresh danger.

The Piano

Jon Batiste joins Mika on the hunt for pianists in C4's reality show, hosted by Claudia Winkleman.

The Stolen Girl

Disney+'s thriller, starring Denise Gough and Holliday Grainger, follows the hunt for a missing girl.

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
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For subscriptions inquiries, call 0330 333 1113
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Printed by Walstead UK Ltd

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Standard Subscription rates (1 year): UK $174.99, Europe 539 Euros, USA $610, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com If you require any other issue/s of Future Plc magazines, these are available online at magazinesdirect.com

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Sparkling Crystal Accents

Inspired by The Original Design Worn By Elvis

THE GOLDEN SYMBOL OF A MUSIC ICON

Elvis Presley was the voice of a generation, and his TCB motto was his inspiration to keep putting out great music. Now, you can wear a reminder of all that made the music legend great with this handsome bracelet. Exquisitely **handcrafted of solid stainless steel** with **plating in 24 carat gold**, this bracelet features a **centrepiece with the sculpted TCB logo** perfectly set on a background of **black enamel**. Thunderbolts accented with **24 sparkling clear crystals** (12 on each side) flank the TCB logo, and the **back of the centrepiece is etched with a replica Elvis Presley signature**. The top edge is etched with the motto: *'Taking Care of Business.'* A **bold link design** adds to the look for a powerful finishing touch. This bracelet is inspired by the TCB jewellery Elvis wore on stage and in everyday life, making it a perfect gift for any fan of the King of Rock 'N' Roll™.

FEATURES ELVIS' REPLICA SIGNATURE ON THE REVERSE SIDE

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